

2008 MAINE STATE PROFILE of SELECTED PUBLIC HEALTH INDICATORS

Maine Center for Disease Control and Prevention/DHHS

CHRONIC DISEASE INDICATORS	Aroostook ± Margin of Error	Central ± Margin of Error	Cumberland ± Margin of Error	Downeast ± Margin of Error	Midcoast ± Margin of Error	Penquis ± Margin of Error	Western ± Margin of Error	York ± Margin of Error	MAINE State ± Margin of Error	UNITED STATES	Benchmark State (healthiest)
Overall Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	514.2 (±20.9)	524.5 (±14.6)	500.4 (±11.6)	572.9 (±20.4)	513.4 (±15.0)	553.1 (±15.6)	505.7 (±13.4)	495.3 (±13.4)	517.7 (±5.2)	458.2 [2004]	AZ: 383.3 NM: 409.0 [2004]
Overall Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	199.0 (±12.7)	206.4 (±9.1)	208.5 (±7.4)	223.3 (±12.6)	200.1 (±9.3)	217.5 (±9.8)	208.0 (±8.6)	201.5 (±8.6)	207.6 (±3.3)	185.7 [2004]	UT: 139.1 HI: 147.5 [2004]
Lung Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	84.5 (±8.4)	79.7 (±5.7)	77.3 (±4.6)	88.8 (±8.0)	74.2 (±5.7)	92.9 (±6.4)	82.5 (±5.4)	72.8 (±5.2)	80.6 (±2.1)	67.4 [2004]	UT: 28.3 NM: 45.3 [2004]
Lung Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	62.4 (±7.2)	58.5 (±4.9)	59.8 (±4.1)	61.7 (±6.7)	57.2 (±5.0)	69.4 (±5.5)	65.4 (±4.8)	59.0 (±4.7)	61.5 (±1.8)	61.0 [2004]	UT: 26.2 NM: 35.8 [2004]
Colorectal Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	65.9 (±7.5)	58.7 (±4.9)	54.0 (±3.8)	61.8 (±6.7)	57.7 (±5.0)	67.1 (±5.5)	50.2 (±4.3)	60.7 (±4.8)	58.4 (±1.8)	49.5 [2004]	UT: 37.4 AZ: 39.4 [2004]
Colorectal Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	24.5 (±4.6)	19.9 (±2.9)	22.2 (±2.5)	23.8 (±4.2)	18.9 (±2.9)	20.5 (±3.1)	17.2 (±2.5)	20.4 (±2.8)	20.5 (±1.1)	17.9 [2004]	UT: 12.2 HI: 13.4 [2004]
Sigmoidoscopy or Colonoscopy Screening Ever Had by Adults Age 50 and Older (percent) [2006]	53.2 (±10.0)	71.8 (±6.3)	74.3 (±5.1)	54.1 (±7.6)	61.8 (±5.1)	71.8 (±6.3)	60.0 (±6.5)	64.4 (±6.9)	64.6 (±2.4)	57.1 <small>(median % of states responding)</small>	RI 69.2
Female Breast Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	116.7 (±14.2)	136.0 (±10.3)	134.8 (±8.2)	136.0 (±10.3)	134.6 (±10.7)	136.7 (±10.7)	127.5 (±9.4)	132.1 (±9.5)	132.5 (±3.6)	117.7 [2004]	AZ:102.9 ID: 105.1 [2004]
Female Breast Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	16.9 (±5.3)	23.0 (±4.2)	25.1 (±3.5)	23.0 (±4.2)	17.3 (±3.8)	26.5 (±4.7)	25.7 (±4.2)	23.6 (±4.0)	23.7 (±1.5)	24.4 [2004]	HI: 15.6 AK: 18.7 [2004]

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Mammogram in Past Two Years Among Women 40 and Older (percent) [2006]	85.2 (±7.3)	84.7 (±5.5)	85.1 (±4.3)	75.5 (±8.0)	77.3 (±5.1)	84.7 (±5.5)	83.3 (±5.5)	81.5 (±5.7)	82.0 (±2.0)	76.5 (median % of states responding)	MA 84.8
Pap Smear in Past 3 Years Among Women 18 and Older (percent) [2006]	90.9 (±5.7)	89.6 (±5.3)	91.6 (±3.3)	88.1 (±5.5)	83.7 (±4.5)	89.6 (±5.3)	92.6 (±4.3)	90.4 (±4.3)	89.1 (±1.6)	84.0 (median % of states responding)	ME 89.1
Prostate Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	174.7 (±18.3)	182.0 (±13.2)	161.1 (±10.2)	190.8 (±17.6)	173.6 (±13.0)	173.8 (±13.4)	192.8 (±12.6)	159.2 (±11.6)	174.5 (±4.6)	145.3 [2004]	AZ: 109.7 MO: 117.2 [2004]
Prostate Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	21.7 (±7.0)	28.1 (±5.7)	29.8 (±4.8)	31.3 (±7.7)	33.8 (±6.2)	28.9 (±6.3)	25.0 (±5.0)	27.2 (± 5.3)	28.5 (± 2.1)	25.4 [2004]	HI: 18.9 FL: 22.0 [2004]
Major CVD Deaths (rate per 100,000) [2005] ICD-10 codes 100-178	286.8 (±33.0)	254.0 (±21.8)	204.6 (±15.5)	262.8 (±29.0)	236.8 (±21.2)	282.2 (±24.1)	251.4 (±20.3)	215.5 (±18.8)	242.0 (±7.6)	286.6 [2004]	MN 210.1 [2004]
Stroke Hospitalizations (rate per 10,000) [2005]	24.9 (±3.1)	18.8 (±1.9)	21.7 (±1.6)	19.5 (±2.5)	19.5 (±2.0)	20.6 (±2.0)	22.2 (±1.9)	17.8 (±1.6)	20.7 (±0.7)	n/a	n/a
Acute Myocardial Infarction Hospitalizations (rate per 10,000) [2005]	57.1 (±4.7)	37.7 (±2.7)	19.6 (±1.5)	41.1 (±3.7)	24.2 (±2.0)	31.9 (±2.5)	22.9 (±2.0)	22.0 (±1.9)	29.2 (±0.8)	n/a	n/a
High Blood Pressure Among Adults (percent) [2005]	28.7 (±6.9)	25.3 (±4.5)	18.7 (±3.1)	28.9 (±5.5)	25.5 (±3.5)	29.6 (±4.7)	25.0 (±3.9)	28.5 (±4.7)	25.4 (±1.6)	25.5 (median % of states responding)	UT 18.4
High Cholesterol Among Adults (percent) [2005]	35.0 (±7.8)	36.4 (±5.1)	29.3 (±4.1)	39.8 (±6.3)	36.5 (±4.3)	39.1 (±5.5)	42.9 (±5.1)	36.4 (±5.5)	36.4 (±2.0)	35.6 (median % of states responding)	LA 30.3