



PREVENTION WORKS IN MAINE

HIV/AIDS PREVENTION EDUCATION FOR SEXUAL HEALTH

A newsletter for health educators working with school aged youth

VOL #2, SEP 2012

THE COLLEAGUE CORNER

Welcome back!

Sure hope all of you were able to enjoy the summer months before the start of another school year.

The HIV Prevention Education Program here at the Department of Education will again be providing monthly newsletters full of updates, notices, current events, training announcements and more.

In our June newsletter, we asked for some thoughts about Lois Cooper (our program lead trainer), who passed away May 16, 2012. A number of you wrote back and shared your thoughts and feelings.

Some of the things people said about Lois included:

- ❖ what a gift to the world she was
- ❖ an inspirational presenter
- ❖ a real champion on so many fronts

- ❖ a kind and caring person
- ❖ a true wealth of knowledge
- ❖ a superb facilitator, and
- ❖ an invaluable resource for comprehensive sexuality curricula in Maine

Lois was definitely all of that and more! She was involved in the development of one final curricula project that will be offered later this fall, an alternative training format for Best Practices in HIV Prevention that includes 3 webinars and one regional meeting (see Training Opportunities below).

Sincerely,

Jean Zimmerman, Program Coordinator

TRAINING NEEDS

Teachers Surveyed

Over 50 of you completed an HIV Prevention Training Needs Survey for us last June. Your input is invaluable and much appreciated! Three names were drawn as prize winners and will receive a copy of the short video, Sex Myths, along with brochures.

Free/low cost, one-day trainings at convenient locations seemed

to be common themes for the majority of you. As a result, a new alternative Best Practices session has been designed to meet those needs. Note: Those of you already trained in Best Practices are encouraged to attend as well—receive updated info and resources, and contact hours (see Oct. newsletter for more details).

An additional benefit of this training will be that it will happen no matter how many people register for it!

TRAINING OPPORTUNITIES

September 25, 2012:

[Creating Safety for GLBTQ Youth](#) session, Hilton Garden Inn Auburn Riverwatch, Auburn, Me

November, 2012

(Day to be announced):

[Best Practices in HIV Prevention](#) session, offered via 3 webinars and 1 regional meeting.

Click [here](#) for complete list.



Did you know...

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- The International HIV/AIDS Conference was held this summer in Washington D.C. Each day across the globe almost 7,000 people including 900 children will contract HIV, joining an estimated 34.2 million people living with HIV. In Maine, over 1,600 people are currently living with HIV/AIDS.
- Maine cases of chlamydia, gonorrhea, and syphilis have all increased over the same time period as last year. Cases of gonorrhea have more than tripled. (Source: [MCDC](#))
- Maine teenagers recently made a video on sexual health through [Project Aware](#), which will be available in October.

- Students can access national HIV and STD testing resources by going to: <http://hivtest.cdc.gov/default.aspx> and typing in their zip code.
- Students can watch short videos on HIV+ teens by going to www.actagainstaids.org/consumer/together/index.html

NEW FACT SHEETS - YOUTH BEHAVIORS

- Fact sheets with 2011 Maine student data on a variety of risk behaviors and protective factors are now available on our web site: <http://www.maine.gov/education/hiv/yrbs.html>

PARENT RESOURCES

- Short videos on parents talking to their teenagers are now available at: thenationalcampaign.org/parents/talking-to-teens/default.aspx
- New survey data of adults and sex education indicated 65% believe that federally funded programs designed to prevent teen pregnancy should provide teens with information about postponing sex and using birth control rather than either/or. Available at: www.thenationalcampaign.org/wov/
- Parent article that focuses on **Parents Talking with Teens About Sex** located at: <http://www.maine.gov/education/hiv/resources.html>. Feel free to share it with others, and this might be a good resource to hand out to parents at your open houses.

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QUICK LINKS

[Family Planning Association of Me](#)
[HIV/AIDS Info Resource](#)
[HIV, STD, and Viral Hepatitis Program, MCDC](#)
[Teen and Young Adult Health Program, MCDC](#)

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