# APPENDIX K: Emergency Preparedness and Response

### Background:

This standalone appendix may be utilized by the state during emergency situations to request amendment to its approved waiver. It includes actions that states can take under the existing Section 1915(c) home and community-based waiver authority in order to respond to an emergency. Other activities may require the use of various other authorities such as the Section 1115 demonstrations or the Section 1135 authorities.<sup>1</sup> This appendix may be completed retroactively as needed by the state.

### **Appendix K-1: General Information**

#### **General Information:**

A. State: MAINE

**B.** Waiver Title: Support Services for Adults with Intellectual Disabilities or Autism Spectrum Disorder (ME0467)

C. Control Number:

ME.0467.R02.05

D. Type of Emergency (The state may check more than one box):

X	Pandemic or Epidemic
0	Natural Disaster
0	National Security Emergency
0	Environmental
0	Other (specify):

**E. Brief Description of Emergency.** *In no more than one paragraph each*, briefly describe the: 1) nature of emergency; 2) number of individuals affected and the state's mechanism to identify individuals at risk; 3) roles of state, local and other entities involved in approved waiver operations; and 4) expected changes needed to service delivery methods, if applicable. The state should provide this information for each emergency checked if those emergencies affect different geographic areas and require different changes to the waiver.

On March 13, 2020, the President of the United States declared the 2019 coronavirus (COVID-19) a nationwide emergency pursuant to Sec 501(b) of the Stafford Act. On March 15, 2020 Governor Janet Mills declared a civil state of emergency as 7 positive cases and 5 presumptive positive cases were announced in Maine. As of April 13, 2020, the number had grown to 698 confirmed cases. The five approved 1915(c) waivers serve some of the most vulnerable individuals within the State of Maine. Several conditions/factors/variables present increased risk to this population including underlying health conditions, congregate housing within residential settings, difficulty engaging in social distancing mandates due to reliance on support from staff and others for basic needs and to follow infection control procedures. Potential increased workforce shortages resulting from illness of frontline care staff and/or family caregivers will surely lead to greater crisis for the served population. Maine seeks temporary changes to the five aforementioned waivers to mitigate the current risks, to allow flexibility in service delivery systems, and to ultimately ensure that member health and safety needs are accommodated throughout the state of emergency.

In this additive submission, Maine seeks to add "Work Support-Individual" to the list of ME.0467 services eligible for the temporary increases within the Appendix K previously approved by CMS on May 8, 2020.

- F. Proposed Effective Date: Start Date: March 1, 2020 Anticipated End Date: 30 days following the end of the emergency, as declared by the Governor, or February 28, 2021, whichever comes sooner.
- G. Description of Transition Plan.

All activities will take place in response to the impact of COVID-19 as efficiently and effectively as possible based upon the complexity of the change.

H. Geographic Areas Affected:

These actions will apply across the waivers to all individuals impacted by the COVID-19 virus.

I. Description of State Disaster Plan (if available) Reference to external documents is acceptable:

Maine's State Disaster Plan (called the State Comprehensive Emergency Management Plan) is maintained by the Maine Emergency Management Agency and can be found here: https://www.maine.gov/mema/maine-prepares/plans-trainings-exercises/planning

## Appendix K-2: Temporary or Emergency-Specific Amendment to Approved Waiver

### Temporary or Emergency-Specific Amendment to Approved Waiver:

These are changes that, while directly related to the state's response to an emergency situation, require amendment to the approved waiver document. These changes are time limited and tied specifically to individuals impacted by the emergency. Permanent or long-ranging changes will

need to be incorporated into the main appendices of the waiver, via an amendment request in the waiver management system (WMS) upon advice from CMS.

	i Temporarily increase the cost limits for entry into the waiver.
	[Provide explanation of changes and specify the temporary cost limit.]
-	ii Temporarily modify additional targeting criteria.  [Explanation of changes]
	Services
esc a	ddress health and welfare issues presented by the emergency.
esc a	[Complete Section A- Services to be Added/Modified During an Emergency.] Temporarily exceed service limitations (including limits on sets of services as cribed in Appendix C-4) or requirements for amount, duration, and prior authorization.
a	[Complete Section A- Services to be Added/Modified During an Emergency.] Temporarily exceed service limitations (including limits on sets of services as cribed in Appendix C-4) or requirements for amount, duration, and prior authorizaddress health and welfare issues presented by the emergency.

iv.  $\_\_$ Temporarily expand setting(s) where services may be provided (e.g. hotels, shelters, schools, churches) Note for respite services only, the state should indicate any facility-based settings and indicate whether room and board is included:

[Explanation of modification, and advisement if room and board is included in the respite rate]:

	ate's approved waiver). [Explanation of changes]
l	_ Temporarily permit payment for services rendered by family caregivers or legally onsible individuals if not already permitted under the waiver. Indicate the services to the this will apply and the safeguards to ensure that individuals receive necessary services as prized in the plan of care, and the procedures that are used to ensure that payments are mad ces rendered.
	_ Temporarily modify provider qualifications (for example, expand provider pool, orarily modify or suspend licensure and certification requirements).
	Temporarily modify provider qualifications.  [Provide explanation of changes, list each service affected, list the provider type, and the changes in provider qualifications.]
	Temporarily modify provider types.  [Provide explanation of changes, list each service affected, and the changes in the provider each service].
	i Temporarily modify licensure or other requirements for settings where waiver ervices are furnished.  [Provide explanation of changes, description of facilities to be utilized and list each serv provided in each facility utilized.]
	provided in each racinty utilized.]
	_Temporarily modify processes for level of care evaluations or re-evaluations (within

fX Temporarily increase payment rates
[Provide an explanation for the increase. List the provider types, rates by service, and specify
whether this change is based on a rate development method that is different from the current
approved waiver (and if different, specify and explain the rate development method). If the
rate varies by provider, list the rate by service and by provider].
1) Rates will be temporarily increased by 10 percent (%) to account for additional costs related to operating during the COVID-19 emergency including, but not limited to: excess overtime or premium pay to ensure sufficient direct care workers to cover staffing needs; infection control supplies and other additional or unanticipated service costs. These temporary increases will be in effect from 3/1/20 through 5/31/20. If the Department finds a continuing need, the Department may extend the temporary rate increases beyond 5/31/20 not to exceed the end date approved in the Appendix K. Providers will be asked to report to the Department within 30 days of the end of the State Civil emergency how the temporary increase was expended, including the percentage allocated to direct care staffing costs.
The rate setting methodology is not changed. The rate for each service listed is increased temporarily by the percentage indicated above. Services subject to this provision are listed by waiver program:
Support Services for Adults with Intellectual Disabilities or Autism Spectrum Disorder (ME0467)
Work Support-Individual
g Temporarily modify person-centered service plan development process and individual(s) responsible for person-centered service plan development, including
qualifications.
[Describe any modifications including qualifications of individuals responsible for service plan
development, and address Participant Safeguards. Also include strategies to ensure that services are
received as authorized.]
h Temporarily modify incident reporting requirements, medication management or othe participant safeguards to ensure individual health and welfare, and to account for emergency circumstances. [Explanation of changes]

i.\_x\_ Temporarily allow for payment for services for the purpose of supporting waiver participants in an acute care hospital or short-term institutional stay when necessary supports (including communication and intensive personal care) are not available in that setting, or

when the individual requires those services for communication and behavioral stabilization, and such services are not covered in such settings.
[Specify the services.]
j Temporarily include retainer payments to address emergency related issues.  [Describe the circumstances under which such payments are authorized and applicable limits on their duration. Retainer payments are available for habilitation and personal care only.]
k Temporarily institute or expand opportunities for self-direction.
[Provide an overview and any expansion of self-direction opportunities including a list of services that may be self-directed and an overview of participant safeguards]
<ul><li>l Increase Factor C.</li><li>[Explain the reason for the increase and list the current approved Factor C as well as the proposed revised Factor C]</li></ul>
m Other Changes Necessary [For example, any changes to billing processes, use of contracted entities or any other changes needed by the State to address imminent needs of individuals in the waiver program]. [Explanation of changes]
Contact Person(s)

A. The Medicaid agency representative with whom CMS should communicate regarding the request:

First Name: Thomas Last Name Leet

**Title:** Long Term Services and Supports Manager

**Agency:** Office of MaineCare Services

**Address 1:** 109 Capitol St

**Address 2:** Click or tap here to enter text.

City Augusta
State ME
Zip Code 04333

**Telephone:** 207.624.4068

E-mail Thomas.leet@maine.gov

**Fax Number** Click or tap here to enter text.

### B. If applicable, the State operating agency representative with whom CMS should communicate regarding the waiver is:

**First Name:** Click or tap here to enter text. **Last Name** Click or tap here to enter text. Title: Click or tap here to enter text. Agency: Click or tap here to enter text. Address 1: Click or tap here to enter text. Address 2: Click or tap here to enter text. City Click or tap here to enter text. State Click or tap here to enter text. **Zip Code** Click or tap here to enter text. **Telephone:** Click or tap here to enter text. E-mail Click or tap here to enter text. Fax Number Click or tap here to enter text.

### 8. Authorizing Signature

Signature:	Date: 5.18.2020
Michelle S. Probert	
State Medicaid Director or Designee	

First Name: Michelle
Last Name Probert
Title: Director

**Agency:** Office of MaineCare Services

**Address 1:** 109 Capitol Street

Address 2: Click or tap here to enter text.

City Augusta
State ME
Zip Code 04333

**Telephone:** 207.287.2093

E-mail Michelle.probert@maine.gov
Fax Number Click or tap here to enter text.

### Section A---Services to be Added/Modified During an Emergency

Complete for each service added during a time of emergency. For services in the approved waiver which the state is temporarily modifying, enter the entire service definition and highlight the change. State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

				Service Specific	atior	1					
Service Title:											
Complete this part fo	r a ren	ewal app	olicatio	on or a new waiver	that	replac	es a	n existing	waive	er. Select one:	
Service Definition (S	cope):										
Specify applicable (in	f any) li	imits on	the am	ount, frequency, or	dur	ation c	of thi	s service:			
				Provider Specific	at101						
Provider		☐ Individual. List types:					ency	. List the	types	of agencies:	
Category(s) (check one or both):											
(**************************************											
Specify whether the sprovided by (check enapplies):				Legally Responsib	le Pe	erson		Relative	/Legal	l Guardian	
Provider Qualificat	ions (pr	rovide th	e follo	wing information fo	r ea	ıch typ	e of	provider):	:		
Provider Type:	License (specify) Certificate (specify) Other Standard (specify)						l (specify)				
Verification of Prov	ider Q	ualificat	tions								
Provider Type:		En	tity Re	sponsible for Verification:				Frequency of Verification			
				Service Delivery N	/leth	od					
Service Delivery Me (check each that app			Partici	pant-directed as spec	ified	l in Ap	pend	lix E	X	Provider managed	

Service Specification										
Service Title:										
Complete this part fo	r a rene	ewal aj	plicatio	on or a new waiver	that	replaces ar	n existing	waive	er. Select one:	
Service Definition (S	cope):									
Specify applicable (if	f any) li	mits o	n the am	ount, frequency, o	r dur	ation of thi	s service:			
Provider Specifications										
Provider		Inc	dividual	. List types:	Agency. List the types of agencies:					
Category(s) (check one or both):										
(encent one or outling										
Specify whether the service may be provided by (check each that applies):  Legally Responsible Person  Relative/Legal Guardian										
Provider Qualificati	ions (pr	rovide i	the follo	wing information f	or ec	ich type of j	provider):			
Provider Type:	Licer	nse (sp	ecify)	Certificate (spec	ify)		Other Sta	ındard	(specify)	
Verification of Prov	ider Qı	ualific	ations							
Provider Type:		Entity Responsible for Verification:						Frequency of Verification		
				Service Delivery	Meth	od				
Service Delivery Me (check each that app			Particij	pant-directed as spe	cifie	d in Append	lix E		Provider managed	

<sup>i</sup> Numerous changes that the state may want to make necessitate authority outside of the scope of section 1915(c) authority. States interested in changes to administrative claiming or changes that require section 1115 or section 1135 authority should engage

CMS in a discussion as soon as possible. Some examples may include: (a) changes to administrative activities, such as the establishment of a hotline; (b) suspension of general Medicaid rules that are not addressed under section 1915(c) such as payment rules or eligibility rules or suspension of provisions of section 1902(a) to which 1915(c) is typically bound.