
















## Sexual Orientation and Health in Maine

This table shows the percentage or rate of each indicator among different sexual orientation groups in Maine.

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Sexual Orientation	Bisexual	Heterosexual or straight	Gay or lesbian	Other	Maine Overall	Indicator by Sexual Orientation
Indicator, Year	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	
<b>Overall proportion of adults by sexual orientation, 2011-2015<sup>1</sup></b>	<b>1.7</b> 1.5 – 1.9	<b>96.2</b> 95.9 – 96.4	<b>1.6</b> 1.5 – 1.8	<b>0.5</b> 0.4 – 0.6	<b>NA</b> –	
Income less than \$25,000 per year, adults, 2011-2015 <sup>1</sup>	<b>49.1</b> 42.2 – 55.9	<b>29.1</b> 28.5 – 29.7	<b>35.5</b> 30.2 – 40.9	<b>66.2</b> 57.0 – 75.3	<b>29.8</b> 29.2 – 30.4	
High school degree or less, adults, 2011-2015 <sup>1</sup>	<b>50.7</b> 44.2 – 57.1	<b>43.9</b> 43.3 – 44.6	<b>28.6</b> 23.3 – 33.8	<b>67.8</b> 59.1 – 76.4	<b>44.2</b> 44.2 – 44.8	
Unemployment rate, adults, 2011-2015 <sup>1</sup>	<b>22.1<sup>^</sup></b> 14.2 – 30.0	<b>9.6</b> 9.1 – 10.2	<b>10.5<sup>^</sup></b> 6.2 – 14.7	<b>DSU</b> –	<b>9.5</b> 9.0 – 10.0	
Uninsured, all ages, 2011-2015 <sup>1</sup>	<b>19.3</b> 13.1 – 25.5	<b>11.6</b> 11.1 – 12.1	<b>12.4</b> 8.8 – 16.0	<b>22.5<sup>^</sup></b> 12.5 – 32.5	<b>11.9</b> 11.4 – 12.4	
Health rating: fair to poor, adults, 2011-2015 <sup>1</sup>	<b>21.7</b> 15.9 – 27.4	<b>15.4</b> 14.9 – 15.8	<b>16.2</b> 12.5 – 20.0	<b>28.6</b> 20.5 – 36.7	<b>15.6</b> 15.2 – 16.0	
Obesity, adults, 2011-2015 <sup>1</sup>	<b>30.4</b> 24.5 – 36.3	<b>28.9</b> 28.3 – 29.5	<b>30.3</b> 25.7 – 35.0	<b>32.7</b> 23.7 – 41.8	<b>28.7</b> 28.1 – 29.2	
Current smoking, adults, 2011-2015 <sup>1</sup>	<b>37.6</b> 31.1 – 44.2	<b>20.0</b> 19.4 – 20.5	<b>24.3</b> 19.5 – 29.1	<b>22.9<sup>^</sup></b> 14.2 – 31.6	<b>20.4</b> 19.9 – 21.0	
Sedentary lifestyle, adults, 2011-2015 <sup>1</sup>	<b>22.4</b> 16.9 – 28.0	<b>22.3</b> 21.8 – 22.9	<b>18.6</b> 14.8 – 22.4	<b>35.0</b> 26.1 – 44.0	<b>22.3</b> 21.8 – 22.8	
Past 30-day misuse of prescription drugs, adults, 2011-2015 <sup>1</sup>	<b>1.9<sup>^</sup></b> 0.0 – 4.5	<b>0.8</b> 0.6 – 1.0	<b>0.8<sup>^</sup></b> 0.0 – 1.9	<b>0.1<sup>^</sup></b> 0.0 – 0.3	<b>0.8</b> 0.6 – 1.0	
Coronary heart disease deaths per 100,000 (age-adjusted), 2016 <sup>2</sup>	<b>NA</b> –	<b>NA</b> –	<b>NA</b> –	<b>NA</b> –	<b>79.7</b> 75.7 – 83.9	
High blood pressure, adults, 2011, 2013 & 2015 <sup>1</sup>	<b>15.0</b> 10.0 – 20.0	<b>34.0</b> 33.2 – 34.7	<b>30.1</b> 24.2 – 35.9	<b>DSU</b> –	<b>33.2</b> 32.5 – 33.9	
Diabetes, adults, 2011-2015 <sup>1</sup>	<b>7.7</b> 4.9 – 10.5	<b>9.7</b> 9.4 – 10.1	<b>8.6</b> 6.4 – 10.9	<b>12.1<sup>^</sup></b> 7.5 – 16.7	<b>9.7</b> 9.3 – 10.0	
Current asthma, adults, 2011-2015 <sup>1</sup>	<b>21.4</b> 15.9 – 26.9	<b>11.5</b> 11.0 – 11.9	<b>16.3</b> 12.5 – 20.0	<b>11.8<sup>^</sup></b> 6.1 – 17.6	<b>11.6</b> 11.2 – 12.0	
Diagnosed depression (lifetime), adults, 2011-2015 <sup>1</sup>	<b>59.3</b> 53.0 – 66.5	<b>22.9</b> 22.3 – 23.4	<b>37.3</b> 32.4 – 42.3	<b>26.6</b> 18.2 – 35.0	<b>23.6</b> 23.1 – 24.2	

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Indicator, Year	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	
Sad/hopeless for 2 weeks in a row, high school students, 2017 <sup>3</sup>	<b>64.4</b> 62.2 – 66.6	<b>21.8</b> 21.0 – 22.6	<b>54.7</b> 51.2 – 58.3	<b>39.3</b> 36.3 – 42.4	<b>26.9</b> 26.0 – 27.8	
Seriously considered suicide, high school students, 2017 <sup>3</sup>	<b>42.9</b> 40.8 – 44.9	<b>10.8</b> 10.2 – 11.3	<b>36.3</b> 33.0 – 39.6	<b>24.2</b> 21.8 – 26.6	<b>14.7</b> 14.0 – 15.3	
Bullied on school property, high school students, 2017 <sup>3</sup>	<b>37.5</b> 35.1 – 39.9	<b>19.6</b> 18.6 – 20.7	<b>34.2</b> 30.6 – 37.8	<b>27.7</b> 24.8 – 30.7	<b>21.9</b> 20.9 – 23.0	
Past 30-day binge drinking, high school students, 2015 <sup>3</sup>	<b>14.0</b> 12.4 – 15.7	<b>11.9</b> 11.2 – 12.6	<b>15.4</b> 12.9 – 18.0	<b>14.5</b> 12.5 – 16.5	<b>12.2</b> 11.5 – 12.8	
Past 30-day misuse of prescription drugs, high school students, 2017 <sup>3</sup>	<b>8.7</b> 7.6 – 9.9	<b>5.0</b> 4.7 – 5.4	<b>10.9</b> 8.6 – 13.1	<b>11.1</b> 9.6 – 12.7	<b>5.9</b> 5.5 – 6.2	
Obesity, high school students, 2017 <sup>3</sup>	<b>22.0</b> 19.9 – 24.0	<b>13.9</b> 13.0 – 14.9	<b>21.8</b> 19.0 – 24.6	<b>20.4</b> 17.7 – 23.1	<b>15.0</b> 14.1 – 16.0	
Sexual assault, high school students, 2017 <sup>3</sup>	<b>18.7</b> 16.1 – 21.2	<b>5.5</b> 5.0 – 6.0	<b>14.6</b> 10.5 – 18.8	<b>13.3</b> 10.5 – 16.1	<b>7.2</b> 6.7 – 7.8	
Met physical activity recommendations, high school students, 2017 <sup>3</sup>	<b>9.9</b> 8.8 – 11.1	<b>22.1</b> 21.4 – 22.9	<b>10.2</b> 7.8 – 12.5	<b>12.4</b> 10.5 – 14.3	<b>20.3</b> 19.6 – 21.1	
Cost barriers to care, adults, 2011-2015 <sup>1</sup>	<b>21.4</b> 16.3 – 26.5	<b>10.1</b> 9.7 – 10.5	<b>14.4</b> 10.8 – 18.1	<b>8.9<sup>^</sup></b> 3.7 – 14.1	<b>10.6</b> 10.2 – 11.0	
Overweight, adults, 2011-2015 <sup>1</sup>	<b>21.1</b> 16.5 – 25.8	<b>36.8</b> 36.2 – 37.4	<b>30.3</b> 25.6 – 35.0	<b>26.7</b> 18.4 – 35.1	<b>36.2</b> 35.6 – 36.7	

All estimates are percentages unless otherwise noted.

<sup>1</sup> BRFSS, Behavioral Risk Factor Surveillance System.

<sup>2</sup> Maine Mortality Database; Data, Research, and Vital Statistics Program, Maine CDC.

<sup>3</sup> MIYHS, Maine Integrated Youth Health Survey.

<sup>^</sup> Interpret with caution; unweighted numerator less than 50.

NA: Not available.

DSU: Data is suppressed if total respondents less than 50 or 95% confidence interval half-widths are less than 10.

DSP: Data is suppressed for privacy if less than 6 respondents.

† Indicates 90% margin of error was used.

High school students responding 'Not sure' for sexual orientation on the MIYHS are presented in the 'Other' column.

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