

AREAS FOR SUCCESS

High school students reported several positive trends in health-related risk behaviors over the past 14 years. There were **significant positive changes** (i.e., increases in health-promoting behaviors or decreases in risk behaviors) in the following behavior areas:

		1997 Result	2011 Result
Violence:	% of students who report they seriously considered attempting suicide in the past year has decreased:	25%	11%
	% of students who report being in a physical fight on school property as decreased:	14%	8%
	% of students who made a plan about how they would attempt suicide during past 12 months:	21%	9%
Tobacco Use:	% of students who reported smoking on one or more of previous 30 days has decreased	39%	15%
	% of students who reported smoking a whole cigarette before age 13 has decreased	30%	9%
Alcohol Use:	% of students who had a least one drink of alcohol on one or more of the past 30 days has decreased	51%	29%
	% of students who had their first drink of alcohol other than a few sips before age 13 has decreased	29%	16%
Other Drug Use:	% of students who tried marijuana for the first time before age 13 has decreased	12%	7%
	% of students who report being, sold, or given a drug on school property has decreased	41%	22%
Sexual Behaviors:	% of sexually active students who used a condom during last intercourse increased	51%	60%
Nutrition & Physical Activity:	% of students who reported eating fruit one or more times during the past seven days increased slightly	87%	88%

AREAS FOR DEVELOPMENT

There were also YRBS indicators showing **no significant change** or **significant negative trends** (increases in risk behaviors or decreases in health-promoting behaviors) in the following behavior areas for **high school** students:

		1997 [†] Result	2011 Result
Violence:	The rate of students reporting ever being hit, slapped, or physically hurt by a boyfriend or girlfriend has remained the same.	12% (2001)	11%*
	The percentage of students who report attempting suicide in the past year has not changed significantly.	9%	8%
	The percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school.	4%	5%
Tobacco Use:	% of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days has not changed	8% (2001)	8%
	The prevalence of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days has increased slightly	12% (2001)	12.6%
Alcohol Use:	The % of students who usually got their alcohol they drank from someone who gave it to them increased	30% (2007)	34%
	The % of students who used marijuana one or more times during their life has not changed	36%	36%
Other Drug Use:	The percentage of students who reported using a needle to inject any illegal drug into their body one or more times during their life has increased	2.8%	3.6%
	The percentage of students who reported lifetime heroin use has increased (2001-2011).	1.7% (2001)	5.0%
Sexual Behaviors:	Among students who had sexual intercourse during the past three months, the percentage has not changed significantly	36%	34%
	Fewer students report being taught about HIV/AIDS infection in school.	91.8%	81.1%
Nutrition & Physical Activity:	The percentage of students who played video or computer games or used a computer for something that was not school work has increased (2007-2011).	21% (2007)	31%
	There is a higher % of obese students	10% (2001)	12%

*Although increases or decreases were observed, the differences were not statistically-significant.

[†]Since 1997, unless otherwise indicated.

Source: Maine Youth Risk Behavior Survey, High School, 2011