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#### PATIENT RESOURCES: OPIOID ADDICTION MEDICATION

Resources for Mainers who are prescribed a medication for opioid use disorder called buprenorphine (often referred to by the brand name Suboxone®) and have lost access to their current health care prescriber or want to start treatment.

### **Need Support Now?**

If you or someone you know is struggling or in crisis, help is available. Call or text <u>988</u> or chat <u>988</u>lifeline.org

### How can I find a new buprenorphine prescriber?

- 1. Contact a primary care provider and ask for information on addiction treatment in your area. For help locating a primary care office:
  - a. Visit the Maine Primary Care Association website, click here.
  - b. Visit the Treatment Connections website, click here.
  - c. Call the "Find a Provider" number for your local health care system or hospital.
- 2. Consider an Opioid Health Home (OHH).
  - a. To learn more about OHH, click here.
  - b. To find an OHH, click here, for an interactive map.
    - i. If interested, call an OHH and request an intake set-up.
- 3. If you do not have access to the internet and would like help locating resources, call **211.**

# Where can I access the opioid reversal medication naloxone (also known as Narcan®)?

- 1. If you have MaineCare insurance, you can receive free naloxone at any pharmacy in Maine through the MaineCare 'standing order'.
- 2. Request a prescription from any healthcare provider.
- 3. Purchase over the counter naloxone at most pharmacies (cost \$45-50).
- 4. Investigate free naloxone locations near you at <a href="GetMaineNaloxone.org">GetMaineNaloxone.org</a>

# Where can I find recovery support?

- To locate a recovery residence, recovery community center, OHH or other treatment and recovery services, <u>click here</u>.
- For help from a judgement free person with access to treatment and recovery information and support, contact your county <u>OPTIONS</u> <u>Liaison</u> (QR code)
  - a. Learn more about OPTIONS in this video

