# The Child and Adult Care Food Program (CACFP) Can Help You Feed Healthy Meals to Children!

### What is CACFP?

The Child and Adult Care Food Program offers child care providers the tools to provide healthy meals and nutrition education to children in their care.

Providers receive financial reimbursement for healthy meals (defined by the USDA) served to children.

This program is funded by the United States Department of Agriculture (USDA).

### What are the benefits?

State and local sponsoring agencies support care providers in a variety of ways. Examples include:

- Reimbursement for nutritious meals
- On-site support, information, and training
- Suggestions for healthy meals and snacks and physical activity

# Who can qualify?

CACFP is available through the State agency for:

- Nonprofit Child Care Centers
- Some eligible For-Profit Centers
- At-Risk Afterschool Care Centers
- Outside School Hours Care Centers
- Adult Day Care Centers
- Emergency Shelters

CACFP is available through local sponsors to Licensed Family Childcare Providers and some Legal Unlicensed Family Childcare Providers.

(Please see back of flyer)

# What is expected of providers?

- Help children develop life-long healthy eating habits
- Serve nutritious meals as defined by the USDA
- Provide a safe and healthy environment for children in your care.
- Meet State or home-sponsor enrollment and record keeping requirements.
- Comply with Staff/child ratios as defined by DHHS Licensing.

The Child and Adult Care Food Program (CACFP)
can help you pay for the cost of nutritious meals and snacks
for children in your care.

# Learn more about CACFP

# Maine's CACFP website:

gov/doe/schools/n utrition/programs/c acfplanding

### **USDA** website:

https://www.fns.usd a.gov/cacfp

> A Federally funded children nutrition program through the USDA Food and Nutrition Services (FNS); State administered through Maine Department of Education (DOE).

90 Blossom Lane, 136 State House Station Augusta, Maine 04333 Phone: 207-624-6842

# How to enroll in the Child and Adult Care Food Program:

DOE works with a variety of programs across the state to make CACFP work. To enroll in CACFP, contact one of the sponsoring agencies in your community listed below.

# **Androscoggin**

Androscoggin Head Start & Child Care dba Promise Early Education 207-795-4040

Community Concepts, Inc. 207-739-6579

Family Focus

cacfp@familyfocusme.org 207-406-4573 ext. 115

Western Maine Community Action 207-860-4485 \*\*Livermore and Leeds Only\*\*

### **Aroostook**

Aroostook County Action Program 207-764-3721 ext. 125

Horizons Unlimited, Inc. 207-764-6659

### Cumberland

Family Focus

cacfp@familyfocusme.org 207-406-4573 ext. 115

# Franklin

Androscoggin Head Start & Child Care dba Promise Early Education 207-795-4040 \*\*Jay Only\*\*

Community Concepts, Inc. 207-739-6579

**Western Maine Community Action** 207-860-4485

### Hancock

**Downeast Community Partners** 207-610-5164

**Penquis** 207-852-7779

### Kennebec

Androscoggin Head Start & Child Care dba Promise Early Education 207-795-4040

\*\*West Gardiner, Litchfield, Winthrop, and Monmouth Only\*\*

Penquis 207-852-7779

\*\*Litchfield, Manchester, Monmouth, Oakland, West Gardiner, and Winthrop Only

So. Kennebec Child Development Corp. (SKCDC) 207-582-3110 ext. 117

### Knox

**Penquis** 207-852-7779

### Lincoln

Family Focus

<u>cacfp@familyfocusme.org</u>

207-406-4573 ext. 115

Penquis 207-852-7779

### Oxford

Community Concepts, Inc 207-739-6579

Western Maine Community Action 207-860-4485

### **Penobscot**

**Downeast Community Partners** 207-610-5164

Penquis 207-852-7779

# **Piscataquis**

Penquis 207-852-7779

# Sagadahoc

Androscoggin Head Start & Child Care dba Promise Early Education 207-795-4040 \*\*Topsham, Bowdoin, and Bath Only\*\*

Family Focus
cacfp@familyfocusme.org
207-406-4573 ext. 115

### Somerset

**Penquis** 207-852-7779

Western Maine Community Action 207-860-4485

### Waldo

Downeast Community Partners 207-610-5164

**Penquis** 207-852-7779

Waldo Community Action Partners 207-338-6809

# Washington

Downeast Community Partners 207-610-5164

### York

Family Focus cacfp@familyfocusme.org 207-406-4573 ext. 115

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