



**MAINE WIC NUTRITION PROGRAM INCOME
ELIGIBILITY GUIDELINES**
(Effective May 1, 2025 – June 30, 2026)

| Household Size | Annual | Monthly | Twice Monthly | Biweekly | Weekly |
|-----------------------|---------------|----------------|----------------------|-----------------|---------------|
| 1 | \$28,953 | \$2,413 | \$1,207 | \$1,114 | \$557 |
| 2 | \$39,128 | \$3,261 | \$1,631 | \$1,505 | \$753 |
| 3 | \$49,303 | \$4,109 | \$2,055 | \$1,897 | \$949 |
| 4 | \$59,478 | \$4,957 | \$2,479 | \$2,288 | \$1,144 |
| 5 | \$69,653 | \$5,805 | \$2,903 | \$2,679 | \$1,340 |
| 6 | \$79,828 | \$6,653 | \$3,327 | \$3,071 | \$1,536 |
| 7 | \$90,003 | \$7,501 | \$3,751 | \$3,462 | \$1,731 |
| 8 | \$100,178 | \$8,349 | \$4,175 | \$3,853 | \$1,927 |
| 9 | \$110,353 | \$9,197 | \$4,599 | \$4,245 | \$2,123 |
| 10 | \$120,528 | \$10,044 | \$5,022 | \$4,636 | \$2,318 |
| 11 | \$130,703 | \$10,892 | \$5,446 | \$5,028 | \$2,514 |
| 12 | \$140,878 | \$11,740 | \$5,870 | \$5,419 | \$2,710 |
| 13 | \$151,053 | \$12,588 | \$6,294 | \$5,810 | \$2,905 |
| 14 | \$161,228 | \$13,436 | \$6,718 | \$6,202 | \$3,101 |
| 15 | \$171,403 | \$14,284 | \$7,142 | \$6,593 | \$3,297 |
| 16 | \$181,578 | \$15,132 | \$7,566 | \$6,984 | \$3,492 |

*Based on OMB Federal Poverty Guidelines – 185% poverty guidelines