



## Maine Healthy Air: Real Stories

### THE CLEAN AIR ACT AND REAL STORIES

**We need the Clean Air Act.** The promise of the Clean Air Act is healthy air to breathe. We have kept this promise for more than 40 years, but now it is under attack in Congress by those who want to weaken the Clean Air Act and allow more toxic pollutants. The data is clear: this would harm children, older adults, those with asthma and other lung diseases, and many others. But the data is not enough.

**We need real stories to protect our air and the Clean Air Act.** Help us show our members of Congress that clean air is essential. Tell us why clean air is important to you: share your story.

**Real stories make an impact.** There is nothing like hearing about a real person living with a health condition that is caused or worsened by air pollution to help lawmakers understand why clean air is essential. Real stories create a visual and bring a name and a face to the issue---and this is far more powerful than any set of facts and figures we could provide.

### HOW WE USE REAL STORIES

**We work with you.** If you're willing to share your story, we work with you to determine ways to share your story that are most comfortable for you. There are many ways to share your story, and the choice is entirely yours.

- [Let us mention you in a letter to the editor or to a lawmaker](#)
- [Work with us to write a letter yourself](#)
- [Attend a press event and share your story](#)
- [Meet directly with your member of congress and share your story](#)

**There are many options,** and it's up to you how you would like to be engaged. No matter which way you choose to be involved, your story will help us protect the Clean Air Act and the air we breathe.

### YES, I'LL SHARE MY STORY TO HELP DEFEND THE CLEAN AIR ACT

Name: \_\_\_\_\_

Town: \_\_\_\_\_

Phone Number: \_\_\_\_

Email Address: \_\_\_\_\_

I am:

A Parent of a Child with Asthma

An Adult with Asthma or Another Lung Disease

An Adult with Cardiovascular Disease

The Relative of Someone Affected by Unhealthy Air

Someone with A Different Story

To learn more or get involved, please contact: Effie Craven at [ecraven@lungne.org](mailto:ecraven@lungne.org) or (207) 624-0323