

Immunizations for Adults

Adults need vaccines to stay healthy and protect against serious diseases. Vaccines are a key tool for lifelong health. Staying up to date with recommended vaccinations is an important part of preventive healthcare.



Where Can I get Vaccinated?

Check our website to see if your doctor participates in our program at www.ImmunizeME.org or call and ask your healthcare provider if they offer immunizations. If your provider does not participate in our program, ask them to sign up!

If you have questions, contact us at 1-800-867-4775.

You may also visit our website at www.ImmunizeME.org.



Resources

Maine Immunization Program

www.immunizeme.org

American Academy of Pediatrics:

<https://www.healthychildren.org>

American Academy of Family Physicians:

<https://www.aafp.org>

Immunization Action Coalition:

<https://www.immunize.org>

Children's Hospital of Philadelphia

<http://www.chop.edu/centers-programs/vaccine-education-center>

Maine Immunization Records Docket

Maine Immunization Records
Get easy access to your personal and family immunization records.
Back-to-School Forms • Booster Shots • Travel

- 1. Download the free app**
Search "Docket" in the Apple App Store or Google Play Store - or, visit dockethealth.com.
- 2. Set-up your account**
Log in with your Apple or Google account, or create a Docket® account with your email address.
- 3. Search your records**
You can access personal and family immunization records using Docket® if you have a valid phone number or email address on file with Maine's immunization registry (ImmPact). Your name, date of birth, and legal sex entered in Docket® must match your ImmPact record exactly.
For questions about your shots: consult with your care provider, pharmacist, or Maine CDC.
Use of Docket® is 100% optional.

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Maine Universal Immunization Program

(Ages 0 – 64)

What is the Maine Universal Immunization Program?

Maine is a universal vaccine state, which means we provide vaccines to healthcare providers at no cost for individuals 0 – 64 years of age. Vaccine purchases are funded through the federal Vaccines for Children (VFC) program, fees assessed on health insurers who cover Maine lives and federal funding.

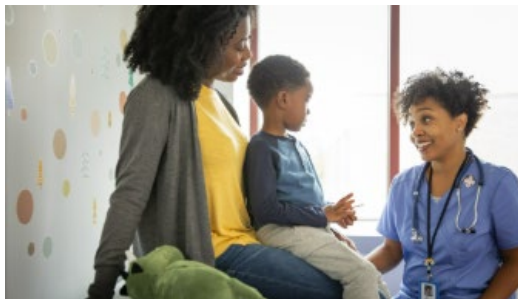
How Much Will I Have to Pay?

All Maine residents 0 – 64 years of age, regardless of insurance status are eligible to receive vaccine at no cost. The doctor's office may charge an administration fee. Even if you cannot afford the fee, you will not be turned away.



21 Diseases That Immunizations Can Prevent:

- [Chickenpox \(varicella\)](#)
- [COVID-19](#)
- [Dengue](#)
- [Diphtheria](#)
- [Flu \(influenza\)](#)
- [Hepatitis A](#)
- [Hepatitis B](#)
- [Hib \(haemophilus influenzae type b\)](#)
- [HPV \(human papillomavirus\)](#)
- [Measles](#)
- [Meningococcal](#)
- [Mpox](#)
- [Mumps](#)
- [Pneumococcal](#)
- [Polio \(poliomyelitis\)](#)
- [Rotavirus](#)
- [RSV \(respiratory syncytial virus\)](#)
- [Rubella \(german measles\)](#)
- [Shingles \(herpes zoster\)](#)
- [Tetanus \(lockjaw\)](#)
- [Whooping cough \(pertussis\)](#)



Check with your healthcare provider to ensure you and your families recommended immunizations are up to date.

Immunizations and Your Baby

Babies are our most precious gift! Keep them safe by making sure they are vaccinated against diseases that can be serious and sometimes life-threatening. Childhood immunizations are proven to be the most effective way to protect your child from serious, potentially deadly diseases.



Immunizations and Your Teen

Some immunizations require several doses. Late spring and summer checkups/physicals for sports and summer camps are a perfect opportunity to get your preteens and teenagers immunized.

