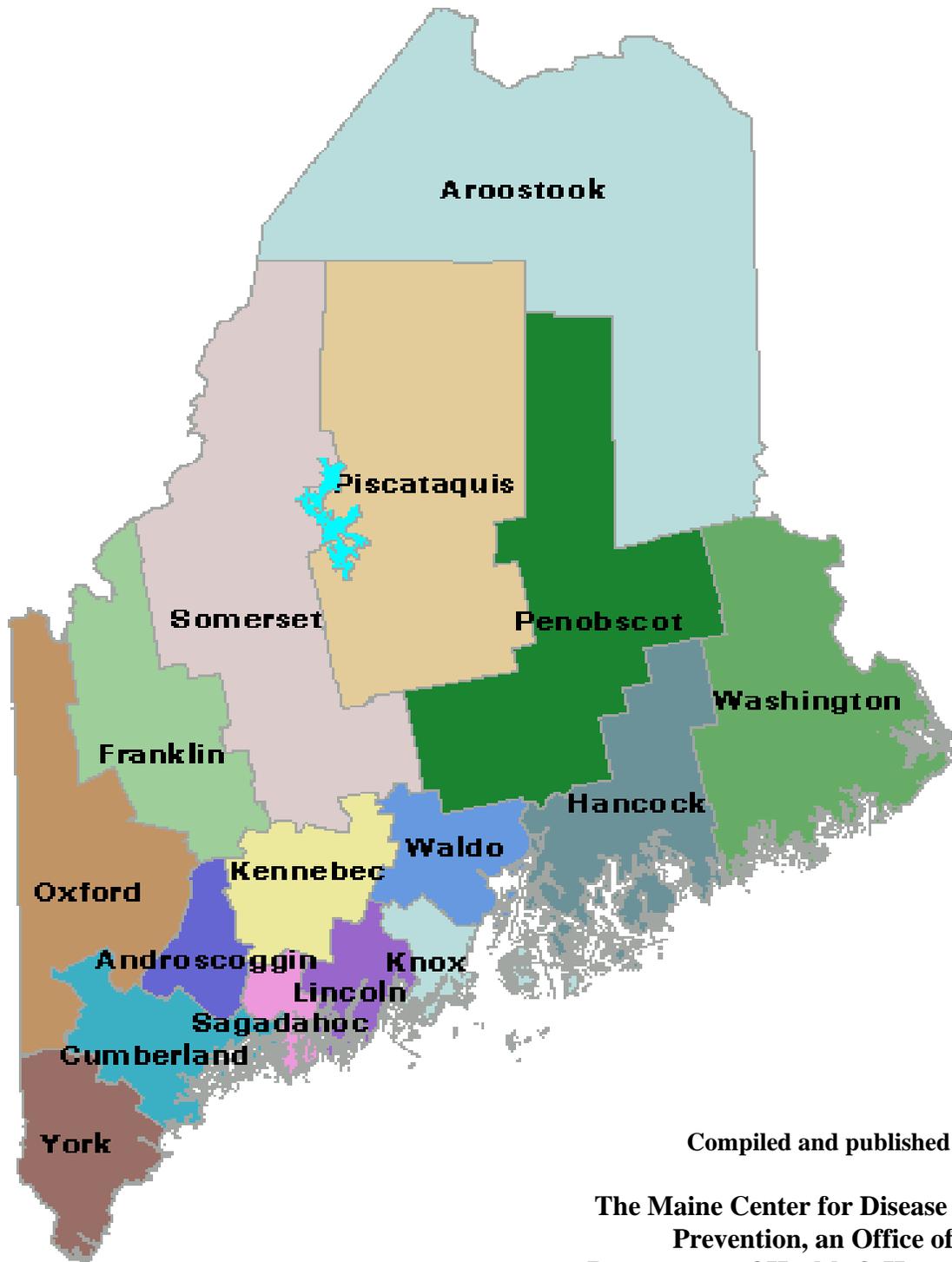


# Dental Clinics & Services for Maine Residents



Compiled and published by

The Maine Center for Disease Control & Prevention, an Office of the Department of Health & Human Services, Oral Health Program  
Updated 07/2014



## Maine Center for Disease Control and Prevention

An Office of the  
Department of Health and Human Services

*Paul R. LePage, Governor*

*Mary C. Mayhew, Commissioner*

### **Dental Clinics & Services For Maine Residents**

**Compiled and published by the  
Maine Center for Disease Control & Prevention**

**Oral Health Program**

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# CLINICS & DENTAL SERVICES FOR MAINE RESIDENTS

## Introduction

Oral health is a vital component of overall health throughout the life cycle. Dental disease affects people of all ages; yet to a great extent, it is highly preventable. Early diagnosis of oral health problems through regular dental visits and the use of preventive measures such as fluoride and dental sealants, along with practicing good oral hygiene, good nutrition, and the prevention of oral injuries, are important for people of all age groups. Adopting, practicing, and maintaining healthy behaviors will help everyone to “Keep Your Teeth for a Lifetime.” Unfortunately, and for a variety of reasons, not everyone is able to obtain dental care on a regular basis. However, preventive measures and some services are available to all individuals.

**MaineCare:** MaineCare, administered through the Department of Health & Human Services, provides dental benefits to individuals whose incomes meet federal poverty guidelines. Eligible children and young adults under age 21 are able to get the preventive and regular care they need to facilitate normal growth and development. Eligibility is based on family income. For members age 21 and over, MaineCare covers a limited number of dental procedures to relieve pain, eliminate infection, and/or prevent imminent tooth loss. See page 20 for more information on MaineCare programs.

## About This Directory

This directory is a resource for consumers and for health and social services providers likely to be assisting clients, who do not have a regular dentist, in obtaining the dental care they need. These may include people with low incomes, those who do not have insurance coverage or who are eligible for MaineCare, and individuals with special needs. There are a number of clinics and other agencies throughout the state of Maine that either directly provide dental care services, or can assist these individuals in obtaining access to care. This directory describes those clinics and agencies, the services they provide, eligibility guidelines, and where to get more information. State-funded assistance programs, tribal health programs, rural community health centers, and other potential sources of care are included. **This document is updated about every year, and the information included may not remain accurate**, but we hope it can provide a start in finding appropriate resources.

The information in this directory was updated during the winter of 2014 and, to the best of our knowledge, is accurate as of the date of publication. *PLEASE NOTE* that inclusion in this directory does not guarantee that services will be provided.

We would appreciate learning about other programs and services that provide or assist Maine people in obtaining dental care. If you have suggestions for additions to this directory, please forward them to the Oral Health Program (see inside cover). New information will be added to this directory as it becomes available. In addition, from time to time, updates to this directory may be available electronically. Please check the Maine CDC Website <http://www.maine.gov/dhhs/mecdc/population-health/odh/index.shtml> for the most up-to-date version of this publication.

# CONTENTS

<b>Using This Directory</b>	p. 3
<b><u>Section I.</u> Clinics and Health Centers (listed alphabetically by County)</b>	
Androscoggin	p. 4
Aroostook	p. 5
Cumberland	p. 7
Franklin	p. 8
Hancock	p. 9
Kennebec	p. 11
Knox	p. 12
Lincoln	p. 12
Oxford	p. 12
Penobscot	p. 13
Piscataquis	p. 17
Sagadahoc	p. 17
Somerset	p. 17
Waldo	p. 18
Washington	p. 18
York	p. 20
<b><u>Section II.</u> State-Funded Assistance Programs</b>	p. 21
MaineCare Program & Member Services	p. 21
List of DHHS Regional Offices	p. 23
<b><u>Section III.</u> Other Resources</b>	p. 24
American Indian/Alaska Native Tribal Programs	p. 24
Area Agencies on Aging	p. 27
ME DHHS, Oral Health Program	p. 28
Maine State Board of Dental Examiners	p. 28
Maine Dental Association	p. 28
Donated Dental Services Program	p. 28
Rural and Community Health Centers	p. 29
State-wide Resources	p. 30
The Maine Cleft Lip & Palate Program	p. 31
Preventive Dental Hygiene Programs	p. 32
Other Suggestions	p. 32

## **State-wide Resources**

By state-wide resources, we mean those that **may not impose geographic or residence restrictions** as a condition for receiving services. To our knowledge, the clinics, health centers and agencies listed below may see any Maine resident, regardless of where he or she lives. However, they may not offer out-of-area patients a sliding fee scale, or may otherwise limit services; for example, they may accept MaineCare, but otherwise have restrictions, or see only children. **Be sure to ask about any restrictions** with a potential service provider at the time an appointment is being made.

Bingham Area Dental Center	p. 17
Bucksport Regional Health Center	p. 9
Caring Hands of Maine Dental Center, Ellsworth	p. 9
Community Clinical Services (CCS) Dental Services	p. 4
Community Dental Locations:	
Lewiston	p. 4
Portland	p. 7
Farmington	p. 8
Rumford	p. 12
Biddeford	p. 20
Eastport Health Care, Inc	p. 18
Fish River Rural Health, Eagle Lake	p. 5
Harrington Family Health Center	p. 18
Health Access Network Family Dental Care, Lincoln	p. 14
Jessie Albert Dental & Orthodontic Center, Bath	p. 17
Katahdin Valley Health Center: Millinocket, Houlton	p. 5 & 14
Kennebec Valley Family Dentistry, Augusta	p. 11
Knox County Health Clinic Dental Program, Rockland	p. 12
MaineCare Program & Member Services	p. 20
Nasson Health Care, Springvale	p. 20
Penobscot Community Dental Center: Bangor, Old Town	p. 15
Regional Medical Center, Lubec	p. 19
Sebasticook Family Doctors, Dexter	p. 16
Strong Dental Center	p. 8
The Community Dental Center WTVL (Kennebec Valley Dental Coalition)	p. 11
The Maine Coast Community Dental Clinic, Ellsworth	p. 10
University of Maine – Bangor, Dental Health Program	p. 13
University of New England, Dental Hygiene Dept., Portland	p. 7
<b>Dental for Clients receiving state services: (Restrictions apply)</b>	
Capitol Community Clinic (Riverview Psychiatric Center), Augusta	p. 11
Dorothea Dix Psychiatric Center (DDPC) Dental Clinic, Bangor	p. 13
<b>The Maine Cleft Lip &amp; Palate Program</b>	p. 31

**This page is also on page 30.**

## Using This Directory

The Directory is divided into three major sections: (I) Clinics and Health Centers (sources of direct clinical services), listed alphabetically by county; (II) State-Funded Assistance Programs (available to eligible persons statewide); and (III) Other Resources (programs and agencies that may be helpful in obtaining care or that have several locations throughout Maine, as well as other suggestions). This section also includes a list of preventive dental hygiene providers.

Check the resources for your geographic area first. Then review Sections II and III for additional ideas. We have tried to indicate any restrictions such as residence, age or income as clearly as possible, sometimes with the use of bold type and headings. In Section III under "State-wide Resources," we have listed those clinics and health centers that did not impose residence requirements at the time of publication.

Call the clinics, health centers, and other health or social service agencies in your area even if it appears from the description that they cannot provide dental care or help obtain services. Staff may know of new resources and be able to help you, even if they deal primarily with a different population group or area of service.

## **SECTION I. CLINICS AND HEALTH CENTERS**

### **Listed Alphabetically by County**

**(All telephone numbers are Area Code 207 unless noted otherwise.)**

### ***Androscoggin County***

#### Resources

CCS Dental Services – Auburn	755-3456
Community Dental – Lewiston	777-7442

#### Program Descriptions

#### **CCS Dental Services** (no longer part of the B Street Health Center in Lewiston)

60 Second Street  
Auburn, ME 04210  
Tel: 755-3456

Fax: 755-3457

CCS Dental Services provides dental hygiene services Monday - Friday including cleanings, fluoride treatments, dental sealants, and x-rays. There is a General Dentist on staff Monday - Thursday for exams and restorative treatment. The program serves children up to the age of 18 years old who are self-pay, covered by MaineCare or are uninsured and may qualify for our FQHC sliding-fee scale discount. This program is part of the Community Clinical Services (CCS) Federally Qualified Health Center (FQHC) that is affiliated with Sisters of Charity Health System and St. Mary's Regional Medical Center.

Hours: Mondays and Thursdays, 7:30 AM to 7:00 PM  
Tuesdays & Wednesdays, 7:30 AM to 6:30 PM  
Fridays, 7:30 AM to 5:00 PM  
1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month, 8:00 AM to 12:00 PM, by appointment.

#### **Community Dental – Lewiston**

177 Main Street  
Lewiston 04240

Tel: 777-7442 Fax: 777-7706

Website: [www.communitydentalme.org](http://www.communitydentalme.org)

Community Dental - Lewiston provides comprehensive preventive and restorative dental services as well as oral health education to children and adults. MaineCare and private insurance are accepted. An income - based sliding fee schedule is available to uninsured residents of Community Dental's service areas in southern, central, and western Maine who meet the income guidelines.

Hours: Monday – Thursday 7:00 AM to 5:30 PM  
Friday 8:00 AM to 4:30 PM

# ***Aroostook County***

## Resources

Fish River Rural Health 444-5973  
Katahdin Valley Health Center, Millinocket, Houlton and Ashland 723-6565

## Program Descriptions

### **Fish River Rural Health**

10 Carter Street  
P.O. Box 309  
Eagle Lake, ME 04739  
Tel: 444-5973 Fax: 444-5520  
Contact Person: Heather Pelletier, Executive Director

Hours: Monday, Thursday, Friday 7:00 AM to 5:30 PM  
Tuesday 9:00 AM to 8:00 PM

The Health Center provides restorative, prevention, and rehabilitative care for children and adults. MaineCare and private insurance are accepted, and a sliding fee scale is available for patients whose family income meets the Center's income guidelines (based on federal poverty level).

Comprehensive, family dental care.

- All ages
- All dental insurances
- Sliding fee discount

Accepting new patients!

### **Katahdin Valley Health Center**

#### ***Mailing address for both Sites:***

Katahdin Valley Health Center  
P.O. Box 500  
Patten, Maine 04765

#### ***Contact Person:***

Barbara Legassey, Dental Practice Manager  
207-723-6565  
866-366-5842  
Fax: 723-6564

#### **Site 1** (Penobscot County)

Katahdin Valley Health Center  
50 Summer Street  
Millinocket, Maine 04462

Hours: Monday – Thursday 7:30 AM to 5:30 PM

**Site 2** (Aroostook County)

Katahdin Valley Health Center

59 Bangor Street

Houlton, Maine 04730

Hours: Tuesday – Friday 7:30 AM to 5:30 PM

Katahdin Valley Health Center's (KVHC) Dental Clinics, located in Millinocket and Houlton, provide a full range of diagnostic and preventive dental care services including restorative, oral surgery, endodontic, periodontal and emergency palliative treatment for children and adults. MaineCare and other dental insurances are accepted and a sliding fee discount scale is available based on federal poverty guidelines and household income. KVHC is a Federally Qualified Health Center who provides high quality care to all community members including low- income, uninsured and the under-insured.

**Coming soon, possibly April 2014 (contact Barbara Legassey):**

**Site 3** (Aroostook County) – **New Site**

Katahdin Valley Health Center

33 Walker Street

Ashland, Maine 04732

# *Cumberland County*

## Resources

Community Dental - Portland	874-1028
University of New England, Portland	221-4900

## Program Descriptions

### Community Dental – Portland

640 Brighton Avenue  
Portland, ME 04102  
Tel: 874-1028 Fax: 842-2963  
Website: [www.communitydentalme.org](http://www.communitydentalme.org)

Community Dental – Portland provides comprehensive preventive and restorative dental services including oral health education to children and adults. A pediatric dentist is available on a part time basis. MaineCare and private insurance are accepted. An income - based sliding fee schedule is available to uninsured residents of Community Dental’s service areas in southern, central, and western Maine who meet the income guidelines.

Hours: Monday – Thursday 7:00 AM to 5:30 PM  
Friday 8:00 AM to 4:30 PM

### University of New England

Dental Hygiene Department/Westbrook College Campus  
716 Stevens Avenue  
Portland, ME 04103  
Tel: 221-4900

**The clinic is open only from September to April.** The University of New England Dental Hygiene clinic offers dental hygiene services that include oral examination, personalized oral hygiene instruction, blood pressure screening, x-ray survey (x-rays), teeth cleaning, fluoride treatments, and sealant placement. **These services are available to the general public and there are no income restrictions.** This is a teaching clinic so appointments may require more time. Patients do not see a dentist, but work with a student hygienist. Services **NOT** provided include: fillings and restorations, extractions, crowns, root canals, orthodontics, dentures, or bridges. Maine Care is accepted for patients through age 20 only. No other insurances are accepted, only cash or check payments. Low fees are charged to cover the cost of materials only.

Children 12 and younger: fees average \$20.00  
Children 13 and over and adults: fees average \$30.00

Discounts: senior citizens.

Hours: Monday - Friday 8:30 AM - 4:30 PM

# ***Franklin County***

## Resources

Community Dental - Farmington  
Strong Dental Center

779-2659  
684-3045

## Program Descriptions

### **Community Dental – Farmington**

131 Franklin Commons, Suite I  
Farmington, ME 04938

Tel: 779-2659                      Fax: 779-2697

Website: [www.communitydentalme.org](http://www.communitydentalme.org)

Community Dental – Farmington, located in the upper level of the Mount Blue Health Center, adjacent to Franklin Memorial Hospital, provides comprehensive preventive and restorative dental services including oral health education to children and adults. MaineCare and private insurance are accepted. An income - based sliding fee schedule is available to uninsured residents of Community Dental’s service areas in southern, central, and western Maine who meet the income guidelines. Nitrous Oxide services are available for anxious patients.

Hours: Monday - Thursday 7:00 AM to 5:30 PM

Hours: Friday 8:00 AM to 4:30 PM

### **Strong Dental Center**

Strong Area Health Center  
177 North Main Street

Strong, ME 04983

Tel: 684-3045

Website: [www.strongchc.org](http://www.strongchc.org)

The Strong Dental Center is located in the Strong Area Health Center in Franklin County, one of 11 federally qualified health centers administered by HealthReach Community Health Centers. The Center serves adults and children and accepts both commercial insurance and MaineCare. In addition, an affordable care program is offered for uninsured residents who meet income guidelines. A comprehensive range of preventive and restorative services is provided.

Hours: Monday - 7:30 AM to 7:00 PM

Tuesday - Thursday - 7:30 AM to 5:00 PM



**The Maine Coast Community Dental Clinic**

*A program of Maine Coast Memorial Hospital*

52 Christian Ridge Road

Ellsworth, ME 04605

Tel: 207-667-0293

Fax: 207-667-5805

Contact: Jamie Gordon

Hours: Monday - Thursday 7:30 AM to 6:00 PM

Maine Coast Community Dental Clinic provides general dentistry procedures and preventive care to individuals of any age. New patients and emergencies are welcome. The clinic offers a range of services from preventive cleanings to root canals and extractions. To further help those suffering from treatment anxiety, the clinic offers nitrous oxide (laughing gas). The clinic offers a number of payment options, including debit/credit cards by Visa, Mastercard and American Express. We accept private insurance and MaineCare (Maine Medicaid). For those without insurance, The Dental Clinic offers a sliding fee scale (up to a 25% discount on services based on income and family size).

# ***Kennebec County***

## Resources

Capital Community Clinic, Riverview Psychiatric Center, Augusta	624-3966 or 1-800-834-3339
The Community Dental Center, Waterville	872-8891
Kennebec Valley Family Dentistry, Augusta	623-3400

## Program Descriptions

### **Capital Community Clinic, Riverview Psychiatric Center (Please note restrictions)**

Capital Community Clinic  
250 Arsenal St.  
Augusta, ME 04330  
Tel: 624-3966 or 1-800-834-3339

Hours: Monday - Friday (excluding holidays) 8:00 AM to 4:00 PM

Capital Community Clinic provides dentistry and hygiene services. The clinic is located within Riverview Psychiatric Center.

### **The Community Dental Center**

93 Main Street - 3<sup>rd</sup> Floor  
Waterville, ME 04901  
Tel: 872-8891 (appointments and information)

Hours: Monday – Thursday 7:30 AM to 6:00 PM

The Community Dental Center offers general preventive and restorative services to children and adults. This includes cleaning, digital x-rays, fluoride treatment, fillings, extractions and crowns (no root canals). **We are not providing cleanings for new adults at this time, but will provide adult emergency treatment, when able.** We can also make sport and night guards. The Center accepts MaineCare payments and offers a sliding fee schedule for people who are uninsured. Private dental insurance and full-pay patients are also acceptable. The Center is a non-profit organization and receives support from local, state and private sources.

### **Kennebec Valley Family Dentistry**

269 Water St  
Augusta, ME 04330  
Tel: 623-3400 Fax: 623-3440  
Website: via Facebook only.

Kennebec Valley Family Dentistry is located in the Vickery Complex on the second floor directly above the Edmund Ervin Pediatric Center in downtown Augusta. The entrance for the new facility is located at 269 Water Street, next to the Ervin Pediatric Center, and from the Riverside Parking Lot. Parking, elevator services, and handicapped access are available at the Riverside entrance. We accept new MaineCare patients and most private insurances, including an income-based sliding fee program.

# ***Knox, Lincoln, & Oxford Counties***

## Resources

Knox County Health Clinic Dental Program, Rockland  
Community Dental– Rumford

594-6996  
369-3600

## Program Descriptions

### **Knox County Health Clinic Dental Program**

Knox County Health Clinic  
22 White St., Rockland, ME 04841  
Phone 594-6996 Fax 594-6995  
[info@knoxclinic.org](mailto:info@knoxclinic.org) [www.knoxclinic.org](http://www.knoxclinic.org)

### **\*The Dental Clinic Does Not Provide Emergency Services \***

The Knox County Health Clinic Dental Program provides exams, cleanings, sealants, simple fillings, extractions, and partials to children and adults under the age of 55 whose family earnings are at or below 200% of the federal poverty guidelines. **Only residents of Knox County and those towns immediately next to Knox County, Waldoboro and Lincolnville, are eligible for the dental program.** Priority is given to those who need dental care for pain and infection control, to improve employability, and to children who have been unable to receive dental care. There is a waiting list. The Clinic offers dentures to those who qualify for them. Patients will be responsible for a payment of \$100.00 per arch prior to starting work on denture preparation.

Applications may be obtained by calling the office at 594-6992, or on our website at [www.knoxclinic.org](http://www.knoxclinic.org). Residents whose income is up to 100% of the federal poverty guidelines pay \$10.00 for each visit, while those with income between 101% and 200% pay \$20.00 per visit. MaineCare insured children pay \$5.00 per visit. **Patients must cancel their appointment at least 24 hours in advance or you will still be charged. Patients who fail to cancel with proper notice are no longer eligible for services.**

These services are available because of the incredible support from community members and organizations, including the generous donation of time and expertise from local dental offices. Please call the Knox County Health Clinic at 594-6996 for more information.

### **Community Dental - Rumford**

60 Lowell St  
Rumford ME 04276  
Tel 369-3600  
Fax: 369-3604  
Website: [www.communitydentalme.org](http://www.communitydentalme.org)  
Hours: Monday - Friday 8:00 AM to 4:30 PM

Community Dental – Rumford provides comprehensive preventive and restorative dental services as well as oral health education to children and adults. MaineCare and private insurance are accepted. An income - based sliding fee schedule is available to uninsured residents of Community Dental's service areas in southern, central, and western Maine who meet the income guidelines.

# *Penobscot County*

## Resources

Dental Health Programs, UMA – Bangor	262-7872
Dorothea Dix Psychiatric Center (DDPC) Dental Clinic, Bangor	941-4120
Health Access Network Family Dental Care, Lincoln	794-6700
Katahdin Valley Health Center, Millinocket, Houlton	723-6565
Penobscot Community Health Care Dental Center, Bangor	992-2152 Option #4
Penobscot Community Health Care Dental Center, Old Town	945-5247 Ext. 763
Sebasticook Family Doctors, Dexter	924-5200

## Program Descriptions

### Dental Health Programs

UMA - Bangor  
College Center, 201 Texas Avenue  
Bangor, ME 04401  
Tel: 262-7872

**The clinic is open from September through April** and is available to the general public. Appointments may be made by calling 262-7872.

The Dental Health Clinic operates as part of the Dental Hygiene educational program at the University of Maine. Student dental hygienists provide preventive services under the supervision of University faculty and volunteer dentists. Available services include: oral examination, scaling and polishing of teeth, oral hygiene instructions, dental X-rays, fluoride treatments, and sealants. **There are no residence requirements or income restrictions.** The Clinic does not participate in MaineCare or accept insurance, but will provide a coded receipt that can be submitted to an insurer.

Fee: Adults (13 years & older) - \$30.00

Fee: Children (4-12 years) & UMA students & Veterans - \$25.00

### DDPC Dental Clinic

656 State Street  
P.O. Box 926  
Bangor, ME 04402  
Tel: 207-941-4120

**Eligibility Criteria:** Anyone who is currently an adult client receiving Developmental Services from the Department of Health & Human Services, or anyone who is currently receiving Developmental Services through an agency funded by the Department, and is unable to access dental services in the community at large, is eligible for services at the clinic. Our goal is to provide primary preventive dental services to as many of our eligible patients as our limited resources permit.

**Services Available:** General dentistry and dental hygiene treatment services to patients based on eligibility criteria as outlined above. The Clinic also provides IV sedation dentistry for clients with severe/profound intellectual disabilities and **for whom sedation dentistry in a community clinic setting is clinically appropriate. IV sedation dentistry is provided on very limited number of days.** The DDPC Dental Clinic is limited in the scope and quantity of dental services it can provide, even when clinically indicated, because of the limited funding and staffing resources available.

**Clinic Hours:** Monday to Thursday, 8:00 AM to 5:00 PM, and some Fridays.

**Health Access Network**

HAN Family Dental Care  
9 Main Street, Suite B  
Lincoln, ME 04457  
Tel: 794-6700  
1-866-426-4584

Hours: Monday to Friday 7:30 AM to 5:00 PM

Health Access Network (HAN) is a federally funded Community Health Center providing primary and specialty care, mental health and dental services in Lincoln, Medway, Millinocket, and West Enfield. HAN Family Dental services are located in Lincoln. The office is fully equipped to provide education, prevention, and restorative care to people of all ages. Dental services include hygiene, X-rays, sealants, scalings, fillings, extractions, and root canals. HAN also accepts MaineCare, private pay and commercial insurance. For eligible patients, financial assistance is available; services are available on a sliding fee scale based upon income levels and household size. Emergency exams and services are generally available for patients with pain, swelling, or infection.

**For more information about the Health Access Network dental program or other services, you may contact the central office at (207) 794-6700 or 1-866-426-4584.**

**Katahdin Valley Health Center**

*Mailing address for both Sites:*  
Katahdin Valley Health Center  
P.O. Box 500  
Patten, Maine 04765

*Contact Person:*  
Barbara Legassey, Dental Practice Manager  
207-723-6565  
866-366-5842  
Fax: 723-6564

**Site 1** (Penobscot County)

Katahdin Valley Health Center  
50 Summer Street  
Millinocket, Maine 04462

Hours: Monday – Thursday 7:30 AM to 5:30 PM

**Site 2** (Aroostook County)

Katahdin Valley Health Center

59 Bangor Street

Houlton, Maine 04730

Hours: Tuesday – Friday 7:30 AM to 5:30 PM

Katahdin Valley Health Center's (KVHC) Dental Clinics, located in Millinocket and Houlton, provide a full range of diagnostic and preventive dental care services including restorative, oral surgery, endodontic, periodontal and emergency palliative treatment for children and adults. MaineCare and other dental insurances are accepted and a sliding fee discount scale is available based on federal poverty guidelines and household income. KVHC is a Federally Qualified Health Center who provides high quality care to all community members including low- income, uninsured and the under-insured.

**Coming soon, possibly April 2014 (contact Barbara Legassey):**

**Site 3** (Aroostook County) – **New Site**

Katahdin Valley Health Center

33 Walker Street

Ashland, Maine 04732

**PCHC Dental Center** (Please note restrictions)

1048 Union Street

Bangor, ME 04401

Tel: 207-992-2152 (Option #4)

Hours: Monday - Friday 7:30 AM to 6:00 PM

Walk in for Emergency treatment and clinic hours are 8:00 AM to 4:00 PM

The PCHC Dental Center is administered by Penobscot Community Health Care (PCHC), and serves primarily children and adults from Penobscot and Piscataquis Counties on a sliding fee basis. MaineCare eligible persons are welcome. A range of preventive, extraction, and restorative services are available. The practice is funded through federal and foundation grants.

**PCHC Dental Center** (Please note restrictions)

242 Brunswick Street

Old Town, ME 04468

Tel: 207-945-5247 Ext. 763

Hours: Monday - Thursday 7:30 AM to 6:00 PM

Walk in for Emergency treatment and clinic hours are 8:00 AM to 4:00 PM

The PCHC Dental Center is administered by Penobscot Community Health Care (PCHC), and serves primarily children and adults from Penobscot and Piscataquis Counties on a sliding fee basis. MaineCare eligible persons are welcome. A range of preventive, extraction, and restorative services are available. The practice is funded through federal and foundation grants.

**Sebasticook Family Doctors**

29 Church Street

Dexter, ME 04930

Tel: 207-924-5200

1-866-364-1366

<http://www.sebasticookfamilydoctors.org/>

DDS Hours: Monday – Friday 7:30 AM to 4:00 PM

Hygienist: Monday – Friday 7:30 AM to 5:30 PM

Dental services offered 5 days a week for both adults and children. We accept private insurance, MaineCare and offer services on a sliding fee scale for those who are income eligible.

## *Piscataquis County*

### Resources

## **See Section III- Other Resources**

## *Sagadahoc County*

### Program Description

#### **Jessie Albert Dental & Orthodontic Center**

171 Congress Avenue

Bath, ME 04530

Tel: (207)443-9721 or 1-888-304-8020

Fax: (207)443-9722

Hours: Monday – Thursday 7:30 AM to 4:30 PM

Fridays 7:30 AM to 2:30 PM

Jessie Albert Dental & Orthodontic Center offers comprehensive dental services and quality orthodontic care for the whole family. Services include routine cleanings and check-ups to fillings, root canals, crown, bridge work and extractions, as well as the latest orthodontic procedures like Invisalign®. Most dental insurances are accepted, including MaineCare. Patients under the age of 21 who do not receive financial assistance are billed according to a sliding fee scale. The not-for-profit Center is a program of Catholic Charities Maine and receives financial support from Northeast Delta Dental, surrounding towns and friends of the program.

## *Somerset County*

### Program Description

#### **Bingham Area Health Center**

237 Main Street

P.O. Box 746

Bingham, ME 04920

Telephone: 207-672-3519

Website: [www.binghamchc.org](http://www.binghamchc.org)

Hours: Monday – Thursday 7:00 AM – 5:30 PM

The Bingham Area Dental Center in Somerset County is located in the Bingham Area Health Center, one of 11 federally qualified health centers administered by HealthReach Community Health Centers. The Center serves adults and children and accepts both commercial insurance and MaineCare. In addition, an affordable care program is offered for uninsured residents who meet income guidelines. A comprehensive range of preventive and restorative services is provided. We are currently accepting new patients of all ages.

## *Waldo County*

### Resources

## **See Section III- Other Resources**

## *Washington County*

### Resources

Eastport Health Care, Inc.	853-6001
Harrington Family Health Center	483-4502
Regional Medical Center at Lubec	733-5541

### Program Descriptions

#### **Eastport Health Care, Inc.**

P.O. Box H, 30 Boynton Street  
Eastport, Maine 04631  
Tel: 853-6001

Eastport Health Care (EHC) provides a full range of preventive and restorative services. EHC also offers Invisalign services. One emergency appointment is available daily per first call basis beginning at 8:00 AM. EHC provides dental services to all patients regardless of their ability to pay. All insurances are welcome. A sliding fee is available for those whose family incomes meet EHC income guidelines.

Dental office hours:

Monday-Friday 8:00AM-5:00PM; including 2 days per week lunchtime appointments.

Tuesday evening until 6:00 PM

#### **Harrington Family Health Center**

50 East Main Street  
Harrington, ME 04643  
Tel: 483-4502

[www.harringtonfamilyhealth.org](http://www.harringtonfamilyhealth.org)

Contact Person: Lee Umphrey, Administrator

The Harrington Family Health Center's dental department provides a full range of preventive and restorative services, **servicing adults and children in Washington and eastern Hancock counties.** Sliding fees are offered. MaineCare and private insurance are accepted.

Office hours: Monday, Tuesday and Wednesday 8:00 AM to 5:00 PM

Thursday 8:00 AM to 8:00 PM

Friday 8:00 AM to 12:00 PM

**Regional Medical Center at Lubec**

43 South Lubec Road

Lubec, ME 04652

Tel: 733-5541

Contact Person: Mary MacKay, DMD

Hours: Monday, Wednesday and Thursday 7:30 AM to 6:00 PM

Tuesday 7:30 AM to 8:00 PM

Friday 7:30 AM to 5:00 PM

The Regional Medical Center at Lubec dental office serves children and adults, providing family dental care with a full range of preventive and restorative service, including prosthetics and minor oral surgery. MaineCare and private insurance are accepted, and **a sliding fee scale is available** for those whose family incomes meet the Center's income guidelines. Sliding fee services are limited to patients within RMCL's service area. Under sliding fee, all preventive and emergency dental services are covered to the percentage of an individual's place on the sliding fee scale. All other services except for the following will be reduced to a minimum of 50% of the charge dentures, partial dentures, occlusal guards, bridgework, crowns, and denture repairs are not covered under the sliding fee program. Dental services are also available on an emergency basis.

# ***York County***

## Resources

Community Dental – Biddeford  
Nasson Health Care, Springvale

282-1305  
490-6900 or  
800-965-5762

## Program Descriptions

### **Community Dental – Biddeford**

57 Barra Road

Suite 3

Biddeford, ME 04005

Tel: 282-1305

Fax: 282-7351

Website: [www.communitydentalme.org](http://www.communitydentalme.org)

Hours: Monday - Thursday 7:00 AM to 5:30 PM

Friday 8:00 AM to 4:30 PM

Community Dental – Biddeford, located in the Robert G. Dodge Business Park on Rt. 111 in Biddeford, provides comprehensive preventive and restorative dental services including oral health education to children and adults. MaineCare and private insurance are accepted. An income - based sliding fee schedule is available to uninsured residents of Community Dental's service areas in southern, central, and western Maine who meet the income guidelines.

### **Nasson Health Care (previously York County Community Health Care)**

15 Oak Street

Springvale, ME 04083

Mailing Address: P.O. Box 72

Sanford, ME 04073

Tel: 490-6900 or 800-965-5762 [in York County]

Hours: Monday - Thursday 8:00 AM to 6:00 PM

Friday 8:00 AM to 2:00 PM

Website: [www.nassonhealthcare.org](http://www.nassonhealthcare.org)

Nasson Health Care provides a full range of preventive, restorative, emergency and minor oral surgery care to individuals of all ages. We accept all forms of insurance and a sliding fee discount is provided to persons who meet the Health Center's income guidelines.

## **SECTION II. STATE-FUNDED ASSISTANCE PROGRAMS**

Medical and dental benefits available through Maine Department of Health & Human Services, Office of MaineCare Services.

### **A. General Information**

MaineCare provides medically necessary benefits to eligible persons of all ages. Benefits are subject to policy regulations because they are funded with federal and state monies.

The following people may be eligible for medical benefits through MaineCare:

- Persons who receive Temporary Assistance to Needy Families (TANF)
- Persons who receive Supplemental Security Income (SSI)
- Families with dependent children
- Persons who are elderly, blind, or disabled
- Individuals under age 21
- Pregnant women
- Persons in need of nursing home care
- Persons who are in a foster home or boarding home

**Applications for MaineCare are available at any DHHS office, by calling toll free 1-877-543-7669 or on-line at <http://www.maine.gov/dhhs/ofi/public-assistance/index.html>.**

- After reviewing the application and circumstances, DHHS staff will determine eligibility.
- For the office nearest you, see the listing at the end of this section.
- Individuals having other health insurance such as Medicare or Anthem Blue Cross/Blue Shield may also be eligible for MaineCare.

**Note: Dental Providers are not required to participate in MaineCare.** They may choose to accept MaineCare members or not. **MaineCare Member Services provides assistance in finding dental providers for MaineCare members. The telephone number is 1-800-977-6740; Email is [MaineCareMember@molinahealthcare.com](mailto:MaineCareMember@molinahealthcare.com).**

**See part B** in this section for more information about benefits for individuals under age 21. Please note that MaineCare pays enrolled dental providers directly for covered benefits. Providers cannot charge members for the difference between their usual fee and the MaineCare payments for covered benefits. They can charge for non-covered services.

### **B. MaineCare Dental Services for Children and Young adults (under age 21)**

- Children and young adults under age 21 are covered for preventive, routine, and some specialized dental services.
- MaineCare Member Services helps to obtain dental services through the EPSDT Program (Early Periodic Screening, Diagnosis and Treatment).
- Member services can help with getting transportation, setting up medical and dental appointments, finding a physician or a dentist, and answering questions about MaineCare benefits.
- **For more information call Member Services toll-free at 1-800-977-6740 (TDD/TTY: Maine relay 711). Email is [MaineCareMember@molinahealthcare.com](mailto:MaineCareMember@molinahealthcare.com).**

**For more information, or to get an application for MaineCare contact the DHHS office nearest you (see list), or phone toll-free at 1-877-543-7669. You can also visit the Department of Health & Human Services website at <http://www.maine.gov/dhhs/DHSaddresses.htm>**

**C. MaineCare Dental Benefits for Members age 21 and over:**

- MaineCare covers treatments to relieve pain, eliminate acute infection and/or prevent imminent tooth loss for members age 21 and over. For example, if an individual has a tooth that is causing pain, MaineCare will pay for either treatment and restoration or extraction of that tooth. Prior authorization may be needed for certain procedures.
- Medically necessary treatment for periodontal disease is covered in cases of acute necrotizing ulcerative gingivitis (A.N.U.G.), a particularly severe infection. Prior Authorization is not required when this diagnosis is justified.
- With prior authorization, other services may be covered if justification of medical necessity and cost effectiveness is submitted to the Prior Authorization Unit. The cost of dental services must be cost-effective when compared to the costs of ongoing medical care, which exist or may develop as a result of the need for the requested dental services.

**For more information:**

- **Providers may contact the Provider Relations Unit at the Office of MaineCare Services at 1-800-321-5557, TTY: Maine relay 711.**
- **MaineCare members may call Member Services at 1-800-977-6740, TTY: Maine relay 711.**

**REGIONAL OFFICES  
OF THE  
DEPARTMENT OF HEALTH & HUMAN SERVICES  
(All are 11 State House Station and TTY: Maine relay 711)**

35 Anthony Avenue  
**Augusta 04330-0011**  
Tel: 624-8000  
Toll Free: 800-452-1926

11 High Street  
**Houlton 04730**  
Tel: 532-5000  
Toll Free: 800-432-7338

396 Griffin Road  
**Bangor 04401**  
Tel: 561-4100  
Toll Free: 800-432-7825

200 Main Street  
**Lewiston 04240**  
Tel: 795-4300  
Toll Free: 800-482-7517

208 Graham Street  
**Biddeford 04005**  
Tel: 286-2400  
Toll Free: 800-322-1919

38 Prescott Drive  
**Machias 04654**  
Tel: 255-2000  
Toll Free: 800-432-7846

392 South Street  
**Calais 04619**  
Tel: 454-9000  
Toll Free: 800-622-1400

161 Marginal Way  
**Portland 04101**  
Tel: 822-2000  
Toll Free 800-482-7520

30 Skyway Drive – Unit 100  
**Caribou 04736**  
Tel: 493-4000  
Toll Free: 800-432-7366

91 Camden Street - Suite 103  
**Rockland 04841**  
Tel: 596-4200  
Toll Free: 800-432-7802

17 Eastward Lane  
**Ellsworth 04605**  
Tel: 667-1600  
Toll Free: 800-432-7823

890 Main Street – Suite 208  
**Sanford 04073**  
Tel: 490-5400  
Toll Free: 800-482-0790

114 Corn Shop Lane  
**Farmington 04938**  
Tel: 778-8400  
Toll Free: 800-442-6382

98 North Avenue, Suite 10  
**Skowhegan 04976**  
Tel: 474-4800  
Toll Free: 800-452-4602

137 Market St  
**Fort Kent 04743**  
Tel: 834-7700  
Toll Free: 800-432-7340

243 Main Street - Suite 6  
**South Paris 04281-9901**  
Tel: 744-1200  
Toll Free: 888-593-9775

## **SECTION III. - OTHER RESOURCES**

### Resources

#### **American Indian/Alaska Native Tribal Programs**

Aroostook Band of Micmacs - Micmac Service Unit & Family Dental Clinic, Presque Isle  
Houlton Band of Maliseet Indians, Houlton  
Passamaquoddy Tribe of Indian Township, Princeton  
Passamaquoddy Tribe of Pleasant Point, Perry  
Penobscot Nation Health Department, Old Town

#### **Area Agencies on Aging**

Aroostook Area Agency on Aging, Presque Isle  
Spectrum Generations - Central Maine's Area Agency on Aging, Augusta  
Eastern Area Agency on Aging, Bangor  
Southern Maine Agency on Aging, Scarborough  
SeniorsPlus – Aging and Disability Resource Center, Lewiston

#### **Other Resources:**

Maine Department of Health & Human Services, Oral Health Program, Augusta  
Maine State Board of Dental Examiners, Augusta  
Maine Dental Association, Manchester  
Donated Dental Services Program (sponsored by the Maine Dental Association)  
Rural and Community Health Centers (general)  
State-wide Resources  
The Maine Cleft Lip & Palate Program  
Preventative Dental Hygiene Programs  
Other Suggestions

### Program Descriptions

#### ***American Indian/Alaska Native Tribal Programs***

The following tribal programs located in Maine currently offer direct and/or referral medical or dental services for registered members of federally recognized American Indian/Alaska Native tribes. These are tribally directed programs, and each may differ significantly in eligibility requirements and ability to provide services. Contact should be made with the individual program's Health Administrator to determine the specific services available.

#### **Micmac Service Unit**

8 Northern Road  
Presque Isle, ME 04769  
Tel: (207)764-7219  
Toll Free 1-800-750-1972

The Micmac Family clinic will service the primary health care needs of eligible tribal members living in Aroostook County. Please call for current information regarding eligibility for services.

**Micmac Family Dental Clinic**

8 Northern Road, Suite 1  
Presque Isle, ME 04769  
Tel: (207)554-5053

The Micmac Family Dental Clinic will service the family dental care needs of eligible tribal members living in Aroostook County. Please call for current information regarding eligibility for services.

**Houlton Band of Maliseet Indians**

Tribal Health Program  
88 Bell Road – Suite 2  
Littleton, ME 04730  
Physical Location: 3 Clover Circle, Houlton ME  
Tel: 532-4229 or 1-888-594-8272

Clinic available with direct health services:

Monday - Thursday: 7:30 AM to 4:30 PM

Friday: CLOSED

Dental services through contract providers: Must be a member of a federally recognized Indian Tribe.

**Passamaquoddy Tribe of Indian Township**

Indian Township Health Center  
P.O. Box 97, 401 Peter Dana Point Road  
Princeton, ME 04668  
Tel: 796-2322 (clinic)

Email: [djohnson@nspit.nashville.ihs.gov](mailto:djohnson@nspit.nashville.ihs.gov)

Direct medical, dental care, contract referral for qualified federally recognized Native Americans.

**Passamaquoddy Tribe of Pleasant Point**

Pleasant Point Health Center  
P.O. Box 351  
Perry, ME 04667  
Tel: 853-0644 (health center)  
Email: [ctaylor@nsppp.nashville.ihs.gov](mailto:ctaylor@nsppp.nashville.ihs.gov)

The Passamaquoddy Tribe of Pleasant Point accepts any federally recognized Native American. Direct medical and dental care services can be received at Pleasant Point Health Center with correct identification.

**Penobscot Nation Health Department**

23 Wabanaki Way

Indian Island

Old Town, ME 04468

Tel: 817-7400

Direct medical and dental care for federally recognized Native Americans, plus contract referral care for eligible tribal members.

## ***Area Agencies on Aging***

Area Agencies on Aging may be able to provide assistance in locating sources of dental care.

### **Aroostook Area Agency on Aging**

(Aroostook County)

One Edgemont Dr., Suite B, Box 1288

Presque Isle, ME 04769

Tel: 764-3396 or 1-800-439-1789

Office Hours: Monday-Friday 8:00 AM to 4:30 PM

### **Spectrum Generations - Central Maine's Area Agency on Aging**

(Kennebec, Somerset, Knox, Lincoln, Waldo and Sagadahoc Counties, Brunswick and Harpswell)

One Weston Court, P.O. Box 2589

Augusta, ME 04338-2589

Tel: 1-800-639-1553

Office Hours: Monday-Friday 8:00 AM to 4:30 PM

TTY: 1-800-464-8703

Web site: [www.spectrumgenerations.org](http://www.spectrumgenerations.org)

### **Eastern Area Agency on Aging**

(Penobscot, Piscataquis, Washington, and Hancock Counties)

450 Essex Street

Bangor, ME 04401-3937

Tel: 941-2865 or 1-800-432-7812

Fax: 941-2869

Office Hours: Monday-Friday 8:00 AM to 4:30 PM

Website: [www.eaaa.org](http://www.eaaa.org)

### **Southern Maine Agency on Aging**

(Cumberland County, except Brunswick and Harpswell; York County)

Contact person: Ask for a Resource Specialist

136 US Route One

Scarborough ME 04074

Tel: 396-6500 or 1-800-427-7411

TTL dial 711

Appointment required for office visit.

Email general mail box: [info@smaaa.org](mailto:info@smaaa.org)

### **SeniorsPlus – Aging and Disability Resource Center**

(Androscoggin, Franklin, and Oxford Counties)

8 Falcon Road

Lewiston, ME 04240

Tel: 795-4010 or 1-800-427-1241

Office Hours: Monday-Friday 8:00 AM to 5:00 PM

Website: [www.seniorsplus.org](http://www.seniorsplus.org)

## ***Other Resources***

### **Maine Department of Health & Human Services, Oral Health Program**

11 State House Station  
Key Plaza, 286 Water Street, 5<sup>th</sup> Floor  
Augusta, ME 04333-0011  
Tel: 287-3121  
Fax: 287-7213

**The Oral Health Program cannot provide clinical dental services or financial assistance. However, dental health information and limited information and referral services are provided. For questions about using this directory, contact the Program.**

### **Maine State Board of Dental Examiners**

Mailing: 143 State House Station  
Augusta, ME 04333-0143  
Tel: 207-287-3333

Physical: 161 Capitol Street  
Augusta, ME 04330

The Maine Board of Dental Examiners can provide information on the Maine State Dental Practice Act and licensure of dentists, dental hygienists (IPDH and RDH), dental radiographers, denturists, and expanded function dental assistants. This Board also handles complaints regarding these professionals.

### **Maine Dental Association**

P.O. Box 215  
Manchester, Maine 04351  
Tel: 622-7900: Fax: 622-6210  
Contact Person: Cindy Sullivan, Executive Director

The Association does not provide clinical services, financial assistance, or direct referrals. Only information on the Association's programs and activities are provided.

### **Donated Dental Services Program**

This program offers free comprehensive dental care to needy disabled, aged and medically compromised individuals by dentists who volunteer their services. The program serves disabled and elderly people who cannot afford needed treatment and have no other way of getting help. Each person's condition must be severe enough to prohibit or significantly limit gainful employment, and they must need extensive treatment rather than only a cleaning or check-up. In addition, they can neither afford dental care nor get it through other programs. Each patient receives services through this program only once. When all needed work is completed, the case is closed. Patients are restored to oral health, but they are responsible for maintaining it.

The Donated Dental Services Program is sponsored by the Maine Dental Association, partially funded by the Maine State Legislature, and administered through a contract with the **Dental Lifeline Network**. For additional information, and to receive an application, contact the DDS Program referral coordinator at 1-800-205-5615.

## **Rural and Community Health Centers**

Community health centers also known as **Federally Qualified Health Centers (FQHC)** may be able to assist individuals in obtaining dental care through agreements with local providers or other arrangements. Each health center has its own policies and procedures.

All FQHCs provide a sliding fee scale for low income, uninsured patients.

For information about a specific community health center, call the center directly, or contact the

Maine Primary Care Association  
73 Winthrop Street, Augusta, ME 04330  
Tel: (207) 621-0677  
Web-site: [www.mepca.org](http://www.mepca.org)

Several community health centers provide clinical dental services on site. Those who provided information are listed in this directory by region with the other services in their area.

## **State-wide Resources**

By state-wide resources, we mean those that **may not impose geographic or residence restrictions** as a condition for receiving services. To our knowledge, the clinics, health centers and agencies listed below may see any Maine resident, regardless of where he or she lives. However, they may not offer out-of-area patients a sliding fee scale, or may otherwise limit services; for example, they may accept MaineCare but otherwise have restrictions, or see only children. **Be sure to ask about any restrictions** with a potential service provider at the time an appointment is being made.

Bingham Area Dental Center	p. 17
Bucksport Regional Health Center	p. 9
Caring Hands of Maine Dental Center, Ellsworth	p. 9
Community Clinical Services (CCS) Dental Services	p. 4
Community Dental Locations:	
Lewiston	p. 4
Portland	p. 7
Farmington	p. 8
Rumford	p. 12
Biddeford	p. 20
Eastport Health Care, Inc	p. 18
Fish River Rural Health, Eagle Lake	p. 5
Harrington Family Health Center	p. 18
Health Access Network Family Dental Care, Lincoln	p. 14
Jessie Albert Dental & Orthodontic Center, Bath	p. 17
Katahdin Valley Health Center: Millinocket, Houlton	p. 5 & 14
Kennebec Valley Family Dentistry, Augusta	p. 11
Knox County Health Clinic, Rockland	p. 12
MaineCare Program & Member Services	p. 20
Nasson Health Care, Springvale	p. 20
Penobscot Community Dental Center: Bangor, Old Town	p. 15
Regional Medical Center, Lubec	p. 19
Sebasticook Family Doctors, Dexter	p. 16
Strong Dental Center	p. 8
The Community Dental Center WTVL (Kennebec Valley Dental Coalition)	p. 11
The Maine Coast Community Dental Clinic, Ellsworth	p. 10
University of Maine - Bangor, Dental Health Program	p. 13
University of New England, Dental Hygiene Dept., Portland	p. 7

### **Dental for Clients receiving state services: (Restrictions apply)**

Capitol Community Clinic (Riverview Psychiatric Center), Augusta	p. 11
Dorothea Dix Psychiatric Center (DDPC) Dental Clinic, Bangor	p. 13

<b>The Maine Cleft Lip &amp; Palate Program</b>	p. 31
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## **The Maine CDC Cleft Lip & Palate Program**

### **Services provided include:**

- **Hospital/Home Visits for Families**
- **Feeding Assessments for Infants**
- **Special Bottle Supply**
- **Information & Referrals for Services**
- **Care Coordination**
- **Parent to Parent Support**
- **Clinical Team Care in Portland and Bangor**

**For information please contact Patricia Williams**

**Tel: (207) 287-4802**

**TTY: Maine relay 711**

**Fax: (207) 287-5355**

**E-mail: [patricia.williams@maine.gov](mailto:patricia.williams@maine.gov)**

**Preventive Dental Hygiene Programs** offer a range of preventive services provided by registered dental hygienists practicing under Public Health Supervision status. They provide services via contracts and other arrangements with schools, Head Start, WIC agencies, other community agencies such as Boys & Girls Clubs. They include but may not be limited to these organizations:

- TFI (Tooth Fairies, Inc.). - Lewiston, Auburn, and the Oxford Hills Region 207-754-8487
- Tooth Fairies, Inc.- primarily Southwestern Maine 207-998-3500
- Tooth Protectors, Inc. - based in Lewiston, will travel throughout Maine 207-513-1111 or email [info@toothprotectors.org](mailto:info@toothprotectors.org)
- Maine Dental Health Out-Reach, Inc. - based in Winthrop, works with surrounding school systems 207-377-7003

### **Other Suggestions**

Other sources of help in finding dental services include public health or community health nurses, local hospitals, other health providers, or health and social services agencies in the area. Staff at these agencies often have the best knowledge about what is currently available; for example, they often know who might be accepting new MaineCare patients. For those people who cannot afford to pay "out of pocket", finding a way to pay for dental services is difficult. Options for financial assistance currently are extremely limited. Here are some suggestions:

- Town health officers and/or town health councils, where they are active, can be asked for assistance in special circumstances.
- Local service clubs (such as the Kiwanis or Lions, etc.) can be approached about funding in individual cases.
- Town managers or town welfare directors should be asked about covering dental services under the General Assistance program.
- If individuals are currently receiving other kinds of services (vocational rehabilitation, welfare, employment training, etc.), the outreach worker or social worker should be consulted to find out if dental care can be provided or funded as part of those services.

## Acknowledgments

The agencies and programs listed in this directory are gratefully acknowledged for their assistance. Material compiled and prepared by Oral Health Program staff.

The Department of Health and Human Services (DHHS) does not discriminate on the basis of disability, race, color, creed, gender, age, or national origin, in admission to, access to or operations of its programs, services, or activities or its hiring or employment practices. This notice is provided as required by Title II of the Americans with Disabilities Act of 1990 and in accordance with the Civil Rights Acts of 1964 as amended, Section 504 of the Rehabilitation Act of 1973 as amended, the Age Discrimination Act of 1975, Title IX of the Education Amendments of 1972 and the Maine Human Rights Act. Questions, concerns, complaints, or requests for additional information regarding the ADA may be forwarded to the DHHS' ADA Compliance/EEO Coordinator, State House Station #11, Augusta, Maine 04333, 207-287-4289 (V) or 207-287-3488 (V), TTY: 800-606-0215. Individuals who need auxiliary aids for effective communication in programs and services of DHHS are invited to make their needs and preferences known to the ADA Compliance/EEO Coordinator. This notice is available in alternate formats, upon request.

