**Developmental Services Grievances**

A grievance is a complaint. If you have a complaint about services and supports from the Department of Health and Human Services (DHHS) or a provider, you can file a grievance. If your rights have been violated, you can file a grievance.

Filing a grievance is a way to settle a disagreement.

More information on grievances is on the DHHS website:

[https://www.maine.gov/dhhs/oads/get-support/adults-intellectual-disability-and-autism](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.maine.gov%2Fdhhs%2Foads%2Fget-support%2Fadults-intellectual-disability-and-autism&data=04%7C01%7CHeather.Thompson%40maine.gov%7C298c07f203364f0313f108d9568b7d32%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C637635980430347035%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=Edwo9vcDdHXR5bdxyH3IVPM%2Bp4noloJzGKZ5zo6NNjw%3D&reserved=0)

If you want help filing a grievance, you can talk to the advocate with Disability Rights Maine in your area. Contact information is listed below.

**DEVELOPMENTAL SERVICES ADVOCATES**

**Knox, Lincoln, Sagadahoc and Waldo Counties**

Disability Rights Maine Advocate

91 Camden Street, Suite 103

Rockland, ME 04841

Tel: 1-800-482-1948, ext. 215

TTY: Maine Relay 711

**Penobscot, Piscataquis, Hancock and**

**Washington Counties**

Disability Rights Maine Advocate

396 Griffin Road

Bangor, ME 04401

Tel: 561-4113 or 1-800-432-7825

TTY: Maine Relay 711

**Aroostook County**

Disability Rights Maine Advocate

PO Box 2007

30 Skyway Drive, Unit 100

Caribou, ME 04736

Tel: 493-4129 or 1-800-432-7366

TTY: Maine Relay 711

(Revised 2/2013)

**Cumberland and York Counties**

Disability Rights Maine Advocate

151 Jetport Blvd.

Portland, ME 04101

Tel: 822-2332 or 1-800-269-5208

TTY: Maine Relay 711

**Androscoggin, Franklin, Oxford Counties**

Disability Rights Maine Advocate

200 Main Street

Lewiston, ME 04240

Tel: 795-4538 or 1-800-482-7517

TTY: Maine Relay 711

**Kennebec and Somerset Counties**

Disability Rights Maine Advocate

24 Stone Street

Augusta, ME 04330

Tel: 626-2774 or 1-800-452-1948

TTY: Maine Relay 711