

**Substance Abuse Services Commission
Meeting of November 18, 2015
DHHS Building, 41 Anthony Avenue, Augusta, Maine
Conference Room C**

ATTENDANCE

Members Present:

Peter McCorison, Provider, Aroostook County, Chair for SASC
Robert Rogers, Kennebec Behavioral Health (Phone)
Matthew Braun, Recovery
Tim Cheney, Education, Choopers Guide

Members Absent/Excused:

Scott Gagnon, Director, AdCare Maine
Bill Lowenstein, Pres. Of the Board of Dir. of Sexual Assault & Response Services
Irene Laney, Clinician in Private Practice
Ann Giggey, Hope House
Darren Ripley, MAAR
Rep. Adam Goode
Rep. Richard Malaby
Rep. Patricia Hymanson
Rep. Peter Stuckey
Diehl Snyder, MD

Office of Substance Abuse and Mental Health Services:

Amy Mayhew, Treatment Specialist, SAMHS, Representing Geoff Miller, Associate Director,
Prevention & Intervention, SAMHS

Guests:

Deborah Doiron, Recorder, AdCare Maine
Amy Mayhew, Treatment Specialist, SAMHS

**Substance Abuse Services Commission Meeting
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DHHS Building, 41 Anthony Avenue, Augusta, Maine
Conference Room C**

NOVEMBER MINUTES

DRAFT Date:	November 20, 2015	SASC Approved:	
Signed: Recorded by: Deborah Doiron & Scott Gagnon AdCare Maine			

Meeting Convened: 9:00 A.M.

Adjourned: 12:00 AM

Meeting Convened: By Peter McCorison, Chair of the SASC

Agenda:

- Introductions and Public Comments, Review of the June, July, September and October Minutes

New Business:

- SAMHS Update, Amy Mayhew, Treatment Specialist, SAMHS, Representing Geoff Miller, Associate Director
- US Attorney General/Maine Medical Association – Task Force appointments for Prevention/Education Task Force and the Treatment Task Force – an overview of work to be completed by these task force groups. Reporting to the Commission on these task forces will be Peter McCorison and Rob Rogers.

BREAK 10 Min.

Old Business:

- Update on Commission Membership List
- Prepare Agenda Items for meeting on December 9, 2015

Meeting Adjourned: 10:30

November 18, 2015 SASC Meeting DRAFT Summary

Peter McCorison, Chair of the SASC Introductions, Public Comment, and Meeting Minutes Review

Peter McCorison welcomed new members Tim Cheney and Matthew Braun and thanked members and guests for coming to the meeting. Introductions were given (see below). Peter asked if there were any public comments from the community. There were no public comments. Peter asked if there were any additions people wanted to include with this agenda. Peter and Matt made additions to the agenda. These topics included: USM Collegiate Recovery; Healthy Maine Partnerships and funds; and 1115 Waiver to the agenda.

Introductions and descriptions of credentials were given by current and new members and SAMHS representative:

Rob Rogers began by stating he works for Kennebec Behavioral Health. His office is located in Skowhegan, but there are many other locations in the State. He is a substance abuse treatment provider, but is mostly doing Substance Abuse Prevention work now; Public Health, Healthy Maine Partnerships, Marijuana Initiative; Prevention & Education Task Force;

Matt Braun introduced himself as a person in recovery since 2009. When he entered a 12-step program in 2009 he became very passionate about recovery. He found that some of his ideas weren't being expressed at the local level though, so he started going into the schools in an attempt to help adolescents see the challenges they may face with alcohol and drug addictions. He had worked at SAMHS in the past, but has since changed jobs. Matt would like to see recovery and prevention organizations doing more collaboration. Matt is now involved with the US Attorneys Prevention Task Force, where he is hoping to bring more of a voice of recovery to the table. He is also involved with recovery advocacy in York County where he recently opened a chapter in Biddeford.

Tim Cheney introduced himself as a person in recovery for 34 years. He is co-founder and managing partner of Choopers Guide, the largest addiction resource in the world. He is on the Executive Board of Faces & Voices in Recovery; President of Floridians of Recovery; a member of Kennedy Forum; Strategic Tech Advisor to Orion Bionetworks, a neuro science group; C4 Recovery Solutions; Advocate; also involved with NIDA; he loves to do things, so would like to be a part of making an impact.

Peter McCorison, introduced himself as a person in long term recovery. Peter currently works at the provider agency Aroostook Mental Health Center (AMHC). He is the Program Director of Behavioral Health Services, Aroostook location. He has also been a member with the SASC for a number of years. Peter is currently the Chairperson for the SASC.

Amy Mayhew stated that she is Contract Administrator for all the MaineCare agreements, so she is aware of the funding for each program. She knows there is an issue about managing funds. Amy states that SAMHS is currently looking at ways to be sure the funds being provided to the programs are reaching the clients. Amy also states she oversees the Treatment Agreements for

the State of Maine Drug Treatment Courts, which includes Adult Treatment, Family, Veterans and Co-occurring Courts. SAMHS is currently undergoing a revamp of this system for treatment and case management components. She announced there will be an RFP released in December regarding securing support in the judicial system to educate. Amy also covers the State of Maine Prison providers at five locations. SAMHS is in process of revamping the current treatment being provided at the programs.

Review of June, July, September and October SASC Minutes: Due to the lack of a quorum, the review and approval of the June, July, September and October minutes was moved forward to the next scheduled meeting on December 9, 2015.

Conclusions or Actions and Responsible Lead Person; timeline if applicable:

Deborah Doiron will make additional corrections if needed to the June, July, September, October November minutes when members meet in December.

NEW BUSINESS – November Agenda

- **SAMHS Update, Amy Mayhew, Substance Abuse Treatment Specialist, SAMHS, Representing Geoff Miller, Associate Director, SAMHS**
 - 1) **Update on a meeting with Dr. Christopher Pezzullo** – Dr. Christopher Pezzullo did an interview with SAMHS regarding the Drug Treatment Courts in the State of Maine. Dr. Pezzullo will be presenting the report today at the Treatment Task Force meeting. This report will be posted and available to the public. Dr. Pezzullo will be making some recommendations. Amy stated that there will be some changes in fiscal year 2017 with our treatment providers. Dr. Pezzullo will be concentrating on the MAT components and making some recommendations on training for the judicial branch.
 - 2) **SAMHS Initiatives** – Working right now on an initiative to educate our treatment providers, mainly the primary care physicians with integrating MAT into their treatment of patients.

Peter McCorison, Chair, stated the Substance Abuse Services Commission (SASC) would like to formally request that SAMHS make a formal request from SAMHSA for technical assistance on Medicated Assisted Treatment/Recovery (MAR). As an aside, Tim Cheney mentioned that his organization is re-opening the MAT program in Sanford, Maine that had recently closed.

- **1115 Medicaid Waiver** – Peter mentioned that this waiver would allow states to manage medicaid funds differently around residential services. Peter would like to formally request that SAMHS look into this waiver and see if it could be a way to expand residential services in Maine. Peter feels that we should explore this as a possible funding resource. He states the challenges right now are getting people into a detox. He feels with the opiate detox issue, the social detox route could be a viable support

mechanism. He believes it could be a way to receive funds to support more social detox programs. Peter states the social detox programs are a lower level of care and can be performed at a lower cost. These social detox programs would at least give people a place they could go and receive some level of care and support.

Tim Cheney mentioned that his program is opening a 22 bed Medication Assisted Recovery House in January of 2016. The individuals in this program will participate in three phases – 1) stabilization of the individual, while they are receiving medication assisted treatment; 2) individuals and the clinicians working together – clinician encouraging and empowering the client to make good choices; individuals will initially attend IOP's. The program will also offer recovery meetings, vocational and educational assessments; short term and long term treatment plans with a continuum of care; and then take 3) the next step of living in a ¾ halfway house. Tim states they also have a medical director on board for his program.

- **US Attorney General/Maine Medical Association – Task Force appointments for Prevention/Education Task Force and Treatment Task Force – an overview of work to be completed by these task force groups. Reporting to the Commission on these task forces will be Rob Rogers and Peter McCorison.**

Discussions:

Rob Rogers – Prevention Task Force Work: Rob stated that the Prevention Task Force has had two meetings so far. A drop box has been created where information is being compiled. Members have been assigned certain tasks - identifying what is already in existence; getting an understanding from members of what their definition of prevention and harm reduction is. The Prevention Task Force consists of doctors; a few certified prevention specialists; people involved with the syringe exchange program. They are looking into how many drug free communities there are and then will be working on their next steps. Eric Haram and Bill Patterson gave a presentation at the Prevention Conference last week and were able to run an impromptu focus group. The focus group discussed what they saw as the biggest issues needing to be addressed immediately. They were also able to collect some data from the 80 people who attended the Prevention Conference.

Peter McCorison – Treatment Task Force Work: Dr. Mark Publicker and Pat Kimball from Wellspring have convened two meetings. The first meeting was a getting to know each other scenario. The discussions were very broad. The second meeting was much more focused and developed a collection of issues to focus on. The third meeting for the Treatment Task Force is today in Augusta. The Treatment Task Force has decided to hold some open public meetings in various locations, in the State of Maine. They want to engage the public and receive feedback on specific needs and ideas on how to cope with these issues. The Treatment Task Force will be sorting out where and when these public forums will take place and then move forward. Peter stated there seems to be a strong focus on evidence based practice. There was also discussion of what the State of Maine could do to engage the community and expand evidence based treatment. These services will need to be integrated both on the physical and behavioral health components. Peter states the task force will have to receive support from SAMHS. Amy Mayhew stated that SAMHS has an initiative going on right now to engage medical treatment providers. Tim

Cheney gave an explanation of a pilot project the University of Washington did with acute depression, where they integrated physical and behavioral health with primary care providers. Peter McCorison states the Treatment Task Force had discussions about how long this process would take to come to a conclusion and solutions. Rob states Prevention is meeting every two weeks. Peter commented that the task forces can't take a long time to work out these serious and immediate issues. Peter stated that there is already a playbook and we need to identify what will work for Maine and then create concrete ideas, as to how we can operationalize it and then offer this to the Governor and Roger Katz.

Rob Rogers – Reporting out on Healthy Maine Partnerships – fact findings from the house on funding – right now all he knows regarding agencies are that they have different grants and all of the grants have been realigned to end on June 30th. The RFP for the Healthy Maine Partnerships has not been advertised yet, so he doesn't know what changes there may be under this new proposal.

Rob Rogers informed the group that he and Dr. Anne Dorney recently gave a presentation in Skowhegan on opiate addiction. They had 68 people from the community attend the presentation. As a result, they received new information on a new Nar-Non Meeting being held in the Skowhegan area, where in the past people had to travel to Bangor for these same meetings.

Other Recovery topics discussed:

Narcon Training Suggestions – 1) reaching out to all physicians, sheriffs and state troopers; 2) coordinate locally with the Prevention Team and the Sheriff's Office to gather a large audience to educate; 3) having a peer present this training and education;

Commission's Role – The SASC was created under State Statue and has no funding source. The SASC stands at the ready to support the Governor, Representatives and the State of Maine with information and to act on requests for information and to engage the four pillars of Prevention, Intervention, Treatment and Recovery. The Commission also has a role to task SAMHS with work requests, as stated in the Statue, which ensures that SAMHS will be responsive to the Governor's SASC Commission. These are the responsibilities and tasks of the SASC. In the past, there have been work requests from SAMHS for the Commission and work requests from the Commission to SAMHS. Peter discussed the completed work requests, such as the PMP project and the unfinished work requests that the Commission has tasked SAMHS with previously that have not been completed.

BREAK: No break

OLD BUSINESS:

- **Update on Commission Membership List: Currently, all Commission Memberships have been halted.**

Peter McCorison connected with Scott VanOrman, who provided Peter with an updated list. Scott VanOrman is working to fill all the vacant seats on the Commission. Peter stated that as of right now, the Commission has four individuals from the House and two individuals from the Senate that were appointed by the leadership. We also have members from the treatment and recovery community. The Commission is currently looking for persons to fill the Attorney, Education Practitioner, First and Secondary, and a Post-secondary prevention position. The major areas of focus for this year for the Commission will be the Opiate Challenge (MAT), Marijuana and Recovery. Rob Rogers stated that he could reach out to a contact at UMF regarding their certificate program in addiction and see if someone would be interested in one of the educational slots on the Commission. New members are as follows: Rep. Patricia Hymanson, Tim Cheney, and Matthew Braun. There was an announcement that Ann Dorney's application was rejected.

Conclusions or Actions and Responsible Lead Person:

Peter McCorison will continue to be in contact with Scott VanOrman regarding adding the new members to the Commission.

- **Prepare Agenda Items for meeting on December 9, 2015**
Starting in January – June, 2016 the meetings will be held at the Burton Cross Building in Conference Room 400; Preliminary Agenda wasn't developed at this meeting.

Meeting Adjourned: 10:30

Next Meeting Location:

DHHS Building, 41 Anthony Avenue, Augusta, Me.
Conference Room C
Wednesday, December 9, 2015
9:00 AM to 12:00 Noon