

CESN 2012 Quick Reference Guide

Underage Drinking (12-20 year olds)															
					Public Health Districts										
Population	Source	Type	Indicator	Year(s)	Aroos-took	Central	Cumber-land	Down-east	Mid-coast	Penquis	Western	York	Maine		
7th - 8th grade	MIYHS	Consumption	Past 30 day alcohol use (any)	2009	11%	11%	9%	8%	10%	10%	9%	10%	10%		
				2011	5%	7%	6%	7%	9%	6%	6%	6%			
Past 30 day alcohol use (any)			2009	32%	31%	32%	32%	35%	31%	30%	30%	30%	32%	32%	
			2011	27%	26%	29%	24%	30%	30%	27%	29%	29%	28%		
Past 30 day binge (5 or more drinks on at least one occasion) drinking		2009	19%	19%	19%	22%	21%	18%	18%	18%	18%	18%	19%		
		2011	16%	16%	17%	15%	18%	19%	16%	17%	17%	17%			
9th-12th		MIYHS	Risk and Protector	Students who thought they would you be caught by their parents for drinking?	2009	44%	43%	42%	43%	42%	42%	42%	40%	42%	
					2011	47%	45%	43%	45%	41%	43%	44%	42%	43%	
				Students who thought they would you be caught by the police for drinking?	2009	13%	15%	16%	13%	14%	13%	15%	13%	14%	14%
					2011	14%	16%	17%	16%	14%	14%	16%	14%	15%	
	Percieved harm from binge drinking once or twice a week.			2009	75%	71%	76%	67%	73%	70%	72%	76%	73%		
				2011	80%	78%	80%	77%	77%	78%	80%	78%			
	Students who percieved it to be asy to access alcohol		2009	70%	66%	69%	68%	67%	68%	67%	71%	68%			
			2011	66%	66%	69%	65%	68%	68%	65%	69%				
	Students who reported feeling so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		2009	23%	22%	20%	23%	23%	22%	22%	23%	22%			
			2011	23%	22%	21%	23%	25%	22%	24%	24%				
Consequence	Students who reported drinking and driving	2009	6%	6%	6%	8%	8%	7%	7%	7%	7%				
		2011	6%	4%	5%	4%	5%	6%	5%	5%					
	Students who reported riding with a driver who was under the influence of drugs or alcohol	2009	16%	22%	22%	24%	23%	22%	23%	25%	22%				
		2011	19%	20%	23%	18%	23%	22%	21%	24%					

	Significant improvement (5+ point change)
	Some improvement
	Little to no change
	Setback
	Significant setback (5+ point change)
	Cannot trend
	Data unavailable

Underage Drinking Continued

	YRBSS	Consumption	Past 30 day alcohol use (any)	2009											32%		
				2011												29%	
			Past 30 day binge (5 or more drinks on at least one occasion) drinking	2007													23%
				2011													16%
		Risk and Protector	Students reporting having their first drink before age 13	2009												20%	
				2011											16%		
18 to 20 year	BRFSS	Consumption	Past 30 day alcohol use (any)	2009											25%		
				2010												27%	
			Those who reported heavy drinking (two or more drinks everyday)	2009													1%
				2010													3%
		Past 30 day binge (5 or more drinks on at least one occasion) drinking	2009													12%	
			2010													13%	
Risk and Protector	Depression	2009												21%			
				2010											20%		
12 to 20 year	NSDUH	Consumption	Past 30 day alcohol use (any)	2007-08											28%		
				2008-09												27%	
			Past 30 day binge (5 or more drinks on at least one occasion) drinking	2007-08													19%
				2008-09													17%
		Past 30 day alcohol use (any)	2006-08	28%*	24%	31%	29%*	28%	32%	29%	30%					29%	
Past 30 day binge (5 or more drinks on at least one occasion) drinking	2006-08	20%*	15%	22%	20%*	18%	23%	17%	20%					20%			
All Ages	UCR	Consequence	Alcohol-related crime rate per 10,000 residents	2009	64.8	94.6	91.4	83.9	79.6	95.4	87.1	114.5	94.2				
				2010	64.6	87.8	84.6	85.8	67.8	82.5	82.5	103.6	84.4				
	MHDO		Outpatient hospital visits due to alcohol per 10,000 residents	2008	35	54	253	94	68	80	65	179	123				
				2009	35	51	232	117	67	84	73	163	119				
	TDS		Percent of primary treatment admission due to alcohol	2010	43%	44%	44%	41%	42%	40%	49%	54%	45%				
				2011	41%	37%	36%	34%	39%	32%	40%	51%	39%				
	MDOT		Alcohol/Drug related crash rate per 10,000 residents	2010	8.8	6.5	10.8	13.7	10.9	7.3	10.0	12.3	10.4				
				2011	5.4	9.1	8.3	11.9	10.0	9.2	7.7	9.3	8.9				
16-25 year olds		Number of annual alcohol and/or drug related car crashes among Maine's 16-25 year olds	2011												336		

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*Due to small sample sizes, Aroostook and Downeast Public Health District (which consists of Washington County and Hancock County) were combined to produce this estimate.

Prescription Drugs (12-25 year olds)

Population	Source	Type	Indicator	Year(s)	Aroos-took	Central	Cumber-land	Down-east	Mid-coast	Penquis	Western	York	Maine	
7th - 8th grade	MIYHS	Consumption	Past month misuse of prescription drugs	2009	4%	5%	5%	4%	4%	5%	4%	5%	5%	
				2011	2%	3%	3%	2%	4%	3%	4%	4%	3%	
Past month misuse of prescription drugs			2009	6%	8%	8%	9%	9%	9%	9%	9%	10%	9%	
			2011	5%	7%	7%	5%	9%	8%	7%	8%	7%		
Lifetime misuse of prescription drugs		2009	14%	17%	17%	16%	18%	18%	19%	20%	18%			
		2011	12%	14%	15%	13%	17%	15%	14%	17%	15%			
9th-12th Graders	Risk and Protector	Students who reported that they believed misuse of prescription drugs was harmful	2009	87%	82%	82%	84%	83%	83%	80%	82%	82%		
			2011	87%	85%	85%	85%	85%	86%	84%	87%	85%		
18-25 year olds	BRFSS	Consumption	Past month misuse of prescription drugs	2009									7%	
				2010										4%
	Past year misuse of prescription		2009											13%
			2010											7%
NSDUH	Past Year Nonmedical Pain Reliever Use	2006-07											12%	
		2008-09											14%	
12-17 year olds	NSDUH	Past Year Nonmedical Pain Reliever Use	2006-07										7%	
			2008-09										7%	
All Ages	OCME	Consequence	Number of deaths due to substance abuse or overdose per 100,000 residents	2008	7.0	9.3	17.7	12.8	7.3	17.4	9.8	11.9	12.4	
				2010	5.6	16.6	13.8	10.3	8.1	15.7	11.7	12.2	12.6	
	Number of deaths due to pharmaceuticals		2008											155
			2010											161
	MHDO		Outpatient hospital visits (per 10,000) due to opiates	2008	33	164	249	336	128	661	85	128	229	
				2009	35	198	295	568	138	696	94	159	271	
TDS	Primary Treatment Admissions due to synthetic opiates	2010	30%	32%	25%	41%	32%	38%	18%	19%	29%			
		2011	33%	33%	28%	48%	33%	44%	25%	21%	32%			

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Marijuana (12-25 year olds)

Population	Source	Type	Indicator	Year(s)	Aroos-took	Central	Cumber-land	Down-east	Mid-coast	Penquis	Western	York	Maine	
7th-8th Grade	MIYHS	Consumption	Past 30 day use of Marijuana	2009	5%	7%	6%	5%	5%	6%	6%	6%	6%	
				2011	4%	6%	4%	3%	5%	4%	6%	5%	5%	
9th-12 Grade		Consumption	Past 30 day use of Marijuana	2009	16%	21%	22%	23%	24%	21%	22%	24%	22%	
				2011	17%	21%	23%	20%	25%	21%	22%	24%	22%	
		Risk and Protector	Students who reported it would be easy to access Marijuana	2009	51%	57%	55%	55%	59%	60%	59%	61%	58%	
				2011	50%	56%	58%	56%	59%	58%	58%	61%	58%	
			Students who reported regular use of Marijuana would harm them	2009	70%	61%	62%	59%	59%	58%	60%	60%	60%	
				2011	64%	55%	57%	58%	53%	55%	55%	55%	56%	
			Students who felt their parents would think it was wrong for them to smoke marijuana	2009	93%	86%	88%	86%	84%	87%	85%	85%	87%	
				2011	90%	86%	86%	85%	83%	88%	85%	85%	86%	
Students who thought a kid would be caught by the police	2009	30%	26%	28%	23%	23%	23%	25%	23%	25%				
	2011	29%	25%	26%	24%	22%	24%	23%	23%	25%				
18-25 year olds	BRFSS	Consumption	Past 30 day use of Marijuana	2007									13%	
	2010												18%	
12 to 17 year olds	NSDUH	Consumption	Past 30 day use of Marijuana	2007-08									9%	
				2008-09									8%	
		Past year use of Marijuana	2007-08										16%	
			2008-09										14%	
Risk and Protector		Perception of Great Risk of Smoking Marijuana Once a Month	2007-08										29%	
			2008-09										29%	
18 to 25 year olds		Consumption	Past 30 day use of Marijuana	2007-08										23%
				2008-09										26%
	Past Year use of Marijuana	2007-08											36%	
		2008-09											40%	
Protector Factors	Young adults who percieved a great risk of smoking marijuana once a month	2007-08											15%	
		2008-09											15%	

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