

**Maine Department of Health and Human Services  
Office of Substance Abuse and Mental Health Services  
Certified Intentional Peer Support (CIPS) Program Core Training Application**

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Town/city: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: Day: \_\_\_\_\_ Evening: \_\_\_\_\_

Are you 18 years of age or older? YES \_\_\_ NO \_\_\_

Can you identify yourself as a person who has experienced a mental health challenge that has seriously impacted your life and relationships for an extended period of time?

YES \_\_\_ NO \_\_\_

What is the highest level of education you have completed?

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|--|---|
| <input type="radio"/> 8 <sup>th</sup> grade or less    | <input type="radio"/> Technical school graduate |
| <input type="radio"/> Some high school                 | <input type="radio"/> Associate degree          |
| <input type="radio"/> High school graduate or GED      | <input type="radio"/> College graduate          |
| <input type="radio"/> Some technical school or college | <input type="radio"/> Postgraduate degree       |

Have you completed Peer Support 101? YES \_\_\_ NO \_\_\_ Date of Training \_\_\_\_\_

***and / or***

Have you completed Healthy Connections? YES \_\_\_ NO \_\_\_ Date of Training \_\_\_\_\_

**Personal Commitment**

Maine's Certified Intentional Peer Support Program requires a significant commitment of time and energy. The initial commitment involves completion of a web-based training and 9 days of classroom training. Substantial amounts of reading, homework, review worksheets, full classroom participation and a written proficiency test will be required before the conclusion of the Core Training. Please consider your ability to commit time and energy to this project before applying.

Do you plan to pursue certification as a Certified Intentional Peer Support Specialist (CIPSS) YES \_\_\_ NO \_\_\_

If no – are you interested in the possibility? YES \_\_\_ NO \_\_\_

Preference will be given to persons who are currently employed/volunteering or have an offer of employment in a peer support position that requires Intentional Peer Support Specialist Certification.

Are you currently volunteering? YES \_\_\_ NO \_\_\_

Are you currently employed? YES \_\_\_ NO \_\_\_

If not, have you received an offer of employment if trained? Please explain.

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Is this training and certification a requirement for your employment? YES \_\_\_ NO \_\_\_

Please list contact information of your current or potential employer or volunteer coordinator:

Agency or Company name \_\_\_\_\_

Supervisor \_\_\_\_\_

Telephone number \_\_\_\_\_

Email address \_\_\_\_\_

Do you work within any of the following programs (circle one)?

Warm Line      Respite      Emergency Department      Behavioral Health Home

ACT      PATH      State Hospital      Other \_\_\_\_\_

Have you received any peer support training through your **current** employer or volunteer work? YES \_\_\_ NO \_\_\_

Have you already attended any co-reflections through the CIPS Program? YES \_\_\_ NO \_\_\_

I completed this application myself..... YES \_\_\_ NO \_\_\_

Someone assisted me to complete this application..... YES \_\_\_ NO \_\_\_

Someone else completed this application for me..... YES \_\_\_ NO \_\_\_

Accommodations Requested: \_\_\_\_\_

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I understand that all sessions are mandatory.  
 I commit to participate in the training to the fullest extent of my abilities.  
 I attest that all answers in this application are true to the best of my knowledge.

**I understand that if I write illegibly or if my answers are only a couple of words or a single sentence, that may lower my score** (we do not need essays, but we need at least a few sentences to get a sense of where you are coming from and your readiness for this training).

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please answer each of the following questions, and remember there are no right or wrong answers. We expect you to be thoughtful and thorough: the questions are intended to inform the committee of your personal perspective.

**Some questions have two parts, scored separately, and a complete answer reflects your skills and experiences. Unanswered questions result in a score of 0.**

If you need additional space for your answers, please include attachments as necessary.

1. A. Please list any classes or training you have taken (other than Peer Support 101 or Healthy Connections) that relate to your understanding of wellness, resiliency, recovery, and/or peer support.

Name of Training	Topics Covered	Date (s)	Who provided the training?

B. Please list any relevant support groups you've been involved in as a participant (not solely as a facilitator or group leader).

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2. How do you imagine this training could impact personal life and relationships?

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3. Please describe how you relate to others with different backgrounds and viewpoints, **and** give an example:

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4. What do you think creates well-being for people?

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5. Many of us have found traditional mental health services helpful, such as Medication Management, Therapy, Day Support, Intensive Outpatient, CBT, DBT, Partial Hospitalization; etc. For this question, we would like you to tell us what you do for **your** overall wellbeing, outside of traditional services, **and** how it is helpful?

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6. Can you describe a turning point or transformational experience that helped you through a specific mental health challenge, **and** how long ago did that take place?

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7. Please describe how you envision using your experience in practicing peer support with other individuals, **and** how it might impact the larger community?

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8. Describe an activity you have been involved in that represents commitment **and** follow through.

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9. What will be your greatest challenge in attending and participating in the training **and** how will you address that challenge?

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Please return this completed application together with three personal references using the form provided to the address shown below. If you are working or volunteering, at least one of these references must be from a supervisor. Each reference should complete the form, seal it in an envelope, sign his/her name across the seal outside the envelope, and return it to the applicant so it can be included in one package with the application.

Application packages should be mailed to Recovery Team/SAMHS at the following address:

ATTN: CIPS Program  
Recovery Team/SAMHS  
41 Anthony Avenue  
SHS 11  
Augusta, ME 04333-0011

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