



Maine Department of Health and Human Services  
Maine Department of Education

## **DETAILED REPORTS**

### **CUMBERLAND PHD**

#### **2009 MIYHS GRADE 5 - 6 REPORT**

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
*What language is spoken most often at home? (qn6)*  
*Percentage of students who answered something other than 'English'*

|   | Total |               |     | Female |              |     | Male |             |     |
|---|-------|---------------|-----|--------|--------------|-----|------|-------------|-----|
|   | %     | CI            | N   | %      | CI           | N   | %    | CI          | N   |
| Total                                       | 4.3%  | (0.8%-7.8%)   | 253 | 5.2%   | (0.6%-9.8%)  | 150 | 3.4% | (0.8%-5.9%) | 101 |
| <b>----Age----</b>                          |       |               |     |        |              |     |      |             |     |
| 10 or younger                               | 4.1%  | (0.0%-11.4%)  | 68  | 5.8%   | (0.0%-16.4%) | 51  | 2.2% | (0.0%-5.8%) | 17  |
| 11  | 4.0%  | (1.5%-6.5%)   | 117 | 5.0%   | (1.8%-8.1%)  | 71  | 3.1% | (1.0%-5.3%) | 46  |
| 12 or older                                 | 5.0%  | (0.7%-9.3%)   | 66  | 4.8%   | (0.3%-9.3%)  | 27  | 4.9% | (0.8%-8.9%) | 37  |
| <b>----Grade----</b>                        |       |               |     |        |              |     |      |             |     |
| Grade 5                                     | 4.0%  | (0.0%-9.6%)   | 121 | 5.6%   | (0.0%-13.6%) | 84  | 2.4% | (0.0%-5.8%) | 37  |
| Grade 6                                     | 4.7%  | (1.2%-8.1%)   | 132 | 4.8%   | (1.1%-8.5%)  | 66  | 4.4% | (1.3%-7.5%) | 64  |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |              |     |      |             |     |
| American Indian or Alaskan Native**         | *     | *             | *   | ^      | ^            | ^   | ^    | ^           | ^   |
| Asian**                                     | 46.0% | (33.3%-58.7%) | 43  | ^      | ^            | ^   | ^    | ^           | ^   |
| Black or African American**                 | 53.9% | (38.6%-69.3%) | 86  | ^      | ^            | ^   | ^    | ^           | ^   |
| Hispanic                                    | 13.5% | (3.5%-23.4%)  | 14  | ^      | ^            | ^   | ^    | ^           | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^            | ^   | ^    | ^           | ^   |
| White**                                     | 1.0%  | (0.4%-1.5%)   | 44  | ^      | ^            | ^   | ^    | ^           | ^   |
| Multiple races**                            | *     | *             | *   | ^      | ^            | ^   | ^    | ^           | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
*How often do you wear a seat belt when riding in a car? (qn7)*  
*Percentage of students who answered 'Never' or 'Rarely'*

|   | Total |              |    | Female |             |   | Male |             |    |
|---|-------|--------------|----|--------|-------------|---|------|-------------|----|
|   | %     | CI           | N  | %      | CI          | N | %    | CI          | N  |
| Total                                       | 0.9%  | (0.3%-1.6%)  | 54 | 0.2%   | (0.0%-0.5%) | 7 | 1.6% | (0.4%-2.8%) | 47 |
| <b>----Age----</b>                          |       |              |    |        |             |   |      |             |    |
| 10 or younger                               | 0.8%  | (0.0%-2.3%)  | 12 | *      | *           | * | *    | *           | *  |
| 11  | 0.5%  | (0.2%-0.8%)  | 15 | 0.5%   | (0.0%-1.0%) | 7 | 0.6% | (0.1%-1.0%) | 8  |
| 12 or older                                 | 2.0%  | (0.6%-3.5%)  | 27 | *      | *           | * | *    | *           | *  |
| <b>----Grade----</b>                        |       |              |    |        |             |   |      |             |    |
| Grade 5                                     | 0.7%  | (0.0%-1.7%)  | 23 | *      | *           | * | *    | *           | *  |
| Grade 6                                     | 1.1%  | (0.4%-1.7%)  | 30 | *      | *           | * | *    | *           | *  |
| <b>----Race/Ethnicity----</b>               |       |              |    |        |             |   |      |             |    |
| American Indian or Alaskan Native**         | *     | *            | *  | ^      | ^           | ^ | ^    | ^           | ^  |
| Asian**                                     | *     | *            | *  | ^      | ^           | ^ | ^    | ^           | ^  |
| Black or African American**                 | *     | *            | *  | ^      | ^           | ^ | ^    | ^           | ^  |
| Hispanic                                    | *     | *            | *  | ^      | ^           | ^ | ^    | ^           | ^  |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *  | ^      | ^           | ^ | ^    | ^           | ^  |
| White**                                     | 0.4%  | (0.0%-0.9%)  | 19 | ^      | ^           | ^ | ^    | ^           | ^  |
| Multiple races**                            | 5.7%  | (0.8%-10.7%) | 7  | ^      | ^           | ^ | ^    | ^           | ^  |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*How often do you ride in the back seat when you are riding in a car? (qn8)  
Percentage of students who answered 'Never' or 'Rarely'*

|   | Total |               |       | Female |               |     | Male  |               |     |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 17.7% | (13.3%-22.2%) | 1,039 | 13.7%  | (10.3%-17.2%) | 393 | 21.6% | (15.3%-27.9%) | 640 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |     |
| 10 or younger                               | 10.8% | (5.0%-16.5%)  | 176   | 6.2%   | (3.5%-8.8%)   | 54  | 16.1% | (0.7%-31.5%)  | 122 |
| 11  | 16.7% | (12.8%-20.6%) | 483   | 14.3%  | (10.5%-18.1%) | 202 | 19.3% | (11.9%-26.6%) | 281 |
| 12 or older                                 | 29.0% | (24.8%-33.2%) | 380   | 24.2%  | (21.2%-27.2%) | 137 | 32.3% | (25.4%-39.1%) | 237 |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |     |
| Grade 5                                     | 13.0% | (8.4%-17.5%)  | 396   | 8.7%   | (7.2%-10.3%)  | 130 | 17.2% | (8.5%-25.8%)  | 266 |
| Grade 6                                     | 22.9% | (19.3%-26.5%) | 639   | 19.3%  | (15.9%-22.7%) | 262 | 26.3% | (21.6%-30.9%) | 371 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 14.7% | (5.0%-24.4%)  | 9     | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 9.1%  | (0.1%-18.0%)  | 8     | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 14.7% | (2.6%-26.9%)  | 23    | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 26.0% | (13.5%-38.5%) | 29    | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 17.9% | (13.3%-22.6%) | 799   | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 25.1% | (13.5%-36.8%) | 30    | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*How often do you wear a helmet when you ride a bicycle? (qn9)*

*Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 16.2% | (7.0%-25.3%)  | 876 | 11.3%  | (3.6%-19.1%)  | 303 | 20.6% | (9.8%-31.3%)  | 560 |
| <b>----Age----</b>                          |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 9.3%  | (0.0%-21.2%)  | 136 | 7.7%   | (0.0%-17.7%)  | 64  | 11.4% | (0.0%-27.8%)  | 72  |
| 11  | 16.5% | (8.2%-24.7%)  | 444 | 10.9%  | (3.9%-17.8%)  | 142 | 21.3% | (10.8%-31.7%) | 290 |
| 12 or older                                 | 23.7% | (17.3%-30.1%) | 294 | 18.7%  | (11.4%-26.0%) | 97  | 27.4% | (20.9%-34.0%) | 197 |
| <b>----Grade----</b>                        |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 12.2% | (0.0%-24.4%)  | 337 | 7.2%   | (0.0%-15.6%)  | 100 | 16.7% | (0.8%-32.7%)  | 227 |
| Grade 6                                     | 20.2% | (13.6%-26.8%) | 537 | 15.8%  | (8.6%-23.1%)  | 201 | 24.3% | (17.7%-30.9%) | 332 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 36.6% | (26.2%-47.0%) | 19  | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 16.8% | (0.0%-33.6%)  | 12  | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 38.7% | (32.2%-45.1%) | 53  | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 35.7% | (15.7%-55.6%) | 37  | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 14.0% | (5.0%-23.0%)  | 590 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 27.1% | (11.6%-42.6%) | 27  | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Among students who ride a bicycle, the number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
*During the past 12 months, have you ever been bullied on school property? (qn10)*  
*Percentage of students who answered 'Yes'*

|   | Total |               |       | Female |               |     | Male  |               |     |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 26.0% | (21.3%-30.8%) | 1,523 | 24.1%  | (18.3%-29.9%) | 684 | 27.8% | (23.7%-31.8%) | 825 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |     |
| 10 or younger                               | 32.6% | (22.4%-42.9%) | 537   | 27.7%  | (14.4%-41.0%) | 245 | 38.3% | (31.1%-45.4%) | 293 |
| 11  | 22.0% | (16.3%-27.8%) | 630   | 20.8%  | (14.9%-26.8%) | 289 | 22.5% | (16.4%-28.6%) | 328 |
| 12 or older                                 | 27.0% | (22.2%-31.7%) | 352   | 26.7%  | (20.7%-32.6%) | 151 | 27.5% | (22.9%-32.1%) | 201 |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |     |
| Grade 5                                     | 26.5% | (17.5%-35.5%) | 803   | 23.5%  | (13.8%-33.1%) | 345 | 28.9% | (20.9%-36.9%) | 448 |
| Grade 6                                     | 25.7% | (20.7%-30.6%) | 718   | 24.8%  | (19.1%-30.4%) | 339 | 26.5% | (21.2%-31.8%) | 375 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 33.6% | (20.2%-47.0%) | 20    | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 24.0% | (14.4%-33.5%) | 21    | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 21.3% | (14.2%-28.5%) | 34    | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 35.5% | (14.5%-56.5%) | 40    | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 24.9% | (20.1%-29.8%) | 1,107 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 40.6% | (33.5%-47.7%) | 51    | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past 12 months, have you ever been bullied away from school? (qn11)*

*Percentage of students who answered 'Yes'*

|   | Total |               |       | Female |               |     | Male  |               |     |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 21.0% | (18.8%-23.1%) | 1,225 | 18.1%  | (15.7%-20.6%) | 514 | 23.1% | (20.2%-26.1%) | 686 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |     |
| 10 or younger                               | 25.0% | (19.9%-30.1%) | 407   | 19.9%  | (14.9%-24.9%) | 171 | 30.7% | (20.7%-40.7%) | 236 |
| 11  | 19.2% | (16.5%-21.8%) | 549   | 17.0%  | (12.8%-21.3%) | 239 | 20.7% | (16.3%-25.2%) | 298 |
| 12 or older                                 | 19.4% | (16.2%-22.7%) | 257   | 18.3%  | (13.5%-23.0%) | 104 | 20.4% | (16.2%-24.6%) | 152 |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |     |
| Grade 5                                     | 22.6% | (19.2%-26.0%) | 678   | 18.1%  | (14.5%-21.6%) | 263 | 26.5% | (23.1%-29.8%) | 405 |
| Grade 6                                     | 18.9% | (15.4%-22.5%) | 534   | 18.2%  | (14.1%-22.3%) | 250 | 19.6% | (15.5%-23.8%) | 280 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 43.7% | (28.8%-58.5%) | 25    | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 14.8% | (1.8%-27.7%)  | 14    | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 16.8% | (11.5%-22.1%) | 27    | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 37.7% | (17.0%-58.5%) | 42    | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 20.7% | (18.5%-22.9%) | 917   | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 21.2% | (9.0%-33.3%)  | 26    | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Do you agree or disagree with the following statement? 'I feel safe at my school.' (qn12)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|   | Total |                |       | Female |                |       | Male  |               |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|---------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI            | N     |
| Total                                       | 92.9% | (89.7%-96.2%)  | 5,418 | 94.2%  | (91.0%-97.5%)  | 2,679 | 92.1% | (88.7%-95.5%) | 2,714 |
| <b>---Age---</b>                            |       |                |       |        |                |       |       |               |       |
| 10 or younger                               | 94.3% | (88.7%-99.8%)  | 1,515 | 95.3%  | (89.3%-100.0%) | 829   | 93.1% | (87.2%-99.1%) | 686   |
| 11  | 93.5% | (90.6%-96.5%)  | 2,695 | 94.3%  | (91.7%-96.9%)  | 1,328 | 92.8% | (89.0%-96.6%) | 1,349 |
| 12 or older                                 | 90.9% | (88.8%-93.0%)  | 1,190 | 92.4%  | (89.7%-95.0%)  | 517   | 89.8% | (86.9%-92.8%) | 666   |
| <b>---Grade---</b>                          |       |                |       |        |                |       |       |               |       |
| Grade 5                                     | 94.4% | (89.5%-99.2%)  | 2,830 | 94.5%  | (89.0%-100.0%) | 1,400 | 94.2% | (89.9%-98.4%) | 1,421 |
| Grade 6                                     | 91.9% | (90.1%-93.7%)  | 2,584 | 93.9%  | (92.1%-95.7%)  | 1,279 | 90.0% | (87.1%-92.9%) | 1,290 |
| <b>---Race/Ethnicity---</b>                 |       |                |       |        |                |       |       |               |       |
| American Indian or Alaskan Native**         | *     | *              | *     | ^      | ^              | ^     | ^     | ^             | ^     |
| Asian**                                     | 93.6% | (83.9%-100.0%) | 88    | ^      | ^              | ^     | ^     | ^             | ^     |
| Black or African American**                 | 86.9% | (83.2%-90.6%)  | 135   | ^      | ^              | ^     | ^     | ^             | ^     |
| Hispanic                                    | 83.2% | (71.5%-94.9%)  | 91    | ^      | ^              | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *              | *     | ^      | ^              | ^     | ^     | ^             | ^     |
| White**                                     | 93.5% | (89.8%-97.1%)  | 4,154 | ^      | ^              | ^     | ^     | ^             | ^     |
| Multiple races**                            | 89.3% | (82.2%-96.4%)  | 108   | ^      | ^              | ^     | ^     | ^             | ^     |

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N = Percentage of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
*Have you ever tried cigarette smoking, even one or two puffs? (qn13)*  
*Percentage of students who answered 'Yes'*

|   | Total |              |     | Female |             |    | Male |              |     |
|---|-------|--------------|-----|--------|-------------|----|------|--------------|-----|
|   | %     | CI           | N   | %      | CI          | N  | %    | CI           | N   |
| Total                                       | 3.1%  | (1.5%-4.7%)  | 185 | 2.2%   | (0.3%-4.1%) | 64 | 4.0% | (2.2%-5.8%)  | 121 |
| <b>----Age----</b>                          |       |              |     |        |             |    |      |              |     |
| 10 or younger                               | 2.5%  | (1.1%-3.8%)  | 41  | 1.4%   | (0.0%-3.9%) | 13 | 3.7% | (0.7%-6.7%)  | 28  |
| 11  | 2.4%  | (0.5%-4.4%)  | 71  | 2.3%   | (0.1%-4.4%) | 32 | 2.6% | (0.2%-5.1%)  | 39  |
| 12 or older                                 | 5.5%  | (3.2%-7.7%)  | 73  | 3.2%   | (1.8%-4.7%) | 19 | 7.2% | (3.5%-11.0%) | 54  |
| <b>----Grade----</b>                        |       |              |     |        |             |    |      |              |     |
| Grade 5                                     | 2.9%  | (0.7%-5.1%)  | 89  | 1.7%   | (0.0%-4.4%) | 26 | 4.1% | (1.5%-6.6%)  | 63  |
| Grade 6                                     | 3.4%  | (1.5%-5.2%)  | 96  | 2.8%   | (1.0%-4.5%) | 38 | 4.0% | (1.6%-6.3%)  | 58  |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |             |    |      |              |     |
| American Indian or Alaskan Native**         | *     | *            | *   | ^      | ^           | ^  | ^    | ^            | ^   |
| Asian**                                     | *     | *            | *   | ^      | ^           | ^  | ^    | ^            | ^   |
| Black or African American**                 | 4.3%  | (0.0%-10.1%) | 7   | ^      | ^           | ^  | ^    | ^            | ^   |
| Hispanic                                    | 12.6% | (0.4%-24.7%) | 14  | ^      | ^           | ^  | ^    | ^            | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^           | ^  | ^    | ^            | ^   |
| White**                                     | 2.5%  | (0.9%-4.2%)  | 113 | ^      | ^           | ^  | ^    | ^            | ^   |
| Multiple races**                            | 10.3% | (2.3%-18.2%) | 13  | ^      | ^           | ^  | ^    | ^            | ^   |

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^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
*During the past 30 days, on how many days did you smoke cigarettes? (qn14)*  
*Percentage of students who answered at least 1 day*

|   | Total |              |    | Female |             |    | Male |             |    |
|---|-------|--------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                       | 1.0%  | (0.6%-1.4%)  | 59 | 0.4%   | (0.0%-0.8%) | 11 | 1.6% | (0.8%-2.5%) | 48 |
| <b>----Age----</b>                          |       |              |    |        |             |    |      |             |    |
| 10 or younger                               | 1.7%  | (0.5%-3.0%)  | 28 | *      | *           | *  | *    | *           | *  |
| 11  | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| 12 or older                                 | 2.0%  | (1.0%-3.0%)  | 27 | *      | *           | *  | *    | *           | *  |
| <b>----Grade----</b>                        |       |              |    |        |             |    |      |             |    |
| Grade 5                                     | 0.9%  | (0.3%-1.6%)  | 28 | *      | *           | *  | *    | *           | *  |
| Grade 6                                     | 1.1%  | (0.5%-1.7%)  | 31 | 0.5%   | (0.1%-1.0%) | 7  | 1.6% | (0.6%-2.6%) | 23 |
| <b>----Race/Ethnicity----</b>               |       |              |    |        |             |    |      |             |    |
| American Indian or Alaskan Native**         | *     | *            | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| Asian**                                     | *     | *            | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| Black or African American**                 | *     | *            | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| Hispanic                                    | *     | *            | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| White**                                     | 0.7%  | (0.2%-1.1%)  | 30 | ^      | ^           | ^  | ^    | ^           | ^  |
| Multiple races**                            | 4.7%  | (0.0%-10.6%) | 6  | ^      | ^           | ^  | ^    | ^           | ^  |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Do you think you will try a cigarette soon? (qn15)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

|   | Total |              |     | Female |              |     | Male  |               |     |
|---|-------|--------------|-----|--------|--------------|-----|-------|---------------|-----|
|   | %     | CI           | N   | %      | CI           | N   | %     | CI            | N   |
| Total                                       | 7.4%  | (5.8%-9.0%)  | 431 | 6.4%   | (4.1%-8.6%)  | 182 | 8.4%  | (6.7%-10.2%)  | 246 |
| <b>----Age----</b>                          |       |              |     |        |              |     |       |               |     |
| 10 or younger                               | 4.7%  | (2.9%-6.5%)  | 76  | 6.9%   | (2.4%-11.4%) | 60  | 2.1%  | (0.1%-4.2%)   | 16  |
| 11  | 6.3%  | (4.9%-7.8%)  | 181 | 4.6%   | (1.9%-7.2%)  | 64  | 8.2%  | (5.8%-10.6%)  | 117 |
| 12 or older                                 | 13.1% | (9.6%-16.6%) | 172 | 10.1%  | (7.5%-12.8%) | 58  | 15.3% | (10.2%-20.3%) | 112 |
| <b>----Grade----</b>                        |       |              |     |        |              |     |       |               |     |
| Grade 5                                     | 5.7%  | (3.7%-7.7%)  | 170 | 5.8%   | (2.2%-9.4%)  | 86  | 5.7%  | (3.6%-7.8%)   | 85  |
| Grade 6                                     | 9.3%  | (7.5%-11.0%) | 260 | 7.0%   | (5.2%-8.8%)  | 96  | 11.4% | (8.7%-14.1%)  | 162 |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |              |     |       |               |     |
| American Indian or Alaskan Native**         | 20.0% | (2.8%-37.1%) | 12  | ^      | ^            | ^   | ^     | ^             | ^   |
| Asian**                                     | 6.3%  | (0.0%-13.0%) | 6   | ^      | ^            | ^   | ^     | ^             | ^   |
| Black or African American**                 | 5.9%  | (2.4%-9.3%)  | 10  | ^      | ^            | ^   | ^     | ^             | ^   |
| Hispanic                                    | 11.7% | (1.4%-22.0%) | 13  | ^      | ^            | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^            | ^   | ^     | ^             | ^   |
| White**                                     | 6.6%  | (5.3%-7.9%)  | 290 | ^      | ^            | ^   | ^     | ^             | ^   |
| Multiple races**                            | 15.2% | (3.8%-26.6%) | 18  | ^      | ^            | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Do you think you will smoke a cigarette at anytime during the next year? (qn16)  
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

|   | Total |              |     | Female |              |     | Male |              |     |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|-----|
|   | %     | CI           | N   | %      | CI           | N   | %    | CI           | N   |
| Total                                       | 4.5%  | (2.6%-6.4%)  | 265 | 3.5%   | (0.9%-6.2%)  | 101 | 5.4% | (3.9%-6.9%)  | 161 |
| <b>----Age----</b>                          |       |              |     |        |              |     |      |              |     |
| 10 or younger                               | 2.7%  | (1.2%-4.2%)  | 44  | *      | *            | *   | *    | *            | *   |
| 11  | 3.6%  | (1.1%-6.2%)  | 106 | 3.9%   | (0.5%-7.3%)  | 55  | 3.5% | (1.3%-5.6%)  | 50  |
| 12 or older                                 | 8.7%  | (6.4%-11.1%) | 115 | 7.5%   | (4.6%-10.3%) | 43  | 9.4% | (6.2%-12.7%) | 70  |
| <b>----Grade----</b>                        |       |              |     |        |              |     |      |              |     |
| Grade 5                                     | 2.7%  | (0.2%-5.2%)  | 82  | 1.7%   | (0.0%-4.9%)  | 26  | 3.6% | (1.7%-5.6%)  | 56  |
| Grade 6                                     | 6.5%  | (4.7%-8.2%)  | 183 | 5.5%   | (3.0%-8.0%)  | 76  | 7.3% | (5.5%-9.2%)  | 105 |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |              |     |      |              |     |
| American Indian or Alaskan Native**         | *     | *            | *   | ^      | ^            | ^   | ^    | ^            | ^   |
| Asian**                                     | *     | *            | *   | ^      | ^            | ^   | ^    | ^            | ^   |
| Black or African American**                 | 6.1%  | (0.0%-12.6%) | 10  | ^      | ^            | ^   | ^    | ^            | ^   |
| Hispanic                                    | 7.3%  | (0.0%-15.3%) | 8   | ^      | ^            | ^   | ^    | ^            | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^            | ^   | ^    | ^            | ^   |
| White**                                     | 4.1%  | (2.5%-5.6%)  | 182 | ^      | ^            | ^   | ^    | ^            | ^   |
| Multiple races**                            | 8.0%  | (0.1%-16.0%) | 10  | ^      | ^            | ^   | ^    | ^            | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*If one of your best friends offered you a cigarette, would you smoke it? (qn17)  
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

|   | Total |               |     | Female |              |     | Male  |               |     |
|---|-------|---------------|-----|--------|--------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI           | N   | %     | CI            | N   |
| Total                                       | 9.0%  | (7.6%-10.4%)  | 529 | 7.3%   | (3.9%-10.8%) | 209 | 10.7% | (8.7%-12.7%)  | 318 |
| <b>----Age----</b>                          |       |               |     |        |              |     |       |               |     |
| 10 or younger                               | 8.9%  | (6.2%-11.6%)  | 144 | 4.8%   | (0.7%-8.8%)  | 41  | 13.7% | (4.1%-23.3%)  | 103 |
| 11  | 7.1%  | (4.2%-10.1%)  | 206 | 7.0%   | (2.6%-11.3%) | 98  | 7.4%  | (4.8%-10.1%)  | 108 |
| 12 or older                                 | 13.6% | (10.7%-16.4%) | 179 | 12.3%  | (9.3%-15.4%) | 70  | 14.5% | (10.5%-18.5%) | 108 |
| <b>----Grade----</b>                        |       |               |     |        |              |     |       |               |     |
| Grade 5                                     | 8.7%  | (6.5%-10.8%)  | 261 | 6.0%   | (0.4%-11.7%) | 89  | 11.3% | (8.6%-13.9%)  | 172 |
| Grade 6                                     | 9.5%  | (7.4%-11.5%)  | 268 | 8.7%   | (6.3%-11.2%) | 120 | 10.2% | (8.1%-12.4%)  | 146 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |              |     |       |               |     |
| American Indian or Alaskan Native**         | *     | *             | *   | ^      | ^            | ^   | ^     | ^             | ^   |
| Asian**                                     | 8.1%  | (0.2%-16.0%)  | 7   | ^      | ^            | ^   | ^     | ^             | ^   |
| Black or African American**                 | 6.8%  | (4.4%-9.3%)   | 11  | ^      | ^            | ^   | ^     | ^             | ^   |
| Hispanic                                    | 10.7% | (1.2%-20.1%)  | 11  | ^      | ^            | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^            | ^   | ^     | ^             | ^   |
| White**                                     | 9.2%  | (8.0%-10.4%)  | 410 | ^      | ^            | ^   | ^     | ^             | ^   |
| Multiple races**                            | 10.7% | (1.3%-20.2%)  | 13  | ^      | ^            | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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N = Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
*Have you ever had a drink of alcohol other than just a few sips? (qn18)*  
*Percentage of students who answered 'Yes'*

|   | Total |              |     | Female |             |     | Male  |              |     |
|---|-------|--------------|-----|--------|-------------|-----|-------|--------------|-----|
|   | %     | CI           | N   | %      | CI          | N   | %     | CI           | N   |
| Total                                       | 6.8%  | (5.1%-8.5%)  | 400 | 4.8%   | (3.1%-6.5%) | 138 | 8.8%  | (6.9%-10.7%) | 260 |
| <b>----Age----</b>                          |       |              |     |        |             |     |       |              |     |
| 10 or younger                               | 5.8%  | (2.8%-8.7%)  | 94  | 5.1%   | (2.3%-7.8%) | 45  | 6.6%  | (2.1%-11.1%) | 50  |
| 11  | 5.9%  | (3.2%-8.7%)  | 172 | 4.0%   | (1.7%-6.3%) | 57  | 7.9%  | (4.3%-11.5%) | 115 |
| 12 or older                                 | 10.1% | (7.5%-12.8%) | 134 | 6.5%   | (3.1%-9.8%) | 37  | 12.9% | (8.8%-16.9%) | 95  |
| <b>----Grade----</b>                        |       |              |     |        |             |     |       |              |     |
| Grade 5                                     | 5.6%  | (4.0%-7.3%)  | 171 | 4.5%   | (2.7%-6.2%) | 67  | 6.8%  | (4.9%-8.7%)  | 104 |
| Grade 6                                     | 8.1%  | (5.5%-10.7%) | 229 | 5.2%   | (2.5%-7.8%) | 71  | 10.9% | (7.7%-14.2%) | 156 |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |             |     |       |              |     |
| American Indian or Alaskan Native**         | 13.9% | (0.0%-29.7%) | 8   | ^      | ^           | ^   | ^     | ^            | ^   |
| Asian**                                     | 9.9%  | (0.0%-22.8%) | 9   | ^      | ^           | ^   | ^     | ^            | ^   |
| Black or African American**                 | 7.5%  | (1.8%-13.1%) | 12  | ^      | ^           | ^   | ^     | ^            | ^   |
| Hispanic                                    | 10.1% | (0.0%-20.8%) | 11  | ^      | ^           | ^   | ^     | ^            | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^           | ^   | ^     | ^            | ^   |
| White**                                     | 6.4%  | (4.3%-8.6%)  | 288 | ^      | ^           | ^   | ^     | ^            | ^   |
| Multiple races**                            | 14.4% | (3.0%-25.7%) | 18  | ^      | ^           | ^   | ^     | ^            | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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N = Percentage of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past 30 days, on how many days did you have at least one drink of alcohol? (qn19)  
Percentage of students who answered at least 1 day*

|   | Total |              |     | Female |             |    | Male |             |     |
|---|-------|--------------|-----|--------|-------------|----|------|-------------|-----|
|   | %     | CI           | N   | %      | CI          | N  | %    | CI          | N   |
| Total                                       | 2.4%  | (1.4%-3.3%)  | 138 | 1.2%   | (0.1%-2.2%) | 33 | 3.5% | (2.2%-4.8%) | 103 |
| <b>----Age----</b>                          |       |              |     |        |             |    |      |             |     |
| 10 or younger                               | 2.3%  | (0.2%-4.4%)  | 38  | 1.5%   | (0.0%-4.1%) | 13 | 3.3% | (0.2%-6.5%) | 25  |
| 11  | 1.6%  | (0.0%-3.3%)  | 45  | 1.0%   | (0.1%-1.8%) | 13 | 2.2% | (0.0%-5.5%) | 31  |
| 12 or older                                 | 4.2%  | (2.6%-5.8%)  | 55  | 1.3%   | (0.1%-2.4%) | 7  | 6.3% | (3.7%-9.0%) | 47  |
| <b>----Grade----</b>                        |       |              |     |        |             |    |      |             |     |
| Grade 5                                     | 2.1%  | (0.4%-3.8%)  | 63  | 0.9%   | (0.0%-2.4%) | 13 | 3.3% | (0.8%-5.8%) | 50  |
| Grade 6                                     | 2.7%  | (1.8%-3.6%)  | 75  | 1.5%   | (0.7%-2.3%) | 20 | 3.8% | (2.4%-5.2%) | 53  |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |             |    |      |             |     |
| American Indian or Alaskan Native**         | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Asian**                                     | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Black or African American**                 | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Hispanic                                    | 6.8%  | (0.0%-14.2%) | 7   | ^      | ^           | ^  | ^    | ^           | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| White**                                     | 2.0%  | (1.2%-2.8%)  | 89  | ^      | ^           | ^  | ^    | ^           | ^   |
| Multiple races**                            | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*If you wanted to get some alcohol, how easy would it be for you to get some? (qn20)  
Percentage of students who answered 'Sort of easy' or 'Very easy'*

|   | Total |               |       | Female |               |     | Male  |               |     |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 18.1% | (15.4%-20.8%) | 1,021 | 15.9%  | (12.9%-18.8%) | 439 | 20.3% | (15.6%-25.0%) | 579 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |     |
| 10 or younger                               | 16.8% | (12.0%-21.6%) | 267   | 12.8%  | (9.3%-16.4%)  | 111 | 21.5% | (9.4%-33.7%)  | 156 |
| 11  | 16.0% | (12.5%-19.6%) | 438   | 15.0%  | (10.6%-19.5%) | 199 | 17.0% | (13.3%-20.7%) | 236 |
| 12 or older                                 | 24.5% | (20.3%-28.7%) | 316   | 23.1%  | (18.1%-28.0%) | 129 | 25.7% | (19.1%-32.2%) | 186 |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |     |
| Grade 5                                     | 15.4% | (12.2%-18.6%) | 446   | 12.9%  | (8.2%-17.5%)  | 184 | 18.0% | (10.9%-25.1%) | 262 |
| Grade 6                                     | 21.1% | (16.9%-25.2%) | 575   | 19.3%  | (15.8%-22.7%) | 255 | 22.8% | (17.3%-28.2%) | 316 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 27.0% | (8.5%-45.5%)  | 16    | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 9.8%  | (0.0%-19.6%)  | 9     | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 9.4%  | (3.6%-15.1%)  | 14    | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 11.4% | (1.4%-21.5%)  | 12    | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 19.3% | (16.8%-21.8%) | 833   | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 20.8% | (12.1%-29.5%) | 25    | ^      | ^             | ^   | ^     | ^             | ^   |

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N = Percentage of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*How wrong do your parents feel it would be for you to drink alcohol regularly? (qn21)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |             |     | Female |             |    | Male |             |     |
|---|-------|-------------|-----|--------|-------------|----|------|-------------|-----|
|   | %     | CI          | N   | %      | CI          | N  | %    | CI          | N   |
| Total                                       | 2.3%  | (1.0%-3.6%) | 133 | 0.6%   | (0.0%-1.2%) | 17 | 4.0% | (1.6%-6.3%) | 116 |
| <b>----Age----</b>                          |       |             |     |        |             |    |      |             |     |
| 10 or younger                               | 3.3%  | (0.2%-6.4%) | 53  | *      | *           | *  | *    | *           | *   |
| 11  | 1.8%  | (0.5%-3.2%) | 52  | 0.8%   | (0.0%-1.6%) | 11 | 2.9% | (0.7%-5.0%) | 40  |
| 12 or older                                 | 2.2%  | (0.9%-3.5%) | 29  | 1.1%   | (0.0%-2.2%) | 6  | 3.0% | (0.6%-5.5%) | 23  |
| <b>----Grade----</b>                        |       |             |     |        |             |    |      |             |     |
| Grade 5                                     | 2.6%  | (0.3%-4.9%) | 78  | *      | *           | *  | *    | *           | *   |
| Grade 6                                     | 2.0%  | (1.1%-2.8%) | 55  | 1.3%   | (0.3%-2.3%) | 17 | 2.7% | (1.0%-4.4%) | 38  |
| <b>----Race/Ethnicity----</b>               |       |             |     |        |             |    |      |             |     |
| American Indian or Alaskan Native**         | *     | *           | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Asian**                                     | *     | *           | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Black or African American**                 | *     | *           | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Hispanic                                    | *     | *           | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *           | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| White**                                     | 2.3%  | (1.0%-3.6%) | 100 | ^      | ^           | ^  | ^    | ^           | ^   |
| Multiple races**                            | *     | *           | *   | ^      | ^           | ^  | ^    | ^           | ^   |

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N = Percentage of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Have you ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? (qn22)  
Percentage of students who answered 'Yes'*

|   | Total |              |     | Female |             |    | Male |             |     |
|---|-------|--------------|-----|--------|-------------|----|------|-------------|-----|
|   | %     | CI           | N   | %      | CI          | N  | %    | CI          | N   |
| Total                                       | 3.4%  | (2.0%-4.7%)  | 198 | 3.3%   | (1.5%-5.2%) | 95 | 3.4% | (2.1%-4.8%) | 102 |
| <b>----Age----</b>                          |       |              |     |        |             |    |      |             |     |
| 10 or younger                               | 5.0%  | (1.5%-8.6%)  | 82  | 4.4%   | (0.4%-8.3%) | 38 | 5.8% | (1.7%-9.9%) | 44  |
| 11  | 1.4%  | (0.3%-2.5%)  | 40  | 2.1%   | (0.2%-4.0%) | 29 | 0.8% | (0.0%-1.6%) | 11  |
| 12 or older                                 | 5.7%  | (4.2%-7.2%)  | 76  | 5.0%   | (2.5%-7.5%) | 28 | 6.3% | (4.1%-8.6%) | 47  |
| <b>----Grade----</b>                        |       |              |     |        |             |    |      |             |     |
| Grade 5                                     | 3.0%  | (1.0%-4.9%)  | 89  | 2.8%   | (0.4%-5.3%) | 41 | 3.1% | (1.0%-5.2%) | 47  |
| Grade 6                                     | 3.9%  | (2.8%-4.9%)  | 109 | 3.9%   | (2.0%-5.8%) | 54 | 3.8% | (2.8%-4.9%) | 55  |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |             |    |      |             |     |
| American Indian or Alaskan Native**         | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Asian**                                     | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Black or African American**                 | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| Hispanic                                    | 10.4% | (4.4%-16.4%) | 11  | ^      | ^           | ^  | ^    | ^           | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |
| White**                                     | 3.4%  | (1.8%-4.9%)  | 149 | ^      | ^           | ^  | ^    | ^           | ^   |
| Multiple races**                            | *     | *            | *   | ^      | ^           | ^  | ^    | ^           | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol or drug use? (qn23)  
Percentage of students who answered 'Yes'*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 41.9% | (38.3%-45.6%) | 2,456 | 42.4%  | (38.2%-46.6%) | 1,213 | 41.5% | (37.1%-45.8%) | 1,225 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 43.1% | (37.6%-48.6%) | 702   | 42.3%  | (34.6%-50.0%) | 371   | 44.0% | (37.7%-50.2%) | 331   |
| 11  | 42.5% | (37.4%-47.6%) | 1,219 | 43.6%  | (37.7%-49.5%) | 611   | 41.0% | (34.0%-48.0%) | 594   |
| 12 or older                                 | 39.9% | (32.9%-47.0%) | 526   | 40.4%  | (34.1%-46.8%) | 230   | 39.6% | (30.3%-48.8%) | 292   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 41.2% | (38.7%-43.8%) | 1,245 | 41.4%  | (35.7%-47.1%) | 613   | 40.7% | (36.7%-44.7%) | 622   |
| Grade 6                                     | 42.9% | (36.3%-49.5%) | 1,205 | 43.7%  | (37.5%-49.9%) | 599   | 42.2% | (34.8%-49.5%) | 599   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 39.1% | (22.4%-55.9%) | 21    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 43.3% | (32.7%-53.9%) | 41    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 48.2% | (31.1%-65.2%) | 76    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 37.6% | (28.0%-47.3%) | 42    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 42.6% | (39.0%-46.3%) | 1,888 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 41.4% | (27.4%-55.3%) | 51    | ^      | ^             | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Do you agree or disagree with the following statement? 'My family has clear rules about alcohol and drug use.' (qn24)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|   | Total |                |       | Female |               |       | Male  |                |       |
|---|-------|----------------|-------|--------|---------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI            | N     | %     | CI             | N     |
| Total                                       | 94.3% | (92.7%-95.8%)  | 5,401 | 94.0%  | (93.0%-95.1%) | 2,603 | 94.5% | (91.7%-97.3%)  | 2,756 |
| <b>----Age----</b>                          |       |                |       |        |               |       |       |                |       |
| 10 or younger                               | 93.2% | (89.4%-97.0%)  | 1,464 | 91.9%  | (89.6%-94.2%) | 759   | 94.5% | (88.2%-100.0%) | 705   |
| 11  | 95.7% | (94.0%-97.4%)  | 2,693 | 95.9%  | (94.2%-97.5%) | 1,315 | 95.6% | (93.0%-98.3%)  | 1,360 |
| 12 or older                                 | 92.3% | (90.2%-94.4%)  | 1,197 | 92.8%  | (90.0%-95.6%) | 516   | 92.0% | (88.9%-95.2%)  | 676   |
| <b>----Grade----</b>                        |       |                |       |        |               |       |       |                |       |
| Grade 5                                     | 94.9% | (92.4%-97.4%)  | 2,781 | 93.5%  | (91.7%-95.2%) | 1,322 | 96.3% | (91.6%-100.0%) | 1,449 |
| Grade 6                                     | 93.5% | (92.3%-94.6%)  | 2,587 | 94.6%  | (93.6%-95.6%) | 1,271 | 92.6% | (90.4%-94.7%)  | 1,303 |
| <b>----Race/Ethnicity----</b>               |       |                |       |        |               |       |       |                |       |
| American Indian or Alaskan Native**         | *     | *              | *     | ^      | ^             | ^     | ^     | ^              | ^     |
| Asian**                                     | 91.1% | (81.1%-100.0%) | 85    | ^      | ^             | ^     | ^     | ^              | ^     |
| Black or African American**                 | 86.4% | (78.5%-94.3%)  | 134   | ^      | ^             | ^     | ^     | ^              | ^     |
| Hispanic                                    | *     | *              | *     | ^      | ^             | ^     | ^     | ^              | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *              | *     | ^      | ^             | ^     | ^     | ^              | ^     |
| White**                                     | 94.4% | (93.1%-95.8%)  | 4,118 | ^      | ^             | ^     | ^     | ^              | ^     |
| Multiple races**                            | 90.4% | (80.1%-100.0%) | 110   | ^      | ^             | ^     | ^     | ^              | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Percentage of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*About how many adults (over 21) have you known personally who in the past year have gotten drunk or high? (qn25)  
Percentage of students who answered at least 1 adult*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 39.7% | (30.2%-49.1%) | 2,249 | 38.3%  | (27.9%-48.7%) | 1,045 | 41.0% | (30.5%-51.4%) | 1,183 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 32.9% | (19.1%-46.6%) | 517   | 30.6%  | (13.1%-48.2%) | 254   | 35.4% | (19.7%-51.1%) | 263   |
| 11  | 40.7% | (32.2%-49.2%) | 1,124 | 40.0%  | (32.2%-47.7%) | 538   | 41.2% | (30.2%-52.3%) | 574   |
| 12 or older                                 | 45.8% | (40.6%-50.9%) | 588   | 46.5%  | (41.1%-51.8%) | 251   | 45.2% | (38.0%-52.3%) | 333   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 35.6% | (21.0%-50.1%) | 1,036 | 33.6%  | (17.6%-49.6%) | 471   | 37.0% | (20.0%-54.0%) | 556   |
| Grade 6                                     | 44.4% | (39.3%-49.4%) | 1,207 | 43.6%  | (37.9%-49.3%) | 574   | 45.2% | (39.6%-50.9%) | 627   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 63.4% | (41.9%-84.9%) | 34    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 42.2% | (28.3%-56.0%) | 39    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 31.3% | (21.1%-41.5%) | 50    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 53.9% | (30.9%-76.9%) | 58    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 38.4% | (29.2%-47.6%) | 1,647 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 50.1% | (31.2%-69.0%) | 60    | ^      | ^             | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered at least 1 adult (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
*Which of the following are you trying to do about your weight? (qn28)*  
*Percentage of students who answered 'Lose weight'*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 36.1% | (31.5%-40.6%) | 2,067 | 36.2%  | (31.5%-40.9%) | 1,002 | 36.1% | (30.8%-41.5%) | 1,056 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 36.4% | (27.5%-45.3%) | 576   | 38.7%  | (29.2%-48.2%) | 321   | 33.9% | (23.5%-44.3%) | 255   |
| 11  | 37.1% | (32.8%-41.4%) | 1,044 | 35.6%  | (30.7%-40.6%) | 488   | 38.7% | (32.1%-45.3%) | 552   |
| 12 or older                                 | 34.0% | (29.9%-38.1%) | 439   | 34.8%  | (29.5%-40.0%) | 193   | 33.2% | (26.9%-39.4%) | 242   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 38.0% | (30.7%-45.3%) | 1,122 | 35.3%  | (29.0%-41.7%) | 503   | 40.7% | (31.6%-49.8%) | 619   |
| Grade 6                                     | 34.5% | (31.0%-37.9%) | 945   | 37.4%  | (33.9%-41.0%) | 499   | 31.4% | (27.0%-35.8%) | 437   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 52.9% | (31.3%-74.5%) | 29    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 42.2% | (34.7%-49.7%) | 37    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 42.1% | (33.6%-50.6%) | 64    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 46.9% | (26.6%-67.1%) | 51    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 35.8% | (30.7%-40.9%) | 1,573 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 49.6% | (38.9%-60.3%) | 60    | ^      | ^             | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Percentage of students who answered 'Lose weight' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past seven (7) days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.) (qn29)*

*Percentage of students who answered at least once in the past week*

|   | Total |                |       | Female |               |       | Male  |               |       |
|---|-------|----------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI             | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 83.6% | (81.9%-85.4%)  | 4,698 | 85.3%  | (82.5%-88.1%) | 2,311 | 82.1% | (80.2%-84.0%) | 2,351 |
| <b>----Age----</b>                          |       |                |       |        |               |       |       |               |       |
| 10 or younger                               | 84.3% | (80.3%-88.4%)  | 1,285 | 88.7%  | (82.7%-94.7%) | 720   | 79.4% | (72.5%-86.3%) | 565   |
| 11  | 84.8% | (82.6%-87.0%)  | 2,359 | 84.1%  | (81.4%-86.8%) | 1,125 | 85.6% | (83.3%-87.9%) | 1,219 |
| 12 or older                                 | 79.8% | (76.3%-83.3%)  | 1,016 | 82.9%  | (77.7%-88.0%) | 455   | 77.6% | (72.7%-82.4%) | 556   |
| <b>----Grade----</b>                        |       |                |       |        |               |       |       |               |       |
| Grade 5                                     | 85.1% | (83.8%-86.3%)  | 2,446 | 87.2%  | (84.1%-90.2%) | 1,216 | 83.0% | (80.5%-85.4%) | 1,220 |
| Grade 6                                     | 82.0% | (80.0%-84.1%)  | 2,222 | 83.1%  | (80.4%-85.8%) | 1,084 | 81.3% | (78.8%-83.8%) | 1,127 |
| <b>----Race/Ethnicity----</b>               |       |                |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 74.1% | (64.2%-84.0%)  | 38    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 87.0% | (74.5%-99.5%)  | 77    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 80.5% | (72.1%-89.0%)  | 114   | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 90.4% | (80.6%-100.0%) | 96    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *              | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 83.7% | (81.7%-85.7%)  | 3,593 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 81.5% | (72.9%-90.2%)  | 95    | ^      | ^             | ^     | ^     | ^             | ^     |

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N = Percentage of students who answered at least once in the past week (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
*During the past seven (7) days, how many times did you eat fruit? (qn30)*  
*Percentage of students who answered at least once in the past week*

|   | Total |                |       | Female |               |       | Male  |               |       |
|---|-------|----------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI             | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 93.1% | (91.3%-95.0%)  | 5,270 | 96.0%  | (94.1%-97.9%) | 2,622 | 91.1% | (88.3%-93.8%) | 2,623 |
| <b>----Age----</b>                          |       |                |       |        |               |       |       |               |       |
| 10 or younger                               | 94.5% | (90.8%-98.2%)  | 1,455 | 97.6%  | (95.7%-99.6%) | 780   | 91.1% | (83.6%-98.7%) | 675   |
| 11  | 93.7% | (89.3%-98.1%)  | 2,611 | 94.9%  | (91.9%-97.8%) | 1,291 | 93.1% | (87.8%-98.5%) | 1,309 |
| 12 or older                                 | 90.9% | (88.3%-93.5%)  | 1,168 | 96.3%  | (94.2%-98.4%) | 536   | 86.7% | (82.5%-90.9%) | 624   |
| <b>----Grade----</b>                        |       |                |       |        |               |       |       |               |       |
| Grade 5                                     | 93.7% | (90.6%-96.8%)  | 2,703 | 96.3%  | (93.5%-99.1%) | 1,331 | 91.8% | (86.9%-96.8%) | 1,371 |
| Grade 6                                     | 92.9% | (91.4%-94.5%)  | 2,547 | 95.6%  | (94.2%-97.0%) | 1,280 | 90.2% | (87.6%-92.8%) | 1,248 |
| <b>----Race/Ethnicity----</b>               |       |                |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 89.0% | (75.5%-100.0%) | 48    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | *     | *              | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 89.8% | (86.2%-93.5%)  | 135   | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 94.4% | (88.3%-100.0%) | 100   | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *              | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 94.0% | (92.2%-95.7%)  | 4,023 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 93.6% | (87.8%-99.3%)  | 110   | ^      | ^             | ^     | ^     | ^             | ^     |

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11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past seven (7) days, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans, but not including French fries or other fried potatoes? (qn31)*

*Percentage of students who answered at least once in the past week*

|   | Total |               |       | Female |                |       | Male  |               |       |
|---|-------|---------------|-------|--------|----------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI             | N     | %     | CI            | N     |
| Total                                       | 94.4% | (92.9%-95.8%) | 5,423 | 96.9%  | (95.9%-97.8%)  | 2,712 | 92.3% | (90.8%-93.8%) | 2,678 |
| <b>----Age----</b>                          |       |               |       |        |                |       |       |               |       |
| 10 or younger                               | 93.0% | (90.3%-95.6%) | 1,449 | 96.6%  | (92.9%-100.0%) | 815   | 88.6% | (85.5%-91.7%) | 634   |
| 11  | 96.3% | (94.9%-97.7%) | 2,736 | 97.5%  | (95.4%-99.6%)  | 1,343 | 95.1% | (93.5%-96.7%) | 1,373 |
| 12 or older                                 | 92.6% | (90.3%-94.8%) | 1,205 | 95.8%  | (93.9%-97.7%)  | 542   | 90.1% | (86.9%-93.4%) | 657   |
| <b>----Grade----</b>                        |       |               |       |        |                |       |       |               |       |
| Grade 5                                     | 94.8% | (92.5%-97.1%) | 2,798 | 97.1%  | (95.0%-99.3%)  | 1,404 | 92.5% | (90.0%-94.9%) | 1,384 |
| Grade 6                                     | 94.3% | (93.1%-95.4%) | 2,603 | 96.6%  | (95.3%-97.9%)  | 1,297 | 92.1% | (90.3%-93.8%) | 1,289 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |                |       |       |               |       |
| American Indian or Alaskan Native**         | 82.8% | (66.7%-98.8%) | 45    | ^      | ^              | ^     | ^     | ^             | ^     |
| Asian**                                     | *     | *             | *     | ^      | ^              | ^     | ^     | ^             | ^     |
| Black or African American**                 | 90.0% | (81.4%-98.6%) | 131   | ^      | ^              | ^     | ^     | ^             | ^     |
| Hispanic                                    | 94.7% | (90.0%-99.5%) | 104   | ^      | ^              | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^              | ^     | ^     | ^             | ^     |
| White**                                     | 94.2% | (92.7%-95.7%) | 4,113 | ^      | ^              | ^     | ^     | ^             | ^     |
| Multiple races**                            | *     | *             | *     | ^      | ^              | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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N = Percentage of students who answered at least once in the past week (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past seven (7) days, how many cans, bottles, or glasses of soda, sports drinks, Kool-Aid, or sweetened ice tea did you drink? Do not include diet drinks. (qn32)*

*Percentage of students who answered at least once in the past week*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 74.1% | (71.2%-76.9%) | 4,307 | 70.7%  | (65.7%-75.7%) | 2,001 | 77.0% | (74.1%-79.8%) | 2,260 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 71.3% | (64.8%-77.9%) | 1,139 | 70.3%  | (63.5%-77.1%) | 600   | 72.5% | (65.5%-79.5%) | 539   |
| 11  | 72.9% | (69.3%-76.6%) | 2,083 | 68.9%  | (61.9%-75.9%) | 959   | 76.5% | (71.8%-81.2%) | 1,104 |
| 12 or older                                 | 79.4% | (76.2%-82.6%) | 1,044 | 75.2%  | (71.9%-78.6%) | 429   | 82.4% | (78.4%-86.5%) | 606   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 71.7% | (66.9%-76.6%) | 2,138 | 70.1%  | (60.9%-79.2%) | 1,019 | 73.2% | (71.2%-75.2%) | 1,109 |
| Grade 6                                     | 76.3% | (73.2%-79.4%) | 2,136 | 71.2%  | (66.9%-75.4%) | 972   | 80.9% | (77.8%-84.1%) | 1,146 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 80.2% | (67.4%-93.0%) | 47    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 60.0% | (43.4%-76.6%) | 56    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 72.7% | (61.3%-84.1%) | 107   | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 76.8% | (59.4%-94.2%) | 85    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 74.2% | (70.8%-77.7%) | 3,290 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 79.2% | (65.2%-93.2%) | 93    | ^      | ^             | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Percentage of students who answered at least once in the past week (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past 7 days, on how many days did you exercise or participate in physical activity for at least 60 minutes? (Add up all of the time you spent in any physical activity that increases your heart rate and made you sweat and breathe hard some of the time.) (qn33)*

*Percentage of students who answered at least 5 days*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 52.3% | (48.4%-56.1%) | 2,926 | 46.9%  | (42.2%-51.5%) | 1,290 | 57.4% | (53.7%-61.1%) | 1,607 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 45.6% | (42.8%-48.4%) | 689   | 38.3%  | (35.6%-41.1%) | 315   | 54.2% | (45.8%-62.6%) | 374   |
| 11  | 55.0% | (49.1%-60.8%) | 1,517 | 49.9%  | (42.4%-57.3%) | 683   | 59.5% | (53.3%-65.6%) | 816   |
| 12 or older                                 | 54.3% | (48.1%-60.5%) | 694   | 51.7%  | (43.9%-59.5%) | 283   | 56.2% | (48.4%-63.9%) | 407   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 48.5% | (44.6%-52.3%) | 1,385 | 40.5%  | (36.7%-44.3%) | 577   | 56.1% | (50.3%-61.9%) | 799   |
| Grade 6                                     | 56.3% | (50.2%-62.4%) | 1,523 | 53.3%  | (46.7%-59.8%) | 703   | 58.8% | (53.1%-64.6%) | 807   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 67.3% | (51.7%-82.9%) | 39    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 51.9% | (43.0%-60.9%) | 46    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 46.8% | (37.8%-55.8%) | 63    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 55.9% | (41.3%-70.5%) | 63    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 52.2% | (48.3%-56.1%) | 2,231 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 53.9% | (41.1%-66.6%) | 65    | ^      | ^             | ^     | ^     | ^             | ^     |

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N = Percentage of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*On an average school day, how many hours do you watch TV? (qn34)  
Percentage of students who answered at least 3 hours*

|   | Total |               |       | Female |               |     | Male  |               |     |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 24.6% | (15.7%-33.5%) | 1,394 | 21.4%  | (13.9%-28.9%) | 585 | 27.5% | (17.0%-38.1%) | 795 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |     |
| 10 or younger                               | 18.0% | (5.7%-30.3%)  | 276   | 18.8%  | (9.4%-28.2%)  | 153 | 17.2% | (0.4%-34.0%)  | 123 |
| 11  | 23.8% | (16.9%-30.7%) | 662   | 22.0%  | (14.0%-30.0%) | 296 | 25.8% | (19.3%-32.3%) | 366 |
| 12 or older                                 | 33.5% | (26.9%-40.0%) | 436   | 24.0%  | (18.3%-29.7%) | 134 | 40.7% | (31.5%-49.9%) | 300 |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |     |
| Grade 5                                     | 19.6% | (7.8%-31.3%)  | 560   | 19.0%  | (8.4%-29.5%)  | 261 | 20.3% | (6.6%-33.9%)  | 298 |
| Grade 6                                     | 29.7% | (24.5%-34.9%) | 822   | 24.1%  | (19.2%-29.0%) | 323 | 35.2% | (28.3%-42.1%) | 496 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 32.2% | (8.9%-55.6%)  | 17    | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 26.5% | (12.4%-40.6%) | 25    | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 40.5% | (32.0%-49.0%) | 60    | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 38.4% | (18.5%-58.3%) | 44    | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 22.4% | (14.0%-30.8%) | 962   | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 35.3% | (18.9%-51.8%) | 43    | ^      | ^             | ^   | ^     | ^             | ^   |

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (qn35)*

*Percentage of students who answered at least 1 day*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 57.2% | (52.8%-61.6%) | 3,247 | 62.2%  | (56.0%-68.5%) | 1,728 | 52.4% | (48.9%-56.0%) | 1,496 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 55.8% | (47.3%-64.3%) | 861   | 60.9%  | (52.0%-69.9%) | 526   | 49.3% | (39.7%-58.9%) | 334   |
| 11  | 60.3% | (55.0%-65.7%) | 1,683 | 62.6%  | (54.8%-70.4%) | 843   | 58.1% | (52.6%-63.6%) | 828   |
| 12 or older                                 | 52.1% | (46.7%-57.6%) | 679   | 62.3%  | (55.3%-69.4%) | 345   | 44.2% | (39.2%-49.1%) | 327   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 57.9% | (51.0%-64.8%) | 1,674 | 59.8%  | (50.9%-68.7%) | 858   | 55.7% | (50.2%-61.3%) | 806   |
| Grade 6                                     | 56.6% | (51.7%-61.6%) | 1,558 | 64.6%  | (57.1%-72.1%) | 859   | 49.1% | (44.2%-54.0%) | 690   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 43.8% | (22.8%-64.9%) | 24    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 62.5% | (45.1%-79.9%) | 57    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 62.7% | (50.5%-74.9%) | 91    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 58.9% | (44.4%-73.4%) | 65    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 56.7% | (50.9%-62.5%) | 2,445 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 66.5% | (53.7%-79.4%) | 79    | ^      | ^             | ^     | ^     | ^             | ^     |

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Have you ever been told by a doctor or other health professional that you had asthma? (qn36)  
Percentage of students who answered 'Yes'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 16.3% | (13.8%-18.8%) | 939 | 13.7%  | (10.3%-17.0%) | 380 | 19.1% | (16.6%-21.5%) | 559 |
| <b>----Age----</b>                          |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 15.2% | (10.8%-19.7%) | 243 | 10.6%  | (3.7%-17.5%)  | 89  | 20.4% | (16.1%-24.7%) | 154 |
| 11  | 17.2% | (13.9%-20.5%) | 490 | 15.0%  | (10.9%-19.2%) | 207 | 19.5% | (15.2%-23.7%) | 282 |
| 12 or older                                 | 16.1% | (13.7%-18.5%) | 205 | 15.2%  | (10.9%-19.6%) | 84  | 17.0% | (13.6%-20.3%) | 121 |
| <b>----Grade----</b>                        |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 16.9% | (12.8%-21.0%) | 503 | 14.0%  | (8.7%-19.4%)  | 201 | 19.7% | (15.4%-23.9%) | 301 |
| Grade 6                                     | 15.8% | (14.2%-17.3%) | 434 | 13.3%  | (10.7%-15.9%) | 178 | 18.4% | (16.5%-20.4%) | 256 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 20.4% | (10.8%-30.1%) | 11  | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 29.1% | (12.5%-45.8%) | 25  | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 17.4% | (10.9%-23.8%) | 25  | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 14.5% | (4.5%-24.4%)  | 16  | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 16.2% | (12.9%-19.4%) | 712 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 24.1% | (16.3%-31.8%) | 27  | ^      | ^             | ^   | ^     | ^             | ^   |

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past 12 months, have you had an asthma attack or taken asthma medication? (qn37)  
Among students who reported to have asthma, the percentage of students who answered 'Yes'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 33.4% | (27.8%-38.9%) | 588 | 38.5%  | (23.2%-53.9%) | 286 | 29.9% | (19.3%-40.5%) | 302 |
| <b>---Age---</b>                            |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 35.9% | (26.4%-45.5%) | 151 | 39.0%  | (17.5%-60.5%) | 70  | 33.7% | (8.2%-59.1%)  | 81  |
| 11  | 34.9% | (28.6%-41.2%) | 307 | 39.2%  | (22.6%-55.7%) | 153 | 31.9% | (21.6%-42.2%) | 154 |
| 12 or older                                 | 28.4% | (22.9%-34.0%) | 130 | 37.0%  | (24.3%-49.6%) | 63  | 23.6% | (16.9%-30.2%) | 67  |
| <b>---Grade---</b>                          |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 35.5% | (27.5%-43.5%) | 299 | 40.8%  | (18.3%-63.4%) | 149 | 31.5% | (10.7%-52.2%) | 150 |
| Grade 6                                     | 31.6% | (25.6%-37.6%) | 290 | 36.4%  | (25.4%-47.4%) | 137 | 28.7% | (22.0%-35.4%) | 152 |
| <b>---Race/Ethnicity---</b>                 |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 22.4% | (0.0%-45.1%)  | 6   | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 18.4% | (0.7%-36.2%)  | 8   | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 27.4% | (17.6%-37.1%) | 13  | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 11.0% | (3.2%-18.9%)  | 6   | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 35.9% | (29.0%-42.8%) | 444 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 24.2% | (11.6%-36.9%) | 12  | ^      | ^             | ^   | ^     | ^             | ^   |

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N = Among students who reported to have asthma, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Has a doctor, nurse, or asthma teacher ever taught you what to do during an asthma episode or attack? (qn38)  
Among students who reported to have asthma, the percentage of students who answered 'Yes'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 24.3% | (18.3%-30.3%) | 404 | 22.8%  | (12.1%-33.5%) | 164 | 25.7% | (20.0%-31.5%) | 239 |
| <b>----Age----</b>                          |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 28.4% | (20.2%-36.7%) | 108 | 29.0%  | (18.0%-39.9%) | 48  | 28.0% | (13.3%-42.7%) | 60  |
| 11  | 23.5% | (12.4%-34.7%) | 202 | 19.4%  | (5.1%-33.7%)  | 76  | 27.3% | (14.7%-39.9%) | 126 |
| 12 or older                                 | 22.4% | (15.8%-29.0%) | 93  | 24.9%  | (15.8%-34.1%) | 40  | 21.1% | (13.4%-28.9%) | 53  |
| <b>----Grade----</b>                        |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 27.5% | (20.6%-34.3%) | 218 | 25.4%  | (8.4%-42.4%)  | 89  | 29.1% | (20.7%-37.5%) | 129 |
| Grade 6                                     | 21.4% | (16.1%-26.6%) | 184 | 20.4%  | (15.0%-25.9%) | 75  | 22.4% | (14.7%-30.1%) | 108 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 30.8% | (2.2%-59.5%)  | 11  | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 21.7% | (6.4%-37.1%)  | 9   | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 16.2% | (2.1%-30.2%)  | 8   | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 25.7% | (19.8%-31.6%) | 303 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 33.3% | (9.4%-57.2%)  | 14  | ^      | ^             | ^   | ^     | ^             | ^   |

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N = Among students who reported to have asthma, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past month, how often has asthma limited your usual activities? (qn39)*

*Among students who reported to have asthma, the percentage of students who answered 'Most of the time' or 'Some of the time'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 30.1% | (26.0%-34.3%) | 413 | 35.8%  | (27.5%-44.2%) | 207 | 26.1% | (20.0%-32.2%) | 206 |
| <b>----Age----</b>                          |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 29.6% | (15.5%-43.6%) | 92  | 25.6%  | (10.6%-40.7%) | 35  | 32.7% | (0.9%-64.5%)  | 56  |
| 11  | 30.4% | (20.5%-40.3%) | 220 | 37.5%  | (23.6%-51.4%) | 120 | 24.9% | (16.5%-33.3%) | 100 |
| 12 or older                                 | 30.4% | (21.2%-39.7%) | 101 | 42.8%  | (28.1%-57.6%) | 52  | 23.3% | (12.5%-34.0%) | 49  |
| <b>----Grade----</b>                        |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 29.6% | (24.6%-34.6%) | 198 | 33.2%  | (16.7%-49.8%) | 100 | 26.7% | (17.0%-36.3%) | 98  |
| Grade 6                                     | 30.7% | (23.8%-37.5%) | 214 | 38.4%  | (29.8%-46.9%) | 106 | 25.7% | (18.5%-33.0%) | 108 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 39.4% | (3.3%-75.6%)  | 7   | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 35.0% | (13.5%-56.4%) | 12  | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 29.3% | (17.2%-41.4%) | 14  | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 30.9% | (11.0%-50.8%) | 14  | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 31.6% | (27.6%-35.7%) | 296 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 41.2% | (19.4%-63.0%) | 18  | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported to have asthma, the number of students who answered 'Most of the time' or 'Some of the time' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*How often did you miss school this year because of your asthma? (qn40)*

*Among students who reported to have asthma, the percentage of students who answered 'I missed school some of the time' or 'I missed school often'*

|   | Total |               |     | Female |              |    | Male  |              |    |
|---|-------|---------------|-----|--------|--------------|----|-------|--------------|----|
|   | %     | CI            | N   | %      | CI           | N  | %     | CI           | N  |
| Total                                       | 10.6% | (7.7%-13.4%)  | 115 | 11.9%  | (6.8%-16.9%) | 52 | 9.7%  | (3.8%-15.7%) | 63 |
| <b>----Age----</b>                          |       |               |     |        |              |    |       |              |    |
| 10 or younger                               | 10.0% | (1.4%-18.6%)  | 25  | 13.9%  | (7.7%-20.0%) | 13 | 7.8%  | (0.0%-22.1%) | 12 |
| 11  | 9.8%  | (6.6%-13.1%)  | 55  | 11.9%  | (5.1%-18.7%) | 28 | 8.4%  | (2.7%-14.1%) | 28 |
| 12 or older                                 | 12.8% | (7.7%-17.9%)  | 35  | 10.2%  | (4.4%-15.9%) | 11 | 14.7% | (6.9%-22.4%) | 23 |
| <b>----Grade----</b>                        |       |               |     |        |              |    |       |              |    |
| Grade 5                                     | 7.7%  | (3.9%-11.6%)  | 41  | 10.3%  | (2.7%-17.8%) | 22 | 6.0%  | (0.0%-14.7%) | 19 |
| Grade 6                                     | 13.4% | (10.1%-16.7%) | 74  | 13.5%  | (7.3%-19.6%) | 30 | 13.4% | (7.8%-18.9%) | 44 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |              |    |       |              |    |
| American Indian or Alaskan Native**         | *     | *             | *   | ^      | ^            | ^  | ^     | ^            | ^  |
| Asian**                                     | *     | *             | *   | ^      | ^            | ^  | ^     | ^            | ^  |
| Black or African American**                 | 35.0% | (5.2%-64.8%)  | 15  | ^      | ^            | ^  | ^     | ^            | ^  |
| Hispanic                                    | *     | *             | *   | ^      | ^            | ^  | ^     | ^            | ^  |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^            | ^  | ^     | ^            | ^  |
| White**                                     | 8.8%  | (6.1%-11.5%)  | 67  | ^      | ^            | ^  | ^     | ^            | ^  |
| Multiple races**                            | *     | *             | *   | ^      | ^            | ^  | ^     | ^            | ^  |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported to have asthma, the number of students who answered 'I missed school some of the time' or 'I missed school often' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past month, how often did your asthma make it difficult for you to stay asleep? (qn41)  
Among students who reported to have asthma, the percentage of students who answered at least 1 time*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 27.2% | (20.9%-33.5%) | 312 | 35.8%  | (24.7%-46.9%) | 171 | 21.1% | (9.9%-32.3%)  | 141 |
| <b>---Age---</b>                            |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 23.4% | (4.7%-42.2%)  | 60  | 29.4%  | (11.6%-47.2%) | 32  | 19.1% | (0.0%-53.5%)  | 28  |
| 11  | 26.2% | (17.4%-35.0%) | 158 | 34.8%  | (16.2%-53.5%) | 90  | 19.8% | (12.7%-26.8%) | 69  |
| 12 or older                                 | 33.1% | (24.2%-41.9%) | 94  | 44.4%  | (32.0%-56.9%) | 49  | 25.7% | (16.6%-34.9%) | 44  |
| <b>---Grade---</b>                          |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 26.9% | (16.2%-37.6%) | 150 | 34.0%  | (13.3%-54.8%) | 84  | 21.4% | (0.0%-44.3%)  | 67  |
| Grade 6                                     | 27.4% | (19.4%-35.4%) | 161 | 37.5%  | (27.3%-47.6%) | 86  | 20.9% | (13.1%-28.8%) | 75  |
| <b>---Race/Ethnicity---</b>                 |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 42.8% | (21.1%-64.4%) | 15  | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 27.1% | (7.4%-46.8%)  | 9   | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 25.7% | (19.1%-32.3%) | 205 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 44.1% | (20.1%-68.2%) | 15  | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Among students who reported to have asthma, the number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past month, how many days did you have any symptoms of asthma such as shortness of breath, tightness in chest, or a wheezing cough?  
(qn42)*

*Among students who reported to have asthma, the percentage of students who answered at least 1 day*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 45.7% | (37.8%-53.5%) | 588 | 55.8%  | (45.0%-66.5%) | 318 | 37.8% | (29.0%-46.5%) | 271 |
| <b>----Age----</b>                          |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 47.1% | (31.9%-62.3%) | 152 | 54.4%  | (38.5%-70.3%) | 80  | 41.0% | (16.9%-65.1%) | 72  |
| 11  | 43.7% | (32.2%-55.2%) | 283 | 55.8%  | (38.3%-73.2%) | 163 | 33.8% | (25.0%-42.5%) | 120 |
| 12 or older                                 | 49.0% | (39.1%-58.9%) | 153 | 57.3%  | (46.6%-68.1%) | 75  | 42.9% | (30.5%-55.3%) | 78  |
| <b>----Grade----</b>                        |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 45.0% | (30.2%-59.8%) | 292 | 55.3%  | (35.8%-74.7%) | 169 | 35.8% | (19.8%-51.9%) | 123 |
| Grade 6                                     | 46.5% | (39.8%-53.2%) | 295 | 56.2%  | (47.4%-65.0%) | 147 | 39.7% | (32.5%-46.9%) | 148 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 50.0% | (32.0%-68.0%) | 7   | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 34.6% | (9.6%-59.6%)  | 12  | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 40.4% | (20.8%-59.9%) | 16  | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 40.4% | (14.8%-66.1%) | 20  | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 44.6% | (36.7%-52.6%) | 403 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 61.6% | (42.9%-80.3%) | 23  | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Among students who reported to have asthma, the number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Have you ever been told by a doctor or other health professional that you had diabetes? (qn43)  
Percentage of students who answered 'Yes'*

|   | Total |             |    | Female |             |    | Male |             |    |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI          | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                       | 0.6%  | (0.4%-0.9%) | 36 | 0.8%   | (0.4%-1.3%) | 24 | 0.4% | (0.0%-0.9%) | 12 |
| <b>----Age----</b>                          |       |             |    |        |             |    |      |             |    |
| 10 or younger                               | 0.6%  | (0.0%-1.3%) | 9  | *      | *           | *  | *    | *           | *  |
| 11  | 0.4%  | (0.0%-0.8%) | 12 | *      | *           | *  | *    | *           | *  |
| 12 or older                                 | 1.1%  | (0.3%-1.9%) | 15 | 1.3%   | (0.0%-2.7%) | 7  | 1.0% | (0.0%-2.2%) | 8  |
| <b>----Grade----</b>                        |       |             |    |        |             |    |      |             |    |
| Grade 5                                     | 0.3%  | (0.0%-0.7%) | 9  | *      | *           | *  | *    | *           | *  |
| Grade 6                                     | 0.9%  | (0.5%-1.4%) | 26 | 1.1%   | (0.4%-1.7%) | 14 | 0.8% | (0.0%-1.7%) | 12 |
| <b>----Race/Ethnicity----</b>               |       |             |    |        |             |    |      |             |    |
| American Indian or Alaskan Native**         | *     | *           | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| Asian**                                     | *     | *           | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| Black or African American**                 | *     | *           | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| Hispanic                                    | *     | *           | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| Native Hawaiian or Other Pacific Islander** | *     | *           | *  | ^      | ^           | ^  | ^    | ^           | ^  |
| White**                                     | 0.6%  | (0.3%-0.8%) | 26 | ^      | ^           | ^  | ^    | ^           | ^  |
| Multiple races**                            | *     | *           | *  | ^      | ^           | ^  | ^    | ^           | ^  |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Percentage of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (qn44)  
Percentage of students who answered 'During the past 12 months (1 year)'*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 86.8% | (82.2%-91.3%) | 4,945 | 87.5%  | (82.8%-92.2%) | 2,416 | 86.3% | (81.7%-90.9%) | 2,499 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 86.6% | (81.9%-91.2%) | 1,364 | 86.1%  | (80.4%-91.7%) | 727   | 87.2% | (81.9%-92.4%) | 636   |
| 11  | 88.2% | (81.6%-94.8%) | 2,447 | 88.8%  | (82.5%-95.1%) | 1,187 | 87.5% | (79.9%-95.1%) | 1,241 |
| 12 or older                                 | 84.3% | (82.4%-86.3%) | 1,100 | 86.4%  | (82.4%-90.4%) | 487   | 82.8% | (79.2%-86.4%) | 607   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 85.9% | (78.4%-93.5%) | 2,475 | 86.7%  | (79.2%-94.2%) | 1,209 | 85.1% | (77.1%-93.1%) | 1,257 |
| Grade 6                                     | 88.0% | (85.5%-90.5%) | 2,450 | 88.4%  | (84.5%-92.3%) | 1,198 | 87.6% | (84.9%-90.2%) | 1,237 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 83.0% | (68.0%-98.0%) | 46    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 86.4% | (80.3%-92.6%) | 82    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 69.7% | (62.9%-76.4%) | 97    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 84.2% | (72.8%-95.6%) | 88    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 88.2% | (83.6%-92.9%) | 3,850 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 77.2% | (58.6%-95.8%) | 89    | ^      | ^             | ^     | ^     | ^             | ^     |

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N = Percentage of students who answered 'During the past 12 months (1 year)' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past 4 weeks, how many days of school have you missed because of problems with your teeth? (Do not include routine dental or orthodontist visits.) (qn45)*

*Percentage of students who answered at least 1 day*

|   | Total |              |     | Female |             |     | Male |              |     |
|---|-------|--------------|-----|--------|-------------|-----|------|--------------|-----|
|   | %     | CI           | N   | %      | CI          | N   | %    | CI           | N   |
| Total                                       | 5.8%  | (4.8%-6.8%)  | 331 | 5.4%   | (4.2%-6.5%) | 152 | 5.7% | (4.2%-7.2%)  | 164 |
| <b>----Age----</b>                          |       |              |     |        |             |     |      |              |     |
| 10 or younger                               | 3.3%  | (0.3%-6.2%)  | 51  | 3.1%   | (0.0%-7.4%) | 26  | 3.5% | (0.1%-6.9%)  | 25  |
| 11  | 5.7%  | (4.3%-7.1%)  | 163 | 6.9%   | (4.5%-9.4%) | 97  | 4.6% | (2.7%-6.6%)  | 66  |
| 12 or older                                 | 7.8%  | (5.7%-9.9%)  | 102 | 4.9%   | (3.3%-6.6%) | 28  | 9.9% | (6.4%-13.4%) | 73  |
| <b>----Grade----</b>                        |       |              |     |        |             |     |      |              |     |
| Grade 5                                     | 5.3%  | (3.9%-6.7%)  | 152 | 6.0%   | (3.7%-8.3%) | 86  | 4.6% | (2.8%-6.3%)  | 66  |
| Grade 6                                     | 5.8%  | (4.6%-7.1%)  | 165 | 4.8%   | (3.5%-6.0%) | 65  | 6.9% | (4.8%-8.9%)  | 98  |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |             |     |      |              |     |
| American Indian or Alaskan Native**         | *     | *            | *   | ^      | ^           | ^   | ^    | ^            | ^   |
| Asian**                                     | 7.5%  | (1.5%-13.4%) | 7   | ^      | ^           | ^   | ^    | ^            | ^   |
| Black or African American**                 | 8.5%  | (2.1%-15.0%) | 12  | ^      | ^           | ^   | ^    | ^            | ^   |
| Hispanic                                    | *     | *            | *   | ^      | ^           | ^   | ^    | ^            | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^           | ^   | ^    | ^            | ^   |
| White**                                     | 5.1%  | (4.0%-6.2%)  | 223 | ^      | ^           | ^   | ^    | ^            | ^   |
| Multiple races**                            | 19.3% | (9.9%-28.6%) | 23  | ^      | ^           | ^   | ^    | ^            | ^   |

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (qn46)  
Percentage of students who answered 'Most of the time' or 'Always'*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 52.1% | (44.3%-59.9%) | 2,986 | 60.2%  | (53.6%-66.7%) | 1,652 | 44.7% | (35.1%-54.3%) | 1,312 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 64.3% | (52.5%-76.1%) | 1,016 | 66.9%  | (54.1%-79.7%) | 561   | 61.3% | (47.9%-74.8%) | 455   |
| 11  | 50.4% | (44.5%-56.2%) | 1,407 | 60.2%  | (54.9%-65.4%) | 804   | 40.8% | (32.6%-49.1%) | 587   |
| 12 or older                                 | 41.6% | (36.4%-46.9%) | 545   | 49.4%  | (41.4%-57.5%) | 276   | 35.8% | (29.1%-42.5%) | 265   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 57.6% | (47.6%-67.7%) | 1,678 | 63.3%  | (52.4%-74.1%) | 878   | 52.2% | (42.2%-62.2%) | 791   |
| Grade 6                                     | 46.5% | (42.7%-50.3%) | 1,293 | 56.7%  | (51.3%-62.0%) | 764   | 36.7% | (31.7%-41.7%) | 519   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 36.7% | (21.9%-51.4%) | 20    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 30.4% | (3.4%-57.4%)  | 27    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 24.9% | (19.0%-30.8%) | 34    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 42.5% | (13.9%-71.1%) | 44    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 53.7% | (46.4%-61.0%) | 2,357 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 49.2% | (36.6%-61.9%) | 60    | ^      | ^             | ^     | ^     | ^             | ^     |

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N = Percentage of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (qn47)*

*Percentage of students who answered 'Most of the time' or 'Always'*

|   | Total |               |       | Female |               |     | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N     |
| Total                                       | 38.9% | (33.5%-44.3%) | 2,224 | 35.7%  | (31.7%-39.8%) | 991 | 41.8% | (34.0%-49.7%) | 1,210 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |       |
| 10 or younger                               | 44.3% | (32.9%-55.7%) | 684   | 39.0%  | (28.3%-49.7%) | 327 | 50.7% | (36.4%-65.0%) | 357   |
| 11  | 38.6% | (33.6%-43.5%) | 1,081 | 36.4%  | (31.9%-40.9%) | 494 | 40.7% | (33.3%-48.1%) | 581   |
| 12 or older                                 | 33.1% | (29.3%-36.9%) | 437   | 29.6%  | (23.0%-36.2%) | 167 | 35.8% | (31.5%-40.2%) | 267   |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |       |
| Grade 5                                     | 43.2% | (33.3%-53.2%) | 1,247 | 38.5%  | (30.0%-47.0%) | 543 | 48.0% | (35.4%-60.6%) | 704   |
| Grade 6                                     | 34.4% | (31.5%-37.3%) | 963   | 33.1%  | (29.3%-36.9%) | 448 | 35.5% | (32.6%-38.4%) | 506   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |       |
| American Indian or Alaskan Native**         | 32.0% | (5.9%-58.0%)  | 18    | ^      | ^             | ^   | ^     | ^             | ^     |
| Asian**                                     | 50.4% | (38.1%-62.8%) | 46    | ^      | ^             | ^   | ^     | ^             | ^     |
| Black or African American**                 | 26.9% | (21.0%-32.8%) | 38    | ^      | ^             | ^   | ^     | ^             | ^     |
| Hispanic                                    | 43.0% | (29.1%-57.0%) | 44    | ^      | ^             | ^   | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^     |
| White**                                     | 40.1% | (34.4%-45.8%) | 1,752 | ^      | ^             | ^   | ^     | ^             | ^     |
| Multiple races**                            | 40.1% | (27.6%-52.7%) | 49    | ^      | ^             | ^   | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*During the past year, have you had any sunburns? A sunburn is any reddening or burn of the skin that lasts until the next day. (qn48)  
Percentage of students who answered 'Yes'*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 53.6% | (48.5%-58.6%) | 3,086 | 54.9%  | (46.7%-63.1%) | 1,545 | 52.0% | (47.3%-56.7%) | 1,516 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 48.8% | (37.7%-60.0%) | 769   | 52.1%  | (34.4%-69.8%) | 440   | 45.0% | (35.2%-54.8%) | 329   |
| 11  | 54.6% | (49.1%-60.0%) | 1,547 | 55.7%  | (47.3%-64.0%) | 774   | 53.3% | (47.2%-59.4%) | 764   |
| 12 or older                                 | 57.2% | (52.4%-62.0%) | 747   | 58.4%  | (53.9%-62.9%) | 328   | 56.8% | (49.5%-64.1%) | 419   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 51.6% | (43.1%-60.0%) | 1,514 | 54.8%  | (39.4%-70.2%) | 792   | 48.5% | (42.6%-54.3%) | 722   |
| Grade 6                                     | 55.5% | (50.7%-60.4%) | 1,553 | 55.4%  | (51.6%-59.2%) | 752   | 55.7% | (49.1%-62.3%) | 792   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 44.5% | (24.1%-64.8%) | 24    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 10.2% | (1.5%-18.8%)  | 10    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 10.5% | (5.5%-15.5%)  | 15    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 38.3% | (24.6%-52.1%) | 41    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 57.8% | (53.7%-61.9%) | 2,545 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 43.5% | (29.5%-57.5%) | 53    | ^      | ^             | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Do you agree or disagree that you have parents who try to help you succeed? (qn49)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|   | Total |                |       | Female |               |       | Male  |               |       |
|---|-------|----------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI             | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 94.9% | (93.3%-96.5%)  | 5,538 | 94.8%  | (92.3%-97.2%) | 2,680 | 95.0% | (93.7%-96.3%) | 2,815 |
| <b>----Age----</b>                          |       |                |       |        |               |       |       |               |       |
| 10 or younger                               | 94.2% | (91.4%-96.9%)  | 1,516 | 96.7%  | (94.0%-99.4%) | 835   | 91.2% | (87.6%-94.8%) | 680   |
| 11  | 96.6% | (94.2%-99.0%)  | 2,758 | 95.4%  | (91.5%-99.3%) | 1,314 | 97.8% | (95.8%-99.9%) | 1,426 |
| 12 or older                                 | 92.0% | (90.3%-93.6%)  | 1,218 | 90.3%  | (87.5%-93.1%) | 516   | 93.2% | (91.2%-95.1%) | 697   |
| <b>----Grade----</b>                        |       |                |       |        |               |       |       |               |       |
| Grade 5                                     | 95.6% | (93.6%-97.5%)  | 2,840 | 96.3%  | (93.2%-99.3%) | 1,391 | 94.9% | (92.9%-96.8%) | 1,440 |
| Grade 6                                     | 94.2% | (92.7%-95.6%)  | 2,663 | 93.2%  | (91.0%-95.4%) | 1,279 | 95.2% | (94.2%-96.2%) | 1,371 |
| <b>----Race/Ethnicity----</b>               |       |                |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 85.5% | (70.4%-100.0%) | 47    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 93.7% | (85.5%-100.0%) | 89    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | *     | *              | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | *     | *              | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *              | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 95.4% | (93.9%-96.9%)  | 4,255 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 89.9% | (82.0%-97.8%)  | 108   | ^      | ^             | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Percentage of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Cumberland PHD (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (qn50)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 84.6% | (82.1%-87.1%) | 4,943 | 86.8%  | (84.6%-89.1%) | 2,464 | 82.7% | (78.1%-87.4%) | 2,448 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 87.0% | (82.4%-91.6%) | 1,398 | 85.6%  | (81.1%-90.2%) | 737   | 88.6% | (80.6%-96.7%) | 661   |
| 11  | 85.4% | (82.3%-88.6%) | 2,445 | 87.7%  | (84.3%-91.1%) | 1,221 | 83.2% | (78.8%-87.6%) | 1,206 |
| 12 or older                                 | 80.6% | (76.8%-84.3%) | 1,069 | 86.1%  | (81.4%-90.9%) | 492   | 76.3% | (72.5%-80.0%) | 570   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 89.2% | (86.2%-92.2%) | 2,665 | 88.2%  | (85.4%-90.9%) | 1,288 | 90.1% | (85.5%-94.8%) | 1,368 |
| Grade 6                                     | 80.0% | (76.6%-83.4%) | 2,256 | 85.4%  | (81.7%-89.1%) | 1,167 | 74.9% | (71.6%-78.2%) | 1,074 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 83.2% | (69.7%-96.7%) | 46    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 88.7% | (79.3%-98.2%) | 84    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 81.1% | (72.4%-89.9%) | 113   | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 77.8% | (65.0%-90.6%) | 82    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 86.4% | (83.7%-89.1%) | 3,864 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 78.8% | (69.4%-88.2%) | 96    | ^      | ^             | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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N = Percentage of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
 QNOWT1

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) --  
 SELF-REPORTED HEIGHT/WEIGHT*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 18.6% | (15.7%-21.5%) | 768 | 13.5%  | (10.7%-16.2%) | 268 | 23.3% | (18.1%-28.5%) | 500 |
| <b>---Age---</b>                            |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 20.6% | (14.3%-27.0%) | 233 | 10.1%  | (5.0%-15.2%)  | 60  | 32.4% | (24.9%-39.9%) | 173 |
| 11  | 20.1% | (17.1%-23.0%) | 396 | 15.0%  | (11.5%-18.4%) | 142 | 24.8% | (19.1%-30.5%) | 254 |
| 12 or older                                 | 13.5% | (9.9%-17.1%)  | 139 | 14.9%  | (8.6%-21.2%)  | 66  | 12.5% | (9.8%-15.2%)  | 73  |
| <b>---Grade---</b>                          |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 21.5% | (16.9%-26.1%) | 421 | 12.0%  | (9.0%-15.1%)  | 114 | 30.4% | (22.9%-37.9%) | 307 |
| Grade 6                                     | 15.9% | (12.5%-19.4%) | 346 | 14.8%  | (10.9%-18.7%) | 154 | 17.0% | (13.0%-21.0%) | 191 |
| <b>---Race/Ethnicity---</b>                 |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 15.0% | (0.0%-30.0%)  | 7   | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 25.7% | (14.1%-37.3%) | 16  | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 6.2%  | (1.4%-11.1%)  | 6   | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 15.5% | (0.0%-32.3%)  | 12  | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 19.1% | (15.9%-22.3%) | 621 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 29.5% | (13.3%-45.8%) | 29  | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNOBESE1**

*Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT*

|   | Total |               |     | Female |              |     | Male  |               |     |
|---|-------|---------------|-----|--------|--------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI           | N   | %     | CI            | N   |
| Total                                       | 11.4% | (8.2%-14.5%)  | 470 | 9.8%   | (6.7%-12.9%) | 195 | 12.8% | (8.7%-16.9%)  | 274 |
| <b>----Age----</b>                          |       |               |     |        |              |     |       |               |     |
| 10 or younger                               | 14.3% | (7.3%-21.2%)  | 161 | 16.4%  | (8.5%-24.4%) | 98  | 11.8% | (3.4%-20.3%)  | 63  |
| 11  | 10.1% | (6.8%-13.4%)  | 199 | 7.4%   | (3.2%-11.5%) | 70  | 12.6% | (7.8%-17.3%)  | 129 |
| 12 or older                                 | 10.7% | (7.9%-13.4%)  | 110 | 6.2%   | (2.8%-9.6%)  | 28  | 14.1% | (11.4%-16.8%) | 82  |
| <b>----Grade----</b>                        |       |               |     |        |              |     |       |               |     |
| Grade 5                                     | 12.5% | (6.3%-18.7%)  | 245 | 13.1%  | (7.1%-19.1%) | 124 | 11.9% | (4.4%-19.4%)  | 121 |
| Grade 6                                     | 10.4% | (8.5%-12.2%)  | 225 | 6.8%   | (4.6%-9.1%)  | 71  | 13.6% | (11.8%-15.4%) | 153 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |              |     |       |               |     |
| American Indian or Alaskan Native**         | 17.6% | (0.0%-36.9%)  | 8   | ^      | ^            | ^   | ^     | ^             | ^   |
| Asian**                                     | 14.8% | (6.0%-23.6%)  | 9   | ^      | ^            | ^   | ^     | ^             | ^   |
| Black or African American**                 | 21.7% | (11.2%-32.1%) | 20  | ^      | ^            | ^   | ^     | ^             | ^   |
| Hispanic                                    | 16.9% | (0.0%-36.0%)  | 13  | ^      | ^            | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^            | ^   | ^     | ^             | ^   |
| White**                                     | 10.5% | (8.4%-12.6%)  | 341 | ^      | ^            | ^   | ^     | ^             | ^   |
| Multiple races**                            | 9.3%  | (0.0%-18.7%)  | 9   | ^      | ^            | ^   | ^     | ^             | ^   |

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CI = 95% Confidence Interval

N = Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
 QNOWT2

*Percentage of 5th graders who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT*

|   | Total |               |     | Female |              |     | Male  |              |     |
|---|-------|---------------|-----|--------|--------------|-----|-------|--------------|-----|
|   | %     | CI            | N   | %      | CI           | N   | %     | CI           | N   |
| Total                                       | 14.1% | (8.0%-20.1%)  | 401 | 9.1%   | (3.7%-14.4%) | 128 | 18.9% | (7.8%-30.0%) | 273 |
| <b>----Age----</b>                          |       |               |     |        |              |     |       |              |     |
| 10 or younger                               | 13.5% | (7.4%-19.6%)  | 211 | 8.3%   | (4.2%-12.5%) | 70  | 19.5% | (7.9%-31.1%) | 141 |
| 11  | 14.7% | (7.5%-21.9%)  | 186 | 10.2%  | (0.3%-20.2%) | 57  | 18.3% | (6.3%-30.3%) | 129 |
| 12 or older                                 | *     | *             | *   | *      | *            | *   | *     | *            | *   |
| <b>----Grade----</b>                        |       |               |     |        |              |     |       |              |     |
| Grade 5                                     | 14.1% | (8.0%-20.1%)  | 401 | 9.1%   | (3.7%-14.4%) | 128 | 18.9% | (7.8%-30.0%) | 273 |
| Grade 6                                     | *     | *             | *   | *      | *            | *   | *     | *            | *   |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |              |     |       |              |     |
| American Indian or Alaskan Native**         | 42.7% | (2.1%-83.3%)  | 10  | ^      | ^            | ^   | ^     | ^            | ^   |
| Asian**                                     | 26.7% | (2.9%-50.4%)  | 13  | ^      | ^            | ^   | ^     | ^            | ^   |
| Black or African American**                 | 17.7% | (14.5%-20.8%) | 10  | ^      | ^            | ^   | ^     | ^            | ^   |
| Hispanic                                    | *     | *             | *   | ^      | ^            | ^   | ^     | ^            | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^            | ^   | ^     | ^            | ^   |
| White**                                     | 13.7% | (6.8%-20.7%)  | 306 | ^      | ^            | ^   | ^     | ^            | ^   |
| Multiple races**                            | 39.9% | (13.7%-66.1%) | 20  | ^      | ^            | ^   | ^     | ^            | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Percentage of 5th graders who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNOBESE2**

Percentage of 5th graders who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT

|   | Total |               |     | Female |              |     | Male  |              |     |
|---|-------|---------------|-----|--------|--------------|-----|-------|--------------|-----|
|   | %     | CI            | N   | %      | CI           | N   | %     | CI           | N   |
| Total                                       | 15.3% | (6.9%-23.7%)  | 436 | 13.6%  | (6.1%-21.1%) | 191 | 16.9% | (5.3%-28.6%) | 245 |
| <b>----Age----</b>                          |       |               |     |        |              |     |       |              |     |
| 10 or younger                               | 17.5% | (8.9%-26.1%)  | 274 | 15.8%  | (6.1%-25.4%) | 133 | 19.5% | (6.0%-33.1%) | 141 |
| 11  | 12.8% | (3.3%-22.2%)  | 162 | 10.3%  | (0.8%-19.9%) | 58  | 14.8% | (4.0%-25.5%) | 104 |
| 12 or older                                 | *     | *             | *   | *      | *            | *   | *     | *            | *   |
| <b>----Grade----</b>                        |       |               |     |        |              |     |       |              |     |
| Grade 5                                     | 15.3% | (6.9%-23.7%)  | 436 | 13.6%  | (6.1%-21.1%) | 191 | 16.9% | (5.3%-28.6%) | 245 |
| Grade 6                                     | *     | *             | *   | *      | *            | *   | *     | *            | *   |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |              |     |       |              |     |
| American Indian or Alaskan Native**         | *     | *             | *   | ^      | ^            | ^   | ^     | ^            | ^   |
| Asian**                                     | *     | *             | *   | ^      | ^            | ^   | ^     | ^            | ^   |
| Black or African American**                 | 17.6% | (2.9%-32.3%)  | 10  | ^      | ^            | ^   | ^     | ^            | ^   |
| Hispanic                                    | 37.5% | (11.2%-63.8%) | 20  | ^      | ^            | ^   | ^     | ^            | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^            | ^   | ^     | ^            | ^   |
| White**                                     | 13.7% | (6.6%-20.9%)  | 307 | ^      | ^            | ^   | ^     | ^            | ^   |
| Multiple races**                            | 26.7% | (3.2%-50.2%)  | 14  | ^      | ^            | ^   | ^     | ^            | ^   |

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CI = 95% Confidence Interval

N = Percentage of 5th graders who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNFRUIT**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                       | 49.4% | (44.7%-54.1%) | 2,659 | 54.2%  | (48.9%-59.5%) | 1,400 | 44.8% | (40.5%-49.1%) | 1,236 |
| <b>----Age----</b>                          |       |               |       |        |               |       |       |               |       |
| 10 or younger                               | 55.5% | (47.5%-63.4%) | 799   | 60.6%  | (51.7%-69.5%) | 459   | 49.7% | (39.6%-59.9%) | 340   |
| 11  | 48.8% | (44.4%-53.2%) | 1,303 | 54.3%  | (48.5%-60.0%) | 695   | 44.2% | (40.5%-47.8%) | 606   |
| 12 or older                                 | 43.1% | (38.9%-47.3%) | 532   | 45.9%  | (39.5%-52.3%) | 245   | 40.6% | (36.5%-44.7%) | 281   |
| <b>----Grade----</b>                        |       |               |       |        |               |       |       |               |       |
| Grade 5                                     | 52.8% | (47.4%-58.3%) | 1,446 | 59.1%  | (54.6%-63.7%) | 774   | 47.4% | (41.6%-53.2%) | 672   |
| Grade 6                                     | 45.7% | (41.5%-50.0%) | 1,197 | 49.5%  | (44.2%-54.8%) | 625   | 42.2% | (38.3%-46.0%) | 564   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native**         | 53.0% | (29.4%-76.7%) | 26    | ^      | ^             | ^     | ^     | ^             | ^     |
| Asian**                                     | 65.6% | (49.7%-81.4%) | 58    | ^      | ^             | ^     | ^     | ^             | ^     |
| Black or African American**                 | 58.6% | (50.7%-66.5%) | 82    | ^      | ^             | ^     | ^     | ^             | ^     |
| Hispanic                                    | 62.3% | (51.9%-72.7%) | 62    | ^      | ^             | ^     | ^     | ^             | ^     |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^     | ^     | ^             | ^     |
| White**                                     | 48.9% | (42.0%-55.9%) | 2,004 | ^      | ^             | ^     | ^     | ^             | ^     |
| Multiple races**                            | 52.6% | (44.4%-60.8%) | 58    | ^      | ^             | ^     | ^     | ^             | ^     |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNVEG**

*Percentage of students who ate vegetables three or more times per day during the past seven days*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 16.4% | (13.5%-19.2%) | 942 | 19.4%  | (14.5%-24.3%) | 542 | 13.7% | (11.4%-16.1%) | 398 |
| <b>----Age----</b>                          |       |               |     |        |               |     |       |               |     |
| 10 or younger                               | 20.6% | (16.1%-25.0%) | 321 | 24.5%  | (19.7%-29.3%) | 207 | 15.9% | (11.1%-20.8%) | 114 |
| 11  | 14.8% | (11.6%-17.9%) | 419 | 17.5%  | (11.9%-23.2%) | 241 | 12.3% | (6.5%-18.2%)  | 178 |
| 12 or older                                 | 15.1% | (11.2%-18.9%) | 196 | 16.6%  | (12.8%-20.4%) | 94  | 13.8% | (9.1%-18.6%)  | 101 |
| <b>----Grade----</b>                        |       |               |     |        |               |     |       |               |     |
| Grade 5                                     | 19.2% | (16.9%-21.5%) | 567 | 23.3%  | (18.0%-28.6%) | 337 | 15.4% | (11.7%-19.0%) | 230 |
| Grade 6                                     | 13.5% | (11.0%-16.1%) | 373 | 15.2%  | (11.8%-18.6%) | 204 | 12.0% | (9.5%-14.5%)  | 168 |
| <b>----Race/Ethnicity----</b>               |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 17.4% | (5.3%-29.5%)  | 9   | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 26.4% | (12.4%-40.3%) | 24  | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 22.4% | (11.6%-33.1%) | 33  | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 23.7% | (13.4%-34.0%) | 26  | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *   | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 15.8% | (12.9%-18.7%) | 690 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 28.4% | (17.7%-39.2%) | 33  | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who ate vegetables three or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

11:04 Sunday, April 08, 2012

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNFRVG**

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days*

|   | Total |               |       | Female |               |     | Male  |               |     |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 28.5% | (23.7%-33.4%) | 1,504 | 32.5%  | (25.8%-39.2%) | 828 | 25.1% | (21.2%-29.1%) | 672 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |     |
| 10 or younger                               | 33.7% | (26.8%-40.7%) | 466   | 37.7%  | (29.0%-46.4%) | 282 | 29.0% | (23.8%-34.3%) | 184 |
| 11  | 28.7% | (23.5%-34.0%) | 756   | 32.9%  | (25.1%-40.8%) | 415 | 25.0% | (19.5%-30.5%) | 339 |
| 12 or older                                 | 22.6% | (18.0%-27.3%) | 275   | 24.7%  | (19.7%-29.8%) | 131 | 21.1% | (15.5%-26.7%) | 143 |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |     |
| Grade 5                                     | 32.6% | (27.6%-37.6%) | 873   | 37.9%  | (31.5%-44.3%) | 492 | 27.8% | (22.5%-33.2%) | 380 |
| Grade 6                                     | 24.6% | (20.5%-28.7%) | 630   | 27.0%  | (21.4%-32.7%) | 334 | 22.3% | (18.6%-26.1%) | 292 |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 24.8% | (9.0%-40.7%)  | 12    | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 43.4% | (21.5%-65.3%) | 38    | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 44.3% | (31.2%-57.5%) | 61    | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 36.8% | (22.1%-51.5%) | 36    | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 27.3% | (20.4%-34.1%) | 1,088 | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 38.1% | (26.5%-49.6%) | 41    | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNCARIES**

*Presence of Decay Experience (Observed during oral health assessment)*

|   | Total |               |       | Female |               |     | Male  |               |     |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 39.5% | (29.0%-50.0%) | 1,159 | 42.6%  | (33.9%-51.2%) | 631 | 36.6% | (23.3%-49.8%) | 528 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |     |
| 10 or younger                               | 42.3% | (32.9%-51.7%) | 671   | 49.7%  | (42.1%-57.4%) | 434 | 33.2% | (19.9%-46.5%) | 237 |
| 11  | 36.7% | (24.5%-48.9%) | 488   | 32.3%  | (16.9%-47.7%) | 197 | 41.1% | (28.8%-53.4%) | 290 |
| 12 or older                                 | *     | *             | *     | *      | *             | *   | *     | *             | *   |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |     |
| Grade 5                                     | 39.5% | (29.0%-50.0%) | 1,159 | 42.6%  | (33.9%-51.2%) | 631 | 36.6% | (23.3%-49.8%) | 528 |
| Grade 6                                     | *     | *             | *     | *      | *             | *   | *     | *             | *   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | 57.2% | (0.1%-100.0%) | 13    | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 26.7% | (0.0%-62.4%)  | 13    | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 27.8% | (23.1%-32.4%) | 17    | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 31.6% | (0.0%-64.2%)  | 20    | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 40.7% | (30.1%-51.4%) | 927   | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 17.7% | (0.0%-36.2%)  | 10    | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Presence of Decay Experience (Observed during oral health assessment) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNCAVIT**

*Presence of Untreated Cavities (Observed during oral health assessment)*

|   | Total |              |     | Female |              |    | Male |              |     |
|---|-------|--------------|-----|--------|--------------|----|------|--------------|-----|
|   | %     | CI           | N   | %      | CI           | N  | %    | CI           | N   |
| Total                                       | 7.5%  | (1.0%-14.0%) | 221 | 5.7%   | (1.0%-10.5%) | 83 | 9.3% | (1.2%-17.4%) | 138 |
| <b>----Age----</b>                          |       |              |     |        |              |    |      |              |     |
| 10 or younger                               | 8.9%  | (1.0%-16.8%) | 142 | 8.6%   | (0.0%-17.4%) | 73 | 9.3% | (2.3%-16.3%) | 69  |
| 11  | 5.9%  | (0.5%-11.4%) | 79  | 1.7%   | (0.1%-3.3%)  | 10 | 9.6% | (0.0%-19.6%) | 69  |
| 12 or older                                 | *     | *            | *   | *      | *            | *  | *    | *            | *   |
| <b>----Grade----</b>                        |       |              |     |        |              |    |      |              |     |
| Grade 5                                     | 7.5%  | (1.0%-14.0%) | 221 | 5.7%   | (1.0%-10.5%) | 83 | 9.3% | (1.2%-17.4%) | 138 |
| Grade 6                                     | *     | *            | *   | *      | *            | *  | *    | *            | *   |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |              |    |      |              |     |
| American Indian or Alaskan Native**         | 28.6% | (0.0%-58.4%) | 7   | ^      | ^            | ^  | ^    | ^            | ^   |
| Asian**                                     | *     | *            | *   | ^      | ^            | ^  | ^    | ^            | ^   |
| Black or African American**                 | *     | *            | *   | ^      | ^            | ^  | ^    | ^            | ^   |
| Hispanic                                    | 10.5% | (0.0%-26.5%) | 7   | ^      | ^            | ^  | ^    | ^            | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^            | ^  | ^    | ^            | ^   |
| White**                                     | 6.9%  | (0.1%-13.8%) | 159 | ^      | ^            | ^  | ^    | ^            | ^   |
| Multiple races**                            | 11.8% | (0.0%-27.1%) | 7   | ^      | ^            | ^  | ^    | ^            | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Presence of Untreated Cavities (Observed during oral health assessment) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNSEAL**

*Presence of Sealants (Observed during oral health assessment)*

|   | Total |               |       | Female |               |     | Male  |               |     |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N     | %      | CI            | N   | %     | CI            | N   |
| Total                                       | 38.5% | (21.7%-55.2%) | 1,134 | 40.7%  | (19.5%-61.9%) | 604 | 35.8% | (20.8%-50.7%) | 521 |
| <b>----Age----</b>                          |       |               |       |        |               |     |       |               |     |
| 10 or younger                               | 37.9% | (23.4%-52.3%) | 600   | 44.0%  | (20.5%-67.5%) | 384 | 30.4% | (15.9%-44.8%) | 217 |
| 11  | 38.6% | (18.7%-58.6%) | 518   | 36.1%  | (16.7%-55.5%) | 220 | 40.0% | (19.3%-60.8%) | 288 |
| 12 or older                                 | *     | *             | *     | *      | *             | *   | *     | *             | *   |
| <b>----Grade----</b>                        |       |               |       |        |               |     |       |               |     |
| Grade 5                                     | 38.5% | (21.7%-55.2%) | 1,134 | 40.7%  | (19.5%-61.9%) | 604 | 35.8% | (20.8%-50.7%) | 521 |
| Grade 6                                     | *     | *             | *     | *      | *             | *   | *     | *             | *   |
| <b>----Race/Ethnicity----</b>               |       |               |       |        |               |     |       |               |     |
| American Indian or Alaskan Native**         | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| Asian**                                     | 46.7% | (20.0%-73.3%) | 24    | ^      | ^             | ^   | ^     | ^             | ^   |
| Black or African American**                 | 61.1% | (54.6%-67.7%) | 37    | ^      | ^             | ^   | ^     | ^             | ^   |
| Hispanic                                    | 52.6% | (16.6%-88.7%) | 34    | ^      | ^             | ^   | ^     | ^             | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *             | *     | ^      | ^             | ^   | ^     | ^             | ^   |
| White**                                     | 37.2% | (22.8%-51.7%) | 852   | ^      | ^             | ^   | ^     | ^             | ^   |
| Multiple races**                            | 29.5% | (2.8%-56.1%)  | 17    | ^      | ^             | ^   | ^     | ^             | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

^Data by gender and race/ethnicity are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Presence of Sealants (Observed during oral health assessment) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Cumberland PHD (weighted)**  
**QNTREAT**

*Early / Urgent Dental Care Needed (Observed during oral health assessment)*

|   | Total |              |     | Female |              |     | Male  |              |     |
|---|-------|--------------|-----|--------|--------------|-----|-------|--------------|-----|
|   | %     | CI           | N   | %      | CI           | N   | %     | CI           | N   |
| Total                                       | 10.1% | (0.0%-21.1%) | 300 | 10.1%  | (0.0%-20.4%) | 150 | 10.1% | (0.0%-22.2%) | 150 |
| <b>----Age----</b>                          |       |              |     |        |              |     |       |              |     |
| 10 or younger                               | 12.2% | (0.0%-26.0%) | 196 | 14.6%  | (0.0%-31.5%) | 127 | 9.3%  | (0.0%-20.6%) | 69  |
| 11  | 7.8%  | (0.0%-16.3%) | 104 | 3.8%   | (0.6%-7.0%)  | 23  | 11.3% | (0.0%-24.8%) | 81  |
| 12 or older                                 | *     | *            | *   | *      | *            | *   | *     | *            | *   |
| <b>----Grade----</b>                        |       |              |     |        |              |     |       |              |     |
| Grade 5                                     | 10.1% | (0.0%-21.1%) | 300 | 10.1%  | (0.0%-20.4%) | 150 | 10.1% | (0.0%-22.2%) | 150 |
| Grade 6                                     | *     | *            | *   | *      | *            | *   | *     | *            | *   |
| <b>----Race/Ethnicity----</b>               |       |              |     |        |              |     |       |              |     |
| American Indian or Alaskan Native**         | 28.6% | (0.0%-58.4%) | 7   | ^      | ^            | ^   | ^     | ^            | ^   |
| Asian**                                     | *     | *            | *   | ^      | ^            | ^   | ^     | ^            | ^   |
| Black or African American**                 | 11.1% | (9.2%-13.0%) | 7   | ^      | ^            | ^   | ^     | ^            | ^   |
| Hispanic                                    | 15.8% | (0.0%-35.9%) | 10  | ^      | ^            | ^   | ^     | ^            | ^   |
| Native Hawaiian or Other Pacific Islander** | *     | *            | *   | ^      | ^            | ^   | ^     | ^            | ^   |
| White**                                     | 9.5%  | (0.0%-21.2%) | 219 | ^      | ^            | ^   | ^     | ^            | ^   |
| Multiple races**                            | 11.8% | (0.0%-27.1%) | 7   | ^      | ^            | ^   | ^     | ^            | ^   |

\*Estimate suppressed due to small cell sizes. \*\*Non-Hispanic

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CI = 95% Confidence Interval

N = Early / Urgent Dental Care Needed (Observed during oral health assessment) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.