

# 2008

# Behavioral Risk Factor Surveillance System

# Maine (Part A)

# December 2007

U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Disease Control and Prevention

National Center for Chronic Disease Prevention and Health

# Promotion

Division of Adult and Community Health

# 2008 Maine BRFSS (Part A)

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### Introduction and Random Adult Selection Module

#### INTROQST

HELLO, I'm calling for the Maine Center for Disease Control and Prevention. My name is [INTERVIEWER NAME].

We are gathering information about the health of **Maine** residents. This project is conducted with assistance from the National Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

INTERVIEWER NOTE: THE MAINE CENTER FOR DISEASE CONTROL AND PREVENTION (CDC) IS FORMERLY THE MAINE BUREAU OF HEALTH.

## Is this [XXX-XXX-XXXX]?

CORRECT NUMBER (PROCEED TO NEXT QUESTION)
 NUMBER IS NOT THE SAME
 SKP → WRONGNUM

WRONGNUM - IF INTROQST = 2

Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time.

PRIVRES - IF INTROOST = 1

Is this a private residence?

1. YES, CONTINUE SKP → ISCELL

2. NO, NON-RESIDENTIAL SKP  $\rightarrow$  NONRES

NONRES - IF PRIVRES = 2

Thank you very much, but we are only interviewing private residences.

ISCELL - IF PRIVRES = 1

Is this a cellular telephone?

READ IF NECESSARY: By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood.

1. NO, NOT A CELLULAR TELEPHONE, CONTINUE.SKP  $\rightarrow$  ADULTS2. YES, A CELLULAR TELEPHONESKP  $\rightarrow$  CELLYES

CELLYES - IF ISCELL = 2

Thank you very much, but we are only interviewing land line telephones and private residences.

#### ADULTS - IF ISCELL = 1

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

\_ \_ ENTER NUMBER OF ADULTS IF ADULTS = 1 SKP → ONEADULT

#### MEN

How many of these adults are men?

\_ \_ ENTER NUMBER MEN

#### WOMEN

How many of these adults are women?

\_ \_ ENTER NUMBER WOMEN

WRONGTOT - IF MEN + WOMEN <> ADULTS

I'm sorry, something is not right.

Number of Men -Number of Women - + Number of Adults -

- CORRECT THE NUMBER OF MEN SKP → MEN
   CORRECT THE NUMBER OF WOMEN SKP → WOMEN
- 3. Correct the number of adults  ${\rm skp}$   $\rightarrow$  adults

SELECTED - IF ADULT > 1 AND (MEN + WOMEN) = ADULTS

The person in your household I need to speak with is [RANDOMLY SELECTED ADULT].

Are you the [RANDOMLY SELECTED ADULT]?

1. YES SKP  $\rightarrow$  YOURTHE1 2. NO SKP  $\rightarrow$  GETNEWAD

#### ONEADULT - IF ADULT = 1

Are you the Adult?

INTERVIEWER NOTE: ASK GENDER IF NECESSARY.

1. YES AND THE RESPONDENT IS A MALE. SKP  $\rightarrow$  YOURTHE1 2. YES AND THE RESPONDENT IS A FEMALE. SKP  $\rightarrow$  YOURTHE1 3. NO

ASKGENDR - IF ADULT = 1 AND ONEADULT = 3

Is the Adult a man or a woman?

1. MALE

2. FEMALE

GETADULT - IF ONEADULT = 3

May I speak with ...

[IF ASKGENDR = 1 SHOW] ...him? [IF ASKGENDR = 2 SHOW] ...her?

YES, ADULT IS COMING TO THE PHONE
 NO, GO TO NEXT SCREEN, PRESS F3 TO SCHEDULE A CALL-BACK

YOURTHE1 - IF SELECTED = 1 OR ONEADULT < 3

Then you are the person I need to speak with.

 PERSON INTERESTED, CONTINUE
 GO BACK TO ADULTS QUESTION. WARNING: A NEW RESPONDENT MAY BE SELECTED
 SKP → INTROSCR
 SKP → ADULTS

GETNEWAD - IF SELECTED = 2

May I speak with the [RANDOMLY SELECTED RESPONDENT]?

- 1. Yes, selected respondent coming to the phone  $skp \rightarrow newadult$
- 2. NO, GO TO NEXT SCREEN, PRESS F3 TO SCHEDULE A  $\ {\rm skp} \rightarrow {\rm newadult}$  Call-back
- 3. GO BACK TO ADULTS QUESTION. WARNING: A NEW SKP → ADULTS RESPONDENT MAY BE SELECTED

#### NEWADULT - IF GETNEWAD = 1

HELLO, I am calling for the Maine Center for Disease Control and Prevention. My name is [INTERVIEWER NAME].

We are gathering information about the health of **Maine** residents. This project is conducted with assistance from the National Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

- 1. PERSON INTERESTED, CONTINUE
- 2. GO BACK TO ADULTS QUESTION. WARNING: A NEW SKP  $\rightarrow$  ADULTS RESPONDENT MAY BE SELECTED

#### INTROSCR

I will not ask for your name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about this survey, please call [GIVE APPROPRIATE STATE TELEPHONE NUMBER].

1.	PERSON INT	ERESTED,	CONTINUE				skp 🔶	C01Q01
2.	GO BACK TO	ADULTS	QUESTION.	WARNING:	А	NEW	skp 🔶	ADULTS
	RESPONDENT	MAY BE	SELECTED					

## C01Q01

Would you say that in general your health is ...

- 1. Excellent
- 2. Very good
- 3. Good
- 4. Fair or
- 5. Poor
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

Core Section 02: Healthy Days-Health-Related Quality of Life

#### C02Q01

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

- \_ \_ NUMBER OF DAYS
- 88. NONE
  77. DON'T KNOW/NOT SURE
  99. REFUSED

#### C02Q02

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

\_ \_ NUMBER OF DAYS

88. NONE
77. DON'T KNOW/NOT SURE
99. REFUSED
CATI NOTE: IF C02Q01 = 88 AND C02Q02 = 88 SKP TO C03Q01

#### C02Q03 - IF C02Q01 <> 88 AND C02Q02 <> 88

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as selfcare, work, or recreation?

\_ \_ NUMBER OF DAYS

88. NONE 77. DON'T KNOW/NOT SURE 99. REFUSED

# Core Section 03: Health Care Access

#### C03Q01

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### State Added Section 01: Health Care Coverage

Insert	after	C03Q01		
ME01Q01	. If	C03Q01	= 1	

Previously you said that you had some kind of health care coverage. What type of health care coverage do you use to pay for most of your medical care?

- 01. Your Employer 02. Someone else's employer 03. A plan that you or someone else buys on your own
- 04. Medicare
- 05. Medicaid or MaineCare
- 06. The military, CHAMPUS, or the VA
- 07. The Indian Health Service
- 08. Some other source

88. NONE

- 77. DON'T KNOW/NOT SURE
- 99. REFUSED

#### C03Q02

Do you have one person you think of as your personal doctor or health care provider?

INTERVIEWER NOTE: IF "NO" ASK: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

- YES, ONLY ONE
   MORE THAN ONE
- 3. NO
- 7. DON'T KNOW/NOT SURE
  9. REFUSED

#### C03Q03

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C03Q04

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

Within past year (anytime less than 12 months ago)
 Within past 2 years (1 year but less than 2 years ago)
 Within past 5 years (2 years but less than 5 years ago)
 5 or more years ago

- 7. DON'T KNOW/NOT SURE
- 8. NEVER
- 9. REFUSED

#### C04Q01

The next question is about getting enough rest or sleep.

During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?

\_ \_ NUMBER OF DAYS

88. NONE
77. DON'T KNOW/NOT SURE
99. REFUSED

#### Core Section 05: Exercise

#### C05Q01

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### Core Section 06: Diabetes

#### C06Q01

Have you ever been told by a doctor that you have diabetes?

INTERVIEWER NOTE: IF "YES" AND RESPONDENT IS FEMALE, ASK: "Was this only when you were pregnant?"

INTERVIEWER NOTE: IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4.

2. 3.	YES YES, BUT FEMALE TOLD ONLY DURING PREGNANCY NO NO, PRE-DIABETES OR BORDERLINE DIABETES	skp 🗲	C07Q01 C07Q01 C07Q01 C07Q01
	DON'T KNOW/NOT SURE REFUSED		C07Q01 C07Q01

# Module 01: Pre-Diabetes

M01Q01 - IF C06Q01 <> 1

Have you had a test for high blood sugar or diabetes within the past three years?

### 1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

### M01Q02

Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

CATI NOTE: IF C06Q01 = 4; ANSWER Q2 "YES" (CODE 1)

# Module 02: Diabetes

M02Q01 - IF C06Q01 = 1

How old were you when you were told you have diabetes?

- \_ \_ Code age in years [97 = 97 or higher]
- 98. DON'T KNOW/NOT SURE
- 99. REFUSED

M02Q02 - IF C06Q01 = 1

Are you now taking insulin?

- 1. YES
- 2. NO
- 9. REFUSED

#### M02Q03 - IF C06Q01 = 1

About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional. 101-199 = times per day\_ \_ \_ 201-299 = times per week 301-399 = times per month 401-499 = times per year888. NEVER 777. DON'T KNOW/NOT SURE 999. REFUSED M02Q04 - IF C06Q01 = 1About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional. 101-199 = times per day \_ \_ \_ 201-299 = times per week301-399 = times per month401-499 = times per year 555. NO FEET SKP → M02Q08 888. NEVER 777. DON'T KNOW/NOT SURE 999. REFUSED

#### M02Q05 - IF C06Q01 = 1

About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

\_ NUMBER OF TIMES [76 = 76 or greater]

88. NONE
77. DON'T KNOW/NOT SURE
99. REFUSED

#### M02Q06 - IF C06Q01 = 1

A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

\_ NUMBER OF TIMES [76 = 76 or greater]

88. NEVER98. NEVER HEARD OF "A one C"77. DON'T KNOW/NOT SURE99. REFUSED

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#### M02Q07 - IF C06Q01 = 1 & M02Q04 <> 555

About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

\_ \_ NUMBER OF TIMES [76 = 76 or greater]

88. NEVER77. DON'T KNOW/NOT SURE99. REFUSED

#### M02008 - IF C06001 = 1

When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

READ ONLY IF NECESSARY

Within the past month (anytime less than 1 month ago)
 Within the past year (1 month but less than 12 months ago)
 Within the past 2 years (1 year but less than 2 years ago)
 2 or more years ago

- 7. DON'T KNOW/NOT SURE
  8. NEVER
- 9. REFUSED

#### M02Q09 - IF C06Q01 = 1

Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### M02Q10 - IF C06Q01 = 1

Have you ever taken a course or class in how to manage your diabetes yourself?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C07Q01

How long has it been since you last visited a dentist or a dental clinic for any reason?

READ ONLY IF NECESSARY

1. WITHIN THE PAST YEAR (ANYTIME LESS THAN 12 MONTHS AGO)

- 2. WITHIN THE PAST 2 YEARS (1 YEAR BUT LESS THAN 2 YEARS AGO)
- 3. WITHIN THE PAST 5 YEARS (2 YEARS BUT LESS THAN 5 YEARS AGO)
- 4. 5 OR MORE YEARS AGO
- 7. DON'T KNOW/NOT SURE
- 8. NEVER
- 9. REFUSED

#### C07Q02

How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics.

INTERVIEWER NOTE: IF WISDOM TEETH ARE REMOVED BECAUSE OF TOOTH DECAY OR GUM DISEASE, THEY SHOULD BE INCLUDED IN THE COUNT FOR LOST TEETH.

1 to 5
 6 or more but not all
 All
 DON'T KNOW/NOT SURE
 NONE

9. REFUSED

C07Q03 - IF C07Q01 <> 8 AND C07Q02 <> 3

How long has it been since you had your teeth cleaned by a dentist or dental hygienist?

READ ONLY IF NECESSARY

Within the past year (anytime less than 12 months ago)
 Within the past 2 years (1 year but less than 2 years ago)
 Within the past 5 years (2 years but less than 5 years ago)
 5 Or more years ago

- 7. DON'T KNOW/NOT SURE
- 8. NEVER
- 9. REFUSED

# Core Section 08: Cardiovascular Disease Prevalence

#### C08Q01

Now I would like to ask you some questions about cardiovascular disease.

Has a doctor, nurse, or other health professional <u>ever</u> told you that you had any of the following? For each, tell me "Yes", "No", or you're "Not sure."

Ever told you had a heart attack, also called a myocardial infarction?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C08Q02

Ever told you had angina or coronary heart disease?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C08Q03

Ever told you had a stroke?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

# Core Section 09: Asthma

## C09Q01

Have you ever been told by a doctor, nurse, or other health professional that you had asthma?

1. YES 2. NO	skp → C010Q01
7. DON'T KNOW/NOT SURE	SKP → C010Q01
9. REFUSED	SKP → C010Q01

C09Q02 - IF C09Q01 = 1

Do you still have asthma?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### Core Section 10: Disability

#### C10Q01

The following questions are about health problems or impairments you may have.

Are you limited in any way in any activities because of physical mental, or emotional problems?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C10Q02

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

INTERVIEWER NOTE: INCLUDE OCCASIONAL USE OR USE IN CERTAIN CIRCUMSTANCES.

1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C11Q01

Have you smoked at least 100 cigarettes in your entire life?

INTERVIEWER NOTE: 5 PACKS = 100 CIGARETTES

1. YES 2. NO	SKP → C012Q01
7. DON'T KNOW/NOT SURE	SKP → C012Q01
9. REFUSED	SKP → C012Q01

# C11Q02 - IF C11Q01 = 1

Do you now smoke cigarettes every day, some days, or not at all?

1. EVERY DAY 2. SOME DAYS 3. NOT AT ALL	SKP → C012Q01
7. DON'T KNOW/NOT SURE	SKP → C012Q01
9. REFUSED	SKP → C012Q01

C11Q03 - IF C11Q01 = 1 AND C11Q02 = 1 OR 2

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### Core Section 12: Demographics

# C12Q01

What is your age?

- \_ \_ CODE AGE IN YEARS
- 07. DON'T KNOW/NOT SURE 09. REFUSED

Are you Hispanic or Latino?

1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

# C12Q03

Which one or more of the following would you say is your race?

CHECK ALL THAT APPLY

- White
   Black or African American
   Asian
   Native Hawaiian or Other Pacific Islander
   American Indian or Alaska Native
   Or
   Other [specify]
   NO ADDITIONAL CHOICES
- 7. DON'T KNOW/NOT SURE
- 7. DON I KNOW/NOI 2
- 9. REFUSED

CATI NOTE: IF MORE THAN ONE RESPONSE TO C12Q03, CONTINUE. OTHERWISE SKP TO C12Q05

#### C12Q04 - IF C12Q03 HAS MORE THAN ONE RESPONSE

Which one of these groups would you say best represents your race?

White
 Black or African American
 Asian
 Native Hawaiian or Other Pacific Islander
 American Indian or Alaska Native
 Other [specify]

7. DON'T KNOW/NOT SURE
9. REFUSED

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but <u>does</u> include activation, for example, for the Persian Gulf War.

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C12Q06

Are you ...?

- Married
   Divorced
   Widowed
   Separated
   Never married
   Or
   A member of an unmarried couple
- 9. REFUSED

# State Added Section 02: Demographics Sexual Orientation Insert after C12Q06

ME02Q01

Now I'll read a list of terms people sometimes use to describe themselves -- heterosexual or straight; homosexual (gay or lesbian); and bisexual. As I read the list again, please stop me when I get to the term that best describes how you think of yourself:

- 1. Heterosexual or straight
- 2. Homosexual (gay or lesbian)
- 3. Bisexual
- 4. Other
- 7. Don't Know
- 9. Refused

How many children less than 18 years of age live in your household?

\_ \_ NUMBER OF CHILDREN

88. NONE

99. REFUSED

#### C12Q08

What is the highest grade or year of school you completed?

READ ONLY IF NECESSARY

NEVER ATTENDED SCHOOL OR ONLY ATTENDED KINDERGARTEN
 GRADES 1 THROUGH 8 (ELEMENTARY)
 GRADES 9 THROUGH 11 (SOME HIGH SCHOOL)
 GRADE 12 OR GED (HIGH SCHOOL GRADUATE)

- 5. COLLEGE 1 YEAR TO 3 YEARS (SOME COLLEGE OR TECHNICAL SCHOOL)
- 6. COLLEGE 4 YEARS OR MORE (COLLEGE GRADUATE)

9. REFUSED

## C12Q09

Are you currently ...?

Employed for wages
 Self-employed
 Out of work for more than 1 year
 Out of work for less than 1 year
 A Homemaker
 A Student
 Retired
 Or
 Unable to work

9. REFUSED

Is your annual household income from all sources ...

INTERVIEWER NOTE: IF RESPONDNET REFUSES ANY INCOME LEVEL, CODE AS "99" REFUSED

READ ONLY IF NECESSARY

01. Less than \$10,000 02. Less than \$15,000 (\$10,000 to less than \$15,000) 03. Less than \$20,000 (\$15,000 to less than \$20,000) 04. Less than \$25,000 (\$20,000 to less than \$25,000) 05. Less than \$35,000 (\$25,000 to less than \$35,000) 06. Less than \$50,000 (\$35,000 to less than \$50,000) 07. Less than \$75,000 (\$50,000 to less than \$75,000) 08. \$75,000 or more 77. DON'T KNOW/NOT SURE

99. REFUSED

#### C12Q11

About how much do you weigh without shoes?

INTERVIEWER NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN FIRST COLUMN. ROUND FRACTIONS UP.

\_\_\_\_ ENTER WEIGHT IN WHOLE POUNDS (EX. 220 POUNDS = 220) OR WHOLE KILOGRAMS (EX. 65 KILOGRAMS = 9065 OR 110 KILOGRAMS = 9110)

7777. DON'T KNOW/NOT SURE 9999. REFUSED

#### C12Q12 - IF C12Q11 <> 7777 OR 9999

About how tall are you without shoes?

INTERVIEWER NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN FIRST COLUMN. ROUND FRACTIONS DOWN.

\_ \_ \_ \_ ENTER HEIGHT IN FEET AND INCHES (EX. 5 FEET 9 INCHES = 509)OR METERS AND CENTIMETERS (EX. 1 METER 75 CENTIMETERS = 9175)

7777. DON'T KNOW/NOT SURE 9999. REFUSED

How much did you weigh a year ago?

IF FEMALE RESPONDENT SAY: "If you were pregnant a year ago, how much did you weigh before your pregnancy?"

INTERVIEWER NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN FIRST COLUMN. ROUND FRACTIONS UP.

\_\_\_\_ ENTER WEIGHT IN WHOLE POUNDS (EX. 220 POUNDS = 220) OR WHOLE KILOGRAMS (EX. 65 KILOGRAMS = 9065 OR 110 KILOGRAMS = 9110)

7777. DON'T KNOW/NOT SURE 9999. REFUSED

C12Q14 - IF (C12Q11 <> 7777, 9999) OR (C12Q13 <> C12Q11)

\*Programmer Note: IF C12Q13 = C12Q11 SKIP TO C12Q15

Was the change between your current weight and your weight a year ago intentional?

1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

# C12Q15

What county do you live in?

\_ \_ \_ FIPS COUNTY CODE

777. DON'T KNOW/NOT SURE 999. REFUSED

#### State Added Section 03: Demographics (Town)

<mark>Insert after C12Q15</mark>

# ME03Q01

What Town do you live in?

\_ \_ \_ \_ GEOCODE CODE

77777. DON'T KNOW/NOT SURE 999999. REFUSED

#### C12Q16

What is your ZIP Code where you live?

\_ \_ \_ \_ ZIP CODE

77777. DON'T KNOW/NOT SURE 99999. REFUSED

## C12Q17

Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

1. YES 2. NO	SKP → C12Q19
7. DON'T KNOW/NOT SURE	SKP → C12Q19
9. REFUSED	SKP → C12Q19

#### C12Q18 - IF C12Q17 = 1

How many of these telephone numbers are residential numbers?

- \_ RESIDENTIAL TELEPHONE NUMBERS [6=6 OR MORE]
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C12Q19

During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of telephone service because of weather or natural disasters.

1. YES

2. NO

7. DON'T KNOW/NOT SURE

9. REFUSED

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INDICATE SEX OF RESPONDENT. ASK ONLY IF NECESSARY.

1. MALE

SKP → C13Q01

2. FEMALE

C12Q21 - IF C12Q20 = 2 AND C12Q01 < 45

To your knowledge, are you now pregnant?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

Core Section 13: Alcohol Consumption

C13Q01

During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

1. YES

2.	NO	SKP	→	C14Q01
	DON'T KNOW/NOT SURE REFUSED		-	C14Q01 C14Q01

#### C13Q02 - IF C13Q01 = 1

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?

888. NO DRINKS IN LAST 30 DAYS 777. DON'T KNOW/NOT SURE 999. REFUSED SKP → C14Q01

#### C13Q03 - IF C13Q01 = 1 AND C13Q02 <> 888

One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

INTERVIEWER NOTE: A 20 OUNCE BEER WOULD COUNT AS 3 DRINKS, OR A COCKTAIL DRINK WITH 2 SHOTS WOULD COUNT AS 2 DRINKS.

\_ \_ NUMBER OF DRINKS

77. DON'T KNOW/NOT SURE
99. REFUSED

#### C13Q04 - IF C13Q01 = 1 AND C13Q02 <> 888

Considering all types of alcoholic beverages, how many times during the past 30 days did you have...

[IF C12Q20 = 1 SHOW] ...5... [IF C12Q20 = 2 SHOW] ...4...

...or more drinks on an occasion?

- \_ \_ NUMBER OF TIMES
- 88. NONE
  77. DON'T KNOW/NOT SURE
  99. REFUSED

C13Q05 - IF C13Q01 = 1 AND C13Q02 <> 888

During the past 30 days, what is the largest number of drinks you had on any occasion?

\_ \_ NUMBER OF DRINKS

77. DON'T KNOW/NOT SURE
99. REFUSED

#### Core Section 14: Immunization

# C14Q01

A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot?

 YES NO	SKP	$\rightarrow$	C14Q03
DON'T KNOW/NOT SURE REFUSED			C14Q03 C14Q03

#### C14Q02 - IF C14Q01 = 1

During what month and year did you receive your most recent flu shot?

\_ \_ / \_ \_ \_ MONTH/YEAR

77 / 7777 DON'T KNOW/NOT SURE 99 / 9999 REFUSED

C14Q03 - IF C14Q01 <> 1

During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine sprayed in the nose is also called  $FluMist^{M}$ .

 YES NO	SKP	$\rightarrow$	C14Q05
DON'T KNOW/NOT SURE REFUSED			C14Q05 C14Q05

C14Q04 - IF C14Q03 = 1

During what month and year did you receive your most recent flu vaccine that was sprayed in your nose?

\_ \_ / \_ \_ \_ MONTH/YEAR

77 / 7777 DON'T KNOW/NOT SURE 99 / 9999 REFUSED

#### C14Q05

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C15Q01 - IF C12Q01 >= 45

The next question asks about recent falls. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.

In the past 3 months, how many times have you fallen?

\_\_\_ NUMBER OF TIMES [76 = 76 OR MORE]

 88. NONE
 SKP → C16Q01

 77. DON'T KNOW/NOT SURE
 SKP → C16Q01

 99. REFUSED
 SKP → C16Q01

#### C15Q02 - C12Q01 >= 45 & C15Q01 < 77

[IF C15Q01 = 1 SHOW] Did this fall cause an injury?

[IF C15Q01 > 1 SHOW] How many of these falls caused an injury?

How many of these falls caused an injury? By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.

\_ \_ NUMBER OF FALLS [76 = 76 OR MORE]

88. NONE
77. DON'T KNOW/NOT SURE
99. REFUSED

#### Core Section 16: Seatbelt Use

# C16Q01

How often do you use seat belts when you drive or ride in a car? Would you say...

- 1. Always
- 2. Nearly always
- 3. Sometimes
- 4. Seldom
- 5. Never
- 7. DON'T KNOW/NOT SURE 8. NEVER DRIVE OR RIDE IN A CAR
- 9. REFUSED

SKP 🗲 C18Q01

# Core Section 17: Drinking and Driving

#### C17Q01 - IF C13Q01 <> 2 & C16Q01 <> 8

During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

NUMBER OF TIMES \_ \_

88. NONE

77. DON'T KNOW/NOT SURE 99. REFUSED

# Core Section 18: Women's Health

#### C18Q01 - IF C12Q20 = 2

The next questions are about breast and cervical cancer.

A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

- 1. YES
- 2. NO SKP → C18Q03
- 7. DON'T KNOW/NOT SURE SKP → C18Q03
- 9. REFUSED SKP → C18Q03

C18Q02 - IF C12Q20 = 2 & C18Q01 = 1

How long has it been since you had your last mammogram?

READ ONLY IF NECESSARY

1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO) 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO) 3. Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO) 4. Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO) 5. 5 or more years ago

```
7. DON'T KNOW/NOT SURE
9. REFUSED
```

Maine BRFSS 2008 Questionnaire (Part A) December 26, 2007 Clearwater Research, Inc.

#### C18Q03 - IF C12Q20 = 2

A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam?

1. YES

2. NO SKP → C18Q05

7. DON'T KNOW/NOT SURE SKP → C18Q05 9. REFUSED SKP → C18Q05

C18Q04 - IF C12Q20 = 2 & C18Q03 = 1

How long has it been since your last breast exam?

READ ONLY IF NECESSARY

Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO)
 Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO)
 5 or more years ago

7. DON'T KNOW/NOT SURE
9. REFUSED

C18Q05 - IF C12Q20 = 2

A Pap test is a test for cancer of the cervix. Have you ever had a Pap test?

- 1. YES
- 2. NO SKP → C18Q07
- 7. DON'T KNOW/NOT SURE  $SKP \rightarrow C18Q07$ 9. REFUSED  $SKP \rightarrow C18Q07$

#### C18Q06 - IF C12Q20 = 2 & C18Q05 = 1

How long has it been since you had your last Pap test? READ ONLY IF NECESSARY 1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO) 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO) 3. Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO) 4. Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO) 5. 5 or more years ago 7. DON'T KNOW/NOT SURE

9. REFUSED

#### C18Q07 - IF C12Q20 = 2 & C12Q21 <> 1

Have you had a hysterectomy?

READ ONLY IF NECESSARY: "A hysterectomy is an operation to remove the uterus (womb)."

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### Core Section 19: Prostate Cancer Screening

# C19Q01 - IF C12Q20 = 1 & C12Q01 >= 40

Now, I will ask you some questions about prostate cancer screening.

A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?

 YES NO	SKP	→	C19Q03
DON'T KNOW/NOT SURE REFUSED			C19Q03 C19Q03

C19Q02 - IF C12Q20 = 1 & C12Q01 >= 40 & C19Q01 = 1

How long has it been since you had your last PSA test?

READ ONLY IF NECESSARY

Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO)
 Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO)
 5 or more years ago

7. DON'T KNOW/NOT SURE
9. REFUSED

#### C19Q03 - IF C12Q20 = 1 & C12Q01 >= 40

A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?

- 1. YES
- 2. NO SKP → C19Q05
- 7. DON'T KNOW/NOT SURE SKP → C19Q05
   9. REFUSED SKP → C19Q05

C19Q04 - IF C12Q20 = 1 & C12Q01 >= 40 & C19Q03 = 1

How long has it been since your last digital rectal exam?

READ ONLY IF NECESSARY

Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO)
 Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO)
 5 or more years ago

```
7. DON'T KNOW/NOT SURE
9. REFUSED
```

J. KEFUSED

C19Q05 - IF C12Q20 = 1 & C12Q01 >=40

Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

Core Section 20: Colorectal Cancer Screening

C20Q01 - C12Q01 >= 50

A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

- 1. YES
- 2. NO SKP → C20Q03
- 7. DON'T KNOW/NOT SURE SKP → C20Q03 9. REFUSED SKP → C20Q03

C20Q02 - C12Q01 >= 50 & C20Q01 = 1

How long has it been since you had your last blood stool test using a home kit?

READ ONLY IF NECESSARY

Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO)
 Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO)
 5 or more years ago

- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

C20Q03 - C12Q01 >= 50

Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

1.	YES					
2.	NO		SKP	→	C21Q01	
7.	DON'T	KNOW/NOT	SURE	SKP	→	C21Q01

			-	
9.	REFUSED	SKP -	<b>&gt;</b>	C21Q01

#### C20Q04 - C12Q01 >= 50 & C20Q03 = 1

For a SIGMOIDOSCOPY, a flexible tube is inserted into the rectum to look for problems. A COLONOSCOPY is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your MOST RECENT exam a sigmoidoscopy or a colonoscopy?

- 1. SIGMOIDOSCOPY
- 2. COLONOSCOPY
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

C20Q05 - C12Q01 >= 50 AND C20Q03 = 1

How long has it been since you had your last sigmoidoscopy or colonoscopy?

READ ONLY IF NECESSARY

Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO)
 Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO)
 Within the past 10 years (5 YEARS BUT LESS THAN 10 YEARS AGO)
 10 or more years ago

- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### Core Section 21: HIV/AIDS

CATI NOTE: IF RESPONDENT IS 65 YEARS OLD OR OLDER, GO TO NEXT SECTION C21Q01 - IF C12Q01 < 65

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

YES NO	SKP	→	C21Q05
DON'T KNOW/NOT SURE REFUSED			C21Q05 C21Q05

#### C21Q02 - C12Q01 < 65 & C21Q01 = 1

Not including blood donations, in what month and year was your last HIV test?

INTERVIEWER NOTE: IF RESPONSE IS BEFORE JANUARY 1985, CODE AS "DON'T KNOW"

INTERVIEWER NOTE: IF THE RESPONDENT REMEMBERS THE YEAR BUT CANNOT REMEMBER THE MONTH, CODE THE FIRST TWO DIGITS 77 AND THE LAST FOUR DIGITS FOR THE YEAR.

 $\_$  \_ / \_ \_ \_ CODE MONTH AND YEAR

[EXAMPLE: JUNE OF 2006 = 062006]

77/7777. DON'T KNOW/NOT SURE 99/9999. REFUSED

C21Q03 - IF C12Q01 < 65 & C21Q01 = 1

Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?

01. PRIVATE DOCTOR OR HMO OFFICE 02. COUNSELING AND TESTING SITE 03. HOSPITAL 04. CLINIC 05. JAIL OR PRISION (OR OTHER CORRECTIONAL FACILITY) 06. DRUG TREATMENT FACILITY 07. AT HOME 08. SOMEWHERE ELSE

77. DON'T KNOW/NOT SURE
99. REFUSED

C21Q04 - IF C12Q01 < 65 & C21Q02 = WITHIN LAST 12 MONTHS

CATI NOTE: IF C21Q02 = WITHIN LAST 12 MONTHS; OTHERWISE GO TO C21Q05

Was it a rapid test where you could get your results within a couple of hours?

1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### C21Q05 - IF C12Q01 < 65

I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You do not need to tell me which one.

- YOU HAVE USED INTRAVENOUS DRUGS IN THE PAST YEAR
- YOU HAVE BEEN TREATED FOR A SEXUALLY TRANSMITTED DISEASE OR VENEREAL DISEASE IN THE PAST YEAR
- YOU HAVE GIVEN OR RECEIVED MONEY OR DRUGS IN EXCHANGE FOR SEX IN THE PAST YEAR
- YOU HAD ANAL SEX WITHOUT A CONDOM IN THE PAST YEAR

Do any of these situations apply to you?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### Core Section 22: Emotional Support and Life Satisfaction

C22Q01

The next two questions are about emotional support and your satisfaction with life.

How often do you get the social and emotional support you need?

INTERVIEWER NOTE: IF ASKED SAY: "please include support from **any** source".

PLEASE READ

- 1. Always
- 2. Usually
- 3. Sometimes
- 4. Rarely
- 5. Never

7. DON'T KNOW/NOT SURE

9. REFUSED

C22Q02

In general, how satisfied are you with your life?

PLEASE READ

- 1. Very satisfied
- 2. Satisfied
- 3. Dissatisfied
- 4. Very dissatisfied
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

# Module 06: Binge Drinking

M06Q01 - (IF C12Q20 = 1 AND C13Q04 = 5) OR (C12Q20 = 2 AND C13Q04 = 4)

Previously, you answered that you drank (CATI X=5 FOR MEN, X=4 FOR WOMEN) or more alcoholic beverages on at least one occasion in the past 30 days. The next questions are about the most recent occasion when this happened. For these questions, one drink equals 12 ounces of beer, 5 ounces of wine, or one and one-half ounces (one shot) of liquor. So, a 40-ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

During the most recent occasion when you had **X (CATI X=5 FOR MEN, X=4** FOR WOMEN) or more alcoholic beverages, about how many beers, including malt liquor, did you drink?

INTERVIEWER NOTE, IF ASKED: "OCCASION" MEANS 'IN A ROW' OR 'WITHIN A FEW HOURS'

NUMBER OF BEERS INTERVIEW NOTE: ROUND UP

- 77. DON'T KNOW/NOT SURE
- 88. NONE
- 99. REFUSED

M06002 - IF C13004 >= 1 AND C13004 <= 30

During the same occasion, about how many glasses of wine did you drink?

\_ \_ NUMBER OF GLASSES OF WINE

INTERVIEW NOTE: ROUND UP

77. DON'T KNOW/NOT SURE

- 88. NONE
- 99. REFUSED

#### M06Q03 - IF C13Q04 >= 1 AND C13Q04 <= 30

During the same occasion, about how many drinks of liquor, including cocktails, did you have?

\_ NUMBER OF DRINKS OF LIQUOR INTERVIEW NOTE: ROUND UP

77. DON'T KNOW/NOT SURE88. NONE99. REFUSED

#### M06Q04 - IF C13Q04 >= 1 AND C13Q04 <= 30

During this same occasion, about <u>how many other pre-mixed</u>, <u>flavored</u> drinks did you have? By that, we mean drinks such as hard lemonade, wine coolers, or Smirnoff Ice.

\_\_\_ NUMBER OF PRE-MIXED DRINKS INTERVIEW NOTE: ROUND UP

77. DON'T KNOW/NOT SURE88. NONE99. REFUSED

### M06Q05 - IF C13Q04 >= 1 AND C13Q04 <= 30

During this most recent occasion, where were you when you did  $\underline{most}$  of your drinking?

READ ONLY IF NECESSARY

 At your home, for example, your house, apartment, condominium or dorm room
 At another person's home
 At a restaurant or banquet hall
 At a bar or club
 At a public place, such as at a park, concert, or sporting event
 OTHER

- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### M06Q06 - IF C13Q04 >= 1 AND C13Q04 <= 30

Did you drive a motor vehicle such as a car, truck, or motorcycle during or within a couple of hours after this occasion?

INTERVIEWER NOTE: FOR THOSE WITH CONCERNS ABOUT THIS QUESTION, ANSWERING "YES" IS NOT MEANT TO IMPLY THEY WERE DRUNK DRIVING OR BREAKING THE LAW.

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M06Q07 - IF C13Q04 >= 1 AND C13Q04 <= 30 AND M06Q05 = 3 OR 4

During this most recent occasion, approximately how much did you pay for the alcohol which you drank?

\_ \_ \_ TOTAL AMOUNT

INTERVIEW NOTE: ROUND UP

888. PAID NOTHING - ALL DRINKS FREE OR PAID FOR BY OTHERS 777. DON'T KNOW/NOT SURE 999. REFUSED

#### Module 13: Anxiety and Depression

#### M13Q01

Now, I am going to ask you some questions about your mood. When answering these questions, please think about how many days each of the following has occurred in the past 2 weeks.

Over the last 2 weeks, how many days have you had little interest or pleasure in doing things?

\_ \_ 01-14 DAYS

88. NONE77. DON'T KNOW/REFUSED99. REFUSED

## M13Q02

Over the last 2 weeks, how many days have you felt down, depressed <u>OR</u> hopeless?

\_ \_ 01-14 DAYS

88. NONE77. DON'T KNOW/REFUSED99. REFUSED

# M13Q03

Over the last 2 weeks, how many days have you had trouble falling asleep OR staying asleep OR sleeping too much?

\_ \_ 01-14 DAYS

88. NONE77. DON'T KNOW/REFUSED99. REFUSED

# M13Q04

Over the last 2 weeks, how many days have you felt tired  $\underline{OR}$  had little energy?

\_ \_ 01-14 DAYS

88. NONE

77. DON'T KNOW/REFUSED

99. REFUSED

# M13Q05

Over the last 2 weeks, how many days have you had a poor appetite  $\underline{\text{OR}}$  eaten too much?

\_ \_ 01-14 DAYS

- 88. NONE
- 77. DON'T KNOW/REFUSED
- 99. REFUSED

## M13Q06

Over the last 2 weeks, how many days have you felt bad about yourself OR that you were a failure or had let yourself or your family down?

\_ \_ 01-14 DAYS

88. NONE77. DON'T KNOW/REFUSED99. REFUSED

## M13Q07

Over the last 2 weeks, how many days have you had trouble concentrating on things, such as reading the newspaper OR watching the T.V.?

\_ \_ 01-14 DAYS

88. NONE77. DON'T KNOW/REFUSED99. REFUSED

## M13Q08

Over the last 2 weeks, how many days have you moved or spoken so slowly that other people could have noticed? <u>OR THE OPPOSITE</u> - being so fidgety or restless that you were moving around a lot more than usual?

- \_ \_ 01-14 DAYS
- 88. NONE77. DON'T KNOW/REFUSED99. REFUSED

## M13Q09

Has a doctor or other healthcare provider <u>EVER</u> told you that you had an anxiety disorder (including acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, phobia, posttraumatic stress disorder, or social anxiety disorder)?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

## M13Q10

Has a doctor or other healthcare provider <u>EVER</u> told you that you have a depressive disorder (including depression, major depression, dysthymia, or minor depression)?

1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

# Module 15: Random Child Selection

## M15Q01 - IF C12Q07 < 88

[IF Cl2Q07 = 1 SHOW] Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child.

[IF C12Q07 > 1 & <88 SHOW] Previously, you indicated there were [ANS C12Q07] children age 17 or younger in your household. Think about those [ANS C12Q07] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last. Please include children with the same birth date, including twins, in the order of their birth.

I have some additional questions about one specific child. The child I will be referring to is the **[Xth]** child in your household. All following questions about children will be about the **[Xth]** child.

What is the birth month and year of the [Xth] child?

\_ \_ \_ \_ \_ CODE MONTH AND YEAR

777777. DON'T KNOW/NOT SURE 999999. REFUSED

M15Q02 - IF C12Q07 < 88

Is the child a boy or a girl?

- 1. BOY
- 2. GIRL
- 9. REFUSED

M15Q03 - IF C12Q07 < 88

Is the child Hispanic or Latino?

1. Yes

2. No

- 7. DON'T KNOW/NOT SURE
- 9. Refused

M15Q04 - IF C12Q07 < 88

Which one or more of the follow would you say is the race of the child?

CHECK ALL THAT APPLY

White
 Black or African American
 Asian
 Native Hawaiian or Other Pacific Islander
 American Indian or Alaska Native or
 Other [SPECIFY]
 NO ADDITIONAL CHOICES
 DON'T KNOW/NOT SURE

9. REFUSED

M15Q05 - IF C12Q07 < 88 & M15Q04 HAS MORE THAN ONE RESPONSE INDICATED

Which <u>one</u> of these groups would you say <u>best</u> represents the child's race?

White
 Black or African American
 Asian
 Native Hawaiian or Other Pacific Islander
 American Indian or Alaska Native or
 Other [SPECIFY]

7. DON'T KNOW/NOT SURE
9. REFUSED

M15Q06 - IF C12Q07 < 88

How are you related to the child?

Parent (include biologic, step, or adoptive parent)
 Grandparent

- 3. Foster parent or guardian
- 4. Sibling (include biologic, step, and adoptive sibling)
- 5. Other relative
- 6. Not related in any way
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

## Module 16: Childhood Asthma Prevalence

M16Q01 - IF C12Q07 < 88

Has a doctor or other health professional  $\underline{ever}$  said that the child has asthma?

- 1. YES
- 2. NO  $\mathbf{skp} \rightarrow \mathbf{Next}$  module
- 7. DON'T KNOW/NOT SURE  $SKP \rightarrow NEXT MODULE$ 9. REFUSED  $SKP \rightarrow NEXT MODULE$

M16Q02 - IF C12Q07 < 88 & M16Q01 = 1

Does the child still have asthma?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

## AdltPerm

We would like to call to you again within the next 2 weeks to talk in more detail about your/your child's experiences with asthma. The information will be used to help develop and improve the asthma programs in XXXXXXXXXX. The information you gave us today and any you and anyone in your household will give us in the future will be kept confidential. If you agree to this, we will keep your first name or initials and phone number on file, separate from the answers collected today. Even if you agree now, you or others at your household may refuse to participate in the future. Would it be okay if we called you back to ask additional asthma-related questions at a later time?"

1. YES

2. NO

SKP  $\rightarrow$  Next Module

#### FName - IF AdltPerm = 1

Can I please have your first name, initials or nickname so we will know who to ask for when we call back?

ENTER NAME/INITIALS/NICKNAME:

7. DON'T KNOW

9. REFUSED

CName

Can I please have your child's first name, initials or nickname so we can ask about that child's asthma history?

ENTER NAME/INITIALS/NICKNAME:

7. DON'T KNOW

9. REFUSED

## MostKnow

Are you the parent or guardian in the household who knows the most about (child)'s asthma?

- 1. Yes
- 2. No
- 7. DON'T KNOW
- 9. REFUSED

#### OthName

You said someone else was more knowledgeable about the child's asthma. Can I please have this adult's first name, initials or nickname so we will know who to ask for when we call back regarding your child.

#### ENTER NAME/INITIALS/NICKNAME:

7. DON'T KNOW

9. REFUSED

CBTime

What is a good time to call you back? For example, evenings, days or weekends?

IF MostKnow = 2:What is a good time to call back and speak with
(OthName)? For example, evenings, days or weekends?

ENTER CALLBACK TIME:

- 7. DON'T KNOW
- 9. REFUSED

#### State Added Section 06: Skin Cancer

## Insert after M13Q12

ME06Q01

The next questions are about what you do to protect your skin when you go outside.

When you go outside on a sunny summer day for more than one hour, how often do you use sunscreen or sun block? Would you say...

1.	Always						
2.	Nearly always						
3.	Sometimes						
4.	Seldom						
5.	Never	SKP → ME06Q03					
б.	Don't stay out more than an hour	SKP → ME06Q06					
7.	DON'T KNOW/NOT SURE	SKP → ME06Q03					
9.	REFUSED	SKP → ME06Q03					

#### ME06Q02 - IF ME06Q01 = 1 OR 2 OR 3 OR 4

What is the Sun Protection Factor or SPF of the sunscreen you use most often?

\_ \_ ENTER NUMBER

77. DON'T KNOW/NOT SURE99. REFUSED

Maine BRFSS 2008 Questionnaire (Part A) December 26, 2007 Clearwater Research, Inc. When you go outside on a sunny summer day for more than an hour, how often do you stay in the shade? Would you say:

- 1. Always
- 2. Nearly always
- 3. Sometimes
- 4. Seldom
- 5. Never
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

# ME06Q04 - IF ME06Q01 <> 6

When you go outside on a sunny summer day for more than an hour, how often do you wear a wide-brimmed hat or any other hat that shades your face, ears, and neck from the sun?

- Always
   Nearly always
   Sometimes
   Seldom
   Never
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

ME06Q05 - IF ME06Q01 <> 6

When you go outside on a sunny summer day for more than an hour, how often do you wear long-sleeved shirts? Would you say:

- 1. Always
- 2. Nearly always
- 3. Sometimes
- 4. Seldom
- 5. Never
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

## ME06Q06

Suppose that after several months of not being out in the sun, you then went out in the sun without a hat, sunscreen, or protective clothing for an hour. Would you...

1. Sunburn	
2. Darken without sunburn	SKP 🗲 ME07Q01
3. Not have anything happen	SKP → ME07Q01
7. DON'T KNOW/NOT SURE	SKP → ME07Q01
9. REFUSED	SKP → ME07Q01

## ME06Q07 - IF ME06Q06 = 1

Suppose that after several months of not being out in the sun, you then went out in the sun without a hat, sunscreen, or protective clothing for an hour. Would you...

- 1. Burn severely with blisters
- 2. Burn severely with peeling in a few days
- 3. Burn mildly without peeling
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

## State Added Section 07: Cancer Prevalence

Insert after ME06Q07

# ME07Q01

Have you ever been told by a doctor, nurse, or other health professional that you had cancer, excluding basal (BAY-zul) or squamous (SKWAY-muss) cell cancer of the skin?

NOTE TO INTERVIEWER: DIAGNOSIS OF A BENIGN (BE-NINE) BRAIN TUMOR OR MELANOMA OF THE SKIN WOULD BE CONSIDERED A POSITIVE RESPONSE.

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### State Added Section 08: Oral Health

# ME08Q01

Do you have any kind of insurance coverage that pays for routine dental care?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

ME08Q02 - IF C07Q01 = 2, 3, 4, 8

What is the main reason you have not visited the dentist in the last year?

PLEASE READ:

- 01. Fear, apprehension, nervousness, pain, dislike going 02. Cost 03. Do not have/know a dentist 04. Cannot get to the office/clinic (too far away, no transportation, no appointments available 05. No reason to go (no problems, no teeth) 06. Other priorities 07. Have not thought of it DO NOT READ: 08. OTHER 77. DON'T KNOW/NOT SURE
- 99. REFUSED

State Added Section 09: Workers Compensation CoverageInsert after ME08Q02ME09Q01 - IF C12Q09 = 5,6,7,8

At any time during the past 12 months, were you employed for wages, either part time, full time or self-employed?

1.	Yes,	employed	for	wages	part	time	or	ful	11	time	
2.	Yes,	self-emp]	loyed	f							
3.	No						SKP	$\rightarrow$	ME	10001	
										~	
7.		KNOW/NOT	SUF	ज ह			SKP	→	мъ	10001	
		-						-		· • •	
9.	REFUS	5ED					SKP	$\rightarrow$	ME	:10Q01	

#### ME09Q02 - IF C12Q09 = 1, 2

In what industry or business are you currently employed?

READ 1-10 IF NECESSARY: 01. Manufacturing 02. Construction 03. Wholesale or retail sales 04. Finance, insurance, or real estate 05. Food service 06. Other service industry (for example, car repair, hair cutting) 07. Health care 08. Government (local, state, or federal) 09. Education 10. Farming, forestry, or fishing 11. Some other industry 77. DON'T KNOW/NOT SURE 99. REFUSED Maine BRFSS 2008 Questionnaire (Part A) ME09Q03 - IF C12Q09 = 4 or ME09Q01 = 1,2

In what industry or business were you employed most recently? READ 1-10 IF NECESSARY: 01. Manufacturing 02. Construction 03. Wholesale or retail sales 04. Finance, insurance, or real estate 05. Food service 06. Other service industry (for example, car repair, hair cutting) 07. Health care 08. Government (local, state, or federal) 09. Education 10. Farming, forestry, or fishing 11. Some other industry 77. DON'T KNOW/NOT SURE 99. REFUSED

ME09Q04 - IF C12Q09 = 1,2,4 or ME09Q01 = 1,2

The next few questions are about injuries suffered while on the job or illness related to your work.

During the past 12 months, that is, since one year ago today, were you injured seriously enough while performing your job that you received medical advice or treatment?

 YES NO	SKP	→	ME10Q01
DON'T KNOW/NOT SURE REFUSED		-	ME10Q01 ME10Q01

ME09Q05 - IF ME09Q04 = 1

How many days in a row did you miss work because of your work-related injury or illness, including weekends, scheduled days off, and vacation?

NOTE: If respondent has been injured more than once in the past 12 months, read: "Please answer this question based on the most recent time you were injured or ill while performing your job."

None
 1-2 days
 3-4 days
 5 days
 6 days
 7 or more days
 DON'T KNOW/NOT SURE
 REFUSED

ME09Q06 - IF ME09Q04 = 1

For your most recent work-related injury or illness, who paid for your treatment?

READ 1-13:

01. Workers' compensation 02. Private insurance 03. Medicare, Medicaid, or MaineCare 04. Indian Health Service/Alaska Native Health Service 05. The military , Veterans Administration or CHAMPUS 06. Federal government (OWCP program) 07. You or your family; out of pocket 08. Your employer through a workers' compensation claim 09. Your employer without a workers' compensation claim 10. Your employer without a workers' compensation claim and through onsite medical treatment 11. The union 12. Workers' compensation claim filed, still in process or not resolved 13. Other source 77. DON'T KNOW/NOT SURE 88. NO ONE PAID; NO TREATMENT 99. REFUSED

ME09Q07 - IF ME09Q06 = 2,3,4,7,9,10,11,13

Why was the treatment for your most recent work-related injury or illness not paid for by workers' compensation?

- 01. You did not know you could file a claim.
- 02. Your doctor did not want a claim to be filed.
- 03. You did not want to file a claim because you were worried about retaliation.
- 04. The workers' compensation claim as rejected.
- 05. Your employer paid for treatment.
- 06. No claim was filed because you were not covered by workers' compensation
- 07. Another reason

77. DON'T KNOW/NOT SURE

- 88. NO REASON GIVEN
- 99. REFUSED

## State Added Section 10: General Preparedness

#### ME10Q01

The next question asks about how prepared you are for a large-scale disaster or emergency. By large-scale disaster or emergency we mean any event that leaves you isolated in your home **or** displaces you from your home for at least 3 days. This might include natural disasters such as hurricanes, tornados, floods, and ice storms, or man-made disasters such as explosions, terrorist events, or blackouts.

Does your household have a written disaster evacuation plan for how you will leave your home, in case of a large-scale disaster or emergency that requires evacuation?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### State Added Section 11: Suicide

The next questions deal with the topic of suicide. Answering these questions may bring up strong feelings. If you feel that you need help with these feelings, please write down the statewide crisis number 1-888-568-1112 so that you can call them if needed.

#### ME11Q01

During the past 12 months, did you ever seriously consider attempting suicide?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### ME11Q02

During the past 12 months, did you make a plan about how you would attempt suicide?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

#### ME11Q03

During the past 12 months, did you ever attempt suicide?

1. YES

2.	NO	SKP	→	ME11Q0C
	DON'T KNOW/NOT SURE REFUSED		-	ME11Q0C ME11Q0C

ME11Q04 - IF ME11Q03 = 1

Did any attempt result in an injury, poisoning or overdose that had to be treated by a doctor or nurse?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

ME11Q0C

Would you like me to repeat the statewide crisis number?

1. YES - INTERVIEWER SAY: The number is 1-888-568-1112 2. NO

## CLOSING

That is my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.