



PREVENTION WORKS IN MAINE

HIV/AIDS PREVENTION EDUCATION FOR SEXUAL HEALTH



A newsletter for health educators working with school aged youth

VOL #2, OCT 2012

THE COLLEAGUE CORNER

Best Practices in HIV Prevention

In the September newsletter, I mentioned that this month's newsletter would give further detail about an alternative training session for **Best Practices in HIV Prevention Education**. The original Best Practices curriculum was created in 2002 and focused on the sexual health of teens, primarily by addressing two specific behaviors: delaying the onset of sexual activity and developing the communication skills to avoid unprotected sex. The alternative Best Practices builds on this foundation and uses today's technological advances to provide it in a webinar format. We hope you find it convenient and will join us for this session!

Designed to fit your busy school schedules, three 1-hour sessions will be held from 3:00-4:00 p.m. on

Wednesdays—Nov 14, 28, and Dec 12, 2012— followed by one on-site follow up training with specific day and location to be determined.

Participants will earn 15 contact hours or 1.5 CEUs from the Department of Education upon completion of the course. Webinars will be archived for later viewing for individuals with scheduling conflicts. This training is a great way to update your skills and knowledge about teaching sexuality education, as well as gain a better understanding of 2012 parent and teen perspectives on comprehensive sexuality education. For more details, check out the training link below.

Sincerely,

Jean Zimmerman, Program Coordinator

TRAINING OPPORTUNITIES

Nov 14, 28 and Dec 12, 2012:
New training format [Best Practices in HIV Prevention Education](#) webinars, 3-4pm; and one on-site follow up training—day/location TBD

Nov 8, 2012:
[HIV Biomedical Update on HIV/AIDS, STDs and Hepatitis](#) webinar session, 2:30-4pm

Click [HIV Prevention Trainings](#) for complete list.

Other offerings in Maine:

Oct 17, 2012, 2:45-3:45pm
[Technology in the Classroom Webinar](#), Family Planning Association of Maine

Oct 24, 2012, 7pm:
[Beyond Princesses and Pirates](#), Mackworth Island, Portland, Me (navigating gender and sexual diversity in childhood)

Nov 8, 2012:
[Suicide Prevention: Lifelines](#), Hallowell, Me; Maine CDC in DHHS

October is...



encouraging parent/youth communication about sexuality.

For ideas, go to: [Let's Talk Month](#).



Did
you
know. . .

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School. Make your reservation today! Created by Maine teens in partnership with Project Aware and Family Planning Association of Maine.

- In this latest edition of 'Map of the Week,' Slate magazine shows an interesting trend between teen births for girls ages 15-19 and state policies regarding sexual health education. States that require sexual health education to cover contraception had lower birth rates in comparison to states that do not have curriculum requirements. Click on [Red States = Teen Moms](#) to see the map!

- There's a new website recently launched and it's a great resource for teens' sexual health questions. Check it out at:

maineteenhealth.org
your sexual health resource

- SIECUS recently posted a discussion on benefits and drawbacks of segregated classrooms, see: [Idaho: Blue Chalkboards for Boys, Red Paper Hearts for Girls](#)
- [Two Seconds Film](#) – a short dramatic film, movie premiere will be held Tue, Oct 23, 7pm at Crooker Theater, Brunswick High

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PERCEPTION OR REALITY?

Quizzes are a great way to test someone's knowledge on a particular subject. Use this quiz to find out what you, students and parents know about the sexual behaviors of Maine students (Source: 2011 Youth Risk Behavior Survey data).

The following activity can be used in three different ways:

1. The teacher can estimate the % and then looks up the correct self-reported behavior.
2. Students can do this activity in class.
3. Students can ask their parents for their best estimates and then ask if the answers were higher or lower than expected.

To download quiz, click on: [Perception or Reality?](#)

CONTACT INFO

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QUICK LINKS

[Family Planning Association of Me](#)
[HIV/AIDS Info Resource](#)
[HIV, STD, and Viral Hepatitis Program, MCDC](#)