

**Substance Abuse Services Commission
Meeting of May 14, 2014
State Office, DHHS, Conference Room C
41 Anthony Avenue
Augusta, Maine**

ATTENDANCE

Members Present:

Peter McCorison, Chair
Robert Rogers
Lee Ann Dodge (Phone)
Darren Ripley
Thomas Leonard
Rep. Ann Dorney
Rep. Peter Stuckey
Senator Colleen Lachowicz (Phone)
Irene Laney (Phone)

Members Absent/Excused:

Bill Lowenstein
Scott Gagnon
Ann Giggey
Diehl Snyder, MD
Rep. Carol A. McElwee
Rep. Katherine Cassidy

Office of Substance Abuse and Mental Health Services:

Guy Cousins, Director, SAMHS

Guests:

Eric Cioppa, Bureau of Insurance, Consumer Health Division
Marty Hooper, Bureau of Insurance, Consumer Health Division

Deborah Doiron, AdCare Maine, Recorder

Neill Miner, AdCare Maine

**Substance Abuse Services Commission
Meeting of May 14, 2014
State Office, DHHS, Conference Room C
41 Anthony Avenue
Augusta, Maine**

MAY MINUTES

DRAFT Date:	May 21, 2014	SASC Approved:	
Signed: Recorded by: Deborah Doiron, AdCare Maine			

Meeting Convened: 9:00 A.M.

Adjourned: 12:00

Meeting Convened: By Peter McCorison

Agenda:

- General Meeting Opening: Introductions, Review Agenda; Acceptance of Minutes; Public Forum

New Business:

- Report Out on Marijuana Sub-Group Work
- Affordable Health Care Act Presentation – Eric Cioppa, Bureau Of Consumer Health Care Division
- New England Regional Summit on Opioid-Heroin Addiction
- SAMHS Update

Old Business:

- September Recovery Awareness
- Contact candidates for Governor
- Membership

Prepare Agenda Items for Next Meeting on June 11, 2014

Adjourn meeting

SASC Meeting - General Opening Statements

Peter McCorison, Chairperson Introductions and Public Comments

Peter McCorison, Chairperson briefly went over the agenda for the meeting. There were no comments from the public.

NEW BUSINESS – May Agenda

Topic #1 – Review of Minutes of Previous Meeting – all members

Discussion: feedback on minutes

Conclusions or Actions: Motion for Acceptance and Seconded

- Motion accepted
- Motion accepted with corrections or amendments to be made to previous month's minutes, as follows:

List Changes Made: Peter asked that his name be removed as the lead person on the Recovery Sub-group and the written request for SAMHS to assist the Commission with the Value of Recovery Capital project. Darren Ripley will be the lead person on this. Bill Lowenstein also would like to be a part of this sub-group, although he will not be present for a period of time, due to medical issues. Other minor grammatical and punctuation changes will be made before the June meeting. At the June meeting the group will complete a final review and approval of this document.

Responsible Lead Person – Deb Doiron, to provide a final version of the April minutes.

Timeline: Concurrent with the review of the May minutes.

Topic #2 – Report Out on Marijuana sub-group work in progress

Discussion Items:

Peter stated that the Marijuana Sub-group had met and he will be presenting the draft paper from the Sub-Group on Marijuana. This discussion among the members began a couple months ago, with a focus on further decriminalization on marijuana and medical marijuana. The Commission is committed to creating an informational document, which is neither pro nor con for the governor, legislature and community, and identifies the potential costs of these potential policy changes. Some key points can be drawn from work that SAMHS has already done in this area. Rep. Ann Dorney shared an ASAM document with the members. The Sub-group is putting together an initial draft of a document and is looking for guidance from the rest of the Commission members. Peter stated that he would like to spend some time brainstorming the content. He is very open to any suggestions on anything the Sub-group may have missed. He discussed with the Commission members several topic areas, including the goal, action, primary categories, public safety, health, taxation and regulation, workforce development and work place safety, prevention, intervention, treatment and recovery issues. Peter asked the Commission members if they felt the Sub-group had identified all the key areas to be covered. Commission members offered up additional information they wanted to see included in this paper, including:

- impact of use on youth developmental functioning, by adding a sub-section on youth and family;
- child care safety/poisonings and the experience of OCFS having to respond to use with and among family members;
- the lack of measures that indicate when a user has become impaired as a result of use;
- impairment at the job site, and how this effects the employee and employers,
- insurance for treatment of marijuana addiction;
- liabilities created for physicians who prescribe marijuana, without current prescribing practices for medical marijuana (dosages; how often is it taken; is it being prescribed like any other medications).

It was suggested that within each heading there should be a discussion of the costs. It was noted that Maine's position is vague in terms of taxation and regulation areas (e.g., marijuana in industrial settings). Darren asked that the word Recovery be included in the marijuana document. Peter will send out the ASAM document and another version on policy issues. Please review this first draft document.

**Conclusions or Actions and Responsible Lead Person(s): Peter McCorison and Debbie Doiron; documents will be sent out with May's Draft Minutes
Timeline, if applicable: By May 30th.**

Guy noted that as the Sub-Group work gets closer to a final draft document, the members should be mindful of the extent of the work SAMHS would need to do to provide review and comment. This assignment may require some additional time and funding for staff to be able to assist the Commission in compiling the needed information.

Topic #3 – Affordable Care Act Information

Discussion:

Peter McCorison welcomed Eric Cioppa and Marty Hooper from the Bureau for the Consumer Health Care Division. Eric began his presentation with an overview and fielded questions from the group as he went along.

Main topics discussed during presentation: 2014 ACA exchanges; the differences among small group, large group and individual insurance packages; the availability of presentations on these topics on-line at the Bureau's websites; exchange or federal marketplace; open-enrollment in the individual market; guaranteed issue; individual mandate-ACA coverage; central health care benefits – policy; benefit packages (bronze, silver and gold) levels for small and individuals; how the exchange works.

Eric indicated that members could go on-line and use their calculator to figure costs. He discussed grandfathered and grandmothered policies; the fact that any new policies started on January 1, 2014 will include substance abuse; eligibility status; detox issues; differences between large and small group and individuals regarding insurance; and mandated reports. A link for more information will be e-mailed to Guy Cousins, who will forward it on to the Commission members. It was noted that there are no regional exchange (multi-state) options at this time. Sign on for Individual health options has doubled in the past year, with Maine Community Health Options as the preferred insurer. Financial assistance for people under 400% of the poverty income level was addressed. One of the benefits to this population of using the

exchange is the ability to get a subsidy from the exchange. The existence of district co-operatives; narrow networks, and the need to make sure their provider is in the network were referenced. Mental health and substance abuse coverage is now mandated by both Maine and the federal government. However, the specific rules don't always align completely. Maine has been refining its policies. Call 1-800-300-5000 if you would like more information from the Bureau of Insurance on these topics.

Peter McCorison asked Eric Cioppa if there was any way he could give us an average cost of the coverage? Eric stated that anyone can go on-line and calculate the rates, based on the person's age and where they live.

**Conclusions or Actions and Responsible Lead Person: Send mandated reports to Commission members. Eric Cioppa will send link to Guy Cousins and Guy Cousins will forward to Debbie Doiron for distribution to Commission members; Mandated Reports will be sent out with the May Draft Minutes.
Timeline if applicable: By May 30th**

BREAK – 10 minutes – back at 10:50

Topic #4 – New England Regional Summit on Opioid-Heroin Addiction

Discussion:

Guy spoke about the plan to convene gubernatorial representatives from each of the New England states at the New England School for Addiction Studies, a weeklong annual addiction school for professionals, consumers, and people in recovery who want to develop more of an expertise around addictive disorders. Governor Patrick from Massachusetts hasn't finalized the details for this Summit. He has been planning to reach out to other New England Governors and their designees. Recently Hilary Jacobs, the Director of the MA Bureau of Substance Abuse Services, hosted a conference call with all the Single State Agency Directors to help generate an agenda, issues and ideas; they also looked at the successes across the states in the region. It was very clear that several states are using the PMP in a robust and active fashion. The group talked about the kinds of data that can be shared across states; and payer sources. They discussed media campaigns, what states are doing well in this area, and options for sharing messaging around overdose prevention across state lines. They discussed deployment of recovery coaches in emergency rooms for overdose and prescribing practices. Guy will follow-up on contact by Governor Patrick from Massachusetts with Governor LePage's staff. Guy also spoke with Katherine Power, who is the SAMHSA Region I Director, to see if she had been contacted; she had not yet been contacted. Alternative sentencing – drug courts will definitely be on the agenda. Guy stated that as soon as meeting details become more formalized he will share this information with Peter and Commission members.

Conclusions or Actions and Responsible Lead Person: Guy Cousins will provide more information about the date and agenda on New England Regional Summit with Commission members when it becomes available. Timeline, if applicable: TBD.

Topic #5 – SAMHS Update

Discussion:

Guy discussed the following updates:

- 1) CSAP four-day site visit concerning the Substance Abuse Prevention and Treatment Block Grant on Prevention Services: the evaluation was completed; there were no deficiencies. SAMHS was provided with some ideas for improvements;
- 2) Prevention credentialing group has been working internally regarding the certification of individual professionals. Rob mentioned an important part of the work will be to make sure these individuals are aware of the code of ethics and noted that some education and training would be needed in order to do the work;
- 3) Staffing changes – Becky Ireland – will be handling all of the EUDL grant (enforcement of underage drinking laws) responsibilities; Leanne Morin, who was the Synar Coordinator has taken another position; the new Synar Coordinator is now Katie Lauzie, who is a prevention specialist;
- 4) Other prevention work: Power Point slides on heroin overdoses are becoming available as a resource. Users need to share the information accurately. SAMHS expects to use this information internally, and will eventually show the prevention coalitions how to use these resources. Peter mentioned that we all need some concrete material to give to anyone who wants it. Darren will send a link to Peter concerning a U-tube instructional video on the use of Narcon in response to an overdose;
- 5) Review of budgets – SAMHS is working with a number of agencies to provide additional funding to help people get into treatment;
- 6) SAT-ED Cooperative Agreement – A federal coach site visit is going on right now. SAMHS is working to build on current adolescent treatment resources; developing the relationships and mechanisms that the SAT-Ed grant requires. It was noted that a few years back, Maine’s youth services were dismantled. The SAT-ED project is allowing Maine to start rebuilding services using the ACRA treatment approach, with fidelity to the model. SAMHS is moving the ACRA model into rural federal qualified health centers. It is working under the guidance of the (federal) SAMHSA required Advisory Council. SAMHS is analyzing what agencies are spending funds on in relation to adolescent treatment, in order to see if there is anything that can be changed, e.g., gaps in service; treatment for co-occurring conditions, etc.;
- 7) RFP’S – Peer Services RFP is in the final submission process; funds will come from the Mental Health Block Grant in combination with Child and Family Services federal block grant money. Guy stated, in response to a question from Peter Stuckey, that SAMHS receives \$800,000 for peer services and related performance measures. It is anticipated that the RFP will be awarded by October 1, 2014 for services to be implemented by January 1st, 2015. Crisis Intervention Services RFP – the date for issuing the RFP has been extended in order to finish addressing inequities in rates across the regions. Most of the funds for this RFP will come from the General Fund for the Crisis Services.
- 8) Hope Conference – Friday, May 30, 2014; the Notice is on both SAMHS and MAAR websites. The agenda will include showing of the film Anonymous People; key note Speaker will be Heather McDonald-Bellamy, Executive Director, Focus On Recovery-United, Inc.
- 9) Women’s Events: The Women’s Annual Tea event will be held next Tuesday, May 20, 2014 for women in recovery at the Governor’s Mansion. This event is sponsored by WASC and annual awards are given to women who are doing incredible work. Next Wednesday, May 21, 2014, Crossroads treatment services for women and men will be having their first annual community awards breakfast at the Embassy Suites;
- 10) PMP registration and electronic signature: The legislation based on the work of the Commission last Fall was passed. New funding to support the enhancements was not

provided, so SAMHS identified funds within the current budget to implement the program and has completed a contract with Health InfoNet to make the required changes. With this upgrade, prescribers across several licensing credentials will automatically be registered to use the PMP when they renew their licensure;

Peter Stuckey asked if the Commission is involved in the preparation of SAMHS' proposed biennial budget. Guy briefly reviewed the Commission Mission Statement with the group.

Conclusions or Actions and Responsible Lead Person: NA
Timeline if applicable: NA

OLD BUSINESS - March Agenda

Topic #1 – September Recovery Awareness

Discussion:

Peter has been contacted by people in the community about showing the film Anonymous People. This will be shown in September as part of the National Celebration of Recovery.

Conclusions or Actions and Responsible Lead Person: NA
Timeline if applicable: NA

Topic #2: Contact candidates for Governor

Discussion:

Engaging and informing candidates for Governor: The idea of providing a packet of information about what the SASC is and what are some of the challenges the State of Maine has around substance abuse and substance misuse was discussed. This would be an informative packet for the candidates, and could include some of the documents currently being created.

In response to a question about specific next steps, Peter McCorison said he would reach out to the Governor's staff for some guidance on the Administration's preference as to how to proceed with this idea. Guy suggested contacting Holly Lusk, the Governor's Health Care Policy Advisor.

Conclusions or Actions and Responsible Lead Person: Peter McCorison will contact Holly Lusk, the Governor's Health Care Policy Advisor regarding distribution of informational packet to candidates.
Timeline, if applicable: Not specified.

Topic #3: Membership

Discussion and Announcements:

Mike Savage has officially resigned from the Substance Abuse Services Commission, leaving a recovery seat open. The open seats on the Commission available to be filled are: lawyer position; a representative from the recovery community; and an elementary school educator.

Reminder – these are two-year positions; members can, however, continue to stay in for another term, if no one is recruited to fill the position. Anyone wishing to be part of this group can contact Peter McCorison and the Governor’s office for the appropriate paper work for application.

Conclusions or Actions and Responsible Lead Person: NA
Timeline, if applicable: NA

Prepare Agenda Items for the next meeting on June 11, 2014

- 1) Health and Human Services Committee Letter to the SASC
- 2) Recovery Sub-Committee: Darren Ripley has a document in place and would like to forward to the Commission members, to be discussed as part of the agenda for June 11th meeting
- 3) Medical Marijuana and ASAM document – how this document can inform the second draft of the Commission’s Marijuana Statement
- 4) Follow-up on Marijuana Sub-group Work
- 5) SAMHS Update
- 6) Membership
- 7) Role of MaineCare in the delivery of Substance Abuse Prevention, Intervention, Treatment, and Recovery in Maine: Contact MaineCare to identify a person to speak with Commission

Meeting Adjourned: 12:00 PM