

Lifelines Teacher Training Agenda

- 8:15-8:45 Introduce Trainers & Participants
Review Lifelines Program Components
Define Need & Rationale
Address Caveats
- 8:45-9:15 Discuss Alignment with Maine Learning Results
Clarify personal attitudes and values regarding suicide
Brainstorm content to be included in student lessons
- 9:15-9:45 Establish that focus is on behavior change vs. content
Define Interactive Teaching Model as it applies to Lifelines
Review Lifelines Lessons
- 9:45-10:00 BREAK
- 10:00-10:30 Group assignment of lessons
Time to prepare lesson
- 10:30-11:30 Demonstrate Lesson 1 – *Troubled Peers*
- 11:30-12:15 LUNCH
- 12:15-1:10 Demonstrate Lesson 2 – *Your Response Role*
- 1:10-1:20 TEN MINUTE STRETCH BREAK
- 1:20-2:15 Demonstrate Lesson 3 – *Getting Help*
- 2:15-2:25 TEN MINUTE STRETCH BREAK
- 2:25-3:20 Demonstrate Lesson 4 – *Helping a Troubled Friend*
- 3:20-3:30 Questions, Evaluation, Wrap-up, Adjournment

**Please remember to pick up Lifelines Kit, Wallet (CAL)
Cards, and bookmarks.**



John E. Baldacci, Governor

Brenda M. Harvey, Commissioner