

**HCT FFT Discharge Outcomes for Youth in Service 6 Months or More  
(Includes MaineCare members and Courtesy Reviews done by APS)**

**Discharges between 07/01/2013 and 09/30/2013 and the new services authorized within 6 months of discharge**

**Report Source: Authorization data from APS CareConnection®**

**Definitions:**

- **Home and Community Based Treatment (HCT)** is a home-based intensive mental health treatment service for children and their families.
- **HCT FFT** is a type of HCT. FFT stands Functional Family Therapy. FFT is an evidenced-based family treatment model. The FFT program assists the youth and the family in making incremental, positive changes that lead to enhanced family functioning and reduced risk.
- **Courtesy Review** APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using MaineCare.

**What This Report Measures:** For members discharged from the HCT FFT service after 6 months or more, this report shows what intensive mental health services the members has authorizations for within 6 months of discharge. For example, for a member discharged on March 1, 2013 after 7 months of treatment, this report checks to see whether or not the member was authorized for any of the services listed below by September 1, 2013, i.e. within 6 months of their discharge.

Total number of members discharged from HCT-FFT after 6 months or more: 26

# of members readmitted to any type of HCT: 3

Percent readmitted To HCT: 12%

# of members admitted to child residential facilities (Child PNMI) : 0

Percent admitted to Child PNMI: 0%

# of members admitted to children's inpatient psychiatric services:(Child Inpatient): 1

Percent admitted to Child Inpatient: 4%

	<u>Child PNMI</u>	<u>Child Inpatient</u>	<u>Child Crisis</u>	<u>Return to HCT</u>	<u>Adult Inpatient</u>	<u>Adult Crisis</u>	<u>Adult PNMI</u>	<u>Total # of Discharges</u>
<b>Gender</b>								
Female	0	0	0	1	0	0	0	11
Male	0	1	1	2	0	0	0	15
<b>Total</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>26</b>

	<u>Child PNMI</u>	<u>Child Inpatient</u>	<u>Child Crisis</u>	<u>Return to HCT</u>	<u>Adult Inpatient</u>	<u>Adult Crisis</u>	<u>Adult PNMI</u>	<u>Total # of Discharges</u>
<b>Child Age Groups</b>								
6-12	0	1	0	0	0	0	0	7
13-17	0	0	1	3	0	0	0	17
18-20	0	0	0	0	0	0	0	2
<b>Total</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>26</b>

Note: Age as of 07/01/2013

	<u>Child PNMI</u>	<u>Child Inpatient</u>	<u>Child Crisis</u>	<u>Return to HCT</u>	<u>Adult Inpatient</u>	<u>Adult Crisis</u>	<u>Adult PNMI</u>	<u>Total # of Discharges</u>
<b>Providers</b>								
Catholic Charities Maine	0	1	1	2	0	0	0	14
Spurwink	0	0	0	1	0	0	0	12
<b>Total</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>26</b>

\* Youth who lack MaineCare IDs are not included since their use of other mental health services is not recorded in APS CareConnecton.