



Department of Health
and Human Services

Maine People Living
Safe, Healthy and Productive Lives

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

Department of Health and Human Services
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February 3, 2014

Senator Margaret Craven, Chair
Representative Richard Farnsworth, Chair
Joint Standing Committee on
Health and Human Services
#100 State House Station
Augusta, Maine 04333-0100

Senator Linda Valentino, Chair
Representative Charles Priest, Chair
Joint Standing Committee on Judiciary
#100 State House Station
Augusta, ME 04333-0100

Dear Senators Craven and Valentino, Representatives Farnsworth and Priest and Members of the Joint Standing Committees on Health and Human Services and Judiciary:

Enclosed is the 2013 Hypodermic Apparatus Exchange Program Report provided by the HIV, STD and Viral Hepatitis Program of the Maine Center for Disease Control and Prevention, Department of Health and Human Services.

In accordance with Maine law 22 MRSA c.252-A, sec. 1341, Hypodermic Apparatus Exchange Programs, we are required to file this report annually.

If you have any questions or would like further information, please contact Dr. Sheila Pinette at 287-3266.

Sincerely,

Mary C. Mayhew
Commissioner

MCM/klv

Enclosure



Maine Center for Disease Control and Prevention

An Office of the
Department of Health and Human Services

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

Hypodermic Apparatus Exchange Programs Report for 2013

Reporting Period 11/1/2012-10/31/2013

Prepared by the Maine HIV, STD, and Viral Hepatitis Program 12/17/13

Maine law, 22 MRSA c.252-A, sec. 1341 Hypodermic Apparatus Exchange Programs requires the Maine Center for Disease Control to file an annual report to the Legislature's Judiciary and Health and Human Services Committees on the status of exchange programs certified under this section.

Maine Center for Disease Control, HIV, STD, and Viral Hepatitis Program

**Hypodermic Apparatus Exchange Programs Report for 2013
Reporting Period 11/1/2012-10/31/2013**

Maine law, 22 MRSA c.252-A, sec. 1341 Hypodermic Apparatus Exchange Programs requires the Maine Center for Disease Control to file an annual report to the Legislature's Judiciary and Health and Human Services Committees on the status of exchange programs certified under this section. The required information is contained below.

Certified Hypodermic Apparatus Exchange Programs in Maine: There were five certified Hypodermic Apparatus Exchange Programs operating in Maine in 2012. The City of Portland, located in Portland, was certified in September 1998; Down East AIDS Network, located in Ellsworth, was certified in September 2000; Eastern Maine AIDS Network, located in Bangor, was certified in March 2002; Health Reach Harm Reduction (formerly known as Dayspring AIDS Support Services), located in Augusta, was certified in December 2004; and Western Maine Community Action (WMCA) Health Services, located in Lewiston, was certified in November 2011.

For agency specific data on the City of Portland, Down East AIDS Network, Eastern Maine AIDS Network, Health Reach Harm Reduction, and WMCA Health Services' Needle Exchange Programs please see Attachments A, B, C, D, and E respectively.

Operational Hypodermic Apparatus Exchange Programs in Maine:

Operator: City of Portland

Health and Human Services Department
Public Health Division
389 Congress Street, Room 307
Portland, ME 04101

Location of Sites for City of Portland:

India Street Public Health Center
103 India Street
Portland, ME 04101

Mobile Exchange
City of Portland
Maine

Operator: Down East AIDS Network

25 Pine St.
Suite A
Ellsworth, ME 04605

Location of sites for Down East AIDS Network:

25 Pine St.
Suite A
Ellsworth, ME 04605

Operator: Eastern Maine AIDS Network

370 Harlow Street
Bangor, ME 04401

Location of Sites for Eastern Maine AIDS Network:

Eastern Maine AIDS Network
370 Harlow Street
Bangor, ME 04401

Mobile Exchange
Penobscot, Aroostook,
Piscataquis counties

Operator: Health Reach Harm Reduction

Next Step Needle Exchange Program
9 Green St.
Augusta, ME 04333

Location of Sites for Health Reach Harm Reduction:

9 Green St.
Augusta, ME 04333

Operator: Family Planning Association of Maine (Formally Western Maine Community Action)

Safer Shot Syringe Exchange
179 Lisbon Street
Lewiston, ME 04240

Location of Sites for Family Planning Association of Maine:

179 Lisbon Street
Lewiston, ME 04240

Aggregate Data for Maine Hypodermic Apparatus Exchange Programs 2013

Indicator	Quantity
Total enrolled	4,333
New enrollees, total	961
Number of HIV Tests conducted with new enrollees	97
Total number of HIV Tests conducted with exchange consumers	337
Number of syringes collected, total	509,760
Number of syringes disposed, total	509,760
Syringes distributed, total	502,920
Number of initial exchange kits distributed*	725
Total exchanges	13,405
Number of off-site exchanges	110
Total referrals made	4,783

*Initial exchange kits contain 10 syringes per kit.

Referrals by type:

Primary Care – 237
 STD clinics – 313
 HIV testing – 1,900
 Other – 29

Hepatitis Testing – 1,863
 Substance Abuse Treatment – 372
 Housing – 73

2013 Enrollee Demographics:

	Male 18-29	Male 30+	Female 18-29	Female 30+	Transgen. M-F 18-29	Transgen. M-F 30+	Transgen. F-M 18-29	Transgen. F-M 30+
Hisp/Latino	35	17	11	7	0	0	0	0
Non-Hisp/Lat	1,314	1,429	917	603	0	0	0	0
TOTALS	1,349	1,446	928	610	0	0	0	0
AI/AN ¹	37	24	14	6	0	0	0	0
Asian	3	2	1	0	0	0	0	0
Blk/Af. Am ²	35	21	9	6	0	0	0	0
H/P.I. ³	0	0	0	0	0	0	0	0
White	1268	1390	901	596	0	0	0	0
Other races	6	9	3	2	0	0	0	0
TOTALS	1,349	1,446	928	610	0	0	0	0

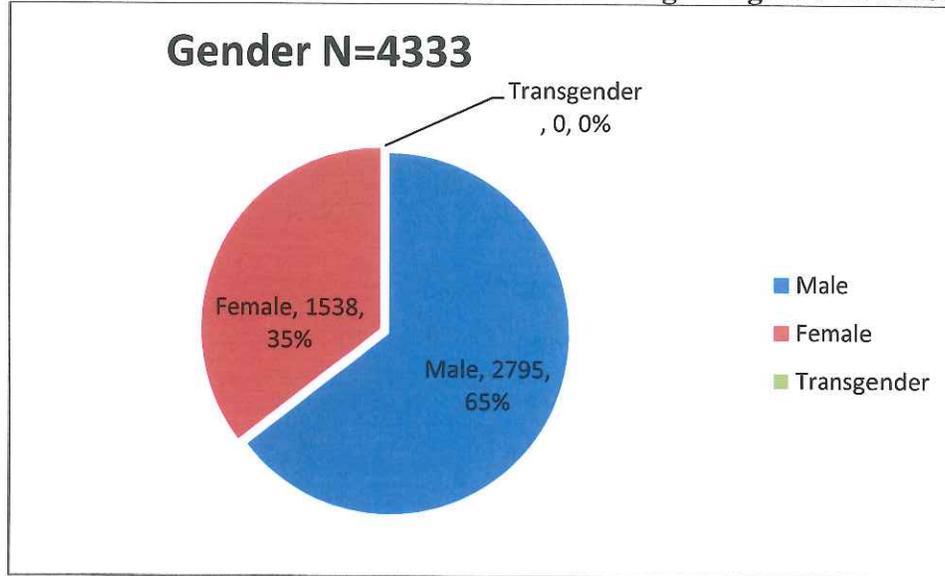
¹ AI/AN = American Indian / Alaskan Native

² Blk/Af. Am = Black/African American

³ H/P.I. = Hawaiian/ Pacific Islander

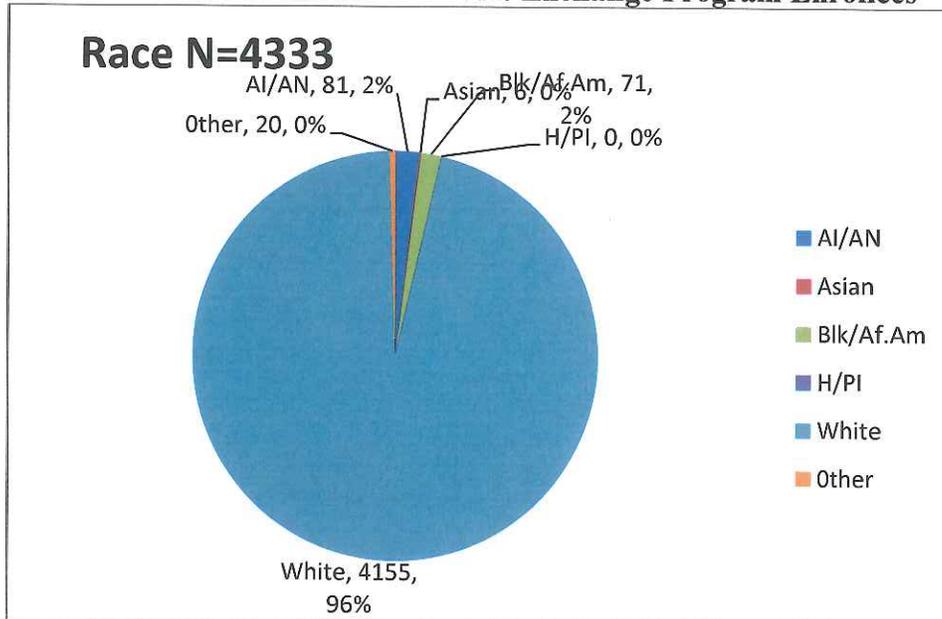
From 2009 to 2013, Needle Exchange Programs have shown increased usage and participation. The total number of enrolled, total number of newly enrolled, total needle exchanged and total number of referrals to other services have increased over the three years. There has also been an increase in the total number of syringes collected and syringes disposed through the Needle Exchange Program from 2009 to 2013.

Graph 1.1- Gender Distribution of 2013 Needle Exchange Programs Enrollees



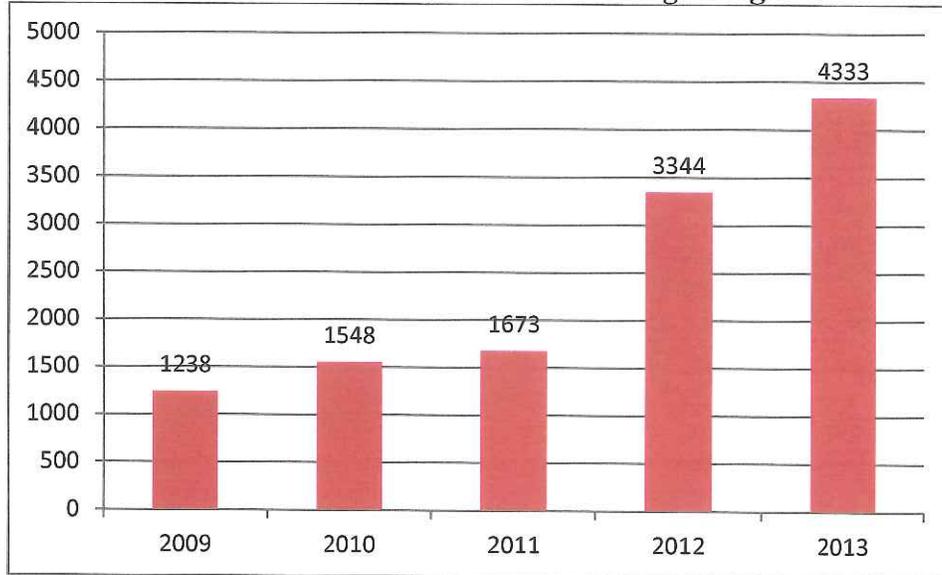
From November 1, 2012 to October 31, 2013, enrollees of needle exchange programs were 65% males and 35% females.

Graph 1.2- Race Distribution of 2013 Needle Exchange Program Enrollees



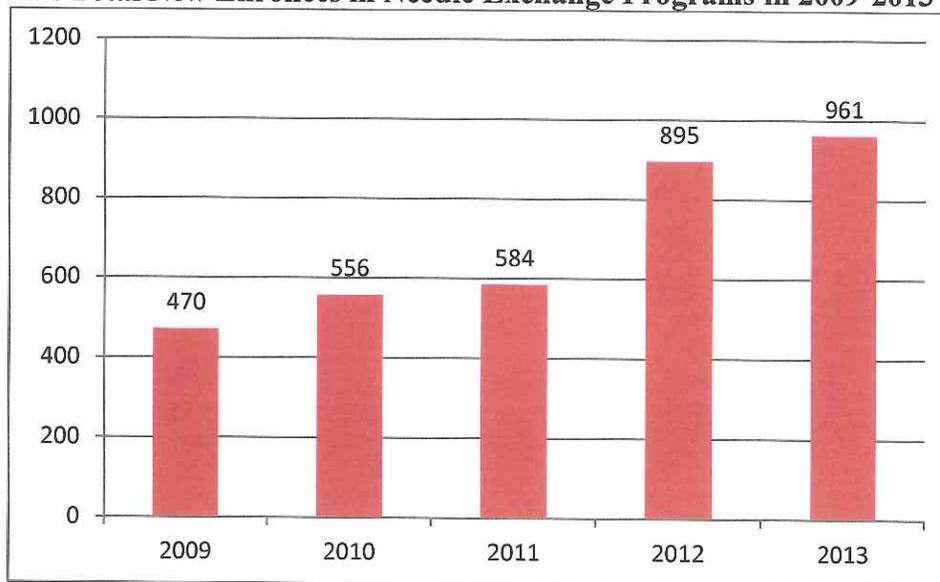
From November 1, 2012 to October 31, 2013, the race distribution for enrollees of needle exchange programs were 96% White, 1% American Indian/Alaskan Native, 2% Black/African American, and 1% Other. There were a few individuals identified as Asian; however, due to rounding, percentage may not reflect on the graph.

Graph 2.1. Total Number of Enrolled in Needle Exchange Programs in 2009-2013



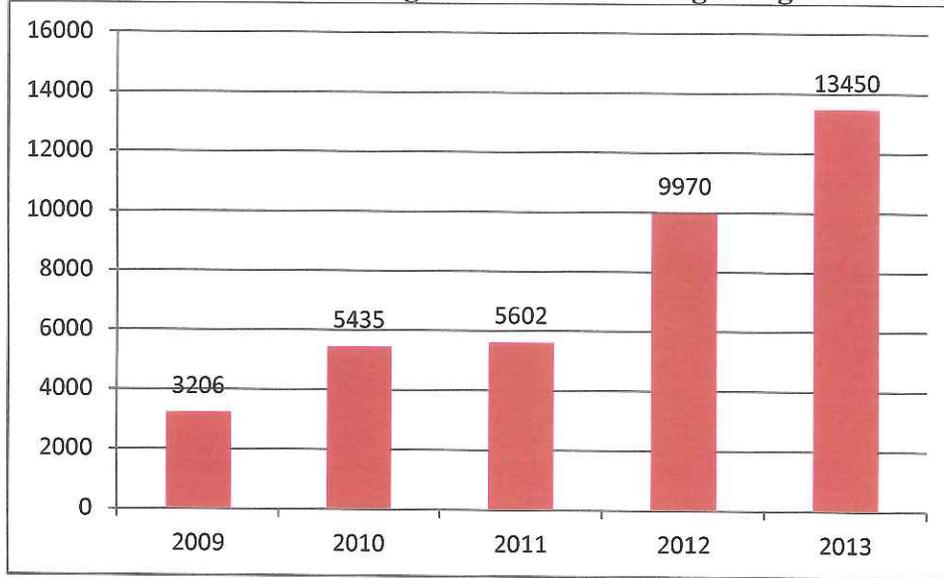
Graph 2.1 highlights the numbers enrolled in a needle exchange program. Since 2009 there has been a steady increase of participants in NEPs. As of 2012, the number of enrollees has reached 4333.

Graph 2.2. Total New Enrollees in Needle Exchange Programs in 2009-2013



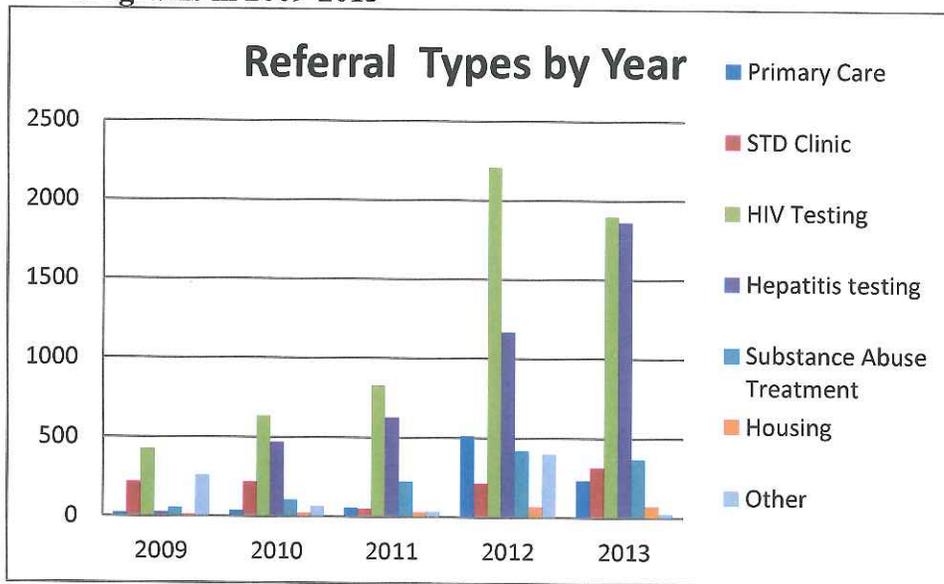
Graph 2.2 shows the total new enrollees in a needle exchange program. There has been an increase in new participants at various needle exchange programs. For 2013, the numbers of new enrollees reached 961.

Graph 2.3. Total Number of Exchanges at Needle Exchange Programs in 2009-2013



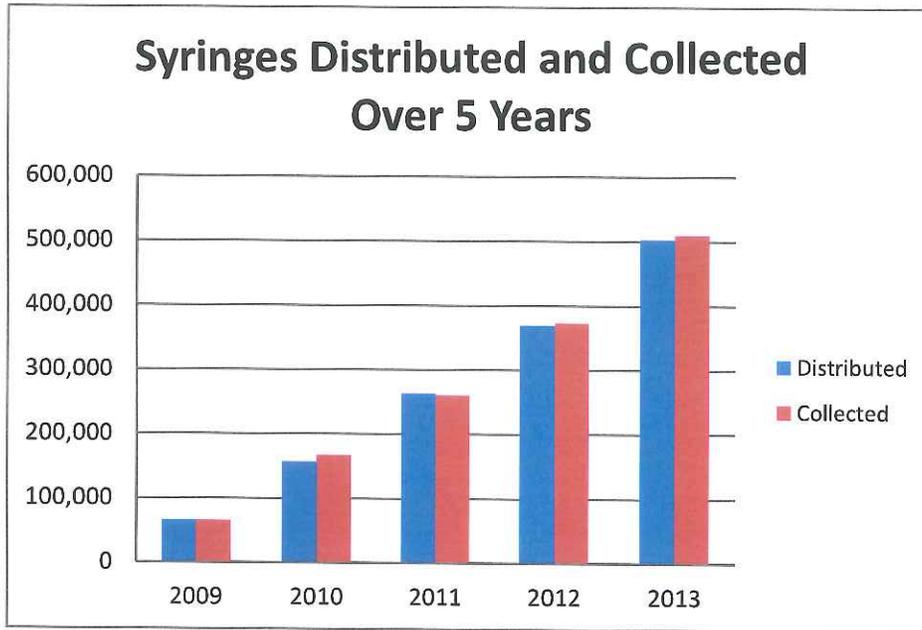
Graph 2.3 provides information on the number of exchanges (exchange interactions, not number of needles) completed in needle exchange programs. Needle exchanges continue to increase throughout the year. In 2013, 13,450 exchanges took place.

Graph 2.4. Total Number of Referrals for Other Services at Needle Exchange Programs in 2009-2013



Graph 2.4 shows the importance of the needle exchange programs in connecting needle users to other services that may increase desired health outcomes for this population. These other services include primary care, STD clinics, HIV testing, viral hepatitis testing, substance abuse and treatment, and housing services.

Graph 2.5. Total Number of Syringes Distributed and Collected at Needle Exchange Programs in 2009-2013



Graph 2.5 highlights the number of syringes that have been collected since 2009 at the various needle exchange programs. There continues to be a major increase throughout the year. As of 2013, the numbers of syringes collected is 509,760, a 37% increase from 2012. Also of important note, the number of needles collected continues to be greater than the needles distributed.

Attachment A

**City of Portland, Public Health Division Maine
Annual Report 2013**

Operator: City of Portland, Maine Public Health Division

Location of Sites: 103 India St. Portland, ME; Preble Street Day Shelter;
Preble Street Teen

Indicator	Quantity
Total enrolled	1,678
New enrollees, total	388
Number of HIV Tests conducted with new enrollees	24
Total number of HIV Tests conducted with exchange consumers	122
Number of syringes collected, total	164,682
Number of syringes disposed, total	164,682
Syringes distributed, total	158,538
Number of initial exchange kits distributed*	388
Total exchanges	4,261
Number of off-site exchanges	110
Total referrals made	1,613

*Initial exchange kits contain 10 syringes per kit.

List number of referrals made to:

- Primary Care - 134
- STD clinic - 156
- HIV testing - 569
- Hepatitis Testing - 580
- Substance Abuse Treatment - 121
- Housing – 53
- Other- Unk

Enrollee Demographics, City of Portland:

Clients served w/ CDC Funds	Male	Male	Female	Female	Transgen.	Transgen.	Transgen.	Transgen.
	18-29	30+	18-29	30+	M-F 18-29	M-F 30+	F-M 18-29	F-M 30+
Hispanic/Latino	5	2	3	2	0	0	-	-

Non-Hisp/Lat	426	532	342	366	0	0	-	-
TOTALS	431	534	345	368	0	0	0	0
AI/AN	0	0	0	0	0	0	0	0
Asian	2	2	0	0	0	0	0	0
Blk/Af. Am	11	12	4	3	0	0	0	0
H/P.I.	0	0	0	0	0	0	0	0
White	415	516	339	363	0	0	0	0
Other races	3	4	2	2	0	0	0	0
TOTALS	431	534	345	368	0	0	0	0

Attachment B

**Down East AIDS Network
Annual Report 2013**

Operator: Down East AIDS Network, Established 2005

Location of Sites Ellsworth Office 25A Pine St, Ellsworth ME

Indicator	Quantity
Total enrolled	461
New enrollees, total	113
Number of HIV Tests conducted with new enrollees	36
Total number of HIV Tests conducted with exchange consumers	92
Number of syringes collected, total	110,331
Number of syringes disposed, total	110,331
Syringes distributed, total	110,112
Number of initial exchange kits distributed*	113
Total exchanges	3,494
Number of off-site exchanges	0
Total referrals made	341

*Initial exchange kits contain 10 syringes per kit.

List number of referrals made to:

- Primary Care - 41
- STD clinic - 58
- HIV testing - 92
- Hepatitis Testing - 92
- Substance Abuse Treatment - 43
- Housing - 5
- Other - 10

Enrollee Demographics, Down East AIDS Network:

Clients served w/ CDC Funds	Male 18-29	Male 30+	Female 18-29	Female 30+	Transgen. M-F 18-29	Transgen. M-F 30+	Transgen. F-M 18-29	Transgen. F-M 30+
Hisp/Latino	2	2	0	0	0	0	0	0
Non-Hisp/Lat	171	125	95	66	0	0	0	0
TOTALS	173	127	95	66	0	0	0	0
AI/AN	3	0	2	0	0	0	0	0
Asian	1	0	0	0	0	0	0	0
Blk/Af. Am	1	0	0	0	0	0	0	0
H/P.I.	0	0	0	0	0	0	0	0
White	166	127	93	66	0	0	0	0
Other races	2	0	0	0	0	0	0	0
TOTALS	173	85	93	66	0	0	0	0

Attachment C

**Eastern Maine AIDS Network/Penobscot Community Health Center
Annual Report 2013**

Operator: Eastern Maine AIDS Network, Established 2002

Location of Sites 370 Harlow Street, Bangor Maine

Indicator	Quantity
Total enrolled	1,687
New enrollees, total	395
Number of HIV Tests conducted with new enrollees	37
Total number of HIV Tests conducted with exchange consumers	84
Number of syringes collected, total	187,264
Number of syringes disposed, total	187,264
Syringes distributed, total	189,240
Number of initial exchange kits distributed*	194
Total exchanges	4,883
Number of off-site exchanges	0
Total referrals made	2,592

*Initial exchange kits contain 10 syringes per kit.

List number of referrals made to:

- Primary Care - 35
- STD clinic - 62
- HIV testing - 1146
- Hepatitis Testing - 1127
- Substance Abuse Treatment - 207
- Housing - 15
- Other- 0

Enrollee Demographics, Eastern Maine AIDS Network:

Clients served w/ CDC Funds	Male 18-29	Male 30+	Female 18-29	Female 30+	Transgen. M-F 18-29	Transgen. M-F 30+	Transgen. F-M 18-29	Transgen. F-M 30+
Hisp/Latino	22	8	5	1	0	0	0	0
Non-Hisp/Lat	603	583	364	101	0	0	0	0
TOTALS	625	591	369	102	0	0	0	0
AI/AN	27	12	5	2	0	0	0	0
Asian	0	0	0	0	0	0	0	0
Blk/Af. Am	22	9	5	3	0	0	0	0
H/P.I.	0	0	0	0	0	0	0	0
White	576	570	359	97	0	0	0	0
Other races	0	0	0	0	0	0	0	0
TOTALS	625	180	151	102	0	0	0	0

Attachment D

**Health Reach Harm Reduction
Annual Report 2013**

Operator: Health Reach Harm Reduction, Established 2004

Location of Sites 9 Green Street
Augusta, ME 04330

Indicator	Quantity
Total enrolled	463
New enrollees, total	57
Number of HIV Tests conducted with new enrollees	0
Total number of HIV Tests conducted with exchange consumers	39
Number of syringes collected, total	44,933
Number of syringes disposed, total	44,933
Syringes distributed, total	42,425
Number of initial exchange kits distributed*	30
Total exchanges	674
Number of off-site exchanges	0
Total referrals made	220

*Initial exchange kits contain 10 syringes per kit.

List Number of referrals made to:

- Primary Care- 18
- STD clinic - 14
- HIV testing - 63
- Hepatitis Testing - 44
- Substance Abuse Treatment - 21
- Housing - 3
- Other - 5

Enrollee Demographics, Health Reach Harm Reduction:

Clients served w/ CDC Funds	Male 18-29	Male 30+	Female 18-29	Female 30+	Transgen. M-F 18-29	Transgen. M-F 30+	Transgen. F-M 18-29	Transgen. F-M 30+
Hisp/Latino	6	4	3	4	0	0	0	0
Non-Hisp/Lat	108	167	107	64	0	0	0	0
TOTALS	114	171	110	68	0	0	0	0
AI/AN	7	12	7	4	0	0	0	0
Asian	0	0	1	0	0	0	0	0
Blk/Af. Am	1	0	0	0	0	0	0	0
H/P.I.	0	0	0	0	0	0	0	0
White	106	156	102	64	0	0	0	0
Other races	0	5	0	0	0	0	0	0
TOTALS	114	171	110	68	0	0	0	0

Attachment E
Family Planning Association of Maine
Annual Report 2013

Operator: Family Planning Association of Maine

Location of Sites 179 Lisbon Street
Lewiston, ME 04240

Indicator	Quantity
Total enrolled	44
New enrollees, total	44
Number of HIV Tests conducted with new enrollees	0
Total number of HIV Tests conducted with exchange consumers	0
Number of syringes collected, total	2,550
Number of syringes disposed, total	2,550
Syringes distributed, total	2,641
Number of initial exchange kits distributed*	44
Total exchanges	93
Number of off-site exchanges	0
Total referrals made	17

*Initial exchange kits contain 10 syringes per kit.

List Number of referrals made to:

- Primary Care- 4
- STD clinic - 5
- HIV testing - 4
- Hepatitis Testing -7
- Substance Abuse Treatment - 0
- Housing - 0
- Other - 0

Enrollee Demographics, Family Planning Association of Maine

Clients served w/ CDC Funds	Male 18-29	Male 30+	Female 18-29	Female 30+	Transgen. M-F 18-29	Transgen. M-F 30+	Transgen. F-M 18-29	Transgen. F-M 30+
Hisp/Latino	0	1	0	0	0	0	0	0
Non-Hisp/Lat	6	22	9	6	0	0	0	0
TOTALS	6	23	9	6	0	0	0	0
AI/AN	0	0	0	0	0	0	0	0
Asian	0	0	0	0	0	0	0	0
Blk/Af. Am	0	0	0	0	0	0	0	0
H/P.I.	0	0	0	0	0	0	0	0
White	5	21	8	6	0	0	0	0
Other races	1	2	1	0	0	0	0	0
TOTALS	6	23	9	6	0	0	0	0