



PREVENTION WORKS IN MAINE

HIV/AIDS PREVENTION EDUCATION FOR SEXUAL HEALTH

A newsletter for health educators working with school aged youth

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THE COLLEAGUE CORNER

Changing student behavior to healthy



It's hard to imagine but we are starting the sixth month of the school year (with a well-earned winter break coming in a few weeks!). Many schools will be administering the 2013 Integrated Maine Youth

Health Survey this month so hopefully yours is one of the participating schools.

This survey provides data on youth risk behaviors, as well as protective factors, and is an

objective rather than subjective measure of what is working and what needs more attention. Media and parents' perspectives don't always match students' self-reported behavior.

There is considerable evidence to support the work that you do and if requested, I would be happy to pass that information along to you. Check out the upcoming events in the rest of the newsletter.

Sincerely,

Jean Zimmerman, Program Coordinator

PROFESSIONAL DEVELOPMENT

Webinar series offered in Feb, Mar

What is the best way to prevent Sexually Transmitted Infections and HIV? The answer is education. We all want high schoolers informed and prepared about the risks of contracting HIV and other sexually transmitted infections.

We know that by 12th grade, 64% of all high school students

in Maine have had sex and that 30% of the chlamydia cases in 2011 were in teens 15-19 years old.

Best Practices in HIV Prevention is a high-school level pregnancy, STI and HIV prevention curricular training designed for implementation in the classroom. It's proven to

Webinar Series continued on pg. 2--

TRAINING OPPORTUNITIES

Feb 27, Mar 13 and Mar 27: [Best Practices in HIV Prevention Education](#) webinar series

Apr 4: [Comprehensive Sexuality Education Conference](#), "Making Every Second Count: Creating Timeless Partnerships with Youth," Augusta Civic Center. Keynote speakers: Coordinator of Project AWARE and teen participants from the Maine made film, "Two Seconds."



Did
you
know...

--Did You Know continued

classrooms and community. It is a 24 minute film about a transgender family member. Go to this website for more information: <http://nodumbquestions.com/index.html>

- James Stanfield has produced an info graphic on bullying. Bullying: It's worse than you think. If a swarm of bees were to infest a school site would they be tolerated? Is a repeat bully any less dangerous? Click this [info graphic](#) to look at the entire posting. ✦

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work in reducing adolescent risky behaviors.

This webinar series offers educators all the lessons and supporting materials needed to effectively teach it to students. Participants are provided with *free* training, curriculum, local assessment tool, teacher kit, materials, resources and more.

Whether you already teach Best Practices lessons or want to enhance your current curriculum, you'll benefit from this outstanding program. We will provide you with the latest data on Maine youth's sexual behaviors, help in getting more support from your administration and technical support for teaching the program in your classroom. For more details and to register, visit our website at: [Best Practices](#). If you have any questions, please contact us. ✦

"If all webinars are as AWESOME as this one, I have a wonderful new way of learning!" --
from past participant

- There is now an over-the-counter HIV test available. You can purchase



In-Home HIV Test. Ask your local pharmacy if they carry it, or contact OraSure (<http://www.OraQuick.com>) to find where the test is sold in your area. The test costs about \$40.

- **no dumb questions** is an HBO, PBS, and Sundance award-winning short documentary film about gender, sexual orientation, child development, anti-bullying, and difference that could be a powerful resource for your

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QUICK LINKS

[Family Planning Association of Me](#)
[HIV/AIDS Info Resource](#)
[HIV, STD, and Viral Hepatitis Program](#), MCDC
[Maine Integrated Youth Health Survey](#)
[Teen and Young Adult Health Program](#), MCDC