

What's New at MYSPP—May 2010

- * Suicide and Suicidal Behavior in Maine: 2009 is now available for download at the Maine Youth Suicide Prevention Program web site www.mainesuicideprevention.org
A new resource sheet that highlights elder suicide is also available for download.

- * Mark your calendar—September 14, 2010 will feature an event at the Blaine House to recognize National Suicide Prevention week. This event is open to the public but you must pre-register to attend. Contact Joanne De Campos at 622-7566 ext. 202 or jdecampos@mcd.org. Beyond the Basics of Suicide Prevention VII is scheduled for April 8, 2011 at the Wyndham Hotel in South Portland.

- * The Public Relations subcommittee is actively seeking nominations of individuals, agencies, media, first responders, or funeral home directors who have helped to spread the word about suicide prevention, intervened to save a life, or been particularly helpful in the aftermath of a suicide. To submit a nomination, send an e-mail to Linda Williams at lwilliams@mcd.org

- * *Transition Lessons* for high school seniors have been developed, field tested, and are now ready for use in schools that are currently implementing the *Lifelines Lessons*. The lessons can be delivered in four 45 or two 90 minute time blocks. Contact Linda Williams for additional information at 622-7566 ext. 243.

- * The Maine Youth Suicide Prevention Program is planning a one day symposium on suicide prevention on June 29 in the Augusta area. The day will involve a facilitated discussion among key stakeholders focusing on a priority area where the program needs to make progress over the next 5 years.

- * Check it out—this web site is for young people to help them get through hard times.
<http://us.reachout.com/>

- * Treatment Improvement Protocol, TIP 50, deals with Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment. This valuable resource can be downloaded or ordered at <http://www.samhsa.gov/shin>

Statewide Crisis Hotline 24/7 1-888-568-1112; statewide Information and Resource Center 1-800-499-0027

