

This training:

- ❖ Is absolutely free, interactive and fun
- ❖ Meets Maine *Learning Results* and health education content
- ❖ Offers a teacher-friendly/student-centered curriculum that works
- ❖ Includes a local assessment tool
- ❖ Reinforces refusal skills across the curriculum
- ❖ Provides consultation & technical services from the Department of Education
- ❖ Provides a kit including all the necessary materials you'll need
- ❖ Offers substitute teacher reimbursement (up to \$75 per person)
- ❖ Makes available \$300 implementation grants:

In order to receive implementation grant funds, you and/or your school must agree to:

- Approach your administrator and/or school board to teach **Best Practices** once as a pilot, if required locally.
- Attend all sessions on each of two training days.
- Teach all of the lessons to fidelity in at least one class.
- Have students complete a pre/post survey.
- Provide a brief report on how grant funds were spent.
- We prefer two staff members from a school system attend the training so that there is support for implementation.

In Maine, three out of ten young people report having had sexual intercourse by the end of 9th grade. By the end of 12th grade, *more* than six out of ten students report having had sexual intercourse. For this reason, it is essential that young people be given the skills to abstain or delay the onset of sexual intercourse, as well as obtain skills to negotiate and practice safer sex as an important aspect of one's sexual health. Both are the objectives of "Best Practices in HIV Prevention Education." If you have questions about the curriculum, please contact us. A curriculum fact sheet can be faxed or emailed for your school administrator if needed.

The registration deadline is Tuesday, May 10, 2011. To register on-line, go to:

<http://www.surveymonkey.com/s/MDOEBestPracticesHIV>. Please contact us with any questions you may have. If you are awaiting approval to attend, contact us to save a slot.

You will receive a confirmation letter and directions to the site via e-mail and fax. Please be sure to include your e-mail address and fax number on the registration form. Thank you!

Contact Info: Jody Leary, Training Assistant, Telephone: 624-6692, E-mail: jody.leary@maine.gov, Mailing address: HIV Prevention Education Program, Maine Department of Education, 23 State House Station, Augusta, Maine 04333-0023.

We look forward to seeing you at the training!

A Maine Department of Education Offering



BEST PRACTICES in HIV Prevention Education CURRICULUM TRAINING Skills for Sexual Health That Work with Adolescents

MAINE HEALTH EDUCATION LEARNING RESULTS IN ACTION

A TWO-DAY, NO COST, CURRICULUM IMPLEMENTATION TRAINING

DATES: May 24-25, 2011, 8 am - 3:30 pm

PLACE: Maine Principals' Association, Augusta, Maine

This is a high school level pregnancy, sexually transmitted infections & HIV prevention skills - researched, evidence-based and behavior change-based curriculum. Local Assessment Tool included as well.

If you have been to this training in the past, please pass this on so new or additional staff can be trained. For schools that have not been trained in "Best Practices," this curriculum training from the Department can update your program with a new high school HIV & STD prevention curriculum that impacts sexual behaviors. Refusal skills, delaying skills and skills to deal with social pressures are taught throughout the 13-lesson curriculum. These skills can also be used in other health risk behavior areas.

Teacher and student response to the curriculum has been enthusiastic! One teacher reported that guidance counselors heard about the program from students. Plus, students were talking about the curriculum as they waited for class and abstinence became a term that came up often in student conversations for the first time. Teachers have found the curriculum to be user friendly with everything provided in the supplemental kit. Several teachers said, "We wish we had a curriculum like this for all the health areas."

Best Practices in HIV Prevention Education builds lesson by lesson in skill level and practice. It is aligned with the Maine Learning Results in Health Education, covering several of the health content areas. Plus, the kit includes model tasks for local assessment. Teachers will find it easy to use after the training.

"I just finished the last lesson in Best Practices in HIV Education – it was great. My students were so involved in the program that they were upset when it was over!"

--Quote from high school teacher