

**PARTICIPANT PROFICIENCY EXAMINATION  
STANDARDIZED FIELD SOBRIETY TEST BATTERY**

Name \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Agency \_\_\_\_\_

**I. HORIZONTAL GAZE NYSTAGMUS**

1. \_\_\_ Have subject remove glasses if worn.
2. \_\_\_ Stimulus held in proper position (approximately 12"-15" from nose, just slightly above eye level).
3. \_\_\_ Check for equal pupil size and resting nystagmus.
4. \_\_\_ Check for equal tracking.
5. \_\_\_ Smooth movement from center of nose to maximum deviation in approximately 2 seconds and then back across subject's face to maximum deviation in right eye, then back to center. Check left eye, then right eye. (Repeat)
6. \_\_\_ Eye held at maximum deviation for a minimum of 4 seconds (no white showing). Check left eye, then right eye. (Repeat)
7. \_\_\_ Eye moved slowly (approximately 4 seconds) from center to 45 angle. Check left eye, then right eye. (Repeat)
8. \_\_\_ Check for Vertical Gaze Nystagmus. (Repeat)

**II. WALK AND TURN**

1. \_\_\_ Instructions given from a safe position.
2. \_\_\_ Tells subject to place feet on a line in heel-to-toe manner (left foot behind right foot) with arms at sides and gives demonstration.
3. \_\_\_ Tells subject not to begin test until instructed to do so and asks if subject understands.
4. \_\_\_ Tells subject to take nine heel-to-toe steps on the line and demonstrates.
5. \_\_\_ Explains and demonstrates turning procedure.
6. \_\_\_ Tells subject to return on the line taking nine heel-to-toe steps.
7. \_\_\_ Tells subject to count steps out loud.
8. \_\_\_ Tells subject to look at feet while walking.
9. \_\_\_ Tells subject not to raise arms from sides.
10. \_\_\_ Tells subject not to stop once they begin.
11. \_\_\_ Asks subject if all instructions are understood.

### III. ONE LEG STAND

1. \_\_\_\_ Instructions given from a safe position.
2. \_\_\_\_ Tells subject to stand straight, place feet together, and hold arms at sides.
3. \_\_\_\_ Tells subject not to begin test until instructed to do so and asked if subject understands.
4. \_\_\_\_ Tells subject to raise one leg, either leg, approximately 6" from the ground, keeping raised foot parallel to the ground, and gives demonstration.
5. \_\_\_\_ Tells subject to keep both legs straight and to look at elevated foot.
6. \_\_\_\_ Tells subject to count out loud in the following manner: one thousand one, one thousand two, one thousand three, and so on until told to stop, and gives demonstration.
7. \_\_\_\_ Checks actual time subject holds leg up. (Time for 30 seconds.)

Instructor: \_\_\_\_\_

Note: In order to pass the proficiency examination, the student must explain and proficiently complete each of the steps listed.