

Healthy Homes Models and Message

- <http://www.health.ri.gov/healthyhousing/index.php>
- <http://www.nchh.org/What-We-Do/Healthy-Homes-Principles.aspx>
 - **Dry:** Damp houses provide a nurturing environment for mites, roaches, rodents, and **molds**, all of which are associated with asthma.
 - **Clean:** Clean homes help reduce **pest infestations** and exposure to **contaminants**.
 - **Pest-Free:** Recent studies show a causal relationship between **exposure to mice and cockroaches** and asthma episodes in children; yet inappropriate treatment for pest infestations can exacerbate health problems, since pesticide residues in homes pose risks for neurological damage and cancer.
 - **Safe:** The majority of injuries among children occur in the home. Falls are the most frequent cause of residential injuries to children, followed by injuries from objects in the home, **burns**, and **poisonings**.
 - **Contaminant (Poison)-Free:** Chemical exposures include **lead, radon, pesticides, volatile organic compounds, and environmental tobacco smoke**. Exposures to **asbestos particles, radon gas, carbon monoxide, and second-hand tobacco smoke** are far higher indoors than outside.
 - **Ventilated:** Studies show that **increasing the fresh air supply** in a home improves respiratory health.
 - **Maintained:** Poorly-maintained homes are at risk for **moisture and pest problems**. Deteriorated lead-based paint in older housing is the primary cause of **lead poisoning**, which affects some 240,000 U.S. children.
- <http://www.healthyhometraining.org/Launching/index.htm>
- <http://www.nchh.org/LinkClick.aspx?fileticket=rs1iUR2e%2f%2fA%3d&tabid=298>
- <http://www.disasterhousing.gov/offices/lead/hhi/index.cfm>
- http://www.habitat.org/env/pdf/hhp_english_color.pdf
- <http://www.afhh.org/>
- **7 principles:** dry, clean, pest-free, safe, air moving (ventilated), poison free, well maintained
- Comfortable: temperature and moisture control (eighth point used by MIAQC)