

WHEREAS, muscular dystrophy is not a single disease or disorder that effects everyone the same way, but an umbrella term covering more than 52 different types of muscular and neuromuscular diseases ranging in severity; and

WHEREAS, all muscular dystrophies result in progressive muscle weakness, from mild muscle weakness to complete paralysis of all voluntary muscles, including those used for breathing and/or swallowing; and

WHEREAS, more than one million individuals in the United States are affected by one of the different types of muscular disorders; and

WHEREAS, muscular dystrophy strikes people regardless of race, sex, age or ethnicity; and

WHEREAS, raising public awareness of these diseases will continue to facilitate the discovery of treatments and cures, as well as bring much needed funding for support and services for those affected by muscular and neuromuscular diseases; and

WHEREAS, Muscular Dystrophy Awareness / Light it Up Green for MD month is a special opportunity to educate the public about muscular dystrophy and issues in the muscular dystrophy community;

NOW, THEREFORE, I, Janet T. Mills, Governor of the State of Maine, do hereby proclaim the month of August as

Muscular Dystrophy Awareness / Light it Up Green for MD Month

throughout the State of Maine and I urge all citizens to recognize this observance.

In testimony whereof, I have caused the Great Seal of the State to be hereunto affixed GIVEN under my hand at Augusta this first day of August Two Thousand and Nineteen.

Matthew Dunlap Secretary of State TRUE ATTESTED COPY DIRECT TO SERVICE OF THE PROPERTY OF THE PROPE

Janet T. Mills Governor