

Data and Research, Data Quality Management & Resource Development Office of Substance Abuse & Mental Health Services Maine Department of Health and Human Services

The Issue in Maine:

According to the 2013 MIYHS survey:

- ❑ 26% of high school students had at least one alcohol drink in the past 30 days.
- ❑ 14.8% participated in binge drinking (had five or more drinks of alcohol in one day).
- ❑ 22% of high school students used marijuana.
- ❑ High school students who believe they won't be caught drinking by their parents are 4.7 times as likely to use alcohol as those who believe they will be caught by their parents.

According to the 2012 BRFSS:

- ❑ 1 in 5 Maine adults binge drank.
- ❑ Almost 5.3% of Maine adults 18-25 used a prescription drug not prescribed to them or used in a way other than prescribed.

According to TDS:

- ❑ Between 2005 and 2012 the number of persons being treated for opiate addiction increased by 100%, then began decreasing in 2013 and 2014.



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The Office of Substance Abuse is responsible for the coordination of substance abuse prevention, intervention, and treatment services in Maine. The Data and Research Division supports these services by providing objective data and research reports which can be used to inform planning and measure outcomes.

Program Goals:

To provide valid and reliable data that can be used as the basis for substance abuse and mental illness prevention, intervention, treatment and recovery planning, improving services, and evaluating program results.

Priority Populations:

All Maine residents.

Program Activities:

- ❑ Develop epidemiological reports to assess the degree of impact substance use has on Maine.
- ❑ Coordinate with statewide agencies and community organizations to meet the needs of the population
- ❑ Research and analyze data to provide critical information to inform state and local policy decisions.
- ❑ Partner on management, implementation, and dissemination of the statewide Maine Integrated Youth Health Survey (MIYHS).
- ❑ Meet federal requirements and regulations through data submissions to the federal government.
- ❑ Track treatment and intervention services for quality improvement and accountability.
- ❑ Oversee and coordinate the management and utilization of the State Substance Abuse Treatment Data System (TDS)
- ❑ Oversee and coordinate the management and utilization of the States Prescription Monitoring Program (PMP).
- ❑ Conduct annual client level satisfaction surveys on those clients receiving treatment from agencies funded by the State.

Funding: From Federal SAMHSA and DOJ funds; State General funds; and Foundations.

Program Staff: 2 FTE (state-funded); 3 FTE (federal-funded)