

2026-2030 Maine Maternal and Child Health Priorities

Women and Maternal

Priority 1: Improve care for women's mental Health
NPM: Percent of women screened for depression or anxiety following a recent live birth

Priority 2: Improve access to maternal and postpartum care
NPM: Percent of women who:
A) Attended a postpartum checkup within 12 weeks of giving birth and
B) Percent of women who attended a postpartum checkup and received recommended care component

Perinatal and Infant

Priority: Improve access to perinatal care
NPM: Percent of very low birthweight infants born in a hospital with a level III+ NICU

SPM: Percent of women with a recent live birth who experienced any discrimination while getting healthcare during pregnancy, delivery, or at postpartum care

Child

Priority 1: Increase children's physical activity
NPM: Percent of children, ages 6-11, who are physically active at least 60 minutes per day

Priority 2: Improve children's oral health
NPM: Percent of children, ages 1-17, who had a preventive dental visit in the past year

Priority 3: Improve access to comprehensive health care for children
NPM: Percent of children, with and without special healthcare needs, ages 0-17, who have a medical home

Adolescents

Priority 1: Support positive youth development
SPM: Percent of Maine high school students who report they have support from adults other than their parents always or most of the time

Priority 2: Address adolescent mental health needs
NPM: Percent of adolescents ages 12-17 who receive needed mental health treatment or counseling

Children and Youth w/ Special Health Needs

Priority: Improve care coordination for children and families with special healthcare needs

NPM: Percent of children with and without special healthcare needs ages 0-17 who receive needed care coordination