Maine CDC
Public Health Nursing

Improving the Health of Populations

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Maine Center for Disease Control and Prevention
286 Water Street, 7th floor
11 State House Station
Augusta, Maine 04333-0011
Phone: 207-287-4112
1-800-698-3624
TTY: 1-800-606-0215
Services are Provided Weekdays
8:00 AM to 5:00 PM
Monday through Friday

Public Health Nurses in Maine are registered professional nurses, working to improve, preserve and protect the health and quality of life for all. Our services are available to individuals, populations, cultures and communities on a confidential basis.

Services provided are Free of Charge

Statewide Central Referral
1-877-763-0438
24 HOUR FAX: 1-207-561-4467

Monique Roy     January 2012
Maine CDC Public Health Nurses can assist you with…

**In the Home**
- Adult Health Services
- Breastfeeding Support
- Communicable Disease Control
- Children with Special Health Care Needs Support
- Growth and Development Assessment and Monitoring
- Lead Poisoning Management
- Newborn / Infant Assessment
- Parenting Support
- Pregnancy Education
- Refugee / Migrant Health Services
- School Nursing Services
- Tuberculosis Control and Case Management

**Why Public Health Nursing Matters:**
Public Health Nursing promotes health and prevents illness and injury.

Nurses work together with the person, family, and community.

We work with people and families to see the need for help, as well as to teach them where and how to get the help they need.

As trusted home visitors, public health nurses teach, encourage and help people to stand up for themselves, so they can be independent.

**In The Community**
- Advisory Boards
- Coalitions
- Collaborations with Groups and Agencies
- Health Fairs
- Needs Assessments

**Population Based**
- Infectious Disease / Immunization Clinics
- Communicable Disease Prevention and Control
- Environmental Health
- School Health
- Emergency Preparedness

**Education**
- Breastfeeding In-Services
- Health Resources
- TB-TST Trainers