



PREVENTION WORKS IN MAINE

HIV/AIDS PREVENTION EDUCATION FOR SEXUAL HEALTH

A newsletter for health educators working with school aged youth

VOL #1 SEP 2011

WELCOME BACK!

A new year ahead

We're pleased to welcome you back from summer break and hope you had a restful and rejuvenating summer.

As you know, with the start of a new year, it's full speed ahead. We've been busy working on HIV prevention efforts and have some great new resources to share with you.

We're happy to present you with our first-ever newsletter, PREVENTION WORKS in MAINE. The focus is on supporting health

educators in their work to keep youth sexually healthy through education.

With feature articles, Maine facts and data, important web links, upcoming training and events, and more, we will provide you with valuable information and resources you can use with your students. This month, we're featuring a parent article ([click here](#)) that focuses on Parents Talking with Teens About Sex. Feel free to share it with others, and this might be a good resource to hand out to parents at your open houses.

UPCOMING EVENTS

Training sessions:

Sep 28: Creating Safety for GLBTQ Youth

Oct 6: Booster Session for past training participants

Oct 19-20: Best Practices in HIV Prevention Education (9-12th grades)

Click [here](#) for a complete listing of all training.

PROFESSIONAL DEVELOPMENT

Quality training opportunities

Are you interested in HIV/AIDS prevention and sexuality education training? How about quality, evidence-based training proven to work

with adolescents? Then, we have just what you're looking for!

We offer a variety of training, workshops and conferences tailored for health educators who work with school-aged youth.

Continuing Education Units (CEUs)

"One of the best conferences I've been to in a long time – relevant and on target." --from past training participant

and Contact Hours are available for select training.

The training sessions are designed just for you. You are

given all the materials you need to start teaching the lessons

(Continued on pg. 2)

QUICK LINKS

[Family Planning Association of Maine](#)

[HIV/AIDS Info Resource](#)

[Maine Integrated Youth Health Survey](#)

Maine Center for Disease Control and Prevention (MCDC):

[HIV, STD, and Viral Hepatitis Program](#)

[Teen and Young Adult Health Program](#)

PROFESSIONAL DEVELOPMENT

(Continued from pg 1)

including the curriculum, a teacher's kit, information and resources, and more. Past training participants have said, "I learned so much and my comfort level rose a great deal," "Excellent program, love your enthusiasm and group activities! Wish all

conferences were this great," and "One of the best conferences I've been to in a long time – relevant and on target."

We encourage you to attend one of the upcoming training sessions. Click here for more details:

<http://www.maine.gov/education/hiv/trainings/index.html>

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YOUTH RISK BEHAVIORS

What's happening in Maine?

The latest results from the 2011 Maine Integrated Youth Health Survey will be available on line at: www.maine.gov/youthhealthsurvey by the end of October, 2011. While specific local data is only available to authorized school personnel, statewide and district data is available to the general public.

2011 Youth Risk Behavior Survey results will be ready by the end of September.

Selected sexual behavior results by percentage from the 2009 Maine Integrated Youth Health Survey:

Question	Middle School	High School
Have ever had sexual intercourse:	17.1%	46.5%
Have talked with parent/guardian about sex in last 6 months:	42.1%	45.8%
Have ever had oral sex:	15%	48.6%
Have been taught about AIDS/HIV in school:	73.1%	85.6%

Trainings are funded by the U.S. Centers for Disease Control and Prevention, Division of Adolescent School Health and the State, and provided by the HIV Prevention Education Program at the Maine Department of Education.