

Maine vs. U.S. At-a-Glance

Division of Disease Prevention Key Surveillance Indicators

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Maine Center for Disease Control and Prevention
An Office of the Department of Health and Human Services

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

Indicator		Unit	Maine	U.S.	Comparison	Year	Data Source
Proportion of Births that are Intended		Percent	54.6	NA	○	2012	PRAMS
		95% CI	50.1 - 59.0				
Cigarette Smoking during the Last 3 Months of Pregnancy		Percent	19.2	10.2	◆	2011	PRAMS
		95% CI	16.4 - 22.3	9.7 - 10.7			
Preterm Births		Percent	8.1	11.4	■	2013	Birth Certificate
		95% CI	7.6 - 8.6	11.3 - 11.4			
Infant Mortality		Rate per 1,000 live births	7.1	6.0	●	2013	Linked Birth/Death Files
		95% CI	5.7 - 8.6	5.9 - 6.0			
Developmental Screening		Percent	27.3	30.8	●	2011/ 2012	NSCH
		95% CI	21.5 - 33.0	29.5 - 32.1			
Breastfeeding at 6 Months		Percent	61.1	51.8	■	children born in 2013	NIS
		95% CI	53.7 - 68.5	50.4 - 53.2			
Dental Sealants, 3rd Graders		Percent	72.8	NA	○	2015	MIYHS
		95% CI	57.8 - 87.9				
Eat Fruits or Vegetables 5 or More Times Daily, Youth	Middle School	Percent	20.8	NA	○	2015	MIYHS
		95% CI	19.7 - 22.0				
	High School	Percent	16.1	NA	○	2015	MIYHS
		95% CI	15.3 - 16.9				
Engage in Recommended Amount of Physical Activity, Youth	Middle School	Percent	26.4	NA	○	2015	MIYHS
		95% CI	25.4 - 27.3				
	High School	Percent	20.5	27.1	◆	2015	ME: MIYHS US: YRBS
		95% CI	19.7 - 21.3	25.4 - 28.8			
Healthy Weight, Youth	Middle School	Percent	65.8	NA	○	2015	MIYHS
		95% CI	64.1 - 67.4				
	High School	Percent	69.7	71.3	●	2013	ME: MIYHS US: YRBS
		95% CI	68.4 - 71.0	69.4 - 73.2			
Current Cigarette Smoking, Youth	Middle School	Percent	2.7	NA	○	2015	MIYHS
		95% CI	2.4 - 3.1				
	High School	Percent	10.7	10.8	●	2015	ME: MIYHS US: YRBS
		95% CI	10.0 - 11.4	9.4 - 12.4			

- ME doing better than the U.S.
- ME similar to the U.S.
- ◆ ME doing worse than the U.S.
- Comparison data not available.

NA: Data are not available.

95% CI: 95% Confidence Interval of the rate or percent.

Years shown are the most recent years where data for both Maine and the U.S. are available.

PRAMS: Pregnancy Risk Assessment and Monitoring System

MIYHS: Maine Integrated Youth Health Survey

YRBS: Youth Risk Behavior Survey

NSCH: National Survey of Children's Health

NIS: National Immunization Survey

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Indicator		Unit	Maine	U.S.	Comparison	Year	Data Source
Environmental Tobacco Smoke Exposure, Past Week, Youth	Middle School	Percent	25.4	NA		2015	MIYHS
		95% CI	23.7 - 27.1				
	High School	Percent	34.4	NA		2015	MIYHS
		95% CI	32.7 - 36.0				
Considered Suicide in the Past Year, High School Students		Percent	14.8	17.7		2015	ME: MIYHS US: YRBS
		95% CI	14.1 - 15.6	16.7 - 18.8			
Healthy Weight, Adults		Percent	33.8	33.4		2014	BRFSS
		95% CI	32.4 - 35.2	32.3 - 34.1			
Current Cigarette Smoking, Adults		Percent	19.3	18.1		2014	BRFSS
		95% CI	18.1 - 20.5	17.0 - 19.5			
High Blood Pressure Prevalence, Adults		Percent	33.3	31.4		2013	BRFSS
		95% CI	32.0 - 34.6	30.7 - 33.3			
High Cholesterol Prevalence, Adults		Percent	39.7	38.4		2013	BRFSS
		95% CI	38.2 - 41.1	NA			
Diabetes Prevalence, Adults		Percent	9.5	10.0		2014	BRFSS
		95% CI	8.8 - 10.2	9.5 - 10.7			
Asthma Emergency Department Visits		Rate per 10,000 [†]	66.2	NA		2011	MHDO Inpatient & Outpatient
		95% CI	64.7 - 67.7				
Cancer Deaths		Rate per 100,000 [†]	179.0	166.4		2012	NCHS Mortality
		95% CI	172.8 - 185.5	166.0 - 166.9			

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[†] Age-adjusted to the U.S. 2000 Standard Population.

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MIYHS: Maine Integrated Youth Health Survey
 YRBS: Youth Risk Behavior Survey
 BRFSS: Behavioral Risk Factor Surveillance System
 MHDO: Maine Health Data Organization
 NSCH: National Survey of Children's Health
 NCHS: National Center for Health Statistics

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