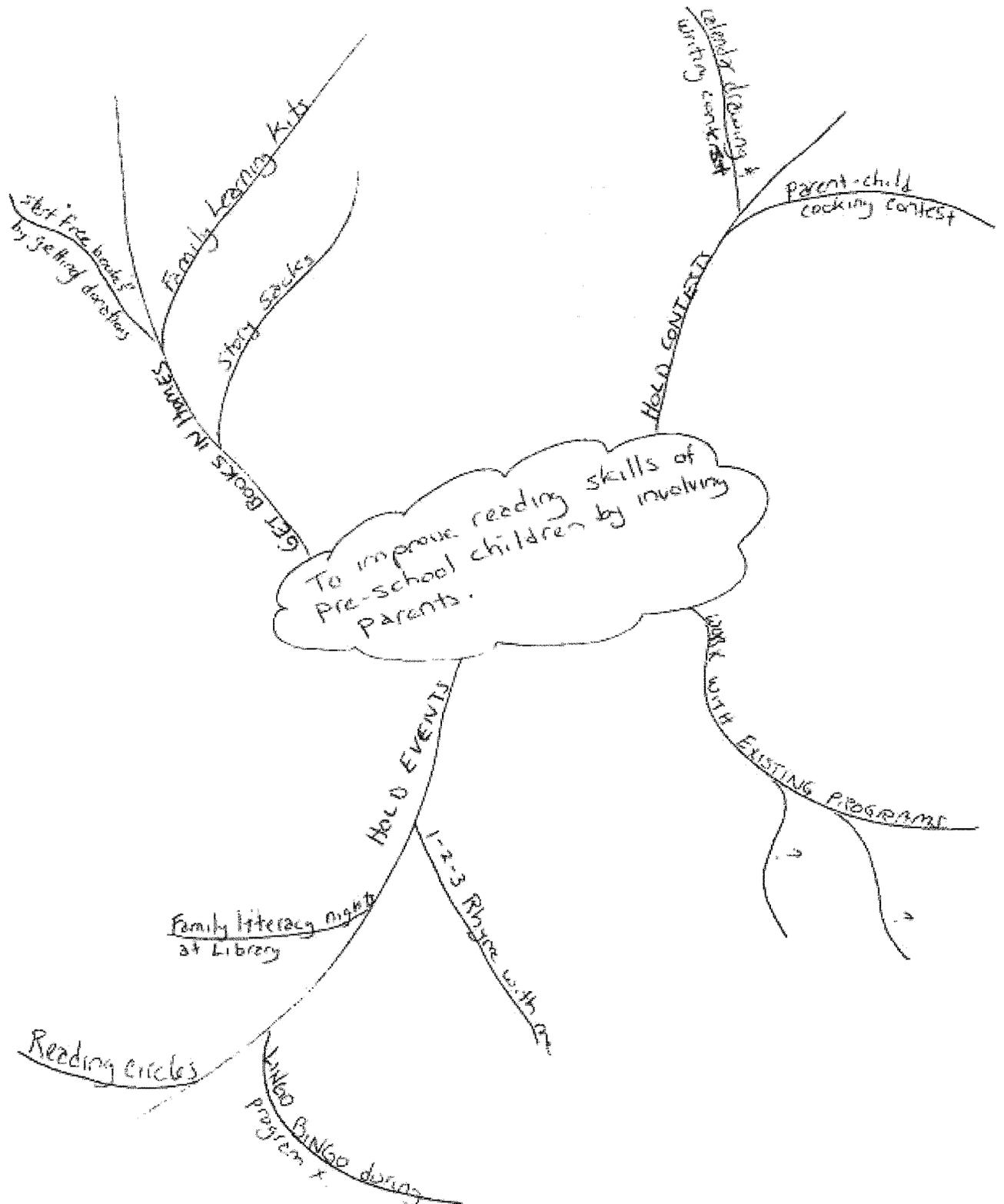


A Mind Map: To help you identify possible objectives and activities for your goal you might want to try a mind map. Below is an example of what a mind map might look like. A blank map is on the next page. Feel free to add new branches on your map. Each new branch can explore one key way you could help achieve your purpose.



What can you do to achieve your goal?

Write your goal in the middle and list the different things you can do to achieve that one goal (add new "arms" as needed). These can become your objectives.

