

# Introduction to Maine's Mental Health Rehabilitation Technician/Community (MHRT/C) Certification Program

The MHRT/C certificate qualifies individuals to provide services such as intensive case management and community integration services to adults with serious mental illness. The MHRT/C certification program is competency based, enabling those with a variety of backgrounds who have appropriate education, work experience and training to earn certification. To qualify for the MHRT/C certificate, candidates meet requirements using one or more of the following options:

- *Academic preparation (eligible degrees or courses from a regionally accredited college or university)*
- *Practical work experience with adults, providing direct services in the behavioral health field*
- *Qualifying non-academic education and training in the eight competency domains*

Education, experience and training must address these eight Competency Domains, required to ensure high quality effective services for the adult mental health population. **Domains 1, 2, and 3 are Priority Domains.**

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|---|--------------------------------|
| 1. <i>Behavioral, Psychological, and Rehabilitation</i> | 5. <i>Policy Knowledge</i>     |
| 2. <i>Community Integration and Inclusion</i>           | 6. <i>Mind-Body Connection</i> |
| 3. <i>Ethics and Professional Conduct</i>               | 7. <i>Cultural Competency</i>  |
| 4. <i>Trauma and Resiliency</i>                         | 8. <i>Vocational Support</i>   |

## Pathways to the Full MHRT/Community Certificate

**Applicants for a Provisional certificate must complete the free, one-hour online training "An Introduction to Maine's Mental Health System"**

Pathway	Preparation	
<b>A</b>	Degree or certificate from a <b>pre-approved academic program</b> for full certification	<ul style="list-style-type: none"> <li>• There are currently 30 approved degree and certificate programs across Maine whereby a student can obtain full MHRT/C certification while also earning academic credit.</li> </ul>
<b>B</b>	4-year or higher <b>related degree</b> for provisional certification (good for two years and billable under MaineCare)	<ul style="list-style-type: none"> <li>• Related degrees are in allied areas such as mental health and human service, rehabilitation, social work, counseling, and more, from regionally accredited colleges or universities.</li> <li>• Can complete any missing competency domains toward full certification using six months of related work experience and/or with 24 hours of relevant training.</li> </ul>
<b>C</b>	2-year <b>related degree</b> or 30 related academic credits	<p><b><u>To earn a two-year provisional certification:</u></b></p> <ul style="list-style-type: none"> <li>• Satisfy at least 1 of the priority domains, plus 1 other</li> <li>• Can complete any missing competency domains toward full certification using six months of related work experience and/or with 24 hours of relevant training.</li> </ul>
<b>D</b>	Unrelated or no academic degree	<p><b><u>To earn a two-year provisional certification:</u></b></p> <ul style="list-style-type: none"> <li>• Have a minimum of 12-months full-time direct service experience in the behavioral health field</li> <li>• Satisfy the 3 priority domains, plus 1 other</li> <li>• Can complete any missing competency domains toward full certification using 12 months of related work experience and/or with 30 hours of relevant training.</li> </ul>



Center for Learning Website:  
<https://cfl-muskie.org/>

