

Janet T. Mills
Governor

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Adolescents with special health care needs transitioning to adult health care
Questions for ages 12-13

Questions	Yes	No
Do I know the name(s) of my health care diagnosis?		
Do I know if I have any allergies?		
Do I know what medications I take?		
Do I spend time alone with my medical provider to ask question about my healthcare?		
Have I asked my doctor if they see adults and/or at what age do they stop seeing patients?		
Has myself, or my guardian ever been in contact with the Maine Parent Federation?		
Have I heard of or signed up for the Supported Decision-Making class through Maine Parent Federation?		
Do I know who I should call if I am having a bad day?		
Have I or my guardian asked the school special education team to include adult skills in my IEP?		