

# OZALI NA COVID-19? OZALI NA MPOSA YA LISALISI?



**Nasengeli  
kosala teste ya  
COVID-19?**



**Sala Teste!**



**Nini  
ekosalema  
soki teste  
emonisi  
ete nazali  
na maladi?**

- Ozalaki **pene** ya moto aza na COVID-19?
- Oza na **bilembo**?
- Tala **malako ya Maine na internet**

**Kobosana komibatela te!** Lata masque, zala mosika na bato mosusu, mpe sukola maboko to salela nkisi ya koboma mikrobe

- Sala teste nae sika ya kosala teste to na lopitalo
- **Osengli** kozala yo moko to na quarantaine kino okozwa resultat
- Soki oza na mposa ya lisalisi mpo na kotikala na ndako, senga yango na **Lisalisi ya Mboka mpo na Misala ya Lisungi**
- Esika ya kosala teste ekobenga yo to ekokomela yo mpo na kotindela yo resultat ya teste

- Maine CDC akobenga yo mpe akotuna:
  - Ozwaki virisi **Wapi**?
  - Oza na **bilembo**?
  - Banani ozalaki **pene** na bango?
- Bakobenga bato oyo bazalaki pene na yo mpo na koyeba soki bazali na bilembo mpe soki ezosenga bazala na quarantaine to bamifandela.
- Osengeli komifandela, mpe Maine CDC ekoyebisa yo soki ekozala mikolo boni
- Bakoki kosalisa yo kozwa **Lisalisi**



**Lisalisi ya  
Mboka mpo na  
Misala ya  
Lisungi**

Okoki kosenga lisalisi ya komifandela to ya kozala na quarantaine na **mokambi ya mboka, monganga, infirmier, moto asalisaka bato, infirmier ya eteyelo TO Maine CDC.**

Yebisa yango na nzela ya email [@DHHS.covidsocialsupport@maine.gov](mailto:@DHHS.covidsocialsupport@maine.gov) to na nzela oyo **online form**



# MISALA YA LISALISI YA MBOKA MPO NA COVID-19



**Misala ya Lisalisi ya Mboka eza nini?**

Lisalisi ya Mboka mpo na Misala ya Lisungi eza misala oyo eza mpo na bato nyonso oyo bazali na mposa ya lisalisi mpo na kozala na quarantaine to komifandela. Masanga ya mboka nde epesaki lisalisa wana; misala yango ezali na:

- **Bilei (ya mobesu/ya kolamba/koya kotika bilei)**
- **Kosangisa mimeseno mpe misala ya lokota**
- **Komibatela na maladi mpe kokutanisa na minganga**
- **Transport mpo na kokende na esika ya kosala teste, na lopitalo mpe na bisika ya libateli**
- **Kokende kozwa biloko mpe bankisi**
- **Misala ya maladi ya moto**
- **Ndako/esika ya malamumu na ntango ya komifandela to ya quarantaine**
- **Kokutanisa yo na misala mingi ya lisalisi**



**Wapi nakoki kozwa lisalisi?**

- Ozali na **bilembo** ya COVID-19 TO
- **Ozali kozela** resultat ya teste ekzame na yo TO
- **Bakangi** yo maladi sima ya teste ya COVID-19 TO
- **Ozalaki pene** ya moto moko oyo aza na COVID-19



**Ndenge nini nakoki kozwa lisungi ya misala oyo?**

- **Mokambi ya mboka, monganga, infirmier, moto asalisaka bato, infirmier ya eteyelo TO Maine CDC** akoki kosalisa yo mpo na lisalisi
- Na ndingisa na yo, bakoki kosala yango na kokomelaka **DHHS.covidsocialsupports@maine.gov** na kotondisaka **formilere oyo na internet**

**Yebisa yango na nzela ya email [@DHHS.covidsocialsupport@maine.gov](mailto:@DHHS.covidsocialsupport@maine.gov) to na nzela oyo online form**

