

Resources on Elder Suicide

Websites

Elder Suicide

<http://suicideandmentalhealthassociationinternational.org/libeldersui.html>

Older Adults: Depression and Suicide Facts

<http://www.nimh.nih.gov/health/publications/older-adults-depression-and-suicide-facts-fact-sheet/index.shtml>

Suicide in the Elderly

http://www.aamft.org/families/Consumer_Updates/SuicideintheElderly.asp

US Surgeon General Facts and Resources for Suicide Prevention Among the Elderly

<http://www.surgeongeneral.gov/library/calltoaction/fact2.htm>

American Association of Suicidology fact sheet on Suicide and the Elderly

www.suicidology.org Then click on Stats and Tools—fact sheets.

The Substance Abuse and Mental Health Services Administrations has produced a pamphlet “Suicide Prevention for Older Adults” that can be downloaded at

www.samhsa.gov/OlderAdultsTAC/

Depression and Suicide in Older Adults Resource Guide

<http://www.apa.org/helpcenter/aging-depression.aspx>

Overcoming Geriatric Depression

<http://www.ec-online.net/Knowledge/SB/SBdepressionovercoming.html>

Depression in Older Adults & the Elderly: Recognizing the Signs and Getting Help

http://www.helpguide.org/mental/depression_elderly.htm

Royal College of Physicians: Depression in Older Adults

<http://www.rcpsych.ac.uk/mentalhealthinformation/mentalhealthproblems/depression/depressioninolderadults.aspx>

Posters

Suicide Awareness Voices of Education

www.save.org Click on Information, Resources and Products

National Suicide Prevention Lifeline

http://www.suicidepreventionlifeline.org/App_Files/Media/PDF/NSPL_Poster_Males_65.pdf

Books

Suicide and Aging: International Perspectives. Jane L. Pearson and Yeates Conwell (Eds.) (1996). New York: Springer Publishing Company. This edited book examines the prevalence of suicide in late life from an international framework, comparing rates from multiple countries. Cultural and sociological aspects of suicidal behavior are also discussed. This book is an excellent resource for general information regarding suicidal behavior among older people.

Osgood, Nancy J. *Suicide in Later Life: Recognizing the Warning Signs*. New York: Lexington, 1992. Print.

McIntosh, J., "Suicide Prevention in the Elderly". In Silverman, M., and Maris, R., (Eds.), *Suicide Prevention: Toward the Year 2000* New York: Guilford Press, 1995, pp. 180-192.

Articles

“Elder suicide prevention: A review of best practices and recommendations for state initiatives in Maine”

This manual describes: evidence based practices of elder suicide prevention; screening tools for assessing elder suicide risk; best practices in elder suicide prevention across the U.S.; current training programs for direct care staff in other states; public awareness education campaigns; and funding sources that could support Maine in pursuing this issue further. Prepared for the Joint Advisory Committee on Select Services for Older Persons and the Maine Department of Health and Human Services.

<http://www.sprc.org/library/elderSPmaine.pdf>

“How to Help Suicidal Older Men and Women” by John McIntosh can be accessed at <http://www.healthyplace.com/depression/suicide/how-to-help-a-suicidal-older-men-and-women/menu-id-68/>

Suicide in Older Adults: Management and Prevention

<http://www.psychiatrictimes.com/display/article/10168/46561>

“Several Factors Mitigate Seniors’ High Suicide Risk”

<http://pn.psychiatryonline.org/content/37/16/18.full>

Tips on How Seniors Can Fight Depression

<http://www.suicide.org/seniors-need-to-stay-active-to-fight-depression.html>

Depression and Aging

<http://www.mayoclinic.com/health/depression-and-aging/MY00259>

Recognizing Depression In Later Years

http://healthyplace.healthology.com/main/article_print.aspx?content_id=23

Hotlines

National Suicide Hotline
1-800-SUICIDE (1-800-273-8255)

Maine Crisis Hotline
1-888-568-1112

Maine Warm Line
1-866-771-9276
Hours are 5:00 p.m. to 8:00 a.m. daily

General Resources

Suicide Prevention Resource Center
<http://www.sprc.org>

American Foundation for Suicide Prevention
<http://www.afsp.org>

American Association of Suicidology
<http://www.suicidology.org>

Stop A Suicide Today! Screening for Mental Health
<http://www.stopasuicide.org>

The Centre for Suicide Prevention
<http://suicideinfo.ca>

