

District: Central Date: September 19, 2019

Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting. For agendas and copies of minutes, please see district's website at:

http://www.maine.gov/dhhs/boh/olph/lphd/index.shtml At the July 23 DCC meeting we elected a new SCC Representative and heard updates from our DCC workgroups and meeting attendees. Nicole Poulin from MaineGeneral Health and Jim Wood from KVCAP/DCC Chair presented the results of the District-wide Prevention Messaging Evaluation for the Kennebec Explorer buses and workgroup next steps. We then closed out our 5-year Maine Oral Health Funders project, with Jane Allen, Anne Conners, and Wendie Lagasse from MaineGeneral presenting on the grant work results and impact, and introducing Jane's new maternal/child Community Health Worker (CHW) Role for 2019-20. Nicole Breton, Director of Rural Health, Oral Health, and Primary Care at Maine CDC then briefed us on the New Maine Oral Health Program and upcoming work in the district, and Becca Matusovich, Director of the Partnership for Children's Oral Health, described the Partnership, their strategic priorities, and the Dental Trade Alliance Foundation proposal we drafted together to start the next phase of our district oral health improvement efforts.

Ongoing or upcoming projects or priority issues: District-Wide Prevention Messaging to priority populations; Partners for Recovery (PFR/HRSA) Grant; ACEs-Resilience trainings and resources; input for the Maternal Child Health Needs Assessment; transportation services and volunteer efforts; participation in 211 and tracking issues in service coverage; recruiting/maintaining sector membership; coordination with hospital Implementation Strategies/Shared CHNA; coordinating with recipients of the Maine Prevention Services contracts; vulnerable populations HAN; ongoing sustainability of successful initiatives

Progress with District Public Health Improvement Plan (DPHIP): *Activities planned for completion during the quarter and whether activities are able to be completed on schedule*

- ▶ Use Central District Public Health Unit updates and DCC website to communicate important information to DCC, LHOs, and partners ongoing task with updates going out weekly as needed
- Establish and implement DCC Vaccination Workgroup and communication network ongoing
- ► The Adverse Childhood Experiences (ACEs)-Resilience Workgroup is assisting Healthy Northern Kennebec with the Emily Read Daniels 'Cultivating Trauma-Informed Communities' on September 25
- ▶ PFR Stigma Workgroup and Screening & Referral Workgroups met to continue progress on workplan

Successes achieved

- ▶ The Stigma Workgroup has completed several focus groups and is conducting surveys now of individuals with lived experience, medical staff, front line staff, and community members
- ▶ The ACEs-Resilience Workgroup updated the district training and resources handout and is partnering with KVCAP to include a diaper drive as part of the scheduled September trainings
- The District-Wide Prevention Messaging Workgroup met to develop the new fall playlist
- ▶ The DCC continues to advise the PFR/HRSA Grant and assist with workgroup recruitment

Barriers encountered

- Volunteers for DCC initiatives are reporting that they are increasingly being asked to serve on multiple boards and committees
- ▶ Loss of funding for our Oral Health Community Health Worker beyond year 5
- ▶ DCC Leadership continues to review workgroup charges and possible partnering alternatives to determine how to proceed with funding changes

Structural and Operational changes, including updates in membership: elected new SCC Representative; updated Committee and Workgroup charges and membership; ongoing review of membership and adjusting to turnover/filling gaps in sector representation

In-district or multi-district collaborations: Dental Trade Alliance Proposal; District-Wide Prevention Messaging/PICH Sustainability, PFR/HRSA Grant; Naloxone Distribution; Senior Transportation/Volunteer Driving; Poverty Action Coalition; UWMM and Drug-Free Communities Grant recipients collaboration on ACEs/Resilience; Hospital CHIP and IS (implementation strategy) collaboration; school flu vaccination

Other topics of interest for SCC members: Steadily building participation in and awareness of the DCC has led to more interest in using the DCC to recruit partners and 'asks' to take on work as a district – a good success, but one that highlights our lack of resources to complete some work identified by the DCC.

Central District 2 9/19/19

22 M.R.S.§412 (2011).

A. A district coordinating council for public health shall:

A-1. The tribal district coordinating council shall:

⁽¹⁾ Participate as appropriate in district-level activities to help ensure the state public health system in each district is ready and maintained for accreditation; and

⁽⁴⁾ Ensure that the essential public health services and resources are provided for in each district in the most efficient, effective and evidence-based manner possible.

⁽¹⁾ Participate as appropriate in department district-level activities to help ensure the tribal public health system in the tribal district is ready and maintained for tribal public health accreditation; and

⁽²⁾ Ensure that the national goals and strategies for health in tribal lands and the tribal district health goals and strategies are aligned and that tribal district health goals and strategies are appropriately tailored for each tribal health department or health clinic



District: Cumberland Date: 6/7/19

For agendas and copies of minutes, please see district's website at: http://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district2/council-main.shtml

Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting:

May DCC:

Thirty-one people participated in the full Council meeting on May 17th, 2019. The Council heard and discussed a presentation from an Ad Hoc Task Force on Sexually Transmitted Infections in Cumberland County (see description in "other topics" below). Emer Smith, Maine CDC Field Epidemiologist in Cumberland presented clinical information on syphilis, gonorrhea and HIV and compared rates of infection in Cumberland, Maine and the country. The Task Force is identifying ways to address: a lack of public awareness; a need for improved training, testing and screening by providers; connecting with key partners who can spread key messages on improving sexual health. Presenting to the CDPHC was a first step in building awareness about STIs with stakeholders.

CDPHC has been undergoing a Communications and Advocacy Action Planning (CAAP) Process with consultant, Chioma Nnaji. The main goal is to communicate the mission statement, vision, and roles of the council broadly to diverse stakeholders. CDPHC wants to be able to share public health related information and data. Another goal is broadening the understanding of public health to the general population. Additionally, CDPHC wants to engage stakeholders and identify one advocacy issue and implement a call to action – this work will then act as a template for further advocacy action. The CDPHC Executive Committee has been coming up with ideas on its role within an advocacy issue, starting with Mental Health, then moving towards the other top priorities: Sexual Health, and ACEs and Poverty. Through a collaborative process, CDPHC members have narrowed the priority focus to youth mental health. Participants in the May meeting discussed possible Mental Health and STI advocacy that the Council could undertake.

CDPHC has launched a newsletter, the next step is to pilot advocacy protocols. A communications committee is being established to provide input on content for the CDPHC newsletter and advocacy work. The newsletter was launched with 4 weekly newsletters that included information on CDPHC, Executive Committee members and a message from the Chair, Zoe Miller. Moving forward, newsletters will be sent 6 times annually, on months that the Council doesn't meet. Additional action alerts and updates will be sent at other times.

Executive Committee:

Members of the Executive Committee have met regularly with the Consultant to map out a communications and advocacy plan around Council priorities and roles, most recently on 6/7/2019 to finalize communication and advocacy protocols. For meeting minutes, archived newsletters, a calendar of events and other CDPHC related documents, visit: https://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district2/council-main.shtml

The next full Council meeting will be held on July 19th, 2019 from 10am - 12 noon, location to be determined.

Ongoing or upcoming projects or priority issues:

A Maine CDC mini-grant for implementation of district-level strategies related to the DPHIP was awarded to the Lakes Region Substance Awareness Coalition (LRSAC). Planning has begun under the grant for a stakeholder roundtable, treatment resource mapping and promotion of trauma-informed care model for the region.

Progress with District Public Health Improvement Plan:

Notice that the DPHIP process is being postponed was sent to members of the Executive Committee, and the CDPHC members were informed of this at the May meeting.

Structural and Operational changes, including updates in membership:

N/A

In-district or multi-district collaborations:

Cumberland Maine Shared CHNA Working Group met on May 28th, 2019. The group will continue to meet monthly for the foreseeable future as hospitals work on CHNA implementation plans. The group's purpose is to coordinate and communicate the priorities each member is working on; to identify any gaps; and to focus on social determinants of health and health disparities.

Other topics of interest for SCC members:

- Cumberland District Liaison convened an ad hoc task force on sexually transmitted infections, with participation
 from Maine CDC Infectious Disease Program staff, HIV/STI Epidemiologist, Cumberland Field Epidemiologist, HIV
 prevention, Public Health Nursing, City of Portland Public Health/India Street Clinic, Speak About It, and Planned
 Parenthood. Group will continue to meet and develop next steps. For more information contact
 Kristine.L.Jenkins@Maine.gov
- A day-long workshop on PTSD and Suicide Prevention for First Responders was held on May 11th, organized by Cumberland DL, Gray Fire Rescue, VA Suicide Prevention Team, Cumberland County Sherriff's Office and Team Rubicon. For more information contact Kristine.L.Jenkins@Maine.gov

22 M.R.S.§412 (2011).

A. A district coordinating council for public health shall:

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- A-1. The tribal district coordinating council shall:
- (1) Participate as appropriate in department district-level activities to help ensure the tribal public health system in the tribal district is ready and maintained for tribal public health accreditation; and
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District: Cumberland Date: 9/6/19

For agendas and copies of minutes, please see district's website at: http://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district2/council-main.shtml

Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting:

July DCC:

Sixty-four people participated in the full Council meeting on July 19th, 2019, at the Opportunity Alliance in South Portland. We opened the meeting with a de-brief on the response to the influx of asylum seekers in Portland. City of Portland's Director of Health and Human Services, Kristen Dow, and Emergency Management Coordinator, Caity Hager, presented to the group on the City's response; Kristine Jenkins reported on Maine CDC's response; and Zoe Miller provided information on Greater Portland Council of Governments (GPCOG) involvement in re-settling families in to private host homes.

Youth Mental Health is a top priority for CDPHC, and at the July Council meeting four of members of the Cumberland County Youth Policy Board (CCYPB – in cooperation with MYAN) presented on their work to address issues that affect their peers. Utilizing surveys, focus groups, and interviews, the CCYPB decided to focus their efforts on mental health and racism. CDPHC will continue to seek input from the CCYPB as we develop our own actions around Youth Mental Health.

CDPHC has been undergoing a Communications and Advocacy Action Planning (CAAP) Process with consultant, Chioma Nnaji. The main goal is to communicate the mission statement, vision, and roles of the council broadly to diverse stakeholders. CDPHC wants to be able to share public health related information and data. Another goal is broadening the understanding of public health to the general population. Additionally, CDPHC wants to engage stakeholders and identify one advocacy issue and implement a call to action – this work will then act as a template for further advocacy action. The CDPHC Executive Committee has been coming up with ideas on its role within an advocacy issue, starting with Mental Health, then moving towards the other top priorities: Sexual Health, and ACEs and Poverty. Through a collaborative process, CDPHC members have narrowed the priority focus to youth mental health. An update on progress of the CDPHC's Youth Mental Health Working Group was provided at the July meeting.

Executive Committee:

Members of the Executive Committee have met regularly with the Consultant to map out a communications and advocacy plan around Council priorities and roles, most recently on 9/6/2019 to finalize communication and advocacy protocols. For meeting minutes, archived newsletters, a calendar of events and other CDPHC related documents, visit: https://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district2/council-main.shtml

The next full Council meeting will be held on September 20th, 2019 from 10am – 12 noon, at Northern Light Health in South Portland. Cumberland County District Attorney, Jonathan Sahrbeck will address the Council to inform us about his prevention-focused approach and in order to forge closer relationships with public health stakeholders. We will also have a briefing on open enrollment by Consumers for Affordable Health Care. With open Enrollment coming up November 1 -

December 15, we'll look at ways we can promote enrollment, given that since Governor Mills enacted Medicaid Expansion, more than 70K Mainers who were in a coverage gap became eligible for MaineCare and just over 30K of them have signed up and been enrolled.

We'll also review a position paper prepared by members of the Council's working group on Youth Mental Health, and Influenza vaccinations will be provided for any interested Council meeting participants.

Ongoing or upcoming projects or priority issues:

A Maine CDC mini-grant for implementation of district-level strategies related to the DPHIP was awarded to the Lakes Region Substance Awareness Coalition (LRSAC). The grant was intended to support a stakeholder roundtable, treatment resource mapping and promotion of trauma-informed care model for the region that would be completed by June 2019. In July the Executive Director of LRSAC informed CDPHC that they are unable to fulfil the terms of the grant.

Progress with District Public Health Improvement Plan:

CDPHC is continuing to develop plans around the following Council Priorities: Sexual Health; Youth Mental Health and ACEs/Poverty

Structural and Operational changes, including updates in membership:

N/A

In-district or multi-district collaborations:

Cumberland Maine Shared CHNA Working Group met on May 28th, 2019. The group will continue to meet regularly for the foreseeable future (July and August meetings were re-scheduled) as hospitals work on CHNA implementation plans. The group's purpose is to coordinate and communicate the priorities each member is working on; to identify any gaps; and to focus on social determinants of health and health disparities.

Other topics of interest for SCC members:

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Template updated 03/2015 (CTG section removed)

District: Downeast Date: September 19, 2019

Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting. SCC meeting materials and general information can be found at http://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district7/council-main.shtml.

District Public Health Council Meetings

July 19, 2019 in Milbridge with twenty-six (26) participants: eighteen (18) in person and eight (8) on Adobe.

The agenda action items:

- Deeper Dive: Genetics, Environment and Alzheimer's Disease Susceptibility by Amy Dunn, PhD, Jackson Laboratory;
- The Healthy Brain Initiative by Adam Lacher, Alzheimer's Association, Maine Chapter.
- District Public Health Priorities: Community Health Needs Assessment Reports; Cancer Patient Navigator Referral Process Update & Cancer in Downeast, Rosemary Nguyen, Hanley Summer Intern.

2019 Meetings: 1/18, 3/15, 5/17, 7/19, 9/20 and 11/15

Executive Committee Meetings August 16, 2019 by conference call

- Downeast Website now includes link to SOP manual binder under EC page.
- Review and confirm September 20 council meeting agenda: Rebecca Boulos, Maine Public Health Association as Deeper Dive and prevention services discussions.

Ongoing or upcoming district projects or priority issues:

- 2019 DPHIP Funded project: Patient who use ED for primary care and are found to have cancer==referral process being created and tested by cancer patient navigator.
- 2019 Summer Hanley Intern, Rosemary Nguyen evaluated breast cancer health delivery model from last year and assessed health literacy knowledge in communities through a sample of public libraries in Washington County.

Downeast District 1 September 11, 2018

¹Section 5. 22 MRSA c. 152

A district coordinating council for public health shall:

- 1. Participate as appropriate in district-level activities to help ensure the state public health system in each district is ready and maintained for accreditation:
- 2. Provide a mechanism for district-wide input to the state health plan under Title 2, section 103:
- 3. Ensure that the goals and strategies of the state health plan are addressed in the district; and
- 4. Ensure that the essential public health services and resources are provided for in each district in the most efficient, effective and evidence-based manner possible

A-1. The tribal district coordinating council shall:

(1) Participate as appropriate in department district-level activities to help ensure the tribal public health system in the tribal district is ready and maintained for tribal public health accreditation; and

(2) Ensure that the national goals and strategies for health in tribal lands and the tribal district health goals and strategies are aligned and that tribal district health goals and strategies are appropriately tailored for each tribe and tribal health department or health clinic

Progress with District Public Health Improvement Plan:

- Cardiovascular Health, Drug and Alcohol Use, & Mental Health: no current funded projects.
- Cancer==cancer patient navigator project that initiates a referral process for patients without a PCP who use the ED for primary care and are diagnosed with cancer; breast cancer screening worksite initiative; health literacy and key health information sources for cancer; outreach at cancer conferences.

Structural and Operational changes, including updates in membership:

• Sunrise County Economic Council as new member.

In-district or multi-district collaborations:

- Commissioner Lambrew and staff were in Calais Monday, August 26th for a listening session on Rural Health Transformation.
- Downeast Public Health District hosted an information table on cancer prevention at the Passamaquoddy Tribe at Pleasant Point's 2019 Health Fair August 9, 2019.
- Ongoing Maine Prevention Services work in obesity, substance use, tobacco, and youth engagement.
- Ongoing collaborative work on opioid treatment, prevention, and recovery occurring in both counties.
- Healthy Brain Initiative: Maine CDC and Office of Aging and Disability Services in
 collaboration with Alzheimer's Association Maine Chapter are working on a Planning Lab
 to develop a work plan by March 2020 for building awareness to the public and public
 health professionals (including healthcare) around risk prevention of Alzheimer's disease
 and dementia related disease and for building better screening tools for early detection of
 the disease.

Questions/Comments for SCC:

- When the SCC is having a discussion on a health issue or topic, what role does the DCC Representative take in getting feedback from the district council?
- How can we connect issues at the SCC with our district councils and have a better dialogue?





District: Midcoast Date: June 20, 2019

Brief review of decisions and outcomes from Steering Committee and DCC meetings held since last SCC meeting.

- At the April 9, 2019, Council Meeting, Carrie Kinne, the Executive Director of the Kennebec Estuary Land Trust, presented on the Regional Trails Connecting Maine initiative
- The June 11th Council meeting included a presentation on Elder Abuse Awareness and Prevention by Lt. Patrick Hood of the Maine State Police, and Chris Wolff of the Elder Institute of Maine.

Ongoing or upcoming projects or priority issues:

- District Public Health Improvement Plan (DPHIP) funding provided the opportunity for eighty (80) persons from around the District to complete the National Alliance on Mental Illness, Maine (NAMI Maine) Youth Mental Health First Aid training. One training per county was conducted, and a follow-up survey will be sent to participants three (3) months after class completion.
- With the recent decision by Maine CDC to review the DPHIP structure and process, and to postpone implementation of a new DPHIP until June 1, 2020, the Council opted to continue work on the current DPHIP.

Progress with District Public Health Improvement Plan:

- Members of the Elevated Lead Levels Oversight Committee have worked with two
 pediatric practices to increase the blood lead level testing rates. The challenge is that
 the Committee has not been able to secure specific data about increased blood
 screening at those practices; Maine CDC is working on a project that will provide
 practice-level screening rate data. There is a bill pending in the Legislature (LD 1116)
 that would require screening for all one and two-year old children.
- The Obesity Oversight Committee continues to identify opportunities for low-to-nocost physical activity opportunities. Discussion at the June 11th meeting included convening a meeting with Mid Coast Hospital staff to learn more about the success of its summer trail challenge, and trail guides.
- The Mental Health Oversight Committee has been actively involved in coordination and delivery of the Youth Mental Health First Aid training.

Midcoast District Page 1 of 2 June 20, 2015

22 M.R.S. §412 (2011). A. A district coordinating council for public health shall: (1) Participate as appropriate in district-level activities to help ensure the state public health system in each district is ready and maintained for accreditation; and (4) Ensure that the essential public health services and resources are provided for in each district in the most efficient, effective and evidence-based manner possible.

Structural and operational changes, including updates in membership:

 Julie Daigle has been hired as the new Midcoast, Penquis and Central Districts' Council Coordinator. Julie replaces Council Coordinator Phoebe Downer who left the position on May 10th to pursue a graduate degree in Public Health, at Columbia University.
 Ms. Daigle, who most recently worked as a Community Outreach Coordinator for Healthy Acadia in the Downeast District, will join us on June 24th.

In-district or multi-district collaborations:

 The Knox County Recovery Collaborative is working on a system-level change to address inmate substance use disorder through treatment and therapy during incarceration, and as inmates transition back into society. An April 11th roll-out meeting in Rockland drew many clinicians, law enforcement, public health professionals, and concerned citizens.

Midcoast District Page 2 of 2 June 20, 2019

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District: Midcoast Date: September 19, 2019

Brief review of decisions and outcomes from Steering Committee and DCC meetings held since last SCC meeting.

- At the September 10, 2019, Midcoast Public Health Council (MPHC) meeting:
 - o Maine CDC Director Nirav Shah spoke with Council members about his first few months on the job, and his strategic and tactical goals for the agency.
 - Doreen Fournier, Program Manager of the Maine Substance Use Prevention Services (SUPS) and Nick Beverage, Program Coordinator, provided an update about SUPS efforts in Maine.
 - Melissa Fochesato was re-appointed by the Council as its Statewide Coordinating Council representative. Connie Putnam will continue to serve as the SCC alternate.

Ongoing or upcoming projects or priority issues:

 The Council is awaiting the results of participant surveys, in follow-up to the National Alliance on Mental Illness, Maine (NAMI Maine) Youth Mental Health First Aid (YMHFA) training conducted in the District earlier this year.

Progress with District Public Health Improvement Plan:

- The Elevated Lead Levels Oversight Committee reported that the number of 2-yearolds receiving blood-lead-level testing in the District has increased, as compared to the number tested in 2017; testing of 1-year-olds realized a modest increase during the same period.
- The Obesity Oversight Committee met at the September 10th MPHC meeting and discussed:
 - Securing presentations from area land trusts and conservancies at District events;
 - o Continuing its review of resource-guides in the District;
 - Raising awareness of existing resources by better utilizing the MPHC website calendar; and,
 - Promoting existing physical activity challenges to members of the community and increasing involvement by local businesses.

Midcoast District Page 1 of 2 September 19, 201

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• At the September 10th MPHC meeting, the Mental Health Oversight Committee talked about issues surrounding unpaid caregivers living with someone with cognitive decline (e.g., Alzheimer's/dementia), and the creation of a resource guide.

Structural and operational changes, including updates in membership:

• The MPHC Steering Committee is preparing a membership crosswalk, and Bylaws review, to present at the November Council meeting.

In-district or multi-district collaborations:

 The Alzheimer's Association is working with the Office of Aging & Disability Services and Maine CDC on cognitive brain decline and Healthy Brain Initiative Planning.
 Multiple District Coordinating Councils, including Midcoast, have received Alzheimer's overviews.

Midcoast District Page 2 of 2 September 19, 2015

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Statewide Coordinating Council for Public Health



District Coordinating Council Update

District: Penguis Date: September 19, 2019

Brief review of decisions and outcomes from Steering Committee and DCC (District Coordinating Council) meetings held since last SCC (State Coordinating Council) meeting.

- The Penquis DCC Community Engagement Committee shared the Areas of Work excel sheet with DCC members. It highlighted the areas in which hospitals, community, and public health are focusing future planning efforts. Substance use, social determinants of health, mental health and access to care were the top four areas that many partners will be focusing on for the next couple of years. The DCC plans on taking this into consideration as it works towards future planning goals.
- Matt Dexter from the Christina B. Foundation presented to the DCC. Christine B. Foundation strives to build a community of support for those affected by cancer in Eastern Maine.
 Matt has been meeting with the community to explore many issues and barriers for those who have cancer in Northern and Eastern Maine.

Ongoing or upcoming projects or priority issues:

- Oral Health Community Conversation in Piscataguis County
- Mobility Management- Engagement with Statewide project work

Progress with District Public Health Improvement Plan:

• The Piscataquis Regional Food Center (PRFC) completed the SNAP trainings by June. They trained volunteers to assist people signing up for SNAP benefits. Mayo Regional held an application clinic to help individuals sign up. There was limited participation so the hospital may try another day and ask for appointments versus walk-in appointments. Other partners are also planning follow-up activities in response to receiving the training.

Structural and operational changes, including updates in membership:

- Jennifer Doyle, Bangor Health and Community Services
- Larry Clifford, The Schmidt Institute
- Matt Dexter, Christine B Foundation

In-district or multi-district collaborations:

- Oral health project- Penquis DCC, Partnership for Children's Oral Health, Helping Hand with Heart, and University of Maine
- Maine Prevention Service Grant- Maine CDC
- Thriving in Place (MeHAF Grant Initiative), Millinocket, Old Town, Orono, Veazie, Dover-Foxcroft
- Save-a-Life Coalition in the greater Lincoln Region
- Helping Hands with Heart
- Piscataquis Regional Food Center-SNAP Training

Other topics of interest for SCC members:

- Oral health and access to oral health care, in the youth population.
- Transportation- Mobility Management

Penquis District Page 1 of 1 March 8, 2019

22 M.R.S. §412 (2011). A. A district coordinating council for public health shall: (1) Participate as appropriate in district-level activities to help ensure the state public health system in each district is ready and maintained for accreditation; and (4) Ensure that the essential public health services and resources are provided for in each district in the most efficient, effective and evidence-based manner possible.



District: Tribal District

Date: 6/20/2019

Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting. For agendas and copies of minutes, please see district's website at: http://www.maine.gov/dhhs/boh/olph/lphd/index.shtml

Latest DCC Meeting was held on May 8, 2019

Ongoing or upcoming projects or priority issues:

- Tribal Liaison continues to convene quarterly DCC meetings. Next Tribal DCC meeting is in July 2019.
- Opioid workgroup continues to meet regularly
- Tribal Data sharing agreements and processes to be exercised in a tabletop
- o Community Health Improvement Plans for each Tribal Community remain a priority

Progress with District Public Health Improvement Plan (DPHIP):

- o Community Health Improvement Plans (CHIP) for each Tribal community are in progress
- o Tribal Data Sub-Committee continues to meet to discuss data relevant to CHIP
 - o Work with WPH continues to address prevention activities with the Tribal District

In-district or multi-district collaborations:

- District Liaison will continue to attend Penquis, and Penquis Steering Committee. Community
 representation will be identified and continue to be present for the Downeast and Aroostook
 DCCs.
- In-District Collaboration:
 - ✓ DL and WPH join to address Data Sharing Agreements and their importance within the Tribal District

Other topics of interest for SCC members:

- Ongoing Let's Go! Activities: Obstacle course K-3rd grade at Indian Island School, Obstacle course with Youth Program at Houlton Band of Maliseet; Canoeing with Rising Eagles (Rising Eagles is an experiential learning program for 6th graders from the Beatrice Rafferty School in Sipayik.; Sugar demonstration and Fruit water at Beatrice Rafferty School; Let's Go! Wellness Policy passed for Maine Indian Education Schools (Indian Island Elementary, Beatrice Rafferty and, Indian Township School)
- SNAP-Ed program has ongoing activities, successful PSE work, hydroponic classroom garden with Indian Island School and successful transplant to community garden; Coordinating with community members at Penobscot Nation to develop Penobscot

Tribal District 1 9/20/2018

22 M.R.S.§412 (2011).

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Nation Farmer's Market; Cooking Matters and Ten Tips with Adults and Elders at Wabanaki Health and Wellness Peer Center, and Penobscot Nation Social Services. Cooking Matters and Ten Tips with Headstarts in the District, Penobscot Nation Children's Center and Little Feathers in Presque Isle.

- Tobacco program has a new hire! Kyle Lolar is the new Tobacco Coordinator; Policy passed through Maine Indian Education-policy banning Commercial Tobacco and includes ENDS and Tobacco 21.
- Maliseet Tribal Wellness Program in Houlton, a program through Wabanaki Public Health; Ongoing activities include gardening, the planting of the "3 Sisters" (3 Sisters are corn, beans and squash); 14 raised cedar garden beds built for more community access to fresh foods/vegetables; Seasonal traditional meal for the community, Community canoeing events in June; Lacrosse Festival June 22nd.
- O SUPS, our Substance use prevention program publishes a bi-monthly newsletter; Toilet Reports-which are substance use prevention messages and resources placed in restrooms; the SUPS team has had tables at the Tribal College and Career Fair in Calais, in Sipayik for the Community Baby Shower, Youth Prevention Day in Aroostook County where Risk and Protective Factors are presented, and SUPS team went to the Spring into Healthier Family Connections gathering in Aroostook Band of Micmac community.
- O Youth Engagement (MYAN) also helped out with the Aroostook Band of Micmac gathering, Spring into Healthier Family Connections; Youth Council Meetings are ongoing in each Tribal Community; 7 youth will be attending at UNITY (United National Indian Tribal Youth) conference in Orlando, Florida in July. Regalia making in the works for youth attending; Maliseet Youth Council to host "Skate Night" fundraiser at the Rollerama in Houlton; Penobscot Nation Youth Council is raffling off a hand drum as a fundraiser.; Intertribal youth gathering, District wide participation at Nibezun, Passadumkeag July 30-Aug 1st, 2019; Project Venture implementation to begin in the Fall 2019
- Native Connections-Suicide Prevention has been hosting hand drum making workshops. The team as been trained in ASIST (Applied Suicide Intervention Skills Training), Saige Purser is now an Instructor for Youth Mental Health First Aide; Family Fun Day June 9th in Indian Township, WPH program domains with be present.

Tribal District 2 9/20/2018

22 M.R.S.§412 (2011).

A. A district coordinating council for public health shall:

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⁽¹⁾ Participate as appropriate in district-level activities to help ensure the state public health system in each district is ready and maintained for accreditation; and

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⁽¹⁾ Participate as appropriate in department district-level activities to help ensure the tribal public health system in the tribal district is ready and maintained for tribal public health accreditation; and

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District: Tribal District

Date: 9/16/2019

Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting. For agendas and copies of minutes, please see district's website at: http://www.maine.gov/dhhs/boh/olph/lphd/index.shtml

Latest DCC Meeting was held on May 8, 2019

Ongoing or upcoming projects or priority issues:

- Tribal Liaison continues to convene quarterly DCC meetings. Next Tribal DCC meeting is in July 2019.
- Opioid workgroup continues to meet regularly
- o Tribal Data sharing agreement request form to be uploaded on WPH website
- o Community Health Improvement Plans for each Tribal Community remain a priority

Progress with District Public Health Improvement Plan (DPHIP):

- o Community Health Improvement Plans (CHIP) for each Tribal community are in progress
- o Tribal Data Sub-Committee continues to meet to discuss Tribal public health data
 - o Work with WPH continues to address prevention activities with the Tribal District

In-district or multi-district collaborations:

- District Liaison will continue to attend Penquis, and Penquis Steering Committee. Community representation will be identified and continue to be present for the Downeast and Aroostook DCCs.
- In-District Collaboration:
 - ✓ DL and WPH join to address Data Sharing Agreements and their importance within the Tribal District
 - ✓ Planning for 2020 Waponaki Health Needs Assessment

Other topics of interest for SCC members:

- o Ongoing Let's Go! Activities: Obstacle course K-3 rd grade at Indian Island School,
- o Drum making with Youth Program at Houlton Band of Maliseet; Let's Go! Wellness Policy passed for Maine Indian Education Schools (Indian Island Elementary, Beatrice Rafferty and, Indian Township School)
- SNAP-Ed program has ongoing activities, successful PSE work; Coordinating with community members at Penobscot Nation to develop Penobscot Nation Farmer's Market; Cooking Matters and Ten Tips with Adults and Elders at Wabanaki Health and Wellness Peer Center, and Penobscot Nation Social Services. Cooking Matters and

Tribal District 1 9/16/2019

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Ten Tips with Headstarts in the District, Penobscot Nation Children's Center and Little Feathers in Presque Isle.

- o Tobacco program has ongoing activities and workshops within the Tribal communities.
- o Maliseet Tribal Wellness Program in Houlton, a program through Wabanaki Public Health; Ongoing activities;14 raised cedar garden beds built for more community access to fresh foods/vegetables; Seasonal traditional meals for the community.
- O SUPS, our Substance use prevention program publishes a bi-monthly newsletter; Toilet Reports-which are substance use prevention messages and resources placed in restrooms; WPH SUPS program hosted the Intertribal Youth Gathering at Nibezun, WPH program domains helped to facilitate workshops on prevention.
- o Youth Engagement: Project Venture implementation to begin in September 2019
- Native Connections-Suicide Prevention has been hosting hand drum making workshops. The team has been trained in ASIST (Applied Suicide Intervention Skills Training), Saige Purser is now an Instructor for Youth Mental Health First Aid..

Tribal District 2 9/16/2019

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District: Western

September 19, 2019

For agendas and copies of minutes, please see district's website at: http://www.maine.gov/dhhs/boh/olph/lphd/index.shtml

Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting:

9/13/2019 DCC meeting had discussion around what strategies the local hospitals were working on around the Community Health Needs Assessment forums. These hospital strategies included:

St Mary's Hospital will be focusing on substance use and mental health, food insecurity (efforts through the Nutrition Center for emergency food pantry, community gardens, and mobile farmer's market). They will also be partnering with Central Maine Medical Center to address youth vaping, and partnering with the Androscoggin Community Stakeholder Coalition to work on Adverse Childhood Experiences (ACEs).

Central Maine Medical Center will be focusing on social determinants of health, specifically transportation. CMMC will be working on researching the extent of the transportation problem in Androscoggin county, building capacity, advocating for an improved statewide non-emergency transportation system, and will create a pilot program. CMMC will also be working on building capacity.

Franklin Memorial Hospital will be focusing on social determinants of health, specifically poverty and food insecurity, mental health (expanding services), substance use, obesity (targeting high school students) and access to care (transportation).

Rumford Hospital will be focusing on behavioral health to improve ACEs education, provide education on Mental Health First Aid, and suicide prevention. They will also be focusing specifically on ACEs, to train hospital staff & patients, as well as, embed ACEs screenings in the HER and ER screenings.

2019 Western DCC Meeting schedule and locations:

March 8th, 2019: Androscoggin Home Healthcare & Hospice: Lewiston, Maine June 14th, 2019: River Valley Healthy Communities: Rumford, Maine (cancelled)

September 13th, 2019: Franklin Memorial Hospital: Farmington, Maine December 13th, 2019: River Valley Healthy Communities: Rumford, Maine

Ongoing or upcoming projects or priority issues:

Penny Sargent from Maine CDC was unable to attend this DCC meeting and will be rescheduled for the December DCC meeting to have a discussion on STD occurrences throughout the Western district.

Early next year the DCC will have someone come and present on the new marijuana rules.

Statewide Coordinating Council for Public Health

District Coordinating Council Update

Progress with District Public Health Improvement Plan:

DL has attended several meetings with district partners around hospital implementation plans around the results of the CHNA. Social determinants have been a big focus in all three counties.

Structural and Operational changes, including updates in membership:

9/13/2019 DCC Meeting: Mike Hatch was voted in as the vice chair for the DCC, and Erin Guay was voted in as the SCC Representative.

In-district or multi-district collaborations:

Other topics of interest for SCC members:

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District: York District Date: 09/19/2019

For agendas and copies of minutes, please see district's website at: http://www.maine.gov/dhhs/boh/olph/lphd/index.shtml

Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting:

The Executive Committee continues to meet regularly.

The last meeting took place on September 9th and featured Maine CDC Director Nirav Shah MD, JD speaking about his first few months as ME CDC Director, and some of the potential directions the CDC work will head in the future.

York Hospital and Southern Maine HealthCare also presented on the status of their Community Health Improvement Plans, and how they will be incorporated in to the new District Plans when they are finalized.

Becca Matusovich Director of Partnerships for Children's Oral Health presenting on a grant opportunity for York District. This would help increase access to services while collecting data to get a better picture on the landscape of children's oral health.

An overview of the meeting will be provided on the next report. If anyone would like to attend, please reach out to either York District Public Health Liaison adam.hartwig@maine.gov or Council Coordinator Emilee.winn@maine.gov

Ongoing or upcoming projects or priority issues:

Healthy Living Collaborative meet on August 1st. The meeting focused on the work being done by a collaborative in Oxford County. The goal of this organization is to promote resource sharing, training, and potential funding opportunities to maximize working being done in Oxford County. A round table of updates and collaborative ideas followed. This was a well-attended and well received meeting, and future meetings are in the process of being scheduled.

The Substance Misuse work group met on September 3rd. The meeting focused on updates from Maine Prevention Services, Drug Free Communities, and the Maine CDC staff. The purpose and focus of the meeting was to allow all parties working on prevention to share ideas, successes, barriers, and areas for collaboration to maximize impact and reduce duplication. This group will continue to meet quarterly.

Progress with District Public Health Improvement Plan:



Structural and Operational changes, including updates in membership:

In-district or multi-district collaborations:

York County Shelter Programs, York County Community Action, and Maine CDC have been working together to try an address the homeless issue in Sanford. A temporary resource center has been opened for a few hours a day on selected days to try and align those who are interested with help.

Other topics of interest for SCC members:

The York County District Liaison in partnership with the Alzheimer's association is convening a task force to work on Alzheimer's and Dementia issues within the district. A draft work plan has been developed, and we have already started the implementation phase. Activities include educational sessions on Alzheimer's and Dementia with community groups, promoting a cognitive assessment pilot project being done by Southern Maine Healthcare, and working towards district readiness for implementation of the Bold Act. Starting September 4 University of New England interns will be participating in the task force, information on their projects will be forth coming.

The York District Hoarding work continues to meet and provide education despite the loss of funding. Currently the District Liaison, Executive Directors from Fair Tide and York Community Service Association, and York Director of Code Enforcement are meeting to look for funding opportunities to ensure the work continues.

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