

**Substance Abuse Services Commission
Meeting of December 9, 2015
DHHS Building, 41 Anthony Avenue, Augusta, Maine
Conference Room C**

ATTENDANCE

Members Present:

Peter McCorison, Provider, Aroostook County, Chair for SASC
Robert Rogers, Kennebec Behavioral Health (Phone)
Matthew Braun, Young People in Recovery
Tim Cheney, Education, Choopers Guide
Bill Lowenstein, Pres. Of the Board of Dir. of Sexual Assault & Response Services
Scott Gagnon, Director, AdCare Maine (Phone)
Irene Laney, Clinician in Private Practice
Darren Ripley, MAAR (Phone)
Ann Giggey, Hope House (Phone)
Rep. Patricia Hymanson

Members Absent/Excused:

Rep. Adam Goode
Rep. Richard Malaby
Rep. Peter Stuckey
Diehl Snyder, MD

Office of Substance Abuse and Mental Health Services:

Geoff Miller, Associate Director, Prevention & Intervention, SAMHS

Guests:

Deborah Doiron, Recorder, AdCare Maine

**Substance Abuse Services Commission Meeting
December 9, 2015
DHHS Building, 41 Anthony Avenue, Augusta, Maine
Conference Room C**

DECEMBER MINUTES

DRAFT Date:	December 14, 2015	SASC Approved:	
Signed: Recorded by: Deborah Doiron & Scott Gagnon AdCare Maine			

Meeting Convened: 9:00 A.M.

Adjourned: 12:00 AM

Meeting Convened: By Peter McCorison, Chair of the SASC

Agenda:

- Introductions and Public Comments, Review of the June, July, September, October and November Minutes

New Business:

- SAMHS Update, Geoff Miller, Associate Director
- US Attorney General/Maine Medical Association – Task Force appointments for Prevention/Education Task Force and the Treatment Task Force – an overview of work to be completed by these task force groups. Reporting to the Commission on these task forces will be Peter McCorison, Rob Rogers and Scott Gagnon.

BREAK 10 Min.

Old Business:

- Update on Commission Membership List
- Prepare Agenda Items for meeting on January 13, 2015

Meeting Adjourned: 12:00

December 9, 2015 SASC Meeting DRAFT Summary

Peter McCorison, Chair of the SASC

Introductions, Public Comment, and Meeting Minutes Review

Peter McCorison welcomed the Commission members and thanked members and guests for attending the meeting. Introductions were given. Peter asked if there were any public comments from the community. There were no public comments. Peter asked if there were any additions people wanted to include with this agenda. Matt Braun added an additional topic to the agenda. Matt asked to discuss Senator King's Co-sponsored bills.

Review of June, July, September, October and November SASC Minutes: Bill Lowenstein motioned to accept all of the previous minutes listed above. Irene Laney seconded the motion and the minutes were approved for the months of June, July, September, October and November.

Conclusions or Actions and Responsible Lead Person; timeline if applicable:

Deborah Doiron will make any necessary corrections, if needed and then forward the approved electronic copies of the June, July, September, October and November minutes to Anne Rogers for posting to the SAMHS web site section for the SASC.

Note to Geoff from last month's minutes – where the members talked about requesting SAMHS to seek technical assistance from SAMHSA on the issue of MAT in the state of Maine and bringing in external resources and support for the state and expanding access to MAT/MAR and developing a comprehensive plan to move this forward.

NEW BUSINESS – December Agenda

- **SAMHS Update, Geoff Miller, Associate Director, SAMHS**

- 1) **SAMHS organizational structure change – Geoff Miller stated that** last Thursday there was a roll out of a reorganization plan for the Maine Center for Disease Control and Prevention. SAMHS Prevention Team will now be merging with the CDC. This will include Christine Theriault, Prevention Team Manager and most of her staff, with the exception of Mickey Young, who will be staying on as Webmaster for SAMHS. The Information & Resource Center will also be merged with the CDC. Geoff stated that he will be going over to the CDC and his old position will be red lined and won't be filled. His position over at CDC will be overseeing grants and contracts. The Prevention 20% set aside from the Block Grant will be going with the Prevention Team also. The Healthy Maine Partnerships are already a part of the CDC. He states there will be an RFP coming out for these services that is currently being drafted. The funds for substance abuse treatment services are going to stay with SAMHS. Geoff states that Christine will be overseeing the Partnership for Tobacco Free Maine and the Alcohol and Other Drugs prevention unit also. Geoff also distributed a Maine Integrated Youth Health Survey (MIYHS) 2015 High School Report for members to review.

- 2) SAMHS Initiatives – Continue to promote and encourage the use of PMP, and educate our treatment providers and the primary care physicians to integrate MAT into their treatment of patients.
- 3) Irene Laney asked Geoff Miller if he had heard anything at the Federal level regarding Suboxone. She stated that at the last Substance Abuse Treatment Network meeting a representative from a suboxone company reported a new federal law was passed and that this law will come into effect next year. There were two changes regarding Suboxone. One was to increase the cap for providers – allowing more than 100 patients to be treated by a physician; and another change allowing Nurse Practitioners and PA’s to prescribe medications. Geoff said this is one piece of the President’s initiative to look at the epidemic of heroin and opiate abuse across the nation. Geoff stated there is an Office of National Drug Control Policy (ONDCP) website, where you can find more information.
- 4) Bill Lowenstein asked about Gambling Addiction and who would be working on this project. Geoff Miller stated that Christine Theriault will still be working on this prevention initiative. Geoff said that she can always use help. Scott Gagnon mentioned that he is on the Maine Council on Problem Gambling with SAMHS and they are always looking for more board members.
- 5) MaineCare, Chapter #17 – Reform rule change - community integration services; services for co-occurring individuals;
- 6) Commissioner Mary Mayhew, Town Hall Meeting – Calumet Club – Regarding Consumers and Mental Health Services
- 7) RFP’s – Crisis Services for Co-occurring – this RFP is still outstanding
- 8) Peter McCorison asked that SAMHS make an effort to update their organizational chart and the webpage, because this creates communication challenges.

BREAK 10 minutes

Other Topics discussed:

- 1) Ambulatory Detox – a tool that functions very well and is cost effective; create a paper in support of this type of service;
- 2) Medicaid expansion – Irene Laney explained how medication expansion would assist treatment programs;
- 3) State of Maine presently has very little detox capability; having to send some individuals out of state;
- 4) Support systems after detox, which would assist individuals to remain in recovery

- 5) Tim Chaney gave a description of Brass Tax and other organizations that can assist us in getting started, best practices; Faces & Voices; Grace Street in Lewiston; PA program;
- 6) Recovery - be inclusive of all addictions in recovery, not just opiates
- 7) Bangor and Portland Recovery Centers – two different models, Bangor receives no State funding and owns their own building and Portland is funded by SAMHS;
- 8) Concerns regarding prevention reorganization
- 9) Geoff Miller stated that the Prevention Team has been reaching out to people in substance abuse and mental health recovery and asking them to join their Healthy Maine Partnership Coalitions - Geoff suggested this could also include a start-up of a youth component
- 10) “The Anonymous People” – more hosting of this film and then having group discussion afterwards – reaching the public with these messages
- 11) Bill Lowenstein announced that there would be three days of Recovery Language Training in January. Mark your calendars for the dates 5-6-7. More details to follow about location and times.
- 12) Darren Ripley, MAAR – Capitol Recovery Program – barriers - trying to find medical providers who are willing to work with us
- 13) Patricia Hymanson & Geoff Miller voiced the need to build support systems by creating spaces and a support system around the individual in order to break the barriers and help persons through the first stages of the recovery process
- 14) Irene Laney acknowledged the support of this Commission and the Substance Abuse Network and described some of the work they have been doing. The Network has recommended Social Detox be used in Hancock County. The SA Treatment Network has come up with an ER protocol for withdrawal. The Network is working collaboratively with the three hospitals in Irene’s area by meeting with the doctors and giving them a list of counselors and promoting the use of Recovery Coaches from Recovery Centers to assist in the hospitals ER’s.
- 15) Peter McCorison, Chair, stated the Substance Abuse Services Commission (SASC) would like to formally request that SAMHS make a formal request from SAMHSA for technical assistance on Medicated Assisted Treatment/Recovery (MAR). As an aside, Tim Cheney mentioned that his organization is re-opening the MAT program in Sanford, Maine that had recently closed.
- 16) Asset Mapping; Use Darren’s Asset Map and expand information – Tim Cheney said he would assist with this project;

17) Invite Anne Roger's to the next meeting in January; task SAMHS with finding data on overdoses and overdose deaths

18) Senator King's Co-sponsored Bills – Matt Braun will forward this information to Deborah Doiron and she will move along to the Commission members.

19) Matt Braun – Drug Court; three different chapters in Maine; been having some incredible conversations;

20) **Action:** a) The Commission will develop evidence based ideas “White Paper” to support greater access to community based detox in the State of Maine over the next three months; b) The Commission will develop ideas “White Pater” to support expansion of a Recovery System of Care in the State of Maine over the next three months; c) Commission will support the development of a multi-level Asset Map of Maine;

- **US Attorney General/Maine Medical Association – Task Force appointments for Prevention/Education Task Force and Treatment Task Force – an overview of work to be completed by these task force groups. Reporting to the Commission on these task forces will be Peter McCorison, Rob Rogers and Scott Gagnon.**

Report out:

Rob Rogers – Prevention Task Force Work: Rob had to leave the meeting early, so wasn't able to give a report.

Scott Gagnon – Prevention Task Force Work: Scott stated that he had missed a couple of meetings due to other commitments, but stated that the Task Force was breaking into smaller groups; working on legislative pieces and the medical community; Matt Braun also attended these meetings and stated that they are looking very closely at seven bills and getting ready to make recommendations; Matt also mentioned Prime For Life;

Peter McCorison – Treatment Task Force Work: They are meeting twice a month; public forums; presentation on drug courts; trying to compromise; meeting with law enforcement; MAT; social detox; create social system; Dr. Publicker very much wants to make this information available;

OLD BUSINESS:

- **Update on Commission Membership List: Currently, all Commission Memberships have been halted.**

Peter McCorison has been in contact with Scott VanOrman and Lindsey Oliver. The Commission is still missing the following: Superintendent, elementary, attorney, and post-secondary education.

Rob Rogers stated that he had reached out to someone on the college level for applying for one of the education positions, but he had not received a response back yet.

Patricia Hymanson said she knew of a newly retired person and she would check in with this person to see if he may be interested.

Conclusions or Actions and Responsible Lead Person:

Peter McCorison will continue to be in contact with Scott VanOrman and Lindsey Oliver regarding adding the new members to the Commission.

- **Prepare Agenda Items for meeting on January 13, 2015**

Starting in January – June, 2016 the meetings will be held at the Burton Cross Building, 111 Sewall Street, Augusta, Maine, 4th Floor in Conference Room 400, **with the exception of the month of January. The January meeting had to be scheduled in the 3rd Floor, Conference Room 300. If anyone has any questions, please contact Stephanie Kadnar at SAMHS at 287-2595.**

Members discussed topics for next agenda – invite of Anne Rogers and a report out on WITTS and available data to more clearly define scope of SA issues in the State of Maine

Meeting Adjourned: 12:00

Next Meeting Location:

Burton Cross Building
111 Sewall Street, 3th Floor
Conference Room 300
Wednesday, January 13, 2015
9:00 AM to 12:00 Noon