MINIMUM DATA SET (MDS)® RESIDENTIAL CARE ASSESSMENT (RCA)

BASIC ASSESSMENT TRACKING FORM

GENERAL INSTRUCTIONS:

Complete this form for all assessments and discharges.

SECTION AA. IDENTIFICATION INFORMATION

	_	
1.	RESIDENT NAME	
		a. (First) b. (Middle Initial) c. (Last) d. (Jr/Sr)
2.	GENDER	☐ 1. Male ☐ 2. Female
3.	BIRTHDATE	Month Day Year
4.	RACE/ ETHNICITY (Check only one.)	1. American Indian/Alaskan Native 4. Hispanic 2. Asian/Pacific Islander 5. White, not of Hispanic origin 3. Black, not of Hispanic origin 6. Other
5.	SOCIAL SECURITY and MEDICARE NUMBERS (C in 1st box if no med. no.)	a. Social Security Number b. Medicare number (or comparable railroad insurance number)
6.	FACILITY NAME AND PROVIDER NO.	a. Facility Name b. Provider No.
7.	MAINECARE NO.	[Record a "+" if pending, "N" if not a MaineCare recipient]
8. 8	SIGNATURE(S) (OF PERSON(S) COMPLETING TRACKING FORM:
a. S	ignatures	Title Sections Date
b.		Date
C.	DATE COMPLETED	Record date tracking form was completed. Month Day Year

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FACE SHEET: BACKGROUND INFORMATION ONLY AT ADMISSION

Resi	dent Name:	Date:	Soc.	Sec. #	Facility Provider #
SE	CTION AB.	DEMOGRAPHIC INFORMATION	SE	CTION AC.	CUSTOMARY ROUTINE
1.	DATE OF Entry	Date the stay began. (Note — Does not include readmission if record was closed at time of temporary discharge to hospital, etc. In such cases, use prior admission date.) Month Day Year	1.	CUSTOMARY ROUTINE (In year prior to DATE OF ENTRY	CYCLE OF DAILY EVENTS a. Stayed up late at night (e.g., after 9 pm) b. Napped regularly during day (at least 1 hour)
2.	ADMITTED FROM (AT ENTRY) (Check only one.)	1. Private home/apt. 2. Other board and care/assisted living/group home 3. Nursing home 4. Acute care hospital 5. Psychiatric hospital 6. MR/DD facility 7. Rehabilitation hospital		to this home, or year last in community if now being admitted from another home, nursing home, or hospital)	□ c. Went out 1+ days a week □ d. Stayed busy with hobbies, reading, or a fixed daily routine □ e. Spent most of time alone or watching TV □ f. Moved independently indoors (with appliances, if used) □ g. Used tobacco products at least daily □ h. NONE OF ABOVE EATING PATTERNS
3.	LIVED ALONE (PRIOR TO ENTRY) (Check only one.)	 ■ 8. Other (specify) ■ 0. No ■ 1. Yes ■ 2. In other facility 			i. Distinct food preferences j. Ate between meals all or most days k. Used alcoholic beverage(s) at least weekly l. NONE OF ABOVE
4.	PRIOR PRIMARY RESIDENCE	Provide town, state, zip code for Resident's primary residence prior to admission Town State Zip Code			ADL PATTERNS m. In bedclothes much of day n. Wakened to toilet all or most nights o. Had irregular bowel movement pattern
5.	RESIDENTIAL HISTORY 5 YEARS PRIOR TO ENTRY	(Check all settings resident lived in during 5 years prior to date of entry given in item AB1 above) a. Prior stay at this home b. Nursing home c. Other residential facility—board and care home, assisted living,			p. Shower for bathing q. Sponge bath r. Bathed in PM s. NONE OF ABOVE
		group home d. MH/psychiatric hospital e. MR/DD facility f. NONE OF ABOVE			t. Daily contact with relatives/close friends u. Usually attended church, temple, synagogue (etc.) v. Found strength in faith w. Daily animal companion/presence
6.	LIFETIME OCCUPATION	Put a "/" between two occupations.			x. Involved in group activities y. NONE OF ABOVE z. UNKNOWN—Resident/family unable to provide information
7.	EDUCATION (Highest Level Completed) (Check only one.)	1. No schooling □ 5. Technical or trade school 2. 8th grade or less □ 6. Some college □ 3. 9-11 grades □ 7. Bachelor's degree □ 4. High school □ 8. Graduate degree	SE	CTION AD.	FACE SHEET SIGNATURES and DATES
8.	PRIMARY LANGUAGE (Check only one.)	□ 0. English □ 2. French □ 1. Spanish □ 3. Other (specify)	-	SIGNATURE(S) (Signatures	OF PERSON(S) COMPLETING FACE SHEET: Title Sections Date
9.	MENTAL HEALTH HISTORY	Does resident's RECORD indicate any history of the following? a. Mental retardation	b. 2.	DATE COMPLETED	Date Record date background information was completed.
10.	CONDITIONS RELATED TO MR/DD STATUS	(Check all conditions that are related to MR/DD status that were manifested before age 22, and are likely to continue indefinitely) a. Not applicable—no MR/DD (Skip to AB11) MR/DD with organic condition b. Down's syndrome c. Cerebral palsy c. Autism f. Other organic condition related to MR/DD d. Epilepsy g. MR/DD with no organic condition			Month Day Year
11.	ALZHEIMER DEMENTIA HISTORY	Does resident's RECORD indicate any history of the following? a. Alzheimer's disease			

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(STATUS IN LAST 7 DAYS UNLESS OTHERWISE NOTED)

SE	CTION A. I	IDENTIFICATION and BACKGROUND INFORMATION	<u> </u>	CHON C.	COMMUNICATION/HEARING PATTERNS
1.	RESIDENT		1.	HEARING	(With hearing appliance, if used)
	NAME	a. (First) b. (Middle Initial) c. (Last) d. (Jr/Sr)		(Check only one.)	O. HEARS ADEQUATELY—normal talk, TV, phone
2.	SOCIAL	a. Social Security Number			1. MINIMAL DIFFICULTY when not in quiet setting
۷.	SECURITY and				2. HEARS IN SPECIAL SITUATIONS ONLY—speaker has to adjust
	MEDICARE				tonal quality and speak distinctly
	NUMBERS (C in 1st box if	b. Medicare number (or comparable railroad insurance number)			3. HIGHLY IMPAIRED –absence of useful hearing
	no med. no.)	,	2.	COMMUNICA-	(Check all that apply during last 7 days.)
				TION DEVICES/	a. Hearing aid, present and used
3.	FACILITY NAME	a. Facility Name		TECHNIQUES	b. Hearing aid, present and not used regularly
	AND	b . Provider No.			c. Other receptive communication techniques used (e.g., lip reading)
	PROVIDER NO.				d. NONE OF ABOVE
				MAKING SELF	
4.	MAINECARE	[Record a "+" if pending, "N" if not a MaineCare recipient]	3.	UNDERSTOOD	(Expressing information content—however able)
	NO.			(Check only one.)	U 0. UNDERSTOOD
		, <u> </u>		, ,	1. USUALLY UNDERSTOOD—difficulty finding words or
5.	ASSESSMENT	Last day of observation period			finishing thoughts
-	DATE				2. SOMETIMES UNDERSTOOD—ability is limited to making concrete requests
		Month Day Year			3. RARELY/NEVER UNDERSTOOD
_	DEAGON FOR	Month Day Year (Check primary reason for assessment)	4.	ABILITY TO	(Understanding information content—however able)
6.	REASON FOR ASSESSMENT	1. Admission assessment 4. Semi-Annual	*.	UNDERSTAND	,
	11002001112111	2. Annual assessment 5. Other (specify)		OTHERS	0. UNDERSTANDS
		3. Significant change in status assessment —		(Check only one.)	1. USUALLY UNDERSTANDS—may miss some part / intent of message
7.	MARITAL				2. SOMETIMES UNDERSTANDS—responds adequately to simple.
۲.	STATUS	1. Never married 3. Widowed 5. Divorced			direct communication
	(Check only one.)	2. Married 4. Separated			3. RARELY/NEVER UNDERSTANDS
8.	CURRENT	(Billing Office to indicate; check all that apply in last 30 days or since last admission if less than 30 days)	5.	COMMUNICA-	Resident's current ability to express him/herself or understand others
	PAYMENT SOURCES FOR			TION	compared to resident's status 180 days ago (or since admission if less than
	STAY	☐ a. MaineCare ☐ e. Private pay ☐ b. SSI ☐ f. Private insurance		(Check only one.)	180 days).
		c. VA (including co-payment)			☐ 0. No change ☐ 1. Improved ☐ 2. Declined
		d. Social Security g. SSDI	SE	CTION D	VISION PATTERNS
		□ h. Other (specify)	l —		
9.	RESPONSI-	(Check all that apply.)	1.	VISION	(Ability to see in adequate light and with glasses if used)
	BILITY/	a. Legal guardian e. Family member responsible		(Check only one.)	0. ADEQUATE—sees fine detail, including regular print in
	LEGAL Guardian	□ b. Other legal oversight □ f. Self			newspapers/books
	GOALDIAN	☐ c. Durable power of ☐ g. Legal Conservator			I. IMPAIRED—sees large print, but not regular print in newspapers/ books
		attorney/health care			MODERATELY IMPAIRED—limited vision; not able to see
		☐ d. Durable power of ☐ i. NONE OF ABOVE			newspaper headlines, but can identify objects
10		attorney/financial Does resident have any of the following advanced directives in place?			3. HIGHLY IMPAIRED—object identification in question, but eyes
10.	ADVANCED DIRECTIVES	a. Living Will 0. No 1. Yes			appear to follow objects
		b. Do not resuscitate (DNR)			4. SEVERELY IMPAIRED—no vision or sees only light, colors, or
		c. Do not hospitalize		_	shapes; eyes do not appear to follow objects
		d. Organ donation ☐ 0. No ☐ 1. Yes	2.	VISUAL Appliances	a. Glasses, contact lenses 0. No 1. Yes
		e. Other O. No I. Yes		AI I LIANOLO	b. Artificial eye □ 0. No □ 1. Yes
		(If "yes," specify)	SF	CTION F	MOOD and BEHAVIOR PATTERNS
	07:01:0		1.		
SE(CHON B.	COGNITIVE PATTERNS	, ''	INDICATORS OF	(CODE: Record the appropriate code for the frequency of the symptom(s) observed in last 30 days, irrespective of the assumed cause)
1.	MEMORY		1 1		
		(Recall of what was learned or known)		DEPRESSION,	Not exhibited in last 30 days
		a. Short-term memory OK—seems/appears to recall after 5 minutes			 Not exhibited in last 30 days This type of behavior exhibited up to 5 days a week (a minimum of
		a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem		DEPRESSION, ANXIETY,	Not exhibited in last 30 days
		a. Short-term memory OK—seems/appears to recall after 5 minutes		DEPRESSION, ANXIETY,	 Not exhibited in last 30 days This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). This type of behavior exhibited daily or almost daily (6, 7 days/week)
		a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem		DEPRESSION, ANXIETY,	Not exhibited in last 30 days This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS
2.	MEMORY/	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past		DEPRESSION, ANXIETY,	Not exhibited in last 30 days This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS
2.	RECALL	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past 0. Memory OK 1. Memory problem		DEPRESSION, ANXIETY,	Not exhibited in last 30 days This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die."
2.		a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past 0. Memory OK 1. Memory problem (Check all that resident was normally able to recall during last 7 days)		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?"
2.	RECALL	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help,
	RECALL ABILITY	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past 0. Memory OK 1. Memory problem (Check all that resident was normally able to recall during last 7 days) a. Current season d. That he/she is in a facility/home b. Location of own room e. NONE OF ABOVE are recalled c. Staff names/faces		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me")
2.	RECALL ABILITY COGNITIVE SKILLS FOR	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past 0. Memory OK 1. Memory problem (Check all that resident was normally able to recall during last 7 days) a. Current season		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help,
	RECALL ABILITY COGNITIVE SKILLS FOR DAILY	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past 0. Memory OK 1. Memory problem (Check all that resident was normally able to recall during last 7 days) a. Current season d. That he/she is in a facility/home b. Location of own room e. NONE OF ABOVE are recalled c. Staff names/faces (Made decisions regarding tasks of daily life) 0. INDEPENDENT—decisions consistent/reasonable		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me") d. Persistent anger with self or others—e.g., easily annoyed, anger
	RECALL ABILITY COGNITIVE SKILLS FOR	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me") d. Persistent anger with self or others—e.g., easily annoyed, anger at placement in facility; anger at care received e. Self deprecation—e.g., "I am nothing; I am of no use to anyone" f. Expressions of what appear to be unrealistic fears—e.g., fear of
	RECALL ABILITY COGNITIVE SKILLS FOR DAILY DECISION-	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past 0. Memory OK 1. Memory problem (Check all that resident was normally able to recall during last 7 days) a. Current season d. That he/she is in a facility/home b. Location of own room e. NONE OF ABOVE are recalled c. Staff names/faces (Made decisions regarding tasks of daily life) 0. INDEPENDENT—decisions consistent/reasonable		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me") d. Persistent anger with self or others—e.g., easily annoyed, anger at placement in facility; anger at care received e. Self deprecation—e.g., "I am nothing; I am of no use to anyone" f. Expressions of what appear to be unrealistic fears—e.g., fear of being abandoned, left alone, being with others
	RECALL ABILITY COGNITIVE SKILLS FOR DAILY DECISION- MAKING	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me") d. Persistent anger with self or others—e.g., easily annoyed, anger at placement in facility; anger at care received e. Self deprecation—e.g., "I am nothing; I am of no use to anyone" f. Expressions of what appear to be unrealistic fears—e.g., fear of being abandoned, left alone, being with others g. Recurrent statements that something terrible is about to happen
3.	COGNITIVE SKILLS FOR DAILY DECISION- MAKING (Check only one.)	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me") d. Persistent anger with self or others—e.g., easily annoyed, anger at placement in facility; anger at care received e. Self deprecation—e.g., "I am nothing; I am of no use to anyone" f. Expressions of what appear to be unrealistic fears—e.g., fear of being abandoned, left alone, being with others g. Recurrent statements that something terrible is about to happen—e.g., believes he or she is about to die, have a heart attack
	RECALL ABILITY COGNITIVE SKILLS FOR DAILY DECISION- MAKING	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me") d. Persistent anger with self or others—e.g., easily annoyed, anger at placement in facility; anger at care received e. Self deprecation—e.g., "I am nothing; I am of no use to anyone" f. Expressions of what appear to be unrealistic fears—e.g., fear of being abandoned, left alone, being with others g. Recurrent statements that something terrible is about to happen
3.	COGNITIVE SKILLS FOR DAILY DECISION- MAKING (Check only one.) COGNITIVE	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK		DEPRESSION, ANXIETY,	 0. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me") d. Persistent anger with self or others—e.g., easily annoyed, anger at placement in facility; anger at care received e. Self deprecation—e.g.,"I am nothing; I am of no use to anyone" f. Expressions of what appear to be unrealistic fears—e.g., fear of being abandoned, left alone, being with others g. Recurrent statements that something terrible is about to happen—e.g., believes he or she is about to die, have a heart attack h. Repetitive health complaints—e.g., persistently seeks medical
3.	COGNITIVE SKILLS FOR DAILY DECISION-MAKING (Check only one.)	a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK		DEPRESSION, ANXIETY,	O. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week (a minimum of 4 times per month). 2. This type of behavior exhibited daily or almost daily (6, 7 days/week) VERBAL EXPRESSIONS OF DISTRESS a. Resident made negative statements—e.g., "Nothing matters; Would rather be dead; What's the use; Regrets having lived so long; Let me die." b. Repetitive questions—e.g., "Where do I go; What do I do?" c. Repetitive verbalizations—e.g., calling out for help, ("God help me") d. Persistent anger with self or others—e.g., easily annoyed, anger at placement in facility; anger at care received e. Self deprecation—e.g., "I am nothing; I am of no use to anyone" f. Expressions of what appear to be unrealistic fears—e.g., fear of being abandoned, left alone, being with others g. Recurrent statements that something terrible is about to happen—e.g., believes he or she is about to die, have a heart attack h. Repetitive health complaints—e.g., persistently seeks medical attention, obsessive concern with body functions

SECTION E. MOOD and BEHAVIOR PATTERNS (cont.)

1.	INDICATORS OF DEPRESSION, ANXIETY, SAD MOOD	(CODE: Record the appropriate code for the frequency of the symp in last 30 days, irrespective of the assumed cause) 0. Not exhibited in last 30 days 1. This type of behavior exhibited up to 5 days a week 4 times per month). 2. This type of behavior exhibited daily or almost daily SLEEP-CYCLE ISSUES j. Unpleasant mood in morning k. Insomnia/change in usual sleep pattern SAD, APATHETIC, ANXIOUS APPEARANCE 1. Sad, pained, worried facial expressions—e.g., m. Crying, tearfulness n. Repetitive physical movements—e.g., pacing, wringing, restlessness, fidgeting, picking LOSS OF INTEREST 0. Withdrawal from activities of interest—e.g., no in standing activities or being with family/friends p. Reduced social interaction INDICATORS OF MANIA q. Inflated self-worth, exaggerated self-opinion; inflatabout one's own ability, etc.	(a m (6, 7	days, wed	um of /week) brows
		r. Excited behavior, motor excitation (e.g., heighter activity; excited, loud or pressured speech; incre			
2.	MOOD PERSISTENCE (Check only one.)	Check if one or more indicators of depressed, sad or anxiou (above) were not easily altered by attempts to "cheer up", or reassure the resident over last 7 days. 0. No mood indicators 1. Indicators present, easily altered 2. Indicators present, not easily altered	is mo	od le, or	
3.	MOOD	Resident's current mood status compared to resident's statu	s 180	day:	s ago
	(Check only one.)	(or since admission if less than 180 days): 0. No change 1. Improved 2. Dec	olinad		
4.	BEHAVIORAL SYMPTOMS	(COLUMN A CODES: Record the appropriate code for the frequency of the symptom in last 7 days) 0. Behavior of this type occurred 1 to 3 days in last 7 days 1. Behavior of this type occurred 4 to 6 days but less than daily 3. Behavior of this type occurred daily (COLUMN C CODES: History of this behavior in the last 6 months)	CODE beha last i	S : vioral 7 days asily a	<u>s)</u> altered
		0. No 1. Yes	REO	ALTER.	≌
a.	WANDERING needs or safe	i (moved with no rational purpose, seemingly oblivious to			
b.	VERBALLY A	BUSIVE BEHAVIORAL SYMPTOMS (others were creamed at, cursed at)			
c.		ABUSIVE BEHAVIORAL SYMPTOMS (others were hit, ched, sexually abused, gross physical assault)			
d.	SOCIALLY IN SYMPTOMS public, smeare	APPROPRIATE/DISRUPTIVE BEHAVIORAL (made disruptive sounds, sexual behavior, disrobing in ed/threw food/feces, hoarding, rummaged through others' ealing, self-abusive acts, substance abuse, self-mutilation)			
e.	RESISTS CAl assistance, or	RE (resisted taking medications/ injections, ADL eating)			
f.	invaded)	G BEHAVIOR (made others feel unsafe, at risk, privacy			
g.	ELOPEMENT				
h.	_	on-violent behavior (e.g., falling asleep while smoking)		<u> </u>	\vdash
j.	Dangerous vic				
5.	SUICIDAL IDEATION	Resident demonstrated suicidal thoughts or actions in the la 0. No 1. Yes	st 30	days	S:
6.	SLEEP PROBLEMS	Check all present on 2 or more days during last 7 days a. Inability to awaken when desired b. Difficulty falling asleep c. Restless or non-restful sleep			
7.	INSIGHT INTO MENTAL HEALTH	Resident has insight about his/her mental problem 0. No 1. Yes 2. No mental he	ealth	probl	ems
8.	BEHAVIORS (Check only one.)	Resident's current behavior status compared to resident's status ago (or since admission if less than 180 days): 0. No change 1. Improved 2. I	tus 18 Declin		

SECTION E PSYCHOSOCIAL WELL-BEING

1.	SENSE OF INITIATIVE/ INVOLVEMENT (Check all that apply.)	 a. At ease interacting with others b. At ease doing planned or structured activities c. At ease doing self-initiated activities d. Establishes own goals e. Pursues involvement in life of facility (e.g., makes/keeps friends; involved in group activities; responds positively to new activities; assists at religious services) f. Accepts invitations into most group activities g. NONE OF ABOVE
2.	UNSETTLED RELATION- SHIPS (Check all that apply.)	 a. Covert/open conflict with or repeated criticism of staff b. Unhappy with roommate c. Unhappy with residents other than roommate d. Openly expresses conflict/anger with family/friends e. Absence of personal contact with family/friends f. Recent loss of close family member/friend g. Does not adjust easily to change in routines h. NONE OF ABOVE
3.	LIFE- EVENTS HISTORY (Check all that apply.)	Events in past 2 years a. Serious accident or physical illness b. Health concerns for other person c. Death of family member or close friend d. Trouble with the law e. Robbed/physically attacked f. Conflict laden or severed relationship g. Loss of income leading to change in lifestyle h. Sexual assault/abuse i. Child custody issues j. Change in marital/partner status k. Review hearings (e.g., forensic, certification, capacity hearing) l. NONE OF ABOVE

SECTION G. PHYSICAL FUNCTIONING

l	1.	(A) A	DL SE	LF-PE	RFO	HMAN	ICE
---	----	-------	-------	-------	-----	------	-----

- 0. INDEPENDENT—No help or oversight —OR— Help/oversight provided only 1 or 2 times during last 7 days
 - SUPERVISION—Oversight, encouragement or cueing provided 3 or more times during last 7 days —OR— Supervision (3 or more times) plus physical assistance provided only 1 or 2 times during last 7 days
- LIMITED ASSISTANCE—Resident highly involved in activity; received physical help in guided maneuvering of limbs or other non-weight bearing assistance 3 or more times —OR— Limited assistance (3 or more times), plus weight-bearing support provided only 1 or 2 times.
- 3. EXTENSIVE ASSISTANCE—While resident performed part of activity, over last 7-day period, help of following type(s) provided 3 or more times:
 - Weight-bearing support

catheter, adjusts clothes

- Full staff performance during part (but not all) of last 7 days
- 4. TOTAL DEPENDENCE—Full staff performance of activity during last 7 days
- 8. ACTIVITY DID NOT OCCUR DURING LAST 7 DAYS

(B) ADL SUPPORT CODES (CODE for MOST SUPPORT PROVIDED OVER EACH 24 HOUR PERIOD) during last 7 days; code regardless of person's self-performance classification.

0. No setup or physical help from staff
1. Setup help only
2. One-person physical assist
3. Two+ persons physical assist
8. Activity did not occur during entire 7 days

- BED MOBILITY- How resident moves to and from lying position, turns side to side, and positions body while in bed
 TRANSFER How resident moves between surfaces—to/from: bed, chair,
- wheelchair, standing position (EXCLUDE to/from bath/toilet)
 LOCOMOTION How resident moves to and returns from other locations (e.g., areas set aside for dining, activities, or treatments). If facility has only one floor, how resident moves to and from distant areas on the floor. If in wheelchair, self-sufficiency once in chair
- DRESSING How resident puts on, fastens, and takes off all items of street clothing, including donning/removing prosthesis
 EATING How resident eats and drinks (regardless of skill). Includes intake of
- nourishment by other means (e.g., tube feeding, total parenteral nutrition)

 f. TOILET USE How resident uses the toilet room (or commode, bed-pan, urinal); transfer on/off toilet, cleanses, changes pad, manages ostomy or
- PERSONAL HYGIENE How resident maintains personal hygiene, including combing hair, brushing teeth, shaving, applying makeup, washing/drying face, hands, and perineum (EXCLUDE baths and showers)

 N. STAIRS How resident climbs stairs

	CONFIDENTIAL									
Resident Name: Date:					. Sec. #	Facility Provider #	_			
SEC	CTION G. P	HYSICAL FUNCTIONING (cont.)		SE	CTION G.	PHYSICAL FUNCTIONING (cont.)				
2.					f. Resident requires or only understands no more than a two-step direction. g. Resident could be more independent if he/she had special equipment (e.g., cane, walker, plate guard, velcro closings on clothing or shoes). h. Resident could perform more independently if some or all of ADL/IADL activities were broken into subtasks (task segmentation). i. Resident could be more independent if he/she received ADL or IADL skills training. j. NONE OF ABOVE					
3A.	MODES OF LOCOMOTION	(Check all that apply during last 7 days.) a. Cane/walker/crutch b. Wheeled self c. Other person wheeled d. NONE OF ABOVE			NEW DEVICES NEEDED (Check all that apply.)	Resident expresses or gives evidence of needing new or additional assistive devices a. Eyeglasses b. Hearing aid c. Cane or walker g. Dentures				
3B.	MAIN MODE OF LOCOMOTION	Was wheelchair the primary mode of locomotion during the last 7 day ☐ 0. No ☐ 1. Yes				d. Wheelchair h. Other (specify) e. Assistive feeding devices (e.g., plate i. NONE OF ABOVE				
3C.	BEDFAST/ Chairfast	(Check if health condition keeps resident in his/her room 22+ hours prin last 7 days) a. Bedfast all or most of time b. Chairfast all or most of the time c. NONE OF ABOVE	er day	8.	SELF- Performance In IADLs	guard, stabilized built-up utensil) Resident's current IADL status or abilities compared to resident's status 180 days ago (or since admission if less than 180 days): 0. No change 1. Improved 2. Declined				
	SELF-	Resident's current ADL status or abilities compared to resident's statu	ıc 180	SE	CTION H. (CONTINENCE IN LAST 14 DAYS				
4.	PERFORMANCE IN ADLs (Check only one.)	days ago (or since admission if less than 180 days): 0. No change 1. Improved 2. Declined	15 100	1	0. CONTINE ostomy de	CE SELF-CONTROL CATEGORIES sident's PERFORMANCE OVER ALL SHIFTS) IENT—Complete control (includes use of indwelling urinary catheter or evice that does not leak urine or stool) Y CONTINENT—BLADDER, Incontinent episodes once a week or less;				
5A.	. IADL SELF- PERFOR- MANCE Code for level of independence in the last 30 days based on resident's involvement in the activity. SELF-PERFORMANCE CODES: 0. INDEPENDENT: (with/without assistive devices)—No help provided. 1. DONE WITH HELP: Resident involved in activity but help (including supervision, reminders, and/or physical help) is provided. 2. DONE BY OTHERS:		rovided.		BOWEL, 2. OCCASIO daily; BON 3. FREQUE some con 4. INCONTII	less than weekly ONALLY INCONTINENT—BLADDER, 2 or more times a week but not WEL, once a week ENTLY INCONTINENT—BLADDER, tended to be incontinent daily, but strol present (e.g. on day shift); BOWEL, 2-3 times a week NENT—Had inadequate control BLADDER, multiple daily episodes; BOWEL, ost all) of the time				
		Full performance of the activity is done by others. The resident is involved at all when the activity is performed.	not	a.	BOWEL CONTINENCE	Control of bowel movement, with appliance or bowel continence programs, if employed				
		8. Activity did not occur in the last 30 days.		b.	BLADDER	Control of urinary bladder function with appliances (e.g. foley) or				
		IADL	SELF- PERFORMANCE	2.	BOWEL ELIMINATION PATTERN	Bowel elimination pattern regular—at least one movement every three days Diarrhea c. Fecal Impaction d. Resident is independent e.				
		Resident arranged for shopping for clothing, snacks, other incidentals.		3.	APPLIANCES	Constipation b. NONE OF ABOVE f. Any scheduled toileting plan a. Did not use toilet room/	\dashv			
		b. Resident shopped for clothing, snacks, or other incidentals.		"	and PROGRAMS	Bladder retraining program b. commode/urinal f.	4			
		 Resident arranged for suitable transportation to get to appointments, outings, necessary engagements. 			THOUHAMO	External (condom) catheter c. Pads/briefs used g.	-			
		d. Resident managed finances including banking, handling checkbook, or paying bills.				Indwelling catheter Intermittent catheter d. Enemas/irrigation h. Ostomy present i.				
		e. Resident managed cash, personal needs allowance.		<u>_</u>		NONE OF ABOVE				
		f. Resident prepared snacks, light meals.g. Resident used phone.		4.	INCONTINENC					
		h. Resident did light housework such as making own bed, dusting, or taking care of belongings.			SUPPLIES (Check only one.)	O. Always continent Resident incontinent and able to manage incontinence supplies				
		Resident sorted, folded, or washed own laundry.				independently. 2. Resident incontinent and receives assistance with managing				
5B.	TRANSPOR- TATION	Check all that apply for level of independence in the last 30 days base on resident's involvement in the activity.	ed			incontinence supplies. 3. Resident incontinent and does not use incontinence supplies.				
	Allow	 a. Resident drove car or used public transportation independently get to medical, dental appointments, necessary engagements, other activities. b. Resident rode to destination with staff, family, others (in car, va 	or	5.	CHANGES IN URINARY CONTINENCE	Resident's urinary continence has changed as compared to status of 180 days ago (or since last assessment if less than 180 days): 0. No change 1. Improved 2. Deteriorated				
		public transportation) but was <u>not accompanied</u> to medical, dental appointments, necessary engagements, or other activiti	es.	SE	CTION I. D	DIAGNOSES				
		c. Resident rode to destination with staff, family, others (in car, va public transportation) and <u>was accompanied</u> to medical, dent appointments, necessary engagements, or other activities.		and dia(behavior statu gnoses.) (If non	diagnoses that have a relationship to current ADL status, cognitive status, moo is, medical treatments, nurse monitoring, or risk of death. (Do not list inactive ne apply, CHECK item xx. NONE OF ABOVE) ENDOCRINE/METABOLIC/ HEART/CIRCULATION	d			
6.	ADL AND IADL FUNCTIONAL REHABILI- TATION OR IMPROVE- MENT POTENTIAL (Check all that apply.)	a. Resident believes he/she is capable of increased independent at least some ADLs or IADLs. b. Direct care staff believes resident is capable of increased independence in at least some ADLs or IADLs. c. Resident able to perform tasks/activity but is very slow. d. Difference in ADL/IADL Self-Performance comparing mornings evenings. e. Resident requires or only understands a one-step direction.		1.	DIAGNOSES	ENDOCRINE/METABOLIC/ NUTRITIONAL a. Diabetes mellitus b. Hyperthyroidism c. Hypothyroidism h. Hypertension i. Hypotension j. Peripheral vascular disease k. Other cardiovascular disease				

Peripheral vascular disease Other cardiovascular disease (continued on next page) MDS-RCA ME (Rev 12/03) (RAI © copyright 6/19/95) Updated 7/9/2004

(continued in next column)

Resident Name: Date:				Soc. Sec. # Facility Provider #			
SECTION I. DIAGNOSES (cont.)				CTION J. HEAI	LTH CONDITIONS and POSSIBLE MEDICATION SIDE EFFECTS (cont.)		
		MUSCULOSKELETAL I. Arthritis m. Hip fracture n. Missing limb (e.g., amputation) o. Osteoporosis ff. Manic depressive (Bipolar) gg. Schizophrenia PULMONARY hh. Asthma ii. Emphysema/COPD	5.	INTERFERES	During the last 7 days, how much of the time did pain interfere with resident's normal activities such as visiting with friends, going out, and so on? 1. All of the time 2. Some of the time 4. None of the time		
		P. Pathological bone fracture NEUROLOGICAL SENSORY jj. Cataracts kk. Diabetic retinopathy	6.	PAIN MANAGE- MENT	□ 1. No pain treatment □ 3. Treated, partial control □ 2. Treated, full control □ 4. Treated, no or minimal control		
		q. Alzheimer's li. Glaucoma mm. Macular degeneration r. Aphasia oTHER s. Cerebral palsy	7.	ACCIDENTS (Check all that apply.)	□ a. Fell in past 30 days □ d. Other fracture in last 180 days □ b. Fell in past 31-180 days □ e. NONE OF ABOVE □ c. Hip fracture in last 180 days		
		t. Cerebrovascúlar accident (stroke) oo. Anemia pp. Cancer than Alzheimer's disease v. Hemiplegia/ hemiparesis w. Multiple sclerosis x. Paraplegia nn. Allergies (specify) oo. Anemia pp. Cancer qq. Renal failure rr. Tuberculosis-TB ss. HIV Mental retardation(e.g., Down's Syndrome, Autism, or other organic condition related to	8.	DANGER OF FALL (Check all that apply.)	 a. Has unsteady gait b. Has balance problems when standing c. Limits activity because resident or family fearful of resident falling d. Unstable transition from seated to standing e. Other (specify) f. NONE OF ABOVE 		
			SEC	CTION K ORA	L/NUTRITIONAL STATUS		
		disease Developmental disability (MR/ DD) z. Quadriplegia Uu. Substance abuse (alcohol or drug) aa. Seizure disorder bb. Transient ischemic attack (TIA) c. Traumatic brain personality disorder)	1.	ORAL PROBLEMS (Check all that apply.)	□ a. Mouth is "dry"when eating a meal □ d. Mouth Pain □ b. Chewing Problem □ e. NONE OF ABOVE □ c. Swallowing Problem		
		cc. Traumatic brain personality disorder) www. Explicit terminal prognosis xx. NONE OF ABOVE PSYCHIATRIC/MOOD dd. Anxiety disorder	2.	HEIGHT AND Weight	Record (a.) height in inches and (b.) weight in pounds. Base weight on most recent measure in last 30 days; measure weight consistently in accord with standard facility practice—e.g., in a.m. after voiding, before meal, with shoes off, and in nightclothes.		
		ee. Depression			a. HT (in.) b. WT (lb.)		
2.	OTHER CURRENT DIAGNOSIS AND ICD-9 CODES	a.	3.	WEIGHT Change	a. Unintended weight loss–5% or more in last 30 days; or 10% or more in last 180 days 0. No 1. Yes b. Unintended weight gain–5% or more in last 30 days; or 10% or more in last 180 days		
SEC	TION I HEAL	TH CONDITIONS AND POSSIBLE MEDICATION SIDE EFFECTS			□ 0. No □ 1. Yes		
SEC	TION J. HEAL	TH CONDITIONS AND POSSIBLE MEDICATION SIDE EFFECTS		NUTRI-	a. Complains about the taste f. Noncompliance with diet		
1.	PROBLEM CONDITIONS	Check all problems present in last 7 days unless other time frame is indicated) a. Inability to lie flat due to shortness of breath j. Numbness/tingling b. Shortness of breath k. Blurred vision c. Edema l. Dry mouth d. Dizziness/vertigo m. Excessive salivation or drooling f. Hallucinations n. Change in normal appetite	4.	TIONAL PROBLEMS OR AP- PROACHES (Check all that apply.)	of many foods b. Regular or repetitive complaints of hunger c. Leaves 25% of food uneaten at most meals d. Therapeutic diet e. Mechanically altered (or pureed) diet g. Eating disorders h. Food allergies (specify) i. Restrictions (specify) j. NONE OF ABOVE		
		Ŭ 11	SEC	CTION L. ORA	L/DENTAL STATUS		
2.	□ g. Hostility □ o. Other (specify) □ □ h. Suspiciousness □ p. NONE OF ABOVE 2. EXTRA-PYRAMIDAL SIGNS AND SYMPTOMS Check all present at any point during last 3 days INCREASE IN MOTOR ACTIVITY □ a. Akathisia—resident reports subjective feeling of restlessness or need for movement □ b. Dyskinesia—chewing, puckering movements of mouth; abnormal irregular movements of lips; or rocking or writhing of trunk □ c. Tremor—regular rhythmic movements of the fingers, limbs, head, mouth, or tongue		1.	ORAL STATUS AND DISEASE PREVENTION (Check all that apply.)	a. Has dentures or removable bridge b. Some/all natural teeth lost-does not have or does not use dentures (or partial plates) c. Broken, loose or carious teeth d. Inflamed gums (gingiva); swollen or bleeding gums; oral abscesses ulcers or rashes e. Daily cleaning of teeth/dentures or daily mouth care—by resident or staff f. Resident has difficulty brushing teeth or dentures		
		d. Rigidity–resistance to flexion and extension of muscles (e.g.,			g. NONE OF ABOVE		
		continuous or cogwheeling rigidity)	SEC	CTION M. SKIN	CONDITION		
		e. Slow shuffling gait—reduction in speed and stride length of gait, usually with a decrease in pendular arm movement f. Bradykinesis—decrease in spontaneous movements (e.g., reduced body movement or poverty of facial expression, gestures, speech) MUSCLE CONTRACTIONS g. Dystonia—muscle hypertonicity (e.g., muscle spasms or stiffness, protruding tongue, upward deviation of the eyes) h. NONE OF ABOVE	2.	SKIN PROBLEMS (Check all that apply.)	Any troubling skin conditions or changes in the last 7 days? a. Abrasions (scrapes) or cuts e. Open sores or lesions b. Burns (2nd or 3rd degree) f. Other (specify) c. Bruises d. Rashes, itchiness, body lice g. NONE OF ABOVE (Record the number of ulcers at each ulcer stage–regardless of cause.		
	DAIN.			(Due to	(Record the number of ulcers at each ulcer stage–regardless of cause. If none present at a stage, record "0" (zero). Code all that apply during last 7 days. Code 9=9 or more.) Requires full body exam.		
3.	PAIN SYMPTOMS	(Code the highest level of resident's pain present in the last 7 days) On a scale of 1 to 10, where 1 is the least and 10 is the most, how would you rate your pain? (If no pain, code 0 and skip to J7)		any cause.)	the skin) that does not disappear when pressure is relieved.		
4.	PAIN SITE	(If pain is present in the last 7 days)			b. Stage 2. A partial thickness loss of skin layers that presents clinically as an abrasion, blister, or shallow crater.		
		□ a. Back pain □ f. Incisional pain □ b. Bone pain □ g. Joint pain (other than hip) □ c. Chest pain while doing usual activities □ h. Soft tissue pain (e.g., lesion, muscle)			c. Stage 3. A full thickness of skin is lost, exposing the subcutane- ous tissues–presents as a deep crater with or without undermining adjacent tissue.		
		d. Headache			d. Stage 4. A full thickness of skin and subcutaneous tissue is lost, exposing muscle or bone.		
1	1	e. Hip pain j. Other (specify)			MDS-RCA ME (Rev 12/03)		

Resident Name: Date:		Soc.	Sec. #	Facility Provider #	
SE	CTION M. SKIN	CONDITION (cont.)	SEC	CTION O. MEDI	ICATIONS (cont.)
3	PROBLEMS	a. Resident or someone else inspects resident's feet on a regular basis?	4A.	RECEIVED THE FOLLOWING MEDICATION	(Record the number of DAYS during the last 7 days; enter "0" if not used. Note—enter "1" for long-acting meds used less than weekly) a. Antipsychoticd. Hypnoticg. Insulin
SE	CTION N. ACTI	☐ 0. No ☐ 1. Yes VITY PURSUIT PATTERNS	40.	MEDICATIONS	Does resident have a prescription for any PRN medication for a mental, emotional or nervous condition, or behavioral problem?
1	. TIME AWAKE	(Check appropriate time periods over last 7 days) Resident awake all or most of time (i.e., naps no more than one hour per time period) in the: a. Morning b. Afternoon c. Evening	5.	SELF- ADMINSTERED MEDICATIONS (Check all that apply.)	Did resident self-administer any of the following in the last 7 days: a. Insulin b. Oxygen c. Nebulizers d. Nitropatch bid resident self-administer any of the following in the last 7 days: e. Glucosan f. Over-the-counter Meds g. Other (specify) h. NONE OF ABOVE
2	. AVERAGE TIME INVOLVED IN ACTIVITIES (Check only one.)	(When awake and not receiving treatments or ADL care) 1. Most—more than 2/3 of time 2. Some—from 1/3 to 2/3 of time 3. Little—less than 1/3 of time 4. None	6.	MEDICATION PREPARATION ADMINISTRA- TION	Did resident prepare and administer his/her own medications in last 7 days? (Check only one.) 0. No Meds 1. Resident prepared and administrated NONE of his/her own medications. 2. Resident prepared and administrated SOME of his/her own medications.
3	PREFERRED ACTIVITY SETTINGS	(Check all settings in which activities are preferred) □ a. Own room □ d. Away from facility □ b. Day/activity room □ e. NONE OF ABOVE □ c. Outside facility (e.g., in yard)	7.	MEDICATION COMPLIANCE (Check only one.)	□ 3. Resident prepared and administrated ALL of his/her own medications. Resident's level of compliance with medications prescribed by a physician/ psychiatrist during last 30 days: □ 0. No Meds □ 1. Always compliant
4	ACTIVITY PREFER- ENCES (Adapted to	(Check all PREFERENCES whether or not activity is currently available to resident) a. Cards/other games k. Gardening or plants b. Crafts/arts l. Talking or conversing c. Exercise/sports m. Helping others d. Dancing n. Doing chores around the		Mouer	2. Always compliant with reminder, verbal prompts 3. Compliant some of the time (80% of time or more often) or with some medications 4. Rarely or never compliant
	resident's current abilities.)	d. Dancing	8.	MISUSE OF MEDICATION	Misuse of prescription or over-the-counter medications in the last 6 months (e.g., resident uses more or less than the directed dose, is using medication for a purpose other than intended) 0. No 1. Yes
		□ h. Trips/shopping □ q. Volunteering □ i. Walking/wheeling outdoors □ r. Other (specify) □ j. Watching TV □ s. NONE OF ABOVE	1.	SPECIAL TREATMENTS, PROCE- DURES,	a. SPECIAL CARE-Check treatments or programs received during the last 14 days [Note-count only post admission treatments] TREATMENTS a. Chemotherapy or i. Training in skills required to return
5	PREFERRED ACTIVITY SIZE	(Check all that apply) ☐ a. Individual ☐ b. Small group ☐ d. No preference		AND PROGRAMS	radiation to the community (e.g., taking medications, house work, shopping, transportation, ADLs) c. Dialysis i. Case management
6	. PREFER- ENCES IN DAILY ROUTINE	a. Resident prefers change in type of activity b. Resident prefers change in extent of involvement in activities (e.g., more or less) c. Resident prefers change in location of activities			PROGRAMS □ d. Alcohol/drug treatment program □ l. Sheltered workshop/employment □ m. Job training
	(Check all that apply.)	d. Resident prefers activity at different time of day e. Resident prefers stability in daily routine f. NONE OF ABOVE			special care unit f. Hospice care g. Home health h. Home care n. Transportation o. Psychological rehabilitation p. Formal education q. NONE OF ABOVE
7	. INTERACTION WITH FAMILY AND FRIENDS	a. How often has resident visited or been visited by family and friends in the last 30 days? (check only one) 1. No family or friends outside 4. Once a week facility 5. 2 or 3 times a week but not daily			b. THERAPIES—Record the number of days each of the following therapies was administered (for at least 15 minutes a day) in the last 7 calendar days (Enter 0 if none or less than 15 min. a day) (Note-count only post admission therapies) (A) = # of days administered for 15 minutes or more Check B if therapy was received at home or in facility.
		□ 3. 1-3 times/month □ 6. Daily b. How often has resident talked by telephone with family and friends in the last 30 days? (check only one)			a. Speech-language pathology and auditory services
		□ 1. No family or friends outside facility □ 4. Once a week □ 5. 2 or 3 times a week but not daily □ 2. None daily □ 3. 1-3 times/month □ 6. Daily			b. Occupational therapy c. Physical therapy d. Respiratory therapy e. Psychological therapy (by any licensed mental health professional)
8	. VOTING	Is resident registered to vote? 0. No 1. Yes	_	INTER	(Check all interventions or strategies used in the last 7 days unless other time
9		Resident's current level of participation in social, religious or other personal activities compared to resident's status 180 days ago (since admission if less than 180 days): 1. Improved 2. Declined	2.	INTER- VENTION PROGRAMS FOR MOOD, BEHAVIOR, COGNITIVE LOSS	specified—no matter where received) a. Special behavior symptom evaluation program environment to address mood/behavior patterns—e.g., providing bureau in which to rummage
SF	CTION O. MEDI	CATIONS			management program f. Reorientation—e.g., cueing
1	NUMBER OF MEDICATIONS	(Record the number of different medications used in the last 7 days; enter "0" if none used)			c. Evaluation by a licensed mental health specialist in last 90 days g. Validation/Redirection h. Crisis intervention in facility i. Crisis stabilization unit in last
2	MEDICATIONS	(Resident currently receiving medicatons that were initiated during the last 90 days) 0. No 1. Yes			□ d. Group therapy 90 days □ e. Resident-specific □ j. Other (specify)
3	. INJECTIONS	(Record the number of DAYS injections of any type received during the last 30 days ; enter "0" if none used.)			deliberate changes in the L k. NONE OF ABOVE

	CONFIDENTIAL							
Resi	ident Name:	Date:	Soc S	Sec #		Facility Provider #		
		AL TREATMENTS AND PROCEDURES (cont.)		TION Q. SERV				
3.	NEED FOR ON-GOING MONITORING	(Code for person responsible for monitoring) 0. No monitoring required 2. RCF Other Staff 1. RCF nurse 3. Home health nurse a. Acute physical or psychiatric condition - not chronic b. New treatment/medication	1.	RESIDENT GOALS (Check all areas in which resident has self-identified goals)		a. Health promotion/wellness/exercise b. Social involvement/making friends c. Activities/hobbies/adult learning d. Rehabilitation–skilled e. Maintaining physical or cognitive function f. Participation in the community g. Other (specify)		
4.	REHABILITA- TION/ RESTORATIVE CARE	RECORD THE number of days each of the following rehabilitation or restorative techniques or practices was provided to the resident for more than or equal to 15 minutes per day in the last 7 days (Enter 0 if none or less than 15 min. daily.) a. Range of motion (passive) b. Range of motion (active) c. Splint or brace assistance TRAINING/SKILL PRACTICE IN: d. Bed mobility i. Amputation/prosthesis care	2.	CONFLICT	b.	h. No goals Any disagreement between resident and family about goals or service plan? 0. No 1. Yes Any disagreement between resident/family and staff about goals or service plan? 0. No 1. Yes GE POTENTIAL		
			1.	DISCHARGE POTENTIAL		Does resident or family indicate a preference to return to community? ☐ 0. No ☐ 1. Yes Does resident have a support person who is positive towards discharge? ☐ 0. No ☐ 1. Yes		
5.	SKILL Training	Record the number of days, in the last 30 days that each of the following IADLs were performed with assistance from staff as a skill training activity identified in the resident's service plan. a. Meal Preparation (snacks, h. Arranges Shopping (makes list, acquires	SEC	TION S ASSE		Has resident's self-sufficiency changed compared to 6 months or since admission, if less than 6 months? 0. No change 1. Improved 2. Declined		
		b. Telephone Use c. Light Housework (makes own bed, takes care of belongings) d. Laundry (sorts, folds, or washes own laundry) e. Managing Incontinence Supplies (pads, briefs, ostomy, catheter) f. Managing Cash (handles cash, makes purchases) g. Managing Finances (banking, handling checkbook, or paying bills) help) Shopping (for groceries, clothes, or other incidentals) Transportation (travel by various means to get to medical appointments or other necessary engagements) where the provided in the	1.					
6.	ADHERENCE WITH TREATMENTS/ THERAPIES/ PROGRAMS	In the last 6 months, compliant all or most of the time with special treatments, therapies and programs: 0. Always compliant 3. No treatments or programs 1. Compliant 80% of time 8. Unknown 2. Compliant less than 80% of the time	3.	e. CASE MIX GROUP		Date Date		
7.	GENERAL HOSPITAL STAY(S)	Record number of times resident was admitted to an acute care hospital with an overnight stay in last 6 months (or since last assessment if less than 6 months.) (Enter "0" if no hospital admissions)				VE HEALTH/HEALTH BEHAVIORS eck all the procedures the resident received during the past 12 months)		
8.	EMERGENCY ROOM (ER) VISIT(S)	Record number of times resident visited ER without an overnight stay in last 6 months (or since last assessment if less than 6 months.) (Enter "0" if no ER visits)		IIEAEIII		 a. Blood pressure monitoring b. Hearing assessment c. Vision test g. Breast exam or mammogram h. Pap smear i. PSA or rectal exam 		
9.	PHYSICIAN VISITS	In the last 6 months (or since admission to facility if less than 6 months) how many days has the physician (or authorized assistant or practitioner) examined the resident? (Enter "0" if none)				d. Dental visit		

1.	PREVENTIVE HEALTH	(Check all the procedures the resident received during the past 12 months)
	IILALIII	a. Blood pressure monitoring g. Breast exam or mammogram
		□ b. Hearing assessment □ h. Pap smear
		☐ c. Vision test ☐ i. PSA or rectal exam
		☐ d. Dental visit ☐ j. Other (specify)
		e. Influenza vaccine
		☐ f. Pneumococcal vaccine
		(ANY time)

In the last 14 days (or since admission if less than 14 days in

renewals without change. (Enter "0" if none)

hospital admissions)

(Enter "0" if no outpatient surgery)

facility) how many days has the physician (or authorized assistant or practitioner) changed the resident's orders? Do not include order

Has the resident had any abnormal lab values during the last 90

days (or since admission if less than 90 days)? ☐ 0. No ☐ 1. Yes Record number of times resident was admitted to a psychiatric

hospital with an overnight stay in the **last 6 months** (or since last assessment if less than 6 months.) (Enter "0" if no psychiatric

Record number of times resident had outpatient surgery in the last 6 months (or since last assessment if less than 6 months.)

PHYSICIAN ORDERS

ABNORMAL LAB VALUES

12. PSYCHIATRIC HOSPITAL STAY(S)

13. OUTPATIENT SURGERY

10.

11.

Resident Name: Date: Soc. Sec. # Facility Provider #

SECTION II	MEDI	CATIONS	LICT

List all medications given during the last 7 days. Include medications used regularly less than weekly as part of the resident's treatment regimen.

- 1. List the medication name and the dosage
- 2. RA (Route of Administration). Use the appropriate code from the following list:

1 = by mouth (PO)3 = intramuscular (IM)

5 = subcutaneous (SubQ) 7 = topical 9 = enteral tube 2 = sublingual (SL) 4 = intravenous (IV) 6 = rectally 8 = inhalation10 = other

3. FREQ (Frequency): Use the appropriate frequency code to show the number of times per day that the medication was given.

PR = (PRN) as necessary 8H = (q8h) every eight hours 5D = five times a day 5W = five times every week 1D = (qd or hs) once daily 1W = (QWeek) once every week 1H = (qh) every hour 6W = six times every week 2D = (BID) two times daily 2W = twice every week 2H = (q2h) every two hours 1M = (QMonth) once every month 3H = (q3h) every three hours (includes every 12 hours) 3W = three times every week 2M = twice every month 4H = (q4h) every four hours 3D = (TID) three times daily QO = every other day C = continuous6H = (q6h) every six hours 4D = (QID) four times daily 4W = four times every week O = other

- 4. PRN-n (prn number of doses): If the frequency code is "PR", record the number of times during the past 7 days that each PRN medication was given. Do not use this column for scheduled medications.
- 5. DRUG CODE: Enter the National Drug Code (NDC). The last two digits of the 11-digit NDC define package size and have been omitted from the codes listed in the manual Appendix E. If using this Appendix, the NDC should be entered left-justified (the first digit of the code should be entered in the space farthest to the left of the NDC code column). This should result in the last two spaces being left blank.

1. Medication Name and Dosage	2. RA	3. Freq	4. PRN-n	5. NDC Codes
EXAMPLE: Coumadin 2.5 mg Digoxin 0.125 mg Humulin R 25 Units Robitussin 15cc	1 1 5 1	1W 1D 1D PR	2	
			l	

Resident Name:	Date:	Soc. Sec. #	Facility Provider #

MINIMUM DATA SET (MDS)® Residential Care Assessment (RCA)

DISCHARGE FORM

SECTION D1. IDENTIFICATION INFORMATION

1.	RESIDENT NAME	
		a. (First) b. (Middle Initial) c. (Last) d. (Jr/Sr)
2.	GENDER	☐ 1. Male ☐ 2. Female
3.	BIRTHDATE	Month Day Year
4.	RACE/ ETHNICITY (Check only one.)	□ 1. American Indian/Alaskan Native □ 5. White, not of □ 2. Asian/Pacific Islander Hispanic origin □ 3. Black, not of Hispanic origin □ 6. Other □ 4. Hispanic
5.	SOCIAL SECURITY AND MEDICARE NUMBERS [C in 1st box if no med. no.]	a. Social Security Number b. Medicare number (or comparable railroad insurance number)
6.	FACILITY NAME AND PROVIDER NO.	a. Facility Name b. Provider No.
7.	MAINECARE NO.	[Record a "+" if pending, "N" if not a MaineCare recipient]
8.	REASON FOR ASSESSMENT	(NOTE: Other codes do not apply to this form) 6. Discharged 7. Discharged prior to completing initial assessement

SECTION D3. ASSESSMENT/DISCHARGE INFORMATION

1.	DISCHARGE	Code for resident disposition upon discharge	
	STATUS	1. Private home/apt. with no home health services	
		2. Private home/apt. with home health services	
		Another residential care facility (specify)	
		4. Nursing home (specify)	
		5. Acute care hospital	-
		6. Psychiatric hospital, MR/DD facility	
		7. Rehabilitation hospital	
		8. Deceased	
		9. Other (specify)	
2.	DISCHARGE	Date of death or discharge	
	DATE		
		Month Day Year	
3.	SIGNATURES	S OF PERSONS COMPLETING THE ASSESSMENT:	
0.	OIGHAI OILE	OF TENDONO COMPLETING THE ACCESSMENT.	
	a. Signatures	Title	Date
	a. Signatures	Tide	Date
	b.		Date
	C.		Date

SECTION D2. DEMOGRAPHIC INFORMATION

1.	DATE OF Entry	Date the stay began. Note — Does not include readmission if record was closed at time of temporary discharge to hospital, etc. In such cases, use prior admission date Month Day Year
2.	ADMITTED FROM (AT ENTRY) (Check only one.)	1. Private home/apt. 2. Other residential care/assisted living/group home 3. Nursing home 4. Acute care hospital 5. Psychiatric hospital 6. MR/DD facility 7. Rehabilitation hospital 8. Other (specify)

MINIMUM DATA SET - RESIDENTIAL CARE ASSESSMENT (MDS-RCA)

CORRECTION REQUEST FORM

Use this form:

- 1. To request correction of error(s) in an MDS-RCA assessment record or error(s) in an MDS-RCA Discharge Tracking record that has been previously accepted into the State MDS-RCA database; and
- To identify the inaccurate record.

A correction request can be made to either MODIFY or INACTIVATE a record.

TO MODIFY A RECORD IN THE STATE DATABASE:

- 1. Complete a new corrected assessment or discharge tracking form. Include all the items on the form, not just those in need of correction;
- 2. Complete and attach this Correction Request Form to the corrected assessment or discharge tracking form;
- 3. Place a hard copy of the complete assessment and correction form in the Clinical Record;
- 4. Create a new electronic record including the corrected assessment or tracking form AND the Correction Request Form; and
- 5. Electronically submit the new record (as in #3) to the MDS-RCA database at the State.

TO INACTIVATE A RECORD IN THE STATE DATABASE:

- 1. Complete this correction request form;
- 2. Create an electronic record of the Correction Request Form;
- 3. Place a hard copy of the complete assessment and correction form in the Clinical Record; and
- 4. Electronically submit this Correction Request record to the MDS-RCA database at the State.

PRIOR RECORD SECTION:

THIS SECTION IDENTIFIES THE ASSESSMENT OR TRACKING FORM THAT IS IN ERROR. (In this section, reproduce the information EXACTLY as it appeared in the erroneous record, even if the information is wrong. This information is necessary in order to locate the record in the State database.)

Prior AA1	RESIDENT NAME	
		a.(First) b.(Middle Initial) c.(Last) d.(Jr/Sr)
Prior AA2	GENDER	1. Male 2. Female
Prior AA3	BIRTHDATE	Month Day Year
Prior AA5a	SOCIAL SECURITY	a. Social Security Number
Prior A6 OR D1.8	REASON FOR ASSESSMENT	ASSESSMENT 1. Admission assessment 2. Annual assessment 3. Significant change in status assessment 4. Semi-Annual 5. Other DISCHARGE TRACKING 6. Discharged 7. Discharged prior to completing initial assessment
	PRIOR DATE	PRIOR DATE (Complete one only) Complete Prior A5 if Primary Reason (Prior A6) equals 1,2,3,4 or 5 Complete Prior D3.2 if Primary Reason (Prior D1.8) equals 6 or 7
Prior A5	ASSESSMENT DATE	a. Last day of MDS observation period Month Day Year
Prior D3.2	DISCHARGE DATE	Date of Discharge Month Day Year

CORRECTION SECTION:

COMPLETE THIS SECTION TO EXPLAIN THE CORRECT REQUEST

AT1.	CORRECTION SEQUENCE NUMBER	(Enter total number of corrections for this record, including the present one.)	
AT2.	ACTION REQUESTED	MODIFY record in error (Attach and submit a COMPLETE assessment or tracking form. Do NOT submit the corrected items ONLY. Proceed to item AT3 below). INACTIVATE record in error. (DO NOT submit an assessment or tracking form. Submit the correction request only. Skip to item AT4).	
AT3.	REASONS	(If AT2=1, check at least one of the following reasons;	a.
	FOR Modification	check all that apply, then skip to AT5) a. Transcription error	b.
		b. Data entry error	C.
		c. Software product error d. Item coding error	d.
		e. Other error	e.
		If "Other" checked, please specify:	
AT4.	REASONS FOR	(If AT2=2, check at least one of the following reasons; check all that apply.)	a.
	INACTIVATION	a. Test record submitted as production record	b.
		b. Event did not occur c. Inadvertent submission of non-required record	C.
		d. Other reason requiring inactivation	d.
		If "Other" checked, please specify:	u.

MDS-RCA COORDINATOR SIGNATURE AND DATE COMPLETION

AT5.	INDIVIDUAL NAME	a.(First) b.(Last) c.(Title)
	SIGNATURE	
AT6.	CORRECTION DATE	Month Day Year