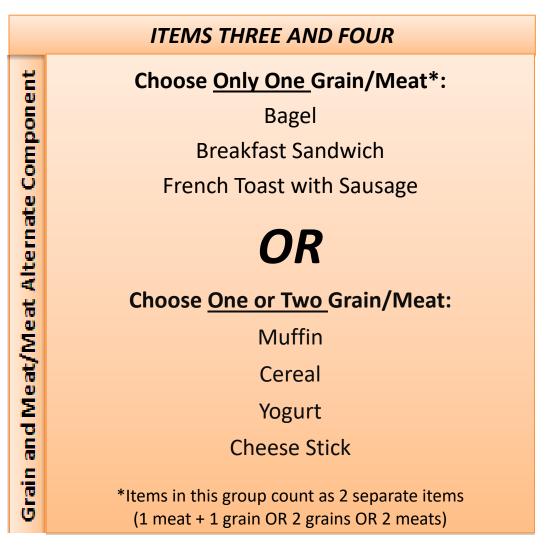
## How to Make a Breakfast







## students must select at least 3 items including a minimum ½ cup fruit