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**Adolescents with special health care needs transitioning to adult health care**  
**Questions for ages 14-15**

Questions	Yes	No
Have I discussed my family health history with my parent/guardian and provider?		
Do you have a copy of your own medical, dental or vision insurance card?		
Have I practiced scheduling my own medical appointment?		
Do I know who to call if there is a medical emergency?		
Have I spent time alone with my provider asking questions regarding my healthcare?		
Have I taken the Supported-Decision Making class at Maine Parent Federation?		
Do I feel some form of supported decision making would work once I turn 18?		