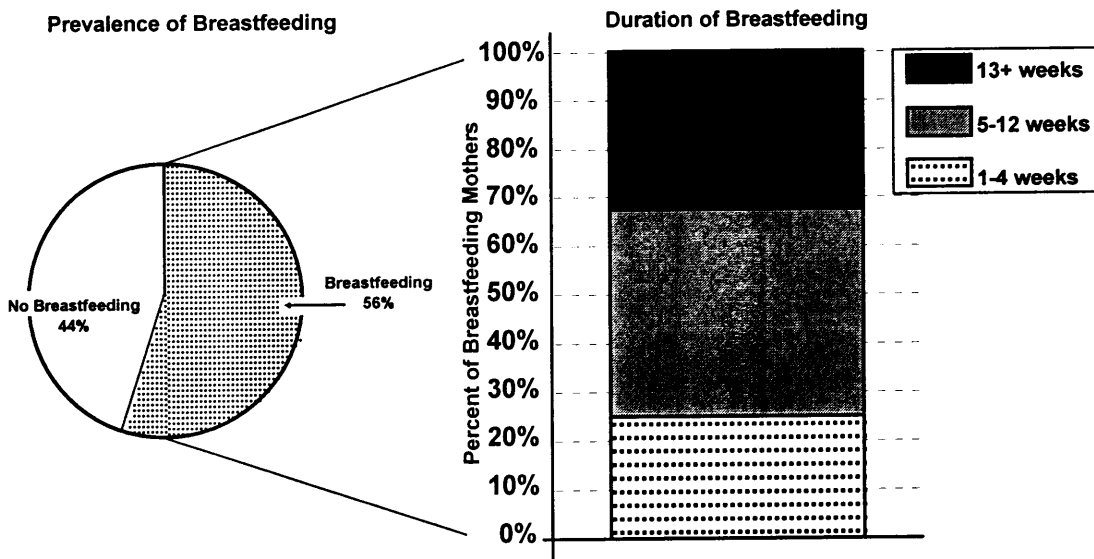


PREVALENCE OF BREASTFEEDING

Data from the
MAINE PREGNANCY RISK ASSESSMENT MONITORING SYSTEM (PRAMS)
 1988 - 1992

- ➔ One of the National Health Objectives for the Year 2000 is to increase the prevalence of breastfeeding in the first weeks after delivery to at least 75%.¹
- ➔ 56% of Maine mothers breastfeed in the first weeks after delivery; this is true of 54% of mothers nationwide.¹
- ➔ 26% of Maine breastfeeding mothers continue unsupplemented nursing less than 5 weeks; 42% do so for 5 to 12 weeks.

Prevalence and Duration of Unsupplemented Breastfeeding in Maine



- ➔ Breastmilk not only contains protective anti-infective agents, but meets the complete nutritional needs of the baby as well.²

Footnotes 1, 2: Citations available upon request.

For further data on this topic, please contact:
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John R. McKernan, Jr.
 Governor



Jane Sheehan
 Commissioner

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