

Youth Risk Behavior Survey Questions

YRBS High School Questions

During the past 12 months, when you felt sad or hopeless, from whom did you get help?

- A. I did not feel sad or hopeless
- B. Parent or other adult relative
- C. Teacher or other school staff
- D. Other adults
- E. Friends
- F. I did feel sad or hopeless, but did not get the help I needed

During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities?

- A. Yes
- B. No

During the past 12 months, did you ever **seriously** consider attempting suicide?

- A. Yes
- B. No

During the past 12 months, did you make a plan about how you would attempt suicide?

- A. Yes
- B. No

During the past 12 months, how many times did you actually attempt suicide?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or more times

If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

- A. **I did not attempt suicide** during the past 12 months
- B. Yes
- C. No

During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or 7 times
- F. 8 or 9 times
- G. 10 or 11 times
- H. 12 or more times

YRBS Middle School Questions

Have you ever **seriously** thought about killing yourself?

- A. Yes
- B. No

Have you ever made a **plan** about how you would kill yourself?

- A. Yes
- B. No

Have you ever **tried** to kill yourself?

- A. Yes
- B. No