MDS 3.0 RUG III ADL Scoring Chart

The ADL index is used to split many of the Clinical Indicator categories. Composed from these ADL activities:

Bed Mobility – Items G011A1 and G0110A2
Transfer – Items G0110B1 and G0110B2
Eating – Items G0110G1, K0500B, K0700A, and K0700B
Toilet Use – Items G0110I1 and G0110I2

The ADL index score is determined as follows:

ADL Function	ADL Score
Bed mobility, Toilet use and Transfer:	
Self-Performance (column 1) is coded on the MDS 3.0 as:	
Independence or Supervision (item coded 0,1, or 7)	1
Limited Assistance (item coded 2)	3
Extensive Assistance or Total Dependence (item coded 3,4 or 8) **AND** Support Provided (Column 2) is:	
• None, set-up only or 1 person physical assist (item coded 0, 1, or 2)	4
• 2+ persons physical assist or activity did not occur (item coded 3 or 8*	5
Eating:	
IF:	
Resident receives Parenteral/IV (K0500A = 1)	3
Tube Feeding (K0500B = 1) **AND** one of the following:	
• 51% or more total calories from parenteral or tube feeding (K0700A = 3)	3
• 26-50% total calories from parenteral or tube feeding (K0700A = 2) **AND** fluid intake is 501+ ml per day (K0700B = 2)	
IF NOT:	
Self-Performance (column 1) is:	
Independent or Supervision (item coded 0, 1, 7)	1
Limited Assistance (item coded 2)	2
Extensive Assistance or Total Dependence or Activity Did Not Occur (item coded 3, 4, or 8)	3

The scores for each ADL variable are added to compute the ADL index score. The ADL Index score will range from 4 to 18 for each resident.