**05-071 DEPARTMENT OF EDUCATION**

**Chapter 41: OFFERING INSTRUCTION RELATED TO CARDIOPULMONARY RESUSCITATION AND THE USE OF AN AUTOMATED EXTERNAL DEFIBRILLATOR IN MAINE PUBLIC SCHOOLS**

**SUMMARY**: This rule requires public schools to offer training to students on how to perform cardiopulmonary resuscitation and use automated external defibrillators.

**SECTION 1. Definitions**

I. **Automated external defibrillators (AED)** - a portable defibrillator designed to be automated such that it can be used by persons without substantial medical training who are responding to a cardiac emergency to produce defibrillation by application of brief electroshock to the heart.

2. **Cardiopulmonary resuscitation (CPR)** - the manual application of chest compressions and ventilations to patients in cardiac arrest, done in an effort to maintain viability until advanced help arrives.

3. **Certified CPR or AED instructor** - A person who has current training in the discipline of the Instructor Course, and is proficient in all the skills of that discipline.

4. **Designee** - A person selected by the school or who volunteers to carry out a duty or role.

**SECTION 2. Standards**

Standards for instruction in CPR and AED use shall be based on the programs established by the American Heart Association or the American Red Cross or another program that is nationally recognized and uses the most current national evidence-based emergency cardiovascular guidelines and incorporates psychomotor skills development into the instruction. The standards for instruction in AED use may not require the use of an AED but must include an explanation of AED use.

**SECTION 3. Requirements and timeline**

1. Public schools including charter schools shall offer training to students in middle or high school on how to perform cardiopulmonary resuscitation and use automated external defibrillators. Age-appropriate instruction prior to middle school is recommended but is not required.

2. Examples of how the training may be delivered in schools include:

A. A licensed teacher or designee can show a CPR/AED training video and lead the instruction for students to practice compressions on CPR dummies or a simulation on a deflated ball.

B. Instruction is part of the middle or high school health education curriculum taught by:

i. a certified health education teacher

ii. a certified school nurse

iii. a qualified community or agency volunteer such as an EMT, health care professional, or instructor in the American Heart Association or the American Red Cross or another program that is nationally recognized.

C. Instruction is offered during an extracurricular activity time before, during or afterschool by a qualified instructor (as defined in Section 3.3.B above)

**SECTION 4. Application**

All public schools, including charter schools are required to comply with this rule as it is a matter of health and safety.

**SECTION 5. Trainer qualifications**

1. A licensed teacher is not required to be certified as a CPR or AED trainer in order to facilitate or oversee CPR or AED instruction.

2. A licensed teacher is not required to be certified as a CPR or AED trainer in order to facilitate, provide or oversee hands only CPR instruction and/or AED awareness training.

3. A course that results in CPR and AED certification card must be taught by a certified CPR or AED instructor.

STATUTORY AUTHORITY: Sec. 1. 20-A MRS §6304, as amended by PL 2015 ch. 140 §1

EFFECTIVE DATE:

October 18, 2016 – filing 2016-172