# Maine Center for Disease Control and Prevention WIC Nutrition Program

Effective: October 1, 2020 Revised: October 1, 2023 Policy FD-5

#### **Proxy Assignment**

## Authority

7 CFR § 246.12(r)(1)

#### Policy

- 1. The State Agency allows participants to designate up to two proxies.
- 2. Proxies may take the participant or authorized representative's place for purposes of redeeming benefits, attending appointments for certification of minor participants, or attending appointments for counseling.

### Procedures

- 1. A proxy is any person designated by a WIC authorized representative who is allowed to obtain and transact eWIC benefits, obtain supplemental foods on behalf of the participant, and/or attend appointments on behalf of the participant/authorized representative.
- 2. Participants/authorized representatives may:
  - 2.1. Designate a proxy to redeem eWIC benefits
  - 2.2. Allow a proxy to act on behalf of the authorized representative at counseling and/or certification appointments
- 3. Local WIC Agency staff shall:
  - 3.1. Explain that the designated proxy(ies) must be a reliable person who can bring important health care information back to the authorized representative.
  - 3.2. Ensure the nutrition counseling and health referral components of the program are not compromised by the use of a proxy.
    - 3.2.1. Individuals who are chosen must be deemed able to reliably carry out all functions of a proxy.
    - 3.2.2. The use of a proxy may be denied if deemed inappropriate at the time of an appointment. Examples include but are not limited to:
      - 3.2.2.1. Individuals with cognitive impairments that impact their ability to process or understand oral and/or written communications
      - 3.2.2.2. A pregnant woman or mother of a child who has a teenager she wants to name as proxy
      - 3.2.2.3. Incarcerated individuals

- 3.2.2.4. Individuals who cannot reliably attend WIC appointments
- 4. The following steps must be taken when authorizing a proxy:
  - 4.1. If no proxy(ies) is designated at the first appointment, the participant must name a proxy(ies) by the second appointment.
  - 4.2. If no proxy(ies) is designated by the second appointment, WIC staff will document that the client opts not to name a proxy in the general notes section of the participant file.
  - 4.3. Inform the participant or authorized representative that the only person(s) who can serve as proxy(ies) is/are the individual(s) named on the proxy line(s) of the electronic record.
  - 4.4. If a new proxy is desired, the proxy line in the electronic record must be updated.
  - 4.5. Inform the participant or authorized representative that it is her/his responsibility to instruct the proxy(ies) on WIC food benefit redemption procedures as well as foods allowed on the current WIC food list.
- 5. The identity of a proxy must be verified before issuing WIC benefits. Valid forms of identification shall be requested (see CE-1 for acceptable forms of identification).