

Suicide Assessment Resources

Books, Toolkits and Articles

Jobes, David, A. 2006. *Managing Suicidal Risk; A Collaborative Approach*. New York. Guilford Press.

Jacobs, Douglas G & Margaret Brewer. 2006. *Application of the APA Practice Guidelines on Suicide to Clinical Practice*. CNS Spectr. 11:6.

Shea, Shawn. 1999. *The Practical Art of Suicide Assessment*. New York. John Wiley & Sons.

Suicide Prevention Toolkit for Rural Primary Care. WICHE and SPRC publication. 2010. This is a toolkit and training manual filled with information and resources for primary care offices to establish suicide prevention and intervention readiness. Available online at www.sprc.org/pctoolkit/index.asp or in hard copy.

Online Resources

www.sprc.org **Suicide Prevention Resource Center.** A National clearinghouse on suicide prevention information. A great resource for many aspects of suicide assessment, prevention, intervention and survivor needs. Library includes toolkit materials, webinar recordings, etc.

www.suicidology.org **American Association of Suicidology.** Website of the most significant academic arm for the study of suicide, dedicated to the prevention of suicide.

www.suicideinfo.ca **Center for Suicide Prevention.** Canada's clearing house dedicated to suicide prevention and understanding.

Assessment Tools

MacArthur Initiative on Depression and Primary Care: This is an excellent source for clinicians and PCP offices to review the latest work on screening, diagnosis and treatment for depression in PCP settings. Open access download of PHQ-9 and instructions for use. <http://www.depression-primarycare.org/>

Suicide Risk Assessment Form: From Value Options, a risk assessment form and general guidelines designed to be used in outpatient settings for adults. Available online at: http://www.valueoptions.com/providers/Network/NCSC_State_Local_Government.htm

GLAD-PC, Guidelines for Adolescent Depression in Primary Care. This Tool Kit is available online and is quite comprehensive re, identification and diagnosis, education and treatment options as well as ideas on structuring office and staff processes. Includes excellent screening tools for use. <http://www.glad-pc.org/>

Free online screening: Through an effort to provide screening and support for military personnel and their families, the DOD supports self-assessment screening online. Military online screening tools for Depression, BiPolar, Anxiety, PTSD, Alcohol Abuse and a Depression screening for adolescents designed for use by parents are available for anonymous use by anyone. Access online: www.MilitaryMentalHealth.org or by phone at 877-877-3647.