Maine Grief Support Centers (Listed by County)

Note: Updated annually. Items may have changed. Please call ahead to verify dates, times and locations of group meetings.

**ANDROSCOGGIN**

Androscoggin Home Care & Hospice

Type: Grief Groups, Suicide Survivor Groups

Contact: Amy Dulac

Address: 15 Strawberry Avenue
Lewiston, Maine 04240

Phone: 207-795-9468 or 1-800-482-7412

E-Mail: bereavement@ahch.org
amy.dulac@ahch.org

Website: www.ahch.org

Enrollment: Contact Amy to register.

Areas Served: Androscoggin, Oxford, Franklin, Farmington and Cumberland

Group Leader: Professional staff, trained volunteers

Criteria: Call to register before attending a group.

Description: Adult grief support groups in Lewiston/Auburn, Bridgton, Norway and Farmington. Will begin at several locations in September 2015. **Camp Dragonfly** is for grieving children (ages 3-18) and adult family members who experienced the loss of a loved one. **Pathways through Grief** is a 6-week grief support group offered in Bridgton, Farmington and Norway for adults who suffered a loss through death. **Guidance through Grief** is an 8-week grief support group in Lewiston for adults who suffered a loss through death. **Bereavement after Suicide** addresses special needs and feelings of persons coping with a loss due to suicide. A general grief support group is open to anyone who lost a loved one.

Meetings: The general grief support group held 2nd and 4th Wednesday every month, 6-7:30PM at St. Mary’s Residences, Campus Cuisine Room, 100 Campus Avenue, Lewiston. Contact Amy for information on other group locations, dates and times.

**The Colby Fund**

Type: Pregnancy/Infant Loss Support

Contact: Tammy Brule or Leanne

Address: Central Maine Medical Center
300 Main Street, Conference Rm. D
Lewiston, Maine 04240

Phone: 207-400-0093 (Tammy Brule)
207-212-9528 (Leanne)

E-Mail: babyalligatortears@yahoo.com

Website: www.babyalligatortears.com

Enrollment: Call Tammy/Leanne prior to meeting.

Areas Served: Statewide

Group Leader: Tammy Brule

Criteria: Self-Referral

Description: Counseling and support at St. Mary’s Hospital and CMMC in Lewiston for individuals, couples, families and friends who experienced a pregnancy loss or infant death. Offers a safe and supportive environment where people share their feelings associated with loss, find answers to difficult questions, seek comfort in others with similar experiences, develop coping skills and start to understand the grieving process. Also provides **Bereavement Doula Services**.

Meetings: Held 3rd Wednesday every month. Call Tammy or Leanne for group location and time.

**Compassionate Friends**

Type: Child/Grandchild Loss Support

Contact: Jan 207-364-8809 (Primary) or Libby 207-344-7074
Address: D’Youville Pavilion  
ARC Room, 102 Campus Avenue  
Lewiston, Maine 04240
Phone: 207-557-8202
E-Mail: compassionatefriendslewiston@yahoo.com  
Website: www.compassionatefriends.org
Enrollment: Call ahead to register.
Areas Served: Statewide
Group Leader: Trained volunteers
Criteria: Open to the community
Description: Open to anyone dealing with the loss of a child or grandchild.
Meetings: Held 2nd Wednesday every month, 6-8PM at D’Youville Pavilion.

St. Mary’s Regional Medical Center
Type: General Bereavement Support
Contact: Sister Suzanne
Address: 100 Campus Avenue  
Campus Cuisine  
Lewiston, Maine 04240
Phone: 207-777-8520
Website: www.stmarysmaine.org
Enrollment: Drop-ins welcome, calling ahead to sign up for meetings is preferred.
Areas Served: Androscoggin County
Group Leader: Sister Suzanne
Criteria: Open to the community.
Description: Open to anyone dealing with the loss of a loved one.
Meetings: Held 2nd and 4th Wednesdays of every month, 6-7:30PM.

AROOSTOOK
Northern Maine Medical Center
Type: Suicide Loss Support Group
Contact: Ethel Jalbert, RN
Address: P.O. Box 343  
Fort Kent, Maine 04743
Phone: 207-834-5790
Contact E-Mail: ethel.jalbert@yahoo.com  
Website: www.nmmc.org
Enrollment: Open Enrollment
Areas Served: Northern Aroostook
Group Leader: Facilitated by mental health professionals and loss survivors.
Criteria: No referral required. The loss does not have to be recent.
Description: Open to suicide loss survivors. For adults who have experienced a loss of family member or friend by suicide. Handouts free and refreshments served.
Meetings: Held 1st Thursday every month, Northern Maine Medical Center Library, 6:30-8PM.

Compassionate Friends
Type: Loss of a Child Support
Contact: Michele
Address: Center for Community Health Education (Houlton Hospital)  
20 Hartford Street  
Houlton, Maine 04730
Phone: 207-521-7455
Contact E-Mail: chelewilliefitz@gmail.com  
Website: www.compassionatefriends.org
Enrollment: Drop-In
Areas Served: Statewide
Group Leader: Michele
Criteria: Open to the community.
Description: Support for parents or siblings who have lost a child of any age.
Meetings: Held 2nd Wednesday every month, 6:30-7:30PM, Houlton Regional Hospital.
Chapter of Bereaved Parents of USA
Type: Child Loss Support Group
Contact: Triss Critchfield
Address: P.O. Box 8295
         Portland, Maine 04104
Phone: 207-799-4183
E-Mail: SouthernmaineBPUSA@gmail.com
       triss.critchfield@gmail.com
Website: www.bpsmaine.bpchapter.org
FB: SouthernMaineBPUSA@facebook.com
Enrollment: Self-Referral
Areas Served: Cumberland and York
Criteria: Open to the community.
Description: Open to anyone who is struggling with the death of a child.
Meetings: Held 2nd and 4th Wednesday every month, 6:30-8PM, Trinity Episcopal Church, 580 Forest Avenue, Portland.

(The) Center for Grieving Children
Type: Individual and Group Grief Support
Contact: Sandy Lovell, Outreach Director
Address: P.O. Box 1438
         Portland, Maine 04104
Phone: 207-775-5216 Extension: 107
E-Mail: sandy@cgcmaine.org
Website: www.cgcmaine.org
Enrollment: Enrollment Process Required
Areas Served: Cumberland, York and parts of Androscoggin
Group Leader: Trained volunteers
Criteria: Self-Referral
Description: Bereavement groups for children, ages 3-18, their parents and young adults, ages 18-30. Peer support for families dealing with serious illness from point of diagnosis for children, ages 3-18, adult caregivers; and the person who is ill. Bereaved Parent Group for parents
who have lost a child. Young Widow and Widowers Group for people who have lost a spouse/partner. Peer Support Group with Portland schools for children from war torn countries. Education and crisis support outreach to schools, camps, businesses, communities and organizations. Phone support is available during business hours.

Meetings: Scheduled interviews with Sandy Lovell required before attending. Support group locations, dates and times available upon registration completion.

**Maine Medical Center (MMC)**
Type: Suicide Loss Support and Individual Bereavement Counseling

Contact: Sandra Horne, LCSW & Robert Myers, LCPC

Address: Department of Psychiatry
22 Bramhall Street
Portland, Maine 04102

Phone: 207-409-6976 or 207-409-6226

E-Mail: soslossgroup@gmail.com
hornes@mmc.org

Enrollment: Open Enrollment

Areas Served: Greater Portland and beyond

Group Leader: Professionals and Peers

Criteria: Self-Referral

Description: Open and Ongoing Suicide Survivors Support Group.

Meetings: Held 2nd and 4th Monday of every month, 7PM in Classroom #1 of MMC Dana Center. One on one grief support offered at no cost.

**Hospice of Southern Maine**
Type: Individual and Group Grief Support

Contact: Carol Schoneberg-Robinson

Address: 180 U.S. Route 1
Scarborough, Maine 04074

Phone: 207-289-3651 or 866-621-7600

E-Mail: cschoneberg@hospiceofsouthernmaine.org
Website: www.hospiceofsouthernmaine.org

Enrollment: Register by phone or E-Mail with Carol Schoneberg-Robinson.

Areas Served: York and Cumberland

Group Leader: Professional staff, Master's Level Interns

Criteria: Self-Referral of those 18 years old and older who experienced the death of a loved one.

Description: A child loss bereavement support group offered during the day or evening and assists parents dealing with feelings of sadness, grief, depression, anger, regret and related feelings accompanying the death of a child. Open to any parent who experienced the loss of a child over age 18. Participants will have chance to share feelings and experiences of grief in a caring and safe environment with a skilled facilitator and surviving parents in the group. Individualized Bereavement Counseling is available at no cost to the recipient.

Meetings: Contact Carol Schoneberg-Robinson for dates, times, and locations.

(See Also H.O.P.E under Oxford County)

**Parkview Adventist Medical Center**
Type: Faith-based Individual & Group Support

Contact: Collette Pekar

Address: 329 Main Street
Brunswick, Maine 04111

Phone: 207-373-2000

E-Mail: cpekar@gmail.com
Website: www.parkviewAMC.org

Enrollment: Pre-Enrollment is required.

Areas Served: Cumberland

Group Leader: Trained Staff and Volunteers

Criteria: Support for people at least a few months into their loss.

Description: We operate from a faith-based perspective, but will meet the needs of the group. Prayer, Bible readings and other inspirational passages members may bring to the group.

Meetings: 7-week sessions, run weekly, twice a year in fall and spring. Call for group availability and times.
Individualized Grief Support available at Chaplain’s Office. Call to schedule date and time 207-373-2251.

(See H.O.P.E under Oxford County and Androscoggin Health Care and Hospice in Androscoggin County)

**FRANKLIN**

(See Androscoggin Home Care and Hospice in Androscoggin County)

**“Old South Church”**

*Type:* General Bereavement Support Group, Suicide Support for Adults and Children/Adolescents

*Contact:* Betsy Riley

*Address:* 227 Main Street
Farmington, Maine 04938

*Phone:* 207-645-2884 or 207-778-0424

*Website:* [www.farmingtonucc.org](http://www.farmingtonucc.org)

*Enrollment:* Everyone is welcome.

**Areas Served:** Franklin

**Group Leader:** Trained Staff and Volunteers

**Criteria:** Groups open to anyone dealing with the loss of a loved one, regardless of age or situation.

**Description:** Community Circle of Love; Bereavement support group for anyone who lost a loved one. Suicide support groups available for Adults and Children/Adolescents.

**Meetings:** Held every other Wednesday 2:30-4PM at the Old South Church, 235 Main Street, Farmington.

**HANCOCK**

**Hospice of Hancock County**

*Type:* General Bereavement, Suicide Loss Support Group, Veteran Loss Group, Parent/Sibling Loss Support, Inmate Support Group

*Contact:* Janice Ronco, Bereavement Services Coordinator

*Address:* 14 McKenzie Avenue
Ellsworth, Maine 04605

*Phone:* 207-667-2531

*E-Mail:* mcgriff@hospiceofhancock.org

*Enrollment:* Application and Interview Process

**Areas Served:** Hancock

**Group Leader:** Trained Survivors.

**Criteria:** Self-Referral

**Description:** General Bereavement, Veteran Loss Support & Parent/Sibling Loss Support Groups and Suicide Survivor Support Group offered twice a year. A Graduate Support Group offered to those who complete two or more grief support groups. A newly organized group for those incarcerated and suffered a loss is beginning with our fall support listing.

**Meetings:** Offered in the spring and fall. Call for more information, group locations, dates and times.
Hospice Volunteers of Waterville

Type: Widow/Widower Support Group
Contact: Jan Osborn, Bereavement Coordinator
Address: 304 Main Street, P.O. Box 200 Waterville, Maine 04901
Phone: 207-873-3615 Extension: 15
E-Mail: hospiceinfo@hvwa.org josborn@hvwa.org
Website: www.hvwa.org

Enrollment: Please call ahead.
Areas Served: 27 communities in Waterville area
Group Leader: Trained Volunteers
Criteria: Self-Referral

Description: At this time, there is a Widow/Widower Support Group open to anyone struggling with the death of their spouse.

Meetings: Held the 2nd and 4th Thursday of every month from 10-11:30AM. Call ahead for meeting locations as they may change.

Additional Information: Jan Osborn, Bereavement Coordinator, will contact NAMI Maine Staff with any new Support Groups as they become available.

Maine General Hospice

Type: General Loss Support, Family Grief Support, Survivors of Suicide Loss, Child Loss Support Group
Contact: Tamara Cooper, Bereavement Coordinator
Address: 150 Dresden Avenue Gardiner, Maine 04345
Phone: 207-626-1780
E-Mail: tamara.cooper@mainegeneral.org
Website: www.mainegeneral.org

Enrollment: Enrollment Process is required
Areas Served: Statewide

Group Leader: Facilitating Team
Criteria: Self-Referral

Description: All programs are free of charge and open to all Maine communities. Call for support group dates and times or general information.

- **Healing Hearts**: A Family Grief Support Program (7-weeks, 4 times a year) for families with children ages 3-17 who are grieving the death of a loved one. Offers children and their caregivers a safe space to explore feelings and share memories through art, play and storytelling. Pre-registration and interview process required.

- **General Loss Support Group**: This group runs for 6-week sessions multiple times a year for adults who experienced the death of a loved one. We provide a safe space to explore feelings of grief and loss in a supportive peer setting. Grief information and education are provided. Pre-registration and interview required.

- **Survivors of Suicide Loss**: Runs for 6-weeks for family and friends of someone who died by suicide. This group offers a safe space to let out feelings of grief and loss in a supportive setting. Information specific to loss and grief resulting from suicide is provided. This group is held on an as needed basis. Call to register or to schedule an interview.

- **Child Loss Support Group**: Meetings scheduled on an as needed basis for adults who experienced the death of a child. This group provides a safe environment to work through feelings of grief and loss in a calm, supportive setting. Information and resources specific to child loss and grief are provided. Pre-registration and interview process required.

Meetings: Contact Tamara Cooper for information, meeting availability, dates and times.

(See Also H.O.P.E under Oxford County)
Address: 34 Old County Road  
Rockport, Maine 04856
Phone: 207-593-9355
E-Mail: coastalfamilyhosicevolunteers@gmail.com  
cdeslaurierscieri@penbayhealthcare.org
Website: www.coastalfamilyhospice.com
Enrollment: Registration required prior to attending.
Areas Served: Knox and Lincoln
Group Leader: Bereavement Coordinator, Volunteers and Licensed Counselors
Criteria: Self-Referral
Description: Contact our office if interested in attending a support group. Bereavement Correspondence provided to those who wish to receive support and resources by mail in the first 13 months following a death.
Meetings: A general bereavement support group 1st Wednesday of every month, 6-7:30PM in the Bartlett Woods Retirement Center library. Call Carol for group availability and meeting schedules.

LINCOLN

Miles & St. Andrews Home Health and Hospice
Type: General Bereavement Support Group
Contact: Connie Jones
Address: 40 Belvedere Road  
Damariscotta, Maine 04543
Phone: 207-563-4177
E-Mail: connie.jones2@lchcare.org
Web: www.mileshealthcare.org/HomeHealthHospice
Enrollment: Call for an initial interview.
Areas Served: Lincoln
Group Leader: Kirsten Skorpen, MSW
Criteria: Open to all members of the community dealing with an adult loss.

Description: A small support group available at no cost to participants and open to anyone who experienced a recent adult loss.
Meetings: Held every other Wednesday, 10-11:30AM. Call to register or for more information.

OXFORD

SOS – Survivors of Suicide
Type: Suicide Loss Support Group
Contact: Christine Hensley
Address: 348 South Hiram Road  
Hiram, Maine 04041
Phone: 207-625-4352 or 207-625-3291
E-Mail: christine257me@yahoo.com
Enrollment: Open enrollment. Call for initial interview.
Areas Served: Oxford and beyond
Group Leader: Trained Peers and Professionals who have experienced the loss of a loved one to suicide.
Criteria: Call ahead to register.
Description: Suicide loss survivors helping peers face life after the loss of a loved one to suicide.
Meetings: Groups meet at the Calvary Bible Church the 1st Tuesday of every month, 6:30-7:30PM.

H.O.P.E.
Type: General Bereavement Support Group, Coping with a Serious Illness Support Group
Contact: Kenneth Hamilton and Liz
Address: P.O. Box 276, 52 High Street  
South Paris, Maine 04281
Phone: 207-890-3673 or 207-743-7458  
Call Liz to register 727-420-2964
E-Mail: kenhhope@hopehealing.org
Website: www.hopehealing.org
Enrollment: Drop in or call for more information and meetings locations.
**Areas Served:** Hallowell, South Paris and Portland

**Group Leader:** Kenneth Hamilton, MD

**Criteria:** Self-Referral

**Description:** Groups support the bereaved and those coping with a serious illness, situation or condition.

**Meetings:** General Bereavement Support Groups at:
- Portland Recovery Community Center, 468 Forest Avenue, Portland, every Thursday, 5-7PM.
- Irish Heritage Center; 34 Gray Street, Portland, Wednesdays, 5:30-7:30PM. Enter through rear door off Danforth Street.
- Haskell House, 1st Congregational Church, 17 East Main Street, South Paris, Mondays, 4-6PM.
- St. Matthews Episcopal Church, 20 Union Street, Hallowell, Wednesdays, 6:30-8:30PM. Parking off Academy Street.
- Riverside Methodist Church, 5 School Street, Porter, Thursdays, 6-8PM. Side door entrance.

(See Androscoggin Home Care and Hospice in Androscoggin County)

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**PENOBSCOT**

**St. Joseph Homecare & Hospice**

**Type:** Child Loss Support Group, Walk-in Bereavement Support Group

**Contact:** Lynn Jones, Hospice Coordinator

**Address:** St. Joseph Healthcare Park
360 Broadway
Bangor, Maine 04401

**Phone:** 207-262-1810

**Website:** [www.stjoeshealing.org](http://www.stjoeshealing.org)

**Enrollment:** Open enrollment, walk-ins are welcome.

**Areas Served:** Greater Bangor (25 mile radius)

**Group Leader:** Grief Counselors

**Criteria:** Self-Referral

**Description:** The agency offers a free bereavement support program several times annually.

**Meetings:** Parents Bereavement Support Group meets the 1st Wednesday of every month, 6:30PM. This meeting, open to the public, offers support for parents or caregivers who lost children. Contact St. Joseph Homecare and Hospice for details.

Community Walk-In Bereavement Support Group is hosted at Brookings-Smith Funeral Home, 133 Center Street, Bangor, 2nd and 4th Wednesday of every month, 6-7:30PM.

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**Pathfinders – Hospice of Eastern Maine**

**Type:** Expressive Art Loss Support Group for Children and their Families

**Contact:** Linda Boyle, Program Coordinator

**Address:** EM Healthcare Mall
885 Union Street, Suite 220
Bangor, Maine 04401

**Phone:** 207-973-8269 or 800-350-8269

**E-Mail:** lboyle@emh.org

**Website:** [www.pathfindersmaine.org](http://www.pathfindersmaine.org)

**Enrollment:** Application process

**Areas Served:** Penobscot and surrounding counties

**Group Leader:** Various agency resources and volunteers trained through Hospice of Eastern Maine

**Criteria:** Self-Referral

**Description:** A support group for children, ages 4 to young adults, and their families dealing with the loss of a loved one. This group provides expressive art activities as a way to work through feelings of grief.

**Meetings:** Meetings run 10-week sessions twice a year; the fall session begins October 5th and continues every Monday evening from 6-7:30PM through December 7th. The spring group begins March 7th from 6-7:30PM and continues every Monday thereafter with the exception of school vacation week.

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**New Hope Hospice, Inc.**

**Type:** General Bereavement Support

**Contact:** Christii MaQuillan, Director

**Address:** P.O. Box 70, 1344 Main Road
Eddington, Maine 04428
Phone: 207-843-7521
E-Mail: newhope7521@aol.com
Website: www.newhopehospice.org
Enrollment: Open Enrollment
Areas Served: 35 mile radius of Bangor
Group Leader: Rodney St. Louis, Bereavement Coordinator
Criteria: Self-Referral
Description: A General Bereavement Support Group meets twice monthly.
Meetings: Held the 2nd and 4th Wednesday of every month at 6PM and hosted at the Brookings-Smith Family Center in Bangor.

PISCATAQUIS

Pine Tree Hospice
Type: Adult Lunch and Learn Bereavement Group, General Bereavement Support Groups for Adults and Children
Contact: Jane Stitham, Executive Director
Betsy Miller-Minott, Coordinator of Volunteer and Client Services
Address: 883 West Main Street Dover-Foxcroft, Maine 04426
Phone: 207-564-4346
E-Mail: wecare@pinetreehospice.org
Website: www.pinetreehospice.org
Facebook: www.facebook.com/EvergreenPTH
Enrollment: Call to enroll.
Areas Served: Piscataquis and portions of Somerset and Penobscot
Group Leader: Trained Volunteers
Criteria: Self-Referral, Social Worker, Medical Professionals and Spiritual Advocates
Description: Adult Lunch and Learn Bereavement Support Group is free of charge and open to anyone struggling with the death of a loved one. The first hour is a support group followed by lunch and a presentation in the second hour. A diverse number of guest speakers attend each month. Evening Support Groups for Adults are open to anyone struggling with the death of a loved one. We offer a Support Group for Children, ages 3-18 accompanied by a parent or guardian. Children are placed in age appropriate groups. The parents/guardians meet together in a support group of their own.
Meetings: Adult Lunch and Learn Bereavement Groups held 2nd Tuesday every month, 11AM-1PM September through May at Dover-Foxcroft Congregational Church, Dover, Maine. The Adult Evening Support Group runs the 2nd and 4th Tuesday every month at Pine Tree Hospice. The Support Group for Children begins Wednesday, October 7, 2015, 6:30-7:30PM. Another Children’s Bereavement Support Group held 2nd and 4th Wednesday every month, 7-8PM, 1st Floor of Basket House, 883 West Main Street. Call Pine Tree Hospice with questions, meeting availability, dates and times 207-564-4346.

SAGADAHOC
(See CHANS Hospice and Volunteers: Center for Grief and Loss in Cumberland County)

SOMERSET

Hospice Volunteers of Somerset County
Type: Adult and Children Bereavement Support Groups, Bereavement Mailing Program, One on One Support for Adults and Children
Contact: Karen Champagne
Address: 41 Main Street Skowhegan, Maine 04976
Phone: 207-474-7775
E-Mail: Volunteer@hvosc.org
Website: www.hvosc.net
Enrollment: Drop-In
Areas Served: Somerset
**WALDO**

**Hospice Volunteers of Waldo County**

*Type:* Individualized Peer Support  
*Contact:* Flic Shooter, Bereavement Coordinator  
*Address:* P.O. Box 772  
            Belfast, Maine 04915  
*Phone:* 207-930-2677  
*E-Mail:* hvowc1@gmail.com  
*Website:* Hospicevolunteersofwaldocounty.org

*Enrollment:* Contact Flic Shooter  
*Areas Served:* Waldo  
*Group Leader:* Hospice Volunteers  
*Criteria:* Self-Referral  
*Description:* Individualized Peer Support  
*Meetings:* Available by Appointment

**YORK**

**The Hope Project**

*Type:* Child Bereavement Support  
*Contact:* Nikki Hopewill  
*Address:* Calais Regional Hospital  
            24 Hospital Lane  
            Calais, Maine 04619  
*Phone:* 207-475-7308  
*E-Mail:* nikki@hopeprojectseacoast.org

*Enrollment:* Contact Nikki Hopewill to complete enrollment process.  
*Criteria:* Program available to grieving children and their families, ages 5-18 years of age.  
*Description:* The Hope Project offers a safe place for children to heal.  
*Meetings:* Held Wednesday evenings, 6-7:30PM during the active school year. Call for more information and meeting locations.

**WASHINGTON**

**Down East Hospice Volunteers**

*Type:* Individual Bereavement Support, Bereavement Support Group  
*Contact:* Kathi Milicia, Bereavement Coordinator  
*Address:* Calais Regional Hospital  
            24 Hospital Lane  
            Calais, Maine 04619  
*Phone:* 207-454-9204

**York Hospital Hospice in Partnership with Merrimack Valley Hospice**

*Type:* Grief Journey Support Group, General Bereavement Support Group, Child Bereavement Support  
*Contact:* Shannon Tracy  
*Address:* 360 Merrimack Street  
            Lawrence, MA 01843 or  
            127 Long Sands Road, #12  
            York, Maine 03909
New Hampshire: Children and Family Grief Services

Type: Individual, Family, Group, School Based or Community Grief Support and Consultations, Child Loss Support Group

Contact: Jan Arsenault

Address: Wentworth Douglas Hospital
839 Central Avenue
Dover, New Hampshire 03820

Phone: 603-740-2689

E-Mail: jan.arsenault@wdhospital.com

Website: www.wdhospital.com

Enrollment: Telephone Application

Areas Served: Greater Seacoast of New Hampshire and Southern Maine

Group Leader: Therapist and Co-facilitator

Criteria: Based on the Application

Description: Individual and family visits, groups; school-based or individual, community response, consultation and workshop presentations.

Meetings: Child Loss Support Group is a 6-week long support group in Augusta, offered as needed to parents who experienced the death of a child. Other Bereavement Services are available on as needed basis. Contact Jan Arsenault for information and resources.

Other Resources

Grief Share: Visit http://www.griefshare.org or call 800-395-5755 for current and future offerings for information on our 13-week faith based support group. Grief Share offered around the U.S. including regularly scheduled sessions in Maine.

Alliance of Hope for Suicide Survivors: Alliance of Hope is a non-profit support and online resource for those affected by the loss of a loved one to suicide. This site offers online community support and support from survivors around the world and a team of seasoned survivors and mental health professionals available around the clock to offer compassion, information and hope. To learn more or find support groups in your area visit www.allianceofhope.org or call 847-868-3313.

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